

# The Sun is the Central Heart



PHOTO: Stephan Fuelling

The psychic fair held at the Reno Convention Center on Saturday October 13 and Sunday October 14 provided a venue to use for outreach. The Right Reverend Sean Savoy presented a free workshop each of those days from 2:00 to 3:00 PM called "The Sun is the Central Heart." Here are some of the questions and comments proposed in the invitation and the advertisement:

*How can we work with the light/energy of the Sun? How do we put ourselves in tune with higher intelligence and with our own spiritual self? We can activate our inner light and participate in cosmic Consciousness by working with solar techniques that allow us to transcend the physical dimension. Can you see your golden, fully charged light body? Can you experience its Consciousness? Learn how to start the process of activating your solar body and expanding yourself—the mind as well as the heart—for union with the cosmos.*

*The Sun is the beating, living center of our solar system, and the connecting point between our personal spiritual natures and cosmic spiritual energy, also known as God-Consciousness. It is the Sun, the Christ Force, that mediates between humankind and God.*