

# INSIGHT: Dream and Vision Forum: May 2013

*This is your forum to share higher-level experiences in Cosolargy through the images of your dreams and visions. All postings are anonymous. Send in verbal descriptions and, if you have them, drawings or paintings.*

*The primary value in these postings is simply to allow others to see that people do have relevant or meaningful dreams and visions. Another value is to see if others find that the dreams and visions we post are similar or identical to their own. This is why we ask for your comments.*

*Dreams are communications from the unconscious mind and sometimes the higher self. Some are simply compensation for attention directed elsewhere during the day; some are indications of bodily processes, and some help us work through conflicts. Occasionally, they communicate information from higher realms and thus have more than individual value.*

*As Cosolargists, we are learning to navigate higher realms. Dreams are part of these higher realms. The Worlds of Light, the realm of spirit, sometimes breaks through to the psyche and gives us information. What breaks through deserves our attention and analysis. In this section of the **Community Communique**, we offer Community members a forum for sharing their dreams and visions for the edification of the Community and themselves.*

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**Dream No. 7**



Normally when I dream, especially if it is a warning of some sort ,the outcome makes itself known within a three day period. In this dream, I found myself in a rock quarry. I was in the pit trying to pry out a rock from the side. I heard a voice yell out to me, "Try this!" I looked up and standing at the edge of the quarry was Reverend Gene Sr. He threw a large hammer down to me. It was early in the morning just before sunrise when I awoke from the dream, and I thought it was strange so I grabbed the *Dream Dictionary* and looked up "hammer," which means hard work. Well, I thought, "So what else is new?" It was some years later that I was on a work crew in the Sanctuary in a big pit with a pry bar digging through the decomposed granite that the dream of years ago flashed in my mind and I then understood that the dream was years into the future. Makes me think that some of the other dreams I've had that are not quite clear to me have yet to make themselves manifest.