

Gerald Pollack: “The Fourth Phase of Water” Part 2

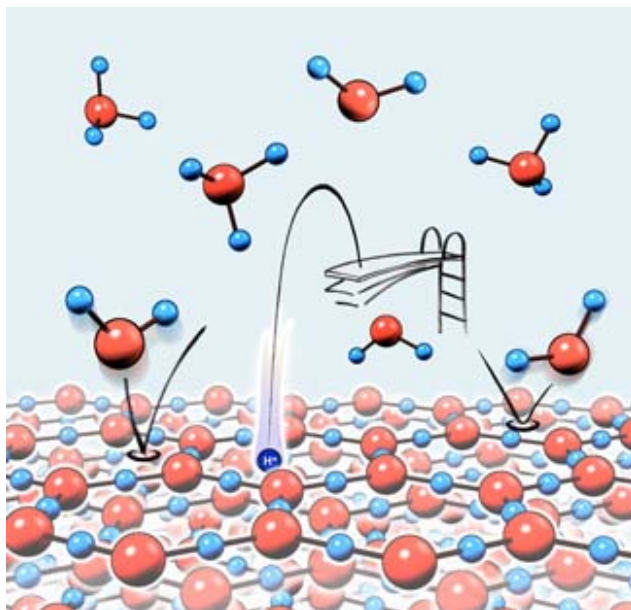


PHOTO: Ebner & Sons

READ WHAT COSOLARGISTS HAVE TO SAY ON THE 4TH PHASE OF WATER:



Gary Buchanan lecturing in Kyoto.

PHOTO: Jim Elliott

Interview with the Reverend Dr. Gary Buchanan, author of SONA and Sonotherapy, by the Communiqué:

Community Communiqué:

What do you think of the YouTube videos of Dr. Gerald Pollack on 4th-phase water?

Gary Buchanan:

I viewed these. Good stuff. The kinds of things Pollack and I have been discussing privately over the years.

I just blogged on Energy Medicine and gave the link. Here's that post:

This video series, from colleague Gerald Pollack, explains how 4th-phase/vicinal water in the body is quite different from bulk water. There are orderly ionic/electrical potentials taking place which help explain why Cymatic formations [i.e., healing frequencies] in water, with sound and light, are so critical to vibrational therapies. Phonon chains [i.e., sound formations] induced into the body's EZ (H₃O₂) water create biophotonic (biofield) discharge – altering ionic bonds (Hexagonal Water).

Exclusion Zones (EZ) created reject solutes, like pollutants, etc. A body with healthy EZs is more protected from disease, while natural EM fields are strengthened. Chi/Prana/Vital Life Energies are increased, via light (and color bands), sound, oxygen/hydrogen, and sacred geometry. (Claude Swanson)

Negative ionic fields (Yin) are anti-inflammatory. The bonds are helical, resonating with the DNA. Such fields are also absorptive of specific light bands, nurturing the Biofield, as well as Subtle Energies.

Light irradiations (especially infrared from the sun) increase the Exclusion Zones to millions of negative ionic layers. Such energy build-ups can be controlled, e.g., for healing.

Fundamental premises within Sonotherapy, and Cosolargy, and the kind of R & D we have been undertaking since 1975.

Community Communiqué:

I had no idea that you knew the man personally.

Gary Buchanan:

Well, yes, I have talked with Pollack on the phone, and emailed a few times. And, of course, I have read his books. He has been very helpful in talking about water states, what's going on inside, the effects of light and sound, etc.

The blog I posted is really concise. It covers a great deal of information with the fewest number of words. I am not sure that it would be all that helpful or revealing to readers. For example, even among the therapists online who saw the post there have been only a couple who "got it," as it were. That blog is something of an encapsulation of dozens of principles laid out in my two books . . . and an article would require much more expansive discussion. Plus, there are some assumptions made that many may disagree with due to their scientific thinking.

< PART 3 >

Gerald Pollack: “The Fourth Phase of Water” Part 1

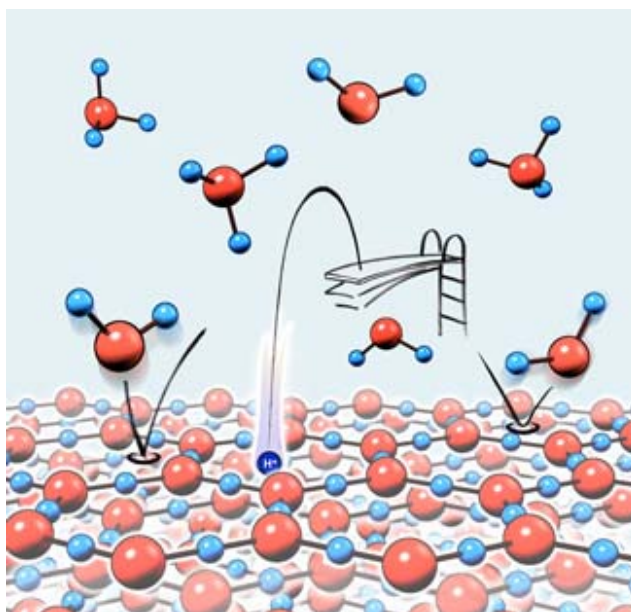


PHOTO: Ebner & Sons

In the YouTube video “The Fourth Phase of Water,” Dr. Gerald Pollack, a professor of bioengineering at the University of Washington, describes a fourth phase of water discovered at his laboratory that was not previously recognized. “You have learned about solid, liquid, and vapor, but fresh evidence reveals a fourth phase. This surprisingly ubiquitous phase resembles liquid water superficially, but it differs; in fact, its ordered molecular structure strays from ordinary H₂O,” says Dr. Pollack. He calls this water EZ water (short for “exclusion zone”) and vicinal water.

Communiqué readers may find this video of interest as the research describes a new way in which all life is nourished by the sun. (Light in the ultraviolet range of 270 nanometers seems to be the main driver of this life-sustaining process.

If you watch the short video, other, similar videos are offered if you want more information.) The evidence certainly supports Cosolargy's claims. This is another instance of modern science's catching up with the Teachings.

< [Watch the 3-minute video "The Fourth Phase of Water" on YouTube.](#) >

HERE ARE SOME OF DR. GERALD POLLACK'S CREDENTIALS:

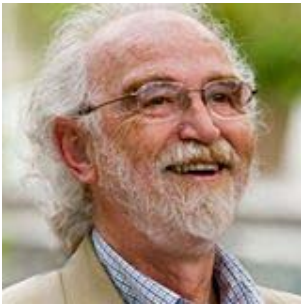


PHOTO:

Facebook.com

Doctor of Philosophy

Editor-in-chief, *WATER*

Professor, University of Washington

Founding Fellow, American Institute of Medical and Biological Engineering

Fellow, American Heart Association, Biomedical Engineering Society

Honorary Doctorate, Ural State University, Ekaterinburg, Russia

Honorary Professor, Russian Academy of Sciences

Foreign Member, Srpska Academy, Serbia

National Institutes of Health Director's Transformative R01 Research Award, 2009

Prigogine Medal, 2012

HERE IS SOME INFORMATION ON HIS NEW BOOK:

The Fourth Phase of Water: Beyond Solid, Liquid, and Vapor outlines the evidence for this discovery and its significance

for almost everything that water touches. A Cambridge University colleague of Dr. Pollack opines that the book resembles “an illustrated children’s book with paradigm shifting content.”

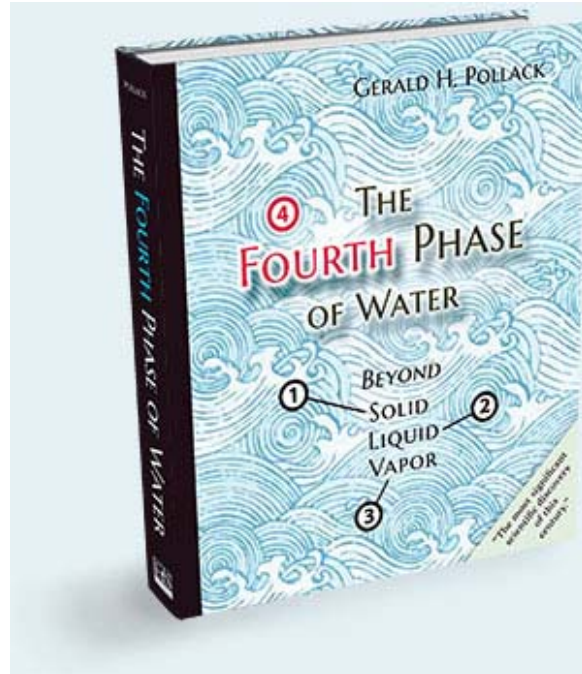


PHOTO: Ebner & Sons

Early reviews have called the book “the most interesting scientific book I’ve ever read,” “the most significant scientific discovery of this century,” and “unputdownable.” Nobel laureate Brian Josephson suggests that these discoveries “can be expected to have important implications.”

[Preview several chapters of the book *The Fourth Phase of Water: Beyond Solid, Liquid, and Vapor* online at Ebners & Sons Publishers.](#)

AND HERE ARE LINKS TO ANOTHER RELATED LECTURE BY DR. POLLACK:



PHOTO: YouTube.com

“Electrically Structured Water”: In this lecture Pollack discusses new insights into structured water arrived at in his lab during the past year. Pollack has spent the last 10 years researching the role of water in biological tissues, and his discoveries could have a profound impact on our understanding of disease and healing.

[Watch “Electrically Structured Water” Part One \(32 minutes\)](#) .

[Watch “Electrically Structured Water” Part Two \(26 minutes\)](#) .

– links submitted by David Mitchell (aka Devashish)

<PART 2>