

STEAMBOAT PRESS

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RENO WOMENS EXPO

Our team make a showing this fall at the Reno Women's Expo! We were able to showcase our jewelry designed by our Spa Coordinator, Muriel, network with women's organizations in Reno, as well as getting the word out about all the great projects we have going on at Steamboat!



The last flowers of the season. Look out here for our medicinal herb garden next spring!

BIGHORNS SPOTTED AT STEAMBOAT!



Steamboat has partnered with the Reno Bighorns! We are now the spa of choice of the Reno Bighorns, who shares a roster with the Sacramento Kings! Our massage therapists are taking care of the boys before and after their games, keeping them in tip top shape to play through their season.

The Bighorns are wonderful affiliate partners, inviting Steamboat to every home game that we have this year, as well as broadcasting an announcement at all of the games, and including us in their newsletters. We are lucky to have such wonderful partners that it is fun to go out and support!

Steamboat in the Community

Steamboat is partnered up with some wonderful non-profits! We are engaged in projects with Urban Roots, the Northern Nevada Volunteers of America, Polygrarian Society, and the American Cancer Society!

We are in the midst of erecting 100-ft greenhouses on our property; which will be used for homeless and under privileged families to grow their own food. Steamboat cares about creating healthy individuals as well as a healthy community- so giving our community a way to be more sustainable as well as encouraging education is right up Steamboats river!

'America's health care system is in crisis precisely because we systematically neglect wellness and prevention.' –Tom Harkin

MEMBERS GET ALL THE PERKS!

We now have a massage membership! Buy our 6 month membership, and you get one 30 minute soak and a 60 minute Swedish massage (upgrade options available) for a Steamboat Steal of \$75 apiece. Every month a massage and soak will become available for your use, with the added bonus

of being able to purchase additional massages during your membership at the discounted member price. Don't forget about our soaking Membership either! Prepaid packages, prepaid months and auto debit options are available, so you can soak to your hearts (or muscles) content!



Our beautiful window in our Green room, associated with your Heart Chakra, perfect for the holidays.

Contact Us

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TAKE CARE OF YOURSELF FOR CHRISTMAS THIS YEAR

Rolling into the Holidays, often we let stress get the better of us, and fail to take care of ourselves. With the Holiday season in full swing, you owe it to yourself to stay in good health, so that you can enjoy your family and friends all the more. Steamboat advocates for relaxation and wellness as part of your preventative care.

Taking a moment to get away from everything with a soak could do you more than a little good in the long run; taking care of your muscles and bones, as well as giving yourself a moment to clear your head is paramount to staying mindful and healthy this holiday season. Give us a call and we can set up an appointment for you to soak, see a massage therapist, get in with one of our estheticians, or even take a yoga class. Steamboat love the holidays, and wants to make sure that you make the most of the season! Gift cards are also available for loved ones.

ARE YOU KEEPING UP WITH STEAMBOAT?

Steamboat may have roots in Renos history, but we are in the 21st century now! Keep up with us on Twitter, Instagram, and Facebook! Keep an eye out for online only specials that we run every now and again. We would love to hear ya'lls feedback on our Facebook or Yelp page!