

Open House, Health Fair & Expo: October 6, 1-5 PM



Give yourself the tools to be healthy!

Are you looking for a fun afternoon? Come join us OCTOBER 6 from 1 to 5 PM for expert advice , therapy demonstrations, vendors, food, music, prizes and much more. Take some time and enjoy learning what Steamboat Hot Springs Healing Center is all about.

CO-SPONSORS

- + [Electric Blue Elephant](#) Vegetarian & Vegan Restaurant
- + [Steve Starr Entertainment](#)
- + [Swill Coffee & Wine](#)

PROGRAM OF EVENTS from 1 to 5 PM

- + Facility tours ongoing every 20 minutes
- + Therapy demonstrations every 15 minutes:
 - Sound Table/Spectrum therapy demos
 - Reflexology Massage demos in Tahoe Room
 - Chair Massage demos in Manzanita Room
 - Aromatherapy Massage demos in Aspen Room
 - Energy Work demos in Truckee Room

+ Expert Speaker Presentations:

- 1:15-1:45 PM- Pearl Laperla – “What You Need to Know About

Your Immune System to Survive in the Future”

- 2-2:30 PM – [Michelle Smith & Sue Bello](#) – “How to Kick Your Cravings and Get Back Into Your Life”
- 2:45-3:15 PM – Rebecca Willis – “History of Steamboat Springs”
- 3:30-4 PM – [Tina Mokuau](#) – “Enhancing Your Beauty with Simple Makeup”
- 4:15-4:45 PM – [Gary Robert Buchanan](#) – “Using Sound, Light, Color, Geothermal Water and Subtle Energy for Healing”

+ Vendors:

- Bella Bucha Kombucha
- Juice Plus
- The Makeup Artist (Tina Mokuau)
 - Oceans of Youth
 - Om Home
 - Purium
- Reno Hypnosis Center
- Roxxy Star Cosmetics
 - Yoga for Kidz

PLUS. . . ongoing **RAFFLE PRIZES** given out throughout the event.

Call (775) 853-6600 for more information.