



COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

COSOLARGY NEWSLETTER

June 2021

Greetings!

Welcome to our monthly bulletin with information of interest to friends of Cosolargy International. In this issue we bring you up to date with current and future events and provide a little background on our founder, the late Gene Savoy Sr, and his explorations into solar cultures, along with some uplifting words of inspiration.

If you are curious about the solar techniques and activities of our Community, contact us by using the Contact Form on the [Cosolargy International website](#). It will be forwarded to the appropriate representative for your area.

In these trying times, if you would like to have a prayer said for you or others, click the Prayer Request button at the end of this newsletter.



The Origins of Cosolargy

Quotes from Gene Savoy Sr.

"The spiritual universe cannot be described in the scientific terms of the material physicist. It can only be described in a mystical language understood by spiritual consciousness. If this consciousness is not developed by means of a

transformation of man's spiritual potential, there can be no understanding; none but the enlightened can hope to understand. Therefore, the role of any mystic religion is to teach man how to attain this transformation of self. The old priests of Athens, who came under strong criticism by the scientist, and the layman who is often influenced by scientific thinking, knew and know the dangers of the materialistic attitude. This attitude devalued man, made an animal of him, and brought him down from his celestial abode."

- from: *PROJECT "X" The Search for the Secrets of Immortality*

From the COSOLARGY Blog



Spiritual Quest: a Never-Ending Journey

“Here then stands the newly awakened self: aware, for the first time, of reality, responding to that reality by deep movements of love and of awe. She sees herself, however, not merely by the thrust into a new world, but set at the beginning of a new road. Activity is now to be her watchword, pilgrimage the business of her life. ‘That a quest there is, and an end is the single secret spoken.’ Under one symbol or another, the need of that long slow process of transcendence, of character building, whereby she is to attain freedom, become capable of living upon high levels of reality, is present in her consciousness. Those in whom this growth is not set going are no mystics, in the exact sense in which the word is here used; however great their temporary illumination may have been.

“What must be the first step of the self upon this road to perfect union with the absolute? Clearly, a getting rid of all those elements of normal experience which are not in harmony with reality.” ~Evelyn Underhill

Awakening is Just the First Step

To truly have a spiritual awakening is a wonderful experience and a great leap forward. But it is no more the end of the journey of spiritual enlightenment and consciousness expansion than is waking from a night's sleep at the end of the day. Once awake, you need to get out of bed and start moving.

The Spiritual Quest and the Symbol

The spiritual quest of the awakened mystic is twofold. One part is to continue his personal spiritual development. He must continue to raise his frequencies ever higher to be able to communicate with the beings that operate on those frequencies: angels and other Beings of Light. He must work towards the ultimate achievement of oneness with God.

[Click here to read the complete post.](#)



The Tradition of Solar Teachings: What is Cosolargy's View?

Illustration by Peter Lloyd / National Geographic

One of the most common questions we get asked is whether Cosolargy promotes “sun-worship.” The short answer is: no, we don’t.

Solar teachings and techniques – including the viewing of the sun with an emphasis on the spiritual rather than the material sun - are ancient practices. Cosolargy is a modern extension of solar absorption and reflection based on religious arts, spiritual sciences, and therapeutic techniques. When we ‘moderns’ read the surviving texts of ancient cultures, we often dismiss them as being primitive myths. While it is true that the rulers and high priests of old would often present the teachings to the general public by way of solar deities with anthropomorphic characteristics, there were always higher orders that preserved the true solar techniques.

Early solar teachings can be traced to the Neolithic era, demonstrated by megaliths aligned to the movements of the sun, such as Nabta Playa in Egypt, built during the 7th millennium BC. Indigenous cultures in North America, Africa, Australia, and Polynesia have legends of ancient sun-gods and there are well-documented sites on other continents.

In Egypt, going back to the Old Kingdom (25th century BC), Ra was the focus of solar teachings - later known as Amun-Ra, through the Middle and Intermediate periods. The Therapeutae in Egypt were known as healers. They were secretly practicing spiritual development through solar techniques.

In India, solar religion was well-entrenched by the 2nd millennium BC. Hindu scriptures and hymns such as the solar-themed Gayatri Mantra are dedicated to Mitra, Varuna, and Savitr.

Also in the 2nd millennium BC, the Sumerians espoused teachings in the form of a sun-deity called Utu, corresponding to the ancient Semitic Shamash in Mesopotamia, forming a trinity with Moon (Nanna) and Earth (Ishtar). Temples with ‘shining house’ sanctuaries dedicated to Utu/Shamash were erected in Babylon, Ur, Mari, Nippur, and Nineveh.

Britain: The Newgrange passage, built in Ireland 3200 BC, is aligned to the winter solstice sunrise. The first timber-form Stonehenge dates from 3100 BC, followed next millennium by stone structure - a solar observatory and probably a sun-temple. In 2500 BC the seven islands at Glastonbury formed a zodiacal solar temple, on a site dedicated to the sun

since Neolithic times.

8th century BC Greeks knew the sun as the Titan Helios, represented by Apollo as the earthly anthropomorphic deity - his temple and oracle at Delphi were used right through to the 4th century AD.

The Roman Empire also adopted Apollo early on, although in later centuries BC, Sol Invictus became officially recognized, being the sun itself, much like the Greek Helios and Egyptian Aten. The cult of solar deity Mithra arose, principally embraced by Roman soldiers. Later, Hadrian had buildings and obelisks, including the Pantheon, aligned to the sun.

At the time of Jesus, there were several groups practicing solar techniques such as the Therapeutae in Egypt and the Essenes of Israel. The early Community under Jesus was also a solar religion before it was altered by others after the death of Jesus.

The Central & South American timeline:

- From 1400 BC the Olmecs build solar temples and pyramids in Mexico.
- The Mayan civilization, 300BC to 900AD, worships sun-god Ah Kin.
- The Inca, 1300AD to the Spanish era, revere sun-god Inti.
- The Aztecs in the same period follow solar deities Huitzilopochtli and Nanauatzin.
- Pre-Columbian Sun-deity Viracocha first appears at Sacred Rock on the Island of the Sun in Lake Titicaca and travels via the Gateway of the Sun at Tiwanaku.

For Cosolargists, the sun is not an object of adoration but a tool. Our system teaches you how to use it as a pathway to higher dimensions. As Gene Savoy, Sr wrote:

"The development of an Immortal nature, as the Essenes and the Therapeutae and the 'edah-Church Christians under Jesus taught, generates more-complex Being, with a greater understanding and a greater knowledge of multidimensional life in all its aspects, both in the afterlife to which we are all heir and in the here and the now, which is of course of great interest to all of us."

In Cosolargy, you learn to use solar energy to generate higher faculties, going beyond the sun to spiritual transformation and a higher state of being.

If you'd like more information, take a quick questionnaire and discover your Light Body Profile on [our website](#) or contact us by telephone: Toll-Free: [844] 758.9766 or email: apply@cosolargy.org

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