



COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

COSOLARGY NEWSLETTER

June 2020

Greetings!

Welcome to our monthly bulletin with information of interest to friends of Cosolargy International. In this issue we bring you up to date with current and future events and provide a little background on our founder, the late Gene Savoy Sr, and his explorations into solar cultures, along with some uplifting words of inspiration.

If you are curious about the solar techniques and activities of our Community, contact us by using the Contact Form on the [Cosolargy International website](#). It will be forwarded to the appropriate representative for your area.

In these trying times, if you would like to have a prayer said for you or others, click the Prayer Request button at the end of this newsletter.



Excerpt from *Project X - The Search for the Secrets of Immortality – The Explorations*

The reader may ask, "What does religion have to do with the Project X exploration/research program?" and, "What is the reason for the predominant emphasis on religion?" These questions are best answered by taking the reader back (...) to 1947 when Gene Savoy, who heads the project, was a university student preparing for a religious vocation.

Savoy was privileged to receive private tutoring from a Monsignor of the Catholic Church, Father John B. Delaunay, Jesuit priest and distinguished psychologist. The elderly priest took the twenty-one year old student under his wing because of an essay Savoy had shown him. The young man had presented the paper earlier to one of the professors, who had returned it marked in bold, red pencil." You are close to heresy in the ideas expressed in this paper. Be warned!"

Father Delaunay believed that religion must take on a new role in the affairs of mankind and bring all men together. He recounted an episode that reinforced this belief. It occurred in India many years before. The Mahatma Gandhi had unexpectedly visited the Father at his mission to thank him for educating the children of the emerging nation. The Mahatma, accompanied by an entourage of dedicated followers, approached the priest and threw himself at his feet in gratitude. The Father was astonished, amazed at the humility displayed by the great spiritual leader of India. Gandhi told him he had faith that the human race would one day be unified under a new spirit, as reflected by Jesus in the Sermon on the Mount and in the Bhagavad Gita, the sacred Hindu text.

- by Gene Savoy Sr.



Spiritual Practice in Cosolargy and Other Spiritual Schools

Here is a brief excerpt:

Spiritual Practice in the Modern World

There are many kinds of spiritual practice and many different practices within the kinds. Our spiritual journey is personal; but certain things are common, if not required. Nearly every spiritual school has some practices that are different from other schools, but the most important ones are essentially the same in all real spiritual schools. Let's investigate some of the categories.

Feel Good Spiritual Practices

This type of spiritual practice is based more on emotions than on the spirit and soul. They are exemplified, I feel, by the highly successful series of "[Chicken Soup for the Soul](#)" books. Here is part of their own definition of what the books are about:

"With well over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, 'chicken soup for the soul' is one of the world's best-known phrases and is regularly referenced in pop culture. Today, over 25 years after it first began sharing happiness, inspiration, and hope through its books."

As the definition indicates, it is all about happiness and inspiration, making people feel good. It is about the mind, not the soul.

An article about this kind of spiritual practice that I found on GoodNet starts by telling us that the spiritual techniques covered in the article "can bring comfort, create better lifestyle habits, and set positive intentions ...". There is no mention there of the spirit and soul, which is what real spiritual development is all about.

Here is their list of practices:

- Start the day with a short meditation or prayer
- Go for a walking meditation
- Take short spiritual breaks throughout the day
- Count your blessings
- Read books about spirituality
- Find a spiritual community
- Incorporate spirituality into your daily routine
- Have patience and dedicate yourself to finding your path
-

While all of these have benefits, there is no mention here of the spirit or soul. It's all about mental happiness and being content.

[Click here to read the complete post.](#)

The Feathered Serpent I Arrives Panama, June 17, 1969



"The following morning we ran northwest, parallel with the land, past a small island, and at 1100 were within sight of Old Panama. Shortly after this we hailed a fishing boat which took us in tow and left us at the entrance of Panama Bay. A motor patrol boat came out and towed us to a spot in front of the Presidential Palace. We were at anchor. It was 1730 on Tuesday, June 17, 1969, the sixty-fourth day of the voyage; we had sailed from Peru to Central America over a sea route I contended could have been used by a wandering sage known as the Feathered Serpent."

- Gene Savoy Sr.,
From the Book *On the Trail of the Feathered Serpent*
(Bobbs-Merrill, NY, 1974)

Why Join Cosolargy?



Is Cosolargy a new system or does it incorporate ancient wisdom?

How can it be that Cosolargy is only sixty years old, yet it teaches practices that date back into antiquity? It is true that life's deepest truths are eternal and unchanging, so it is relevant to know that while the system of Cosolargy emerged in the 20th century, it is the inheritor of ancient teachings that had been either lost, or deliberately repressed, over recent centuries.

All major civilizations in world history were 'solar cultures' and their philosophies and religions taught direct communion with the Sun and Cosmos, by way of techniques such as sun-gazing, inflection and reflection, along with numerous related technologies.

In known history these civilizations have included: India, China, Japan, Egypt, Greece and the native cultures of the Americas. Traditional instruction was usually imparted in two forms, with allegorical stories being taught to the public, while secret doctrines were reserved for initiates – often handed down only orally.

Many who are drawn to Cosolargy have already dabbled in new-age approaches to the chakras, the astral body and alternative healing methods. Some practices can be harmful if not applied correctly and it is always safer to learn within the framework of an established community. The founder of Cosolargy, the late Gene Savoy Sr – an explorer, researcher and spiritual teacher - devoted his life to the solar teachings and had access to authoritative texts and time-honored techniques.

Cosolargy works with solar energies that are carriers of cosmic radiations and which deliver what are known as *Information Factors*. Members are taught about the human energy centers; the use of color, light and sound therapies; our psychic and spiritual bodies, and ultimately the generation of our light body. The System and its school exist for those with a desire and willingness to learn and apply a proven spiritual system with roots in ancient traditions.

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