



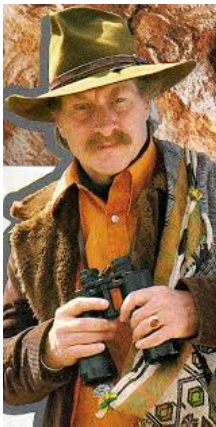
COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

COSOLARGY NEWSLETTER May 2020

Greetings!

Welcome to our monthly bulletin with information of interest to friends of Cosolargy International. In this issue we bring you up to date with current and future events and provide a little background on our founder, the late Gene Savoy Sr, and his explorations into solar cultures, along with some uplifting words of inspiration.

If you are curious about the solar techniques and activities of our Community, contact us by using the Contact Form on the [Cosolargy International website](#). It will be forwarded to the appropriate representative for your area.



Excerpt from the Red Brochure ***Project X - The Search for the Secrets of Immortality***

Only this incredible clarity kept me from surrendering to the form and to the urge to detach myself from my material body, which was slowly becoming transparent, like crystal, vibrating and oscillating like a spinning top. My eyes saw a world in transition, and it too was vibrant, crystalline. I could see through the trees and rocks to a world of another space and time. It wasn't all clear, but I was sufficiently aware of its existence to know that the material world was a kind of illusion, that there was more to it than anyone had ever suspected; actual force fields enveloped the material forms, and who was to say which was the true form? In that moment of suspended time I realized I was looking at my own true form and a new-found consciousness from somewhere deep within my being understood the meaning of life.

The whole mystery of life's purpose and direction was clear. Never had I experienced such a state of pure exhilaration. I saw, by some vision external to my physical form, my body resting against the rock, eyes open, staring into the sun. It was as if I were looking down at another being separate from my awakened consciousness. Then, like the pendulum of a clock, my reality swung back to my body and became aware of what was taking place. The rational mind took over, as if fighting for its own existence. Again I was looking at the golden figure before me. Now there was no fear or awe, but an understanding that the two forms, though of two sets of dimensions, were yet one, only occupying distinct places in time and being. For mounting seconds everything blurred; then with a great gasp I felt the breath return to my body. My heart began to pound like a pile driver.

**- by Gene Savoy Sr.,
written following a fever,
Heights Above Balsas, Peru - July 8, 1970**



Spiritual Rebirth or Spiritual Regeneration

Here is a brief excerpt:

Regeneration and Spiritual Growth

One of Swedenborg's great works was a book titled "*REGENERATION: Spiritual Growth and How it Works*". It is now available online as a downloadable PDF for free. Just click on the title above to link to it.

What Swedenborg calls regeneration is also known as rebirth or spiritual awakening. It is what Jesus meant when he said we had to be reborn and what all the mystery schools have been teaching about for ages. In Cosolargy, we usually use "reborn" or "rebirth" although none of these terms are totally accurate. The spirit and soul are not dead when you are living in a material body. They are dormant but very much alive. So awakening them isn't truly rebirth, but in many cases, it will seem as if you are reborn, for your life will change so much that you will be a completely different person in many ways.

Before Rebirth

"The Essaei knew that the true communion was one in which the reborn Spirit communes with God by means of the True Bread — the Light of God manifest in His Image and filled with His Word — a sacred and divine act held in trust by the Order and guarded over in secrecy." ~Gene Savoy, Sr.

"Man, before he is being regenerated, does not even know that any internal man exists, much less is he acquainted with its nature and quality." ~Emanuel Swedenborg

I don't think it is so much an internal and external man as the mental intellect is internal also. I think it is more accurate to say "physical man" and "spiritual man." Then the quote from Swedenborg makes perfect sense. And when these quotes say "man," they mean women as well.

[Click here to read the complete post.](#)



"From one spring the boiling water is ejected a foot or more by the infernal force at work below, and in the vicinity of all of them one can hear a constant rumbling and surging, somewhat resembling the noises peculiar to a steamboat in motion." — Mark Twain, 1863

Steamboat Hot Springs and Healing Center in Reno is a subsidiary of Cosolargy International. It is so historic that Mark Twain himself is responsible for its name. The springs themselves have been active, and soaked in by early pioneers and those responsible for making Nevada a state, all the way back to 1857.

Steamboat has been listed on the Reno-Tahoe Website. This is a major site for information about the area. Here is a brief excerpt.

Steamboat Hot Springs Healing Center & Spa

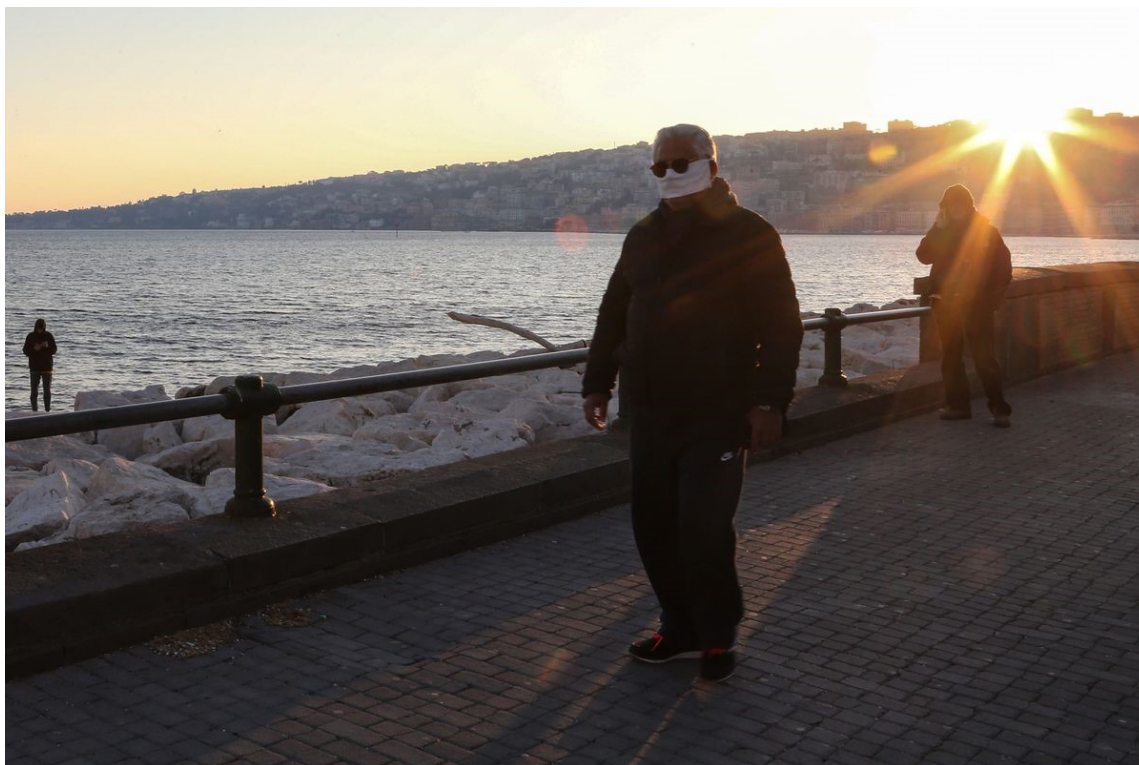
Steamboat Hot Springs Healing Center & Spa is Reno's only mineral hot springs. A registered state historic landmark, Steamboat features geothermal water for soaking combined with the relaxation of a spa. Considered a local treasure—a therapeutic respite in the high desert of the West—Steamboat's famous natural volcanic waters are chock-full of rare, health-boosting minerals found nowhere else in North America.

[Click Here](#) to read the article.

In the News: a New Cosolargy Email Program

In early April we started a new email project titled "*Gift of Light*". In this program, we are sending links to some short audio files that are excerpts of lectures done by our founder, Gene Savoy, Sr. years ago. If you are receiving this newsletter, you are probably getting those messages also. The idea is to provide some samples of our teachings to interested parties. If you are not receiving those emails and would like to, [click here](#) to send us a contact message and request them.

Why Join Cosolargy?



Can the Sun be beneficial at this time of global health crisis?

Right at the outset we must say that the World Health Organization has proclaimed that sunlight cannot *kill* the corona virus and social media reports are denouncing the possible curative effects of the Sun as 'fake news.'

Having noted that, there are always benefits to be obtained from the Sun. There are many, varied symptoms being suffered as a consequence of this pandemic. These include mental trauma resulting from unemployment and financial difficulty, along with emotional distress caused by isolation from friends or loved ones and, possibly, having to deal from sickness or even death in the family.

Increased sunlight, warmer temperatures and ultraviolet light have been shown to disrupt the transmission of some viruses in the past. But COVID19 has only existed for three months and the scientific research is still in its infancy. Solar UV rays can mutate or modify the genomes of viruses, making them unstable, but viruses constantly adapt to overcome these conditions.

Sunlight has a number of beneficial effects on the human body that are observable and it is known to kill bad bacteria – and we hasten to acknowledge that a virus is *not* a bacterium. All forms of light can be harnessed and used therapeutically and sunlight, combined with the intake of oxygen and plenty of clean fresh drinking water, boosts the immune system, increasing the oxygen content in human blood and delivering it to the tissues.

So, speaking with due caution, we know the light of the Sun will most certainly not be detrimental, while lifting one's spirits and overall sense of wellbeing. Cosolargy teaches correct procedures in receiving the Sun's benefits and suggests guidelines for a healthy diet and lifestyle which can help restore harmony to the mind, body and spirit.

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