

“One Reality of Mystics and Spiritual Adept’s”



The One Reality

“Of all those forms of life and thought with which humanity has feed its cravings for truth, mysticism alone postulates, and in the persons of the great initiates proves, not only the existence of the Absolute, but also this link: this possibility first of knowing, finally of attaining it. It denies that possible knowledge is to be limited (a) to the sense impressions, (b) to any process of intellection, (c) to the unfolding of the content of normal consciousness. Such diagrams of experience, it says, are helplessly incomplete. The mystics find the basis of their method not in logic but in life: in the existence of a discoverable ‘real,’ a spark

of true being, within the seeking subject, which can, in that ineffable experience which they call the 'act of union,' fuse itself with and thus apprehend the reality of the sought Object. In theological language, their theory of knowledge is that the spirit of man, itself essentially divine, is capable of immediate communion with God, the One Reality." ~[Evelyn Underhill](#)

Mysticism Postulates

Mysticism isn't about speculation, of listening to the idea of others, even those giving themselves the title "guru," but about discovering truth for ourselves. If you pay attention to spiritual groups on social media, you know they are always putting down religion because. According to them, religion is about believing in someone else's experiences, while spirituality is about having your own. They then go on to prove with that very statement, as well as almost everything else they post, that what they believe and practice is what they have gotten from others, not their own knowledge! Real mystics don't do that, nor do real spiritual students. And while we are at it, putting down the beliefs of others is also not the behavior of real mystics or spiritual adepts. The fact that we have learned some things others haven't learned yet does not make us superior beings, and those who think it does are feeding overblown egos.

Senses and Intellect

Mysticism does deny that knowledge is limited to the physical senses and the intellect. Higher levels of knowledge are found in higher levels of consciousness that are beyond the limits of intellect. The highest levels are spiritual in nature and only accessible to the spiritual faculties. Real spiritual schools teach this as well. True knowledge, or Gnosis, comes from the awakened spiritual faculties, not from the intellect, and certainly not from reading books. Books can point you in the right direction, but the truth must be experienced by each

individual. The one reality is not looked up in any book.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Life is Hard for Good Reason”



“Even though life is hard, even though it is sometimes difficult to smile, we have to try. Just as when we wish each other, ‘Good morning,’ it must be a real ‘Good morning.’ Recently, one friend asked me, ‘How can I force myself to smile when I am filled with sorrow? It isn’t natural.’ I told her she must be able to smile to her sorrow, because we are more than our sorrow. A human being is like a television set with millions of channels. If we turn the Buddha on, we are the Buddha. If we turn sorrow on, we are sparrow. If we turn a smile on, we really are the smile. We cannot let just one channel dominate us. We have the seed of everything in us, and we have to seize the situation in our hand, to recover our own sovereignty.

“When we sit down peacefully, breathing and smiling, with awareness, we are our true selves, we have sovereignty over ourselves. When we open ourselves up to a TV program, we let ourselves be invaded by the program. Sometimes it is a good program, but often it is just noisy. ... Even if our nervous system suffers, we don’t have the courage to stand up and turn it off, because if we do that, we will have to return to ourselves.” ~[Thich Nhat Hanh](#)

Life is Hard

Yes, life is hard. But as the song says, “I never promised you a rose garden”. Life on Earth, life in the material world is rarely, if ever, always pleasant. That is actually a good thing. If life here was always great, we would have no desire, no incentive, to seek a better life, a life of spirit. But even though life is hard, we can’t let it get us down and keep us gloomy all the time. We have to seek reasons to smile, reasons to have joy. So yes, life is hard, but you don’t have to be hard. Life is full of sorrows, but you don’t have to be trapped in sorrow.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“RETRO-KARMA”



Time's Toggle Switch Moves Back-and-Forth

As more evidence comes to light about the real potential of the future to affect the past (known as *retro-causality*), researchers in different fields are exploring the ways we can put this information to practical use. While simultaneously being informed that time-travel may be less of a fantasy than we have previously been taught, as well as the advances made by physicists in understanding that the 'cause-precedes-effect' rule does not apply in the subatomic world, we should also be mindful of the dynamics of Karma.

I have written before about the idea that the [Future Already Exists](#) and how we might gain [Foresight](#) into it, but recently I have been prompted to look deeper into ways that we might usefully employ the reconnection of future/past timepoints to our practical advantage – without violating the Law of Karma. Then, over the past week or so, I came across several relevant pieces of news in quick succession.

[Read the full article on Paul's blog at his web site
southernsunlightcom.wordpress.com.](http://southernsunlightcom.wordpress.com)

“God in the Sun of Life and Truth”



God In the Sun of Life

“No matter in which phase of life one may be, young, adult, old, rich, poor, educated, or ignorant, they must be awakened. Who must awaken them? God must. Why? Because God is the Sun of Life. When this Sun awakens man, it will open his eyes, so that he may see and understand the world correctly and work in it.

“If you warm yourself on heat produced by wood, or on heat produced by coal, the effect on you in the two cases will be different. If you are sensitive, when you burn coal you will pass through all the stages it has passed; when you burn wood, you will experience the stages the oaks have passed through and feel them like living beings. The black color of the coal will produce quite a different effect on you from that which burning wood will. Contemporary culture must rid itself of the use of coal. That is why the future scientists must harness solar energy. We must provide for ourselves heat from the Sun. When we reach the stage of utilizing solar heat and energy, we shall be the cultured people humanity is

expecting. At the present stage we cannot be called cultured people.” ~[Biensa Douno](#)

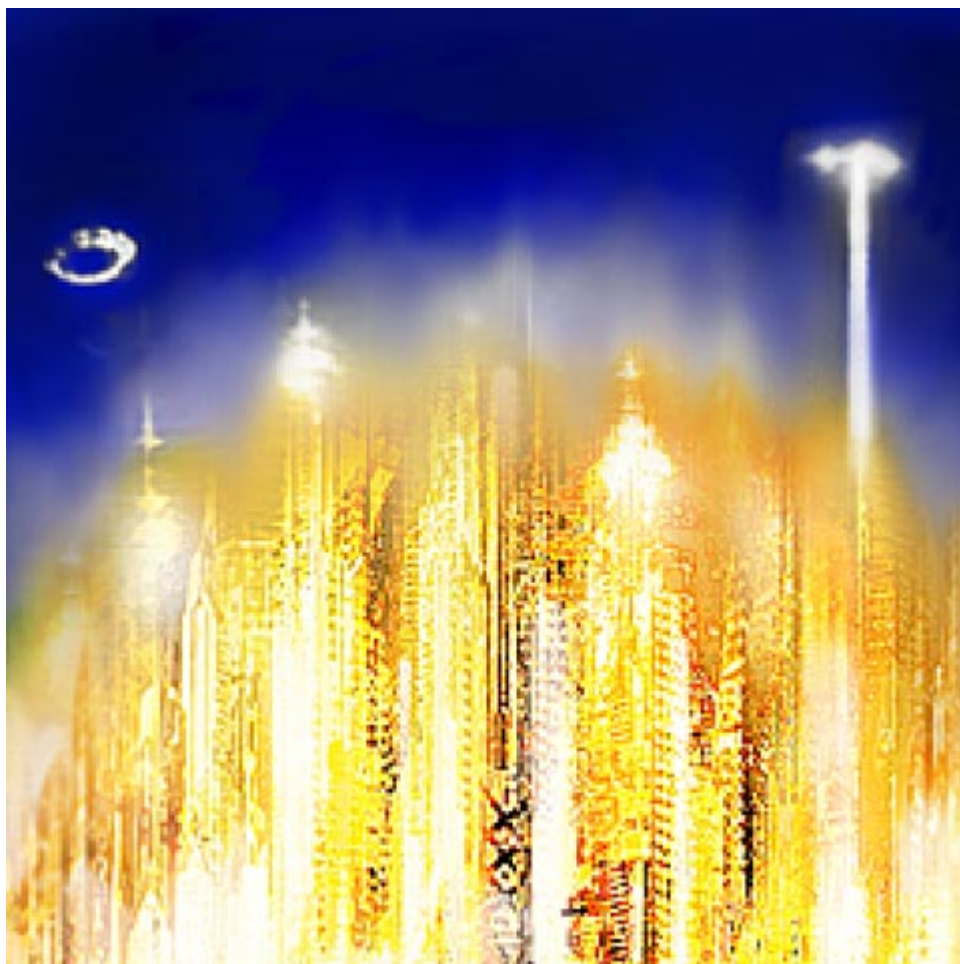
Must Awaken

Yes, we must all “Awaken”, but few even understand what that means. I’ve covered spiritual awakening [on this blog](#) and on the [Cosolargy blog](#) in depth, so I’ll just cover it briefly here. Simply becoming aware that matter is not all that exists and the world of materialists is a failed paradigm is not a spiritual awakening. It is the first step of awakening, but many other steps must follow it. Only when the dormant soul has been awakened from its coma-like sleep can we say that we are truly awakened. But all of us must awaken if we are to gain eternal life in the spirit. It isn’t something just for monks and fanatics. All must awaken sooner or later, so it is best to choose sooner.

[Read the entire article online at spiritsun.net.](#)

Original article posted by HAROLD BOULETTE on November 13, 2020

“Golden City of Heaven Allegory”



“In this world of time and of chance, we have still, like the strayed animals or like the migrating birds, our homing instinct. We seek. That is a fact. We seek a city still out of sight. In the contrast with this goal, we live. But if this be so, then already we possess something of Being even in our finite seeking. For the readiness to seek is already something of an attainment, even if a poor one.”

“Further, in this seeking we are not wholly dependent on that homing instinct. For some, who have climbed to the hill tops, that city is not really out of sight. The mystics see it and report to us concerning it. Science and mysticism may do their best and their worst: but these pathfinders of the spirit never falter in their statements concerning the independent spiritual world which is the only goal of ‘pilgrim man.’ They say that messages come to them from that

spiritual world, that complete reality we call Absolute: that we are not, after all, hermetically sealed from it. To all who will receive it, news comes of a world of Absolute Life, Absolute Beauty, Absolute Truth, beyond the Bourne of time and place: news that most of us translate—and inevitable distort in the process—into the language of religion, of beauty, of love, or of pain.” ~[Evelyn Underhill](#) (inner quotes from “The World and the Individual” by [Josiah Royce](#))

“Then I saw “a new heaven and a new earth,” for the first heaven and the first earth had passed away, and there was no longer any sea. I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. 3 And I heard a loud voice from the throne saying, “Look! God’s dwelling place is now among the people, and he will dwell with them.” ~ Revelation 21 By St. John

City of Heaven

I have never read any writings of the mystics that talk about a city in Heaven, especially a city of Gold, which is usually how it is depicted (more on that later). I can say that I personally have never really thought of Heaven as having cities, or one city, in it. Cities are, after all, constructs of matter and the more materialistic a society is, the more likely it is to have great cities all over the landscape. So many in some places that it is hard to find more than tiny places of a natural environment. But I thought about it and decided that it makes sense in a symbolic way.

We have come to think of those living in primitive wildernesses, or even tiny villages made of mud huts, as primitive. On the other hand, those who live in cities are advanced, educating, learning, and growing. While I don’t think that analogy and generalization is true, it is widely accepted. For that reason, it can be used when allegorically

and metaphorically describing Heaven, which is the only way Heaven can be described to those who have not developed their spiritual side sufficiently to have visited the place. St. John in Revelation is not the only mystic to have used that metaphor. But why a Golden City of Heaven?

[Read the entire article online at spiritsun.net.](https://spiritsun.net)

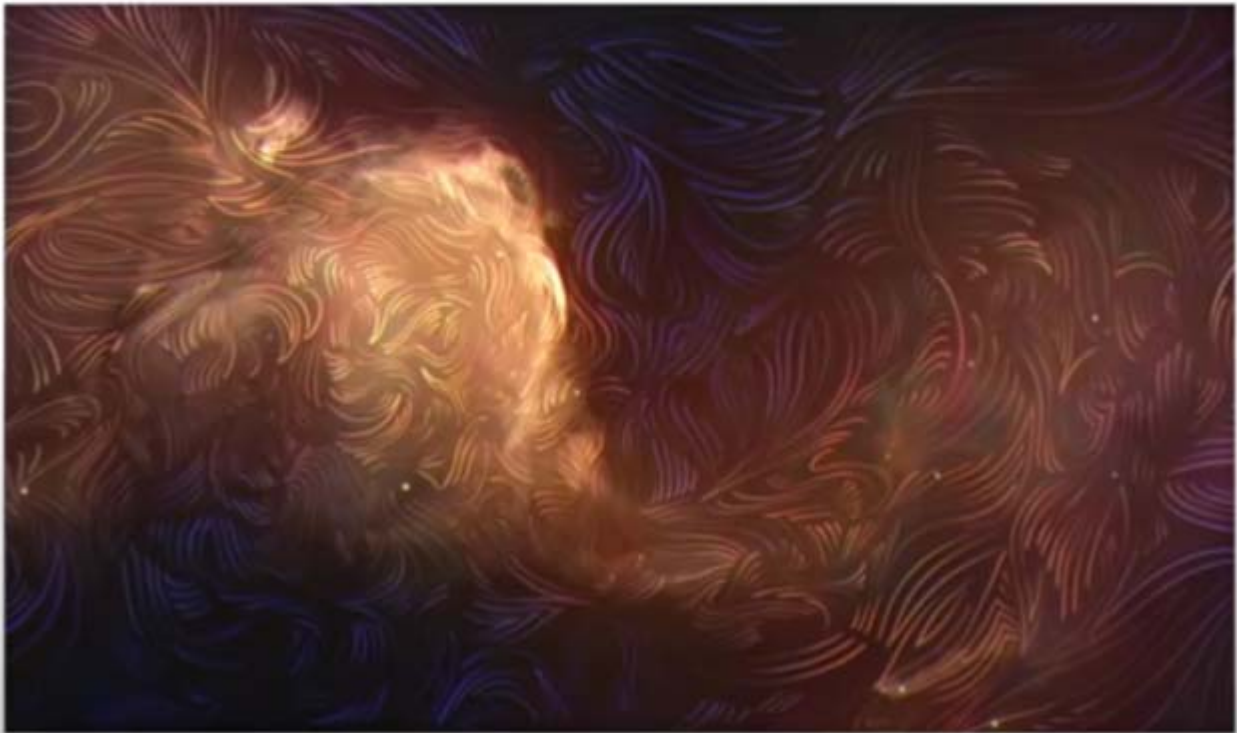
Original article posted by HAROLD BOULETTE on November 14, 2020

“The Magnetic Universe”

The Hidden Magnetic Universe Begins to Come Into View

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Astronomers are discovering that magnetic fields permeate much of the cosmos. If these fields date back to the Big Bang, they could solve a major cosmological mystery.



Today in mainstream astronomical literature, we hear more and more about the “Magnetic Universe.” Thanks to great technological leaps, scientists have learned that vast magnetic fields pervade the cosmos, and increasingly, cosmologists view magnetism as important in the formation and evolution of structures at all cosmic scales.

However, gravity-centric cosmology did not predict such a critical role of magnetism. In this episode, the Thunderbolts Project explores why the so-called “Magnetic Universe” is in fact the clearest possible affirmation that the Universe actually is electric.

[Watch the entire episode posted online July 25, 2020 at youtube.com \(15:30\)](#)

link submitted by Robert Petrovich

“Great Expectations”

**For the Star Above the Christmas
Tree**



A total eclipse took place on 14 December – not visible from where I live – just a week before the Solstice and Great Conjunction due on 21 December. These fall in the same week as Christmas, so there are many people around the world looking forward to a period of brightness and joy, however brief, as respite during what has otherwise been a time of gloom and disappointment.

For those observing the conjunction of Jupiter and Saturn in the night sky with their naked eye, it might appear as one bright star, reminiscent of the one that was said to have appeared as a guiding sign in the heavens at the birth of Christ. German astronomer, Johannes Kepler, wrote in 1614 that he believed the ‘star of Bethlehem’ in the Nativity story could have been a conjunction of Jupiter and Saturn.

A number of commentators who are respected in the 'new age' community believe that there will be a division of people, as the planetary Schumann resonance rises. That used to be pegged at 7.83 but has been rising and expected by some to settle permanently at over 110hz, separating humanity into two different vibrational frequencies. This sounds a bit like the "rapture" expected by some Christians, where *two men will be in a field, one is left behind while the other is "taken"* as if to move into a different dimension.

My personal view has always been that everyone needs to work on their own spiritual wellbeing, rather than wait on an external source to deliver ascension to them. Today, just like every other day, at least 150,000 people have died around the globe. For them, that is their personal "end time." Whatever your beliefs are, you need to put them into practice in the morning, because there is no guarantee you'll still be here in the evening.

[Read the full article on Paul's blog at his web site
southernsunlightcom.wordpress.com.](http://southernsunlightcom.wordpress.com)

"Secret Fire of the Alchemists and Mystics"



“IN H. P. Blavatsky’s ‘The Voice of the Silence,’ the secret fire of the Alchemists is described as ‘Kundalini,’ the ‘serpentine,’ or annular working power in the body of the ascetic. ‘It is an electric fiery occult or [Fohatic](#) power, the greatest pristine force which underlies all organic and inorganic matter’; and in another place the author says: ‘it is an electro-spiritual force, a creative power which, when aroused into action, can as easily kill as it can create.’

“This point is the reason why the secrets of Alchemy are not divulged to the curious, and why only those who have gained the power to control their own self will be told how that power can be aroused in man.

“In regard to this ‘secret fire,’ the Rosicrucians say: ‘The potentialities in nature are aroused by the action of the secret fire, assisted by the elementary fire. The secret fire is invisible, and is contained within all things. It is the most potential and powerful fire, with which the external visible fire cannot be compared. It is the fire with which Moses burned the golden calf, and that which Jeremiah hid away, and which seventy years after was found by the knowing ones, but which by that time had become a thick water.’

“Without the possession of this magic fire, no alchemical process can be accomplished.” ~[Franz Hartmann](#)

Secret Fire of the Alchemists

As has been explained in [several previous articles on this blog](#), the real purpose of alchemy was not to change one type of metal into another but to change the lead man of materialism into the gold man of spirit. So when Hartmann speaks of the secret fire of Alchemists, it could as easily be called the secret fire of spiritual awakening and spiritual development, or the secret fire of the mystics.

This secret fire is not a fire in the material sense, and most modern spiritual schools prefer to call it Light or Spiritual Light rather than fire. Because it is a spiritual thing, it is impossible to accurately describe in languages created to describe the physical world. So fire, light, energy, force, and others are all reasonable accurate, but not exact. And the secret fire is secret in two ways. One, it is invisible, unnoticed, by materialistic people. Two, when you look at others, unless you are very advanced in your spiritual studies, you cannot tell how much spiritual fire, if any, a particular individual may have.

Occult Fohatic Power

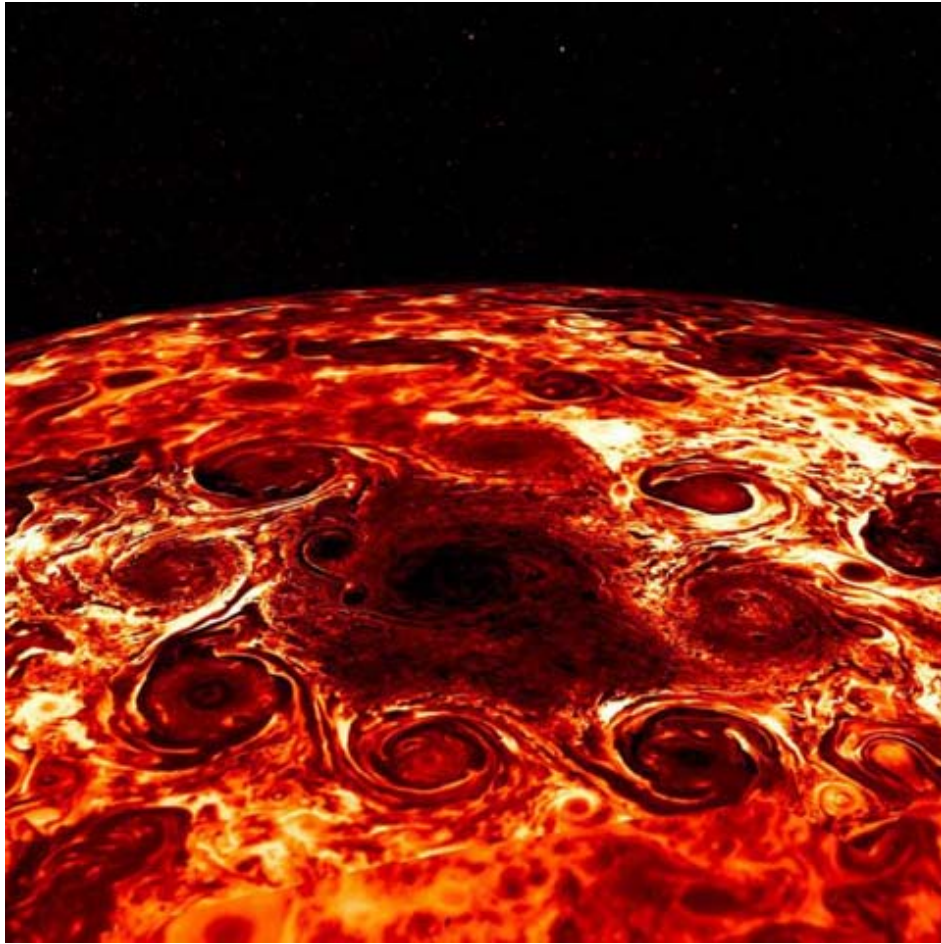
Blavatsky adds that the secret fire is an occult or fohatic power. Fohat, according to Blavatsky, is an old Tibetan term for this force or energy. The importance of that word being used is that Fohat is defined as being active. It isn't just a secret fire that doesn't do anything. It is an active force that is working all the time. The work it is doing is to awaken and develop souls and converting (or transforming) matter back into its original state as spirit. This is all happening under the direction of God, of course, but we have a part in it also.

God made us to be co-creators with Him. That doesn't mean we are free to puff up our egos and arrogantly create whatever we feel like creating, as in the manifesting practices that have become so popular in recent years. It means that we are to create and transform with God's Great Plan in mind at all times. And we create with the energy of the secret fire that is around us at all times.

[Read the entire article online at spiritsun.net.](https://spiritsun.net)

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“Plasma Vortex”



Multiple whorls at Jupiter's South pole.
PHOTO CREDIT: NASA/JPL

Various plasma instabilities are found on Jupiter.

NASA launched the [Juno](#) spacecraft on August 5, 2011. Its primary mission includes analyses of Jupiter's massive plasmasphere: how do its electromagnetic influences affect the Jovian system. Since Jupiter radiates more energy than it receives from the Sun, astronomers think that some kind of internal dynamo, acting like a generator, "must be" creating the excess. However, there are processes occurring on Jupiter that are now coming to light.

Jupiter is an electrically active world, far more so than computer simulations predicted. Based on what was surmised about Jupiter, a 5 gauss magnetic field was assumed to exist. When Juno entered orbit and began its scientific measurements,

levels as high as 9 gauss were found. Compare those readings to Earth's .5 gauss field and the enormity of Jupiter's electromagnetic energy can be deduced. Its field is also irregular, leading some astrophysicists to suggest that there is an anomalous structure in Jupiter's core.

[Read the entire article by Stephen Smith posted online September 28, 2020 at thunderbolts.info](#)

link submitted by Robert Petrovich

“Intuitive Consciousness and Attaining It”



"In many temperaments of the unstable or artistic type, the intuitional consciousness of the Absolute becomes ungovernable: it constantly breaks through, obtaining forcible possession of the mental field and expressing itself in the 'psychic' phenomena of ecstasy and rapture. In others, less mobile, it wells up into an impassioned apprehension, a 'flame of love' in which the self seems to 'meet God in the ground of the soul.' This is 'pure contemplation': that state of deep [orison](#) in which the subject seems to be seeing, feeling, and thinking all at once. By this spontaneous exercise of all his powers under the dominion of love, the mystic attains that 'vision of the heart' which, 'more interior perhaps than the visions of dreams or ecstasy,' stretches to the full those very faculties which it seems to be holding in suspense; as a top 'sleeps' when it is in a fast spin. ... This act of contemplation, this glad surrender to an overwhelming consciousness of the Presence of God, leaves no sharp image on the mind: only a knowledge that we have all been lifted up, to a veritable gazing upon that which eye hath not seen." ~[Evelyn Underhill](#)

Artistic Types

I would first like to disagree with Ms. Underhill in lumping together the artistic and unstable types. While it is true that some great artists have been mentally unstable, I think they are a minority. Most artistic types are perfectly sane. But they do tend to be more sensitive than the average person, and they may well be what makes them artists. Maybe she meant autistic types and the book has a typo. In any case, she is correct in saying that the intuitive power generally comes to people in one of two ways, and affects each type differently.

Ungoverned Intuitive Consciousness

When intuitive consciousness breaks through to one without being sought, or without being understood, it may do it in a forceful and undesirable way. It may cause unexplained joy and ecstasy, or it may cause fear of something for no known reason. In more extreme cases, it may cause such psychic phenomena as a type of speaking in tongues where the person suddenly starts speaking in a language they do not know. Or it may cause a person to levitate, or glow with an inner light. Many think such phenomena is desirable, but it is rarely useful when uncontrolled.

In the case of unexplained fears, it may be useful but isn't always. We have all heard the stories of people who suddenly felt that they should skip a flight they were scheduled to take, or a cruise they were supposed to go on, and later the plane crashed or the ship had an emergency at sea. That is all great. It is a good thing those people get that warning. But what you never hear of is the people who suddenly became fearful and canceled their flight or their cruise, and nothing happened. While I haven't done a scientific study on it, I bet such people outnumber those who got a reaper premonition by at least ten to one. So this type of intuitive consciousness is unreliable when not developed with discipline.

[Read the entire article online at spiritsun.net.](https://spiritsun.net)

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