

# Stand Firm in Your Spiritual Purpose



*“Beloved Soul, mark: if thou wilt be a champion in the Saviour Christ against death and hell, and would have the young graft grow, and become a tree in the Kingdom of Christ, you must go on and stand firm in thy first earnest purpose. It is as much as your paternal inheritance is worth, and your body and soul too, whether you become an Angel of God, or a Devil in Hell. If you will be crowned, you must fight; you must overcome in Christ, and not yield to the Devil. Your purpose must stand firm, you must not prefer temporal honor and goods before it. When the spirit of the flesh says, stay a while, it is not convenient yet, then the soul must say, Now is the time for me to go back again to my native country, out of which my father Adam has brought me. No creature*

*shall keep me back. ... I will enter with my whole will and desire into the Rose Garden of my redeemer. And if you should become a fool in the account of men, yet you must obey the firm resolve of the soul.” ~[Jacob Boehme](#)*

## **A Champion in Christ**

In Cosolargy, we would say become a champion of God rather than Christ, but otherwise, what Boehme says applies to us. To be a champion of God, we must put God’s Law above man’s, we must put God’s Plan above those of men. In the materialistic world of today, that is not an easy thing to do, yet there are those who do it.

## **The Young Graft Grows**

The “young graft” that Boehme is talking about is the newly awakened spirit. Once awakened, it must be continuously developed so it can grow in strength and wisdom to become, as Boehme puts it, “a tree in the Kingdom of Christ”. He says that to do this, we must stand firm in our “first earnest purpose.” That purpose is not to fulfill some earthly desire, but our true underlying purpose, which is to return to God.

## **To Be Crowned**

Boehme adds that if we wish to be crowned, we must fight and overcome the temptations of the Devil and the realm of matter. Boehme is here giving us a clue on how to awaken and develop our spiritual faculties, namely, with the light of the sun, especially the Light of the Spiritual Sun. It is not well known, but the wearing of a gold crown began with ancient priests, not kings. The gold crown symbolized the Spiritual

Sun, and wearing it implied that the person was one with the Spiritual Sun. Boehme would know of this as he had his spiritual awakening when the sun reflecting off a metal bowl struck him in the eye.

## **Putting it Off**

Many people say they want to start spiritual development, but the time is not right yet for them to do so. Boehme warns against putting it off, and what he says is even truer today. First, those who find a reason to put it off today are likely to find another reason tomorrow and the next day. Once you start putting it off, it is easy to continue to do so. Secondly, we are all running out of time. Pay attention to what is happening around you. There is no doubt that we are in the End Times and have a limited amount of time left to change ourselves and our world. How long? No one knows exactly. It could be a hundred more years, or it could be two years, so start now. Start and stand firm in your spiritual purpose. Only those who stand strong and firm can succeed.

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# **Spiritual Energy and Energy Vampires**



*“Some people are practically vampires, and live upon the magnetism of others, unconsciously, usually, although some have acquired the knowledge that they may love in others, strength in this way, and practice their wicked arts consciously. This conscious use of their power is a form of black magic, and is attended with certain psychic penalties and punishments. But no one can be thus drawn upon, either by the unconscious demand of others, or by conscious design, after they have once learned something about this human magnetism, and its laws.*

*“Human magnetism, or Pranic Energy, is a most potent therapeutic force, and, in one form or another, it is found in the majority of cases of psychic healing. It is one of the oldest forms of natural healing, and it may be said to be almost instinctive in the race. A child who has hurt itself, or who feels pain, at once runs to its mother who kisses the hurt part, or places her hands on the seat of the pain and in a few moments the child is better. ... This instinctive use of*

*the hand is a form of conveying magnetism to the afflicted person, who is usually relieved by the act.” ~[William Walker Atkinson](#)*

## **Energy Vampires**

It is true that some people are energy vampires. It is also true that most of them are completely unaware of the fact. Those few who are aware, and are doing it intentionally are, as Atkinson says, practicing a form of black magic. I know that a popular novel from about twenty years ago, I can't recall the title, recommends that spiritual people take energy from other living beings including plants and animals, but I repeat what Mr. Atkinson says: that is practicing black magic and is evil. It is fine to ask another to share some energy with you when your energy is low, but not to take it without permission. It is also fine for you to send some of your prana to another life form, and request that it share some of its energy with you. In this exchange of energy, you learn from each other. An even better solution is to use sun gazing and get energy from the sun.

## **Magnetism and Energy**

Atkinson uses the words magnetism and energy interchangeably, but this can be confusing. While magnetism is related to electricity, all energy cannot be considered magnetism, and the life energy or spiritual energy that is primarily of concern here is not magnetism. While it is generally true that people who are abundant in spiritual energy tend to have a magnetic personality, this is not actual magnetism.

## **Psychic Penalties**

It is true, as Atkinson notes, that there are psychic and spiritual penalties for those energy vampires who intentionally take energy from others. But penalties are not limited to spiritual vampires. Anyone who misuses spiritual energy may pay a penalty for doing so. Misuse includes using it for materialistic ends, using it to gain some advantage over others, or using it to harm others. The penalties may be the loss of such energy or having things suddenly turn against you.

## **Potent Therapeutic Force**

Spiritual energy is indeed a potent therapeutic force. When psychic or spiritual healers work, one of the primary things they do is to try to fix blockages of energy flow in the subject. Sometimes, we have enough energy, but we have blockages that prevent it from flowing properly. Acupressure and acupuncture are all physical ways of repairing energy blocks, and they have been proven to work in many cases. Prayer is also a good way to improve another person's energy flow so that it improves their health. There is nothing wrong with sending energy to others who need it and want it, but taking energy from others is wrong.

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# Be Ruled by Truth, Wisdom, and Love



*“Deposit truth in your actions. In your worldly actions, you must be ruled by the truth. In your feelings, you must be ruled by wisdom, and love to rule the head.*

*“A small job done for God is a great job, but a great job done for you is an insignificant one, a bubble that will pop. The smallest jobs done for God after ten years will make you the strongest and most powerful in the world. The smallest job for God is a job that saves. A good day done for God is a lot.*

*“The invisible [spiritual] world wants you to do the smallest good, that good that no one but you can see (a good done is*

*secret). Now that should be your new moral.*

*“The foot of man cannot step in paradise if he does not think, feel, and act right. God took Adam out of paradise after he broke His Law. ...*

*“Thank God for the clouds. Thank God for the trees and flowers. In this way, you will accept a good that in no other way can be received. The grateful heart accepts all of God’s goods.*

*“The most important thing in the world is love. The second most important is life, and the third is movement and direction. Think of God constantly. We all have to love God. Without love of God, we will be foreign to one another.”*

*~[Biensa Douno](#)*

## **Truth in Actions**

Most of us think of truth as being something that goes with our thoughts and our words, but it is also in our actions. Sadly, today, there are many who practice truth and rightful thinking in their speech, but not in their actions. They say that we should be loving but turn away from those in need. They say that we should listen to God, but practice materialism instead. Truth is not enough if it is only in our words. It must also be in our actions.

## **Do Good for God**

Douno is telling us that even the smallest things we do matter, and we should do them for God. This doesn’t mean that we do whatever we wish to do and say we are doing it for God. It means that before we take action, we should think about what action God would want us to take, and then do that. And

as Douno says, doing what we believe are great deeds, what the worldly forces think are great deeds, will be but bubbles popping if they are not the deeds God wants us to do. Of course, part of the problem is knowing what God wants us to do. In some cases, we can figure that out for ourselves if we really want to, but the best option is to awaken and develop our dormant spiritual faculties. Only through the spiritual faculties can we know and understand what God truly wants of us. And while Douno is here emphasizing small deeds done for God, that doesn't mean we can't do great deeds for God as well.

## **Adam out of Paradise**

It is not entirely accurate to say that God "took Adam out of paradise" when he broke God's Law. The fact of it is this: God's Law is enforced automatically. It is as if there was a kind of trap door in Heaven, and when Adam broke the law, the door opened and Adam fell into lower dimensions of being. God didn't have to take any action against Adam because the Law works on its own.

## **Thank God**

We should thank God for the trees and the flowers, the sun, and the clouds. We should thank God that we are alive. Sometimes, this is difficult to do because of the problems we face in the material world, but we must constantly remind ourselves that in this low dimension of matter, the evil things that happen to us (sickness, injury, poverty, etc.) do not come from God, but from the Devil and his demonic minions. But if we try as much as possible to thank God for the good in our lives, more good will come to us.

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# **Birth of Sophia and the Forces of Darkness**



*"After the nature of the immortals was completed out of the infinite one, then a likeness called Sophia flowed out of Pistis, with the wish that something should come into being like the light that first existed. Immediately her wish appeared as a heavenly likeness with an incomprehensible*

greatness. This came between the immortals and those who came into being after them, like what is above. It was a veil separating people from the things above. Now, the eternal realm of truth has no shadow within it because the immeasurable light is everywhere within it. Outside it, however, is a shadow, and it was called darkness. From it appeared a power over the darkness. And the powers that came into being afterward called the shadow the limitless chaos. From it every kind of deity was brought forth, one after another, along with the whole place. Consequently, the shadow too is subsequent to what was in the beginning. The shadow appeared in the abyss, which is derived from Pistis, whom we have mentioned. The shadow perceived that there was one stronger than it. It was jealous, and when it became self-impregnated, it immediately bore envy. ... Then the bitter wrath that came into being from the shadow was cast into a region of chaos. Since that day a watery substance has appeared. What was enclosed in the shadow flowed forth, appearing in chaos. ... Matter did not come out of chaos, but it was in chaos, existing in a part of it.

“Now, after these things happened, Pistis came and appeared over the matter of chaos, which was cast off like an aborted fetus, since there was no spirit in it. For all of that is a boundless darkness and water of unfathomable depth. And when Pistis saw what came into being from her deficiency, she was disturbed. And the disturbance appeared as something frightful, and it fled to her in the chaos. She turned to it and breathed into its face in the abyss, which is beneath all of the heavens. Now, when Pistis Sophia wanted to cause the thing that had no spirit to be formed into a likeness and rule over matter and over all its powers, a ruler first appeared out of the waters, lionlike in appearance, androgynous, with great authority within himself but ignorant of whence he came into being.” ~ On the Origin of the World

## **Birth of Sophia**

Sophia or Sophia Pistis is well-known to those of us who have read almost any Gnostic scripture as the goddess of wisdom, or, if you prefer, Wisdom personalized as a goddess. We mostly hear her called Pistis Sophia, but the first line of the quote from the Gnostic book "On the Origin of the World," says Sophia was created "out of Pistis." The note on this line says that it means faith, so it is saying that Sophia was created out of Faith. I assume that Faith was one of the immortals mentioned at the beginning of the sentence, and so it was this immortal that created Sophia.

## **Immediately Appeared**

When Sophia wished for something, it immediately appeared. This shows that she had the power of true creation. It can also be seen as a cautionary warning on the power of thought. Her creation was something between the immortals created by God, and the being to come after. It acted as a veil separating "people" from the things above.

## **The Shadow**

The quote says the Eternal Realm of Truth, the realm of Spirit, has no shadow. It is filled with light that comes from all directions and never goes out. But with the creation of lesser beings by Sophia, lesser worlds were created, worlds that did have shadows and so were called worlds of darkness. This is the realm of matter. We dwell in the third dimension which has a mix of matter and spirit, and so has shadow. But it is not a place of total darkness (that is the first dimension), so it is still possible for us to turn from the darkness and rise back up toward the Light, toward higher levels of consciousness, toward the Eternal Realm called

Heaven.

## **Region of Chaos**

The Region of Chaos that flowed forth out of the Shadow is the material realm. This is another way of saying that the defective realm of matter is not a creation of God, but of lesser beings that didn't really know what they were doing. Most Gnostic writings call this being, or group of beings, the Demiurge, meaning less than the true God, but still a very powerful being, powerful enough to create the worlds of matter. Yet, the realm of matter is defective because it has death, disease, storms, and other kinds of darkness. It required living beings to kill and eat other beings to survive. This seems normal to most of us, but it is a horror to God.

## **Truth or Allegory**

The hierarchal tale of creation as told in the quote above may be literally true, or it may simply be an allegorical way to try to explain the complicated facts behind the creation of the multi-dimensional universe. I tend to believe it is mostly allegorical, but it doesn't matter either way. The important points to take away from this tale of creation are:

1. God created a universe of pure Light, pure Love, and pure Peace
2. Lesser beings created lesser worlds
3. With the creation of the lower dimensions came the creation of Shadow or Darkness
4. Death, disease, pain, and want are properties of the shadow words and have no place in the realm of God
5. We have fallen into the third dimension, but have the ability to turn around and climb back up to higher

dimensions.

6. It is God's Plan that the fallen realm of matter be slowly changed back into its original form and all darkness will be gone.

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## Mystery in the Cross



*“Those upon whom the Divine Law is written, not with ink and letters, but implanted in hearts of flesh, these, having the eyes of their mind enlightened, and reaching after a hope, not tangible and seen, but invisible and immaterial, have power to get the better of the stumbling blocks of the evil one, not by themselves, but from the power that never can be defeated. But those who have not been honored with God's Word, nor instructed by Divine Law, are vainly puffed up, and fancy that by their own free will they can bring to naught the resources of sin—sin which is only condemned through the mystery contained in the cross. It lies in the power of man's*

*free will to resist the devil, but it does not extend to an absolute command over the passions. Except the Lord build the house, it says, and keep the city, the watchman waketh but in vain, and the builder labors in vain.*

*“You cannot go upon the asp and basilisk and tread under your feet the lion and the dragon, without first purging yourself as far as human ability goes, and being strengthened by him who said to the apostles, Behold, I have given you power to tread on serpents and scorpions, and upon all the power of the enemy.” ~St. Macarius the Egyptian*

## **Divine Law is Written**

As St. Macarius says, the Divine Law is not written with ink on paper, nor found in any books. Some parts of it may be found in books of scripture, but then it is open to misinterpretation. In any case, Divine Law does not really hold sway over you until it is written in spirit and soul, which is what the ancients usually meant when they said it was in your heart. The heart is just an organ of flesh and blood, but it has an energy center associated with it, and that is where the truth is written.

## **Eyes Enlightened**

I have to disagree with St. Macarius on this one. It is not the “eyes of the mind” that are enlightened, but the eyes of the soul in an awakened spirit. This means, of course, that the spirit must be awakened from its dormant state before this can happen. It is only the spirit that can communicate with the spiritual worlds; it is only the spirit that can learn the spiritual truths that are found in the spiritual worlds. Macarius is correct, though, in saying that the one who has been enlightened has the power to resist the stumbling blocks

of the evil one and his spiritual minions and human assistants. He is also correct in saying that that power is not with the enlightened person alone, but with the help of the “power that can never be defeated.”

## **God's Word**

St. Macarius is definitely correct in saying that those who are not receiving God's Word and are not following God's Law are just “vainly puffed up” if they think they can achieve enlightenment on their own. True, enlightenment does require we work at it and do so for some time; but we also need to do it with God's Word or Light. But if you think that God's Word can be found trapped in some holy book, you are mistaken. It is found only through direct communication with higher levels of being and consciousness.

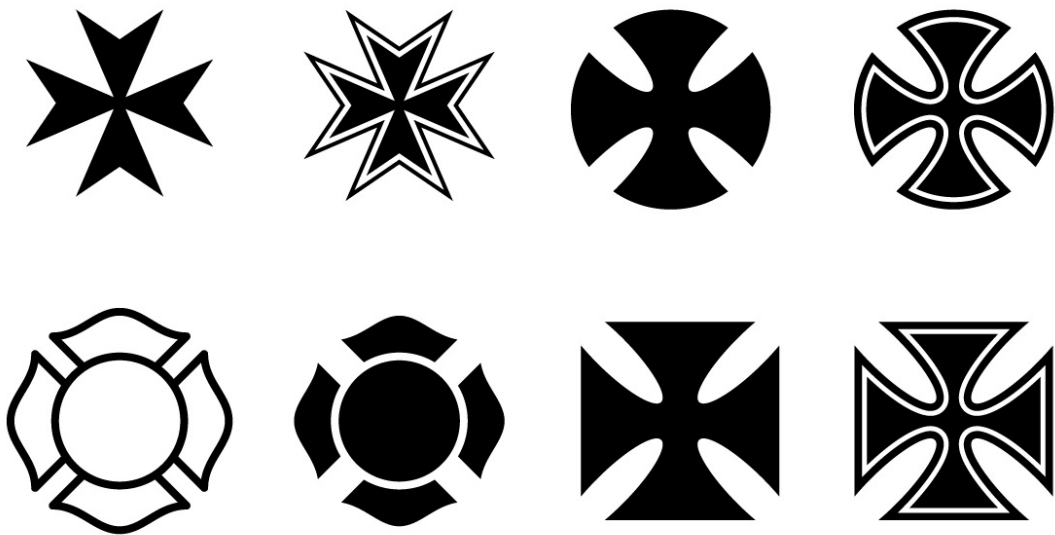
## **Tread on Serpents and Dragons**

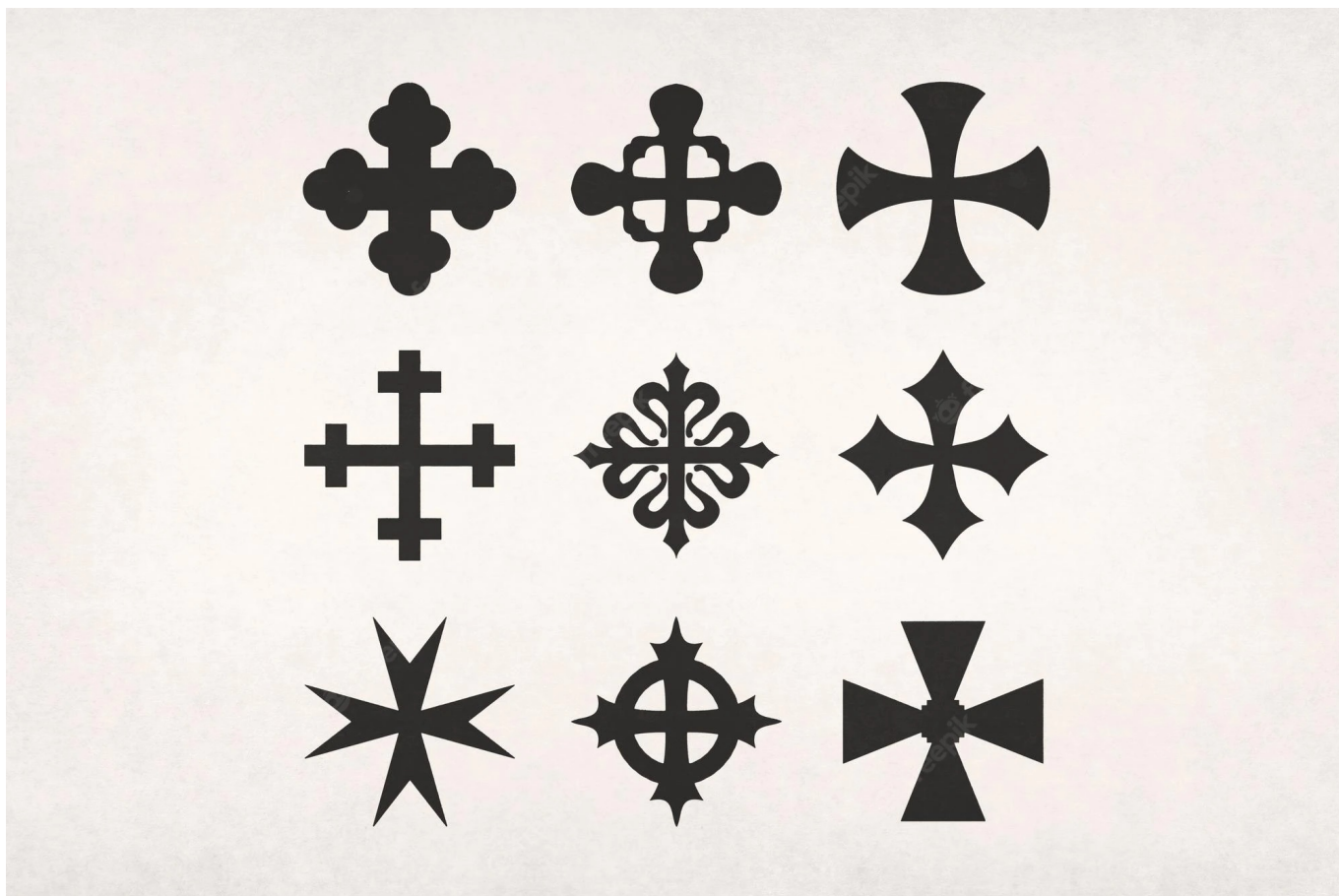
This is just another way of saying that the enlightened person will be able to resist the temptations of the material world and the attempts by demons and devils to turn us away from spiritual growth and development. But again, you can't do it on your own, you have to have God and the Angels on your side.

## **Mystery Contained in the Cross**

There is a great mystery contained in the cross that is not recognized by most Christians. For starters, they confuse the cross for the crucifix upon which Jesus was hung to die. The mystery cross has been recognized as a symbol of God and God's Word long before the birth of Jesus. The oldest version of it was a simple circle with a cross inside. This represented God, but also that God's Light was in the sun; the circle

represented the sun, and the cross inside, the Light of God. This advanced over time to new variations with the best-known version being the Maltese cross. Nearly all of these mystery crosses have four arms of the same length, and many have circles at the four tips, usually three. Here are some variations.





The important thing about this type of cross is that it speaks directly to the human soul, which understands geometric shapes, not words. So having a cross of this sort, such as the Cosolary Cross, and looking at it regularly, or simply imagining it in our mind's eye, helps awaken our spiritual faculties.



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# The Pure Being of the Mystic



*“The full mystic consciousness attains to what is, I think, its really characteristic quality. It develops the power of apprehending the Absolute, Pure Being, the utterly Transcendent: or, as its possessor would say, he can experience ‘passive union with God.’ This all-round expansion of consciousness, with its dual power of knowing by communion the temporal and eternal, immanent and transcendent aspects*

*of reality—the life of the All, vivid, flowing and changing, and the changeless, conditionless life of the One—is the peculiar mark, the ultimo sigillo of the great mystic, and must never be forgotten in studying his life and work.*

*“As the ordinary human is the meeting place between two stages of reality—the sense-world and the world of spiritual life—so the mystic, standing head and shoulders above ordinary people, is again the meeting place between two orders. ... On the one hand, he knows, and rests in, the eternal world of Pure Being, the ‘Sea Pacific’ of the Godhead, indubitably present to him in his ecstasies. On the other, he knows—and works in—that ‘stormy sea’ and vital world of becoming which is the expression of its will.” ... There, the Divine Unity dwells and calls them.” ~Evelyn Underhill*

## **Full Mystic Consciousness**

What Underhill is here calling “full mystic consciousness” is what other spiritual writers have called Christ Consciousness, or Ultimate Consciousness. It is the highest level of consciousness that we can reach. It is the level at which we become one with the All, one with God. It is the Level of complete Gnosis. Few achieve that level while still living on the material plane, but some come close. Those who get close to that level are deservedly called mystics.

## **Apprehending Pure Being**

At the higher levels of consciousness, one can apprehend Pure Being, even if only at that level briefly, which is how it usually happens. By continuing to practice advanced spiritual growth techniques, the mystic reaches higher and higher states of consciousness and stays at those higher levels longer. It

is more than just apprehending Pure Being, it is a process of slowly becoming Pure Being. It is the process we must all follow to get into Heaven, for Heaven is a place of Pure Spirit, and only a Pure Being can be there; otherwise, it would no longer be pure.

## **Knowing the Temporal and Eternal**

The advanced mystical adept knows the temporal or material world as well as the spiritual. They are able to function well in both worlds. They understand how things work in the material world, yet choose to emphasize the spiritual, for they know that the physical is always temporary, while the spiritual is eternal. This is as it must be today when the spiritual cannot easily withdraw from the world and live away from the problems of the world. In addition, it is the duty of the spiritual student or mystic to help others free themselves from the traps of the physical world, so they must understand that world better than most other people.

## **Divine Unity**

The Divine Unity found in the world of Pure Being does call to mystics and they answer that call and do their best to be a part of that world. And when the mystic passes out of the physical world and into the spiritual realm, the search for that Divine Unity continues until it is permanently achieved.

The call to seek Divine Unity is sent to all of us, not just the mystics, but few hear it. Many of us sense that there is something more to life, but don't quite know what it is, so seek it in material pleasures that take us in the wrong direction. Divine Unity and Pure Being can be found only in the spiritual realm and by each of us developing our own spiritual Self.

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# Omnipresent Soul



*“How are we to explain the omnipresence of the soul? Does it depend upon the definite magnitude of the material universe coupled with some native tendency in soul to distribute itself over material mass, or is it a characteristic of soul apart from the Body? ...*

*“If soul spread thus wide before material extension existed,*

*then as covering all space it would seem to be of itself a thing of magnitude, and in what mode could it exist in the All before the All was in being, before there was any All? And who can accept a soul described as partless and massless and yet, for all the absence of extension, extended over a universe? ...*

*"We cannot think of soul being diffused as a quality is, say sweetness or color, for while these are actual states of the masses affected so that they show that quality at every point; none of them has an independent existence; they are attributes of body and known only as in body. ...*

*"Obviously, we must take hold of the question from the very beginning in the hope of finding some clear and convincing theory as to how soul, immaterial and without magnitude, can be thus broad spread, whether before material masses exist or as enveloping them. Of course, should it appear that this omnipresence may occur apart from material things, there is no difficulty in accepting its occurrence within the material." ~[Plotinus](#)*

## **Spirit or Soul**

Some talk about the spirit, others about the soul. Are they different, or just two names for the same things? First, we must realize that humans are much more complex than most of us believe, and we have, in fact, two souls. We have a mundane soul that is attached to the material world and we share that soul in common with the animals of the world, and possibly even plants. We also have a Divine Soul, which is the one most spiritual writers and teachers are talking about when they say "the Soul." Plotinus saw Man as consisting of a physical body, intellect or mind, and a soul. It is clear, then, that to him spirit and soul are the same, and he isn't wrong. What we all have in us is a spirit. When that spirit is Awakened and fully developed until it gains full Consciousness, it becomes a

Divine Soul. You might think of it as spirit being a child, and Divine Soul being the adult.

## **Omnipresence**

The spirit or soul is omnipresent, just as Plotinus said, but only a person who is tied up with the limitations of matter would find that hard to comprehend. Actually at the end of the section of his talk on the soul quoted above, he answers many of his own questions about who it could be. Suffice it to say that spirit/soul is not limited by either time or space, so is not confined to the material universe, nor to the physical body of any individual. Likewise, it was not born when we were born physically, but is ageless. It has always been, and always will be.

## **Before the All**

If by “the All,” Plotinus means God, then the question of where was the soul before the All existed is meaningless because there was never a time when God didn’t exist. God is spirit and exists outside of time and space. God was not created by any other force or being. If Plotinus means the material universe when he says “the All,” then the answer is that soul was part of the spiritual universe, as was everything else. When the fallen angels, or Demiurge, created the realm of matter, they didn’t create from nothing as the true God does, they created it by changing spirit into matter. The goal of God and the Angels is to reverse that process and turn it all back into spirit, but God won’t do that until most humans want it.

## **Soul Diffused**

Plotinus is correct in thinking that the soul does not get diffused as it expands throughout the All. This seems to amaze him because he thinks too much in terms of matter. The soul, being spirit, is much like a living hologram. Just as the entire picture in a hologram can be generated from a small part of the original hologram, so also with the soul. While the soul can't be broken into pieces as in the Harry Potter stories, if it could, each piece would be like the whole. It wouldn't even be smaller because being spirit, it is everywhere at once. It has no size, no age, and no limit. It truly is omnipresent.

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## **Spiritual Use of Gems and Crystals**



*"H. P. Blatvatsky declares that Orpheus taught his followers to affect a whole audience by means of a lodestone, and that Pythagoras paid particular attention to the color and nature of precious stones. She adds: 'The Buddhists assert that the sapphire produces peace of mind, equanimity, and chases all evil thoughts by establishing a healthy circulation. So does an electric battery, with its well-directed fluid, say our electricians.'*

*"The Sapphire, say the Buddhists, 'will open barred doors and dwellings (for the spirit of man); it produces a desire for prayer, and brings with it more peace than any other gem, but he who would wear it must lead a pure and holy life.'*

*"Mythology abounds with accounts of magical rings and talismanic jewels. In the second book of his Republic, Plato describes a ring which, when the [collet](#) was turned inward, rendered its wearer invisible. With this Gyges, the shepherd,*

*secured for himself the throne of Lydia. Josephus also describes magical rings designed by Moses and King Solomon, and Aristotle mentions one which brought love and honor to its possessor. In his chapter dealing with the subject, Agrippa not only mentions the same rings but states, upon the authority of [Philostratus Jarchas](#), that Apollonius of Tyana extended his life to over 20 years with the aid of seven magical rings presented to him by an East Indian prince.”*  
~[Manly P. Hall](#)

## **Gems, Stones, and Crystals**

Mr. Hall is correct. Throughout human history and in many parts of the world, stones, gems, and crystals have been used in various ways for healing, magic, and spiritual development. Some of the claims regarding such gems may have been highly exaggerated, but there is some truth to all of them. In most cases, the color of a gem or crystal can tell us a lot about what it will help with. Think of the colors in association with the physical energy centers (chakras) and what part of the body they are in. So if you have health issues in the stomach area, a yellow gem would usually help best. It is also important to charge and program crystals.

Hall mentions several well-known cases of stones, crystals, and gems in history, but leaves out some important spiritual ones. The [breastplate of Aaron](#) is one of them. Aaron was the brother of Moses and became High priest. His breastplate is one of the best-known cases of several crystals being used together for protection and spiritual growth.

## **Sapphire**

According to various parts of the quote, sapphire is practically a cure-all. It gives peace of mind, healthy thoughts, and healthy circulation. It also opens “doors” to

the spirit and brings peace. It might be worth getting one if a good-quality Sapphire cost around five dollars, but unfortunately, they are a lot more expensive than that. In any case, I think the claims are somewhat exaggerated and depend a lot on who is wearing (or holding) the gem. One solution is to get a lab-grown sapphire, another is to get some lower-priced gem or crystal that is also blue. It is, to a large degree, the blue color that makes this gem so useful. Aquamarine, Blue Topaz, Spinel, and Labradorite are good alternatives. While each stone may have slightly different properties, they all help in the same general way.

## **Crystals for Spiritual Growth**

When it comes to spiritual growth, gems and crystals in what are the “cooler” colors are best. Green, blue, purple, white, and clear stones are all useful for spiritual development. But one thing that some people forget is that the most important thing is to have a good flow of energy through all of the energy centers, therefore we shouldn't ignore the lower centers associated with the colors red, orange, and yellow. In Cosolargy, we wear a sacred thread to remind us of the Thread of Life that connects us all together on a spiritual level. On that thread, we have eight gems or crystals in the colors red, orange, yellow, green, blue, indigo, violet, and white or clear. We want all of our energy centers to be fully functional and alive. We want energy flowing through our bodies and spirits.

## **Programming and Charging Crystals**

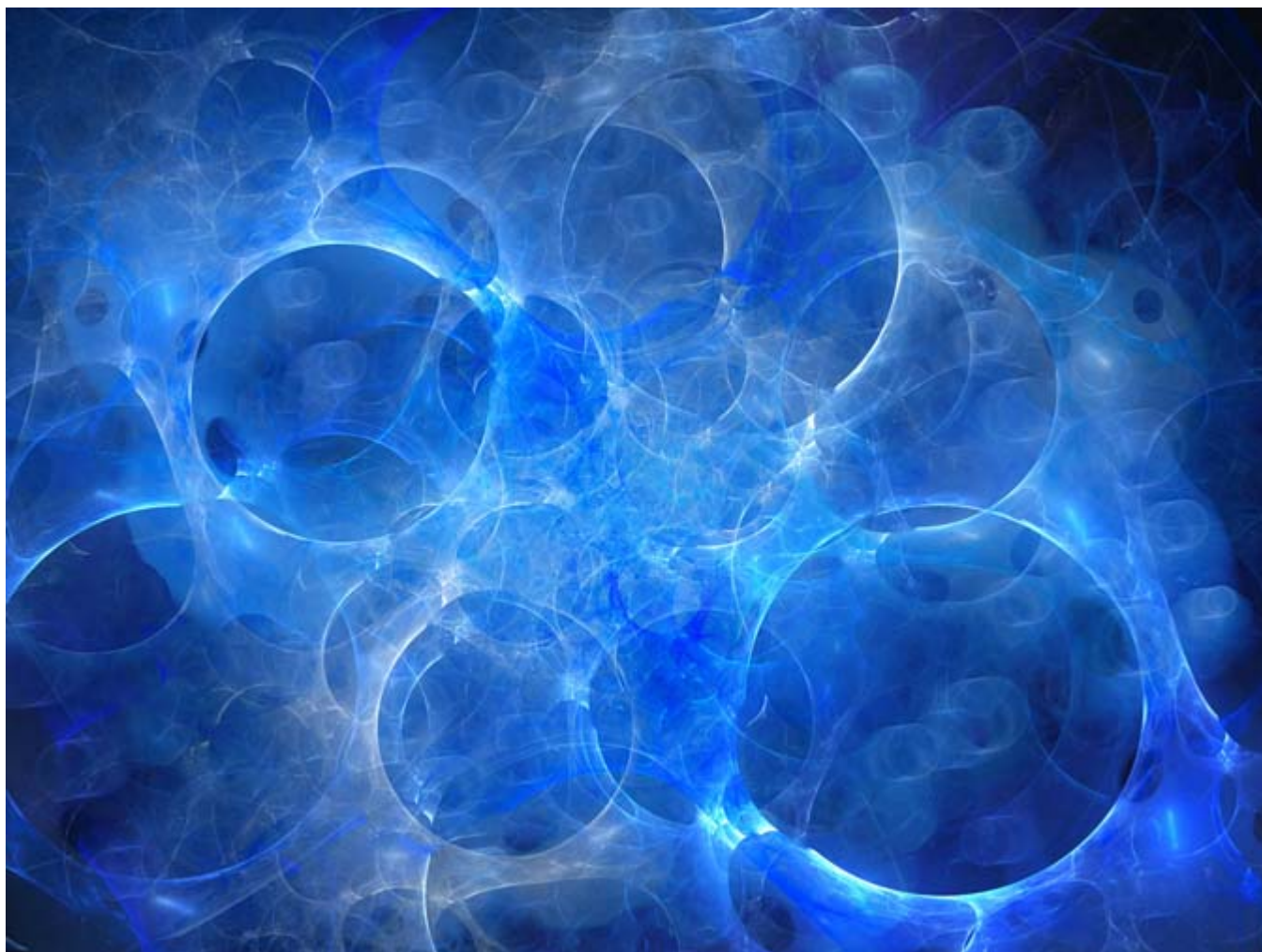
While they may be of some benefit without it, crystals and gems work best when charged regularly and programmed. Some schools tell people to charge their crystals under the moon, but in Cosolargy, we charge them with the more powerful and positive light of the sun. As for programming, there is no unique formula for it, just tell the stone what you want it to

do. If you wish for the blue gem to help rid you of negative thoughts, say so. If you want the stones to help protect you from evil influences, say so. If you want help with physical health, tell them that also. Do not ask them for material things such as money or a new car. Ask only for spiritual help. It is also important to remember that the crystals are an aid only; they will not do the work for you. If a carpenter has a box full of new tools, but just sits and waits for them to do something, the house will never get built. The same with using gems and crystals for spiritual growth. They will help you along the path, but you must walk the path.

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# **Aspects and Dimensions of the Universe**



*“Three distinct representations of the Universe in its three distinct aspects are impressed upon our thought by the esoteric philosophy: the PRE-EXISTING (evolved from), the EVER EXISTING; and the PHENOMENAL (the world of illusion, shadow, reflection). During the great mystery and drama of life known as the Manvantara, real Cosmos is like the object placed behind the white screen upon which are thrown the Chinese shadows, called forth by the magic lantern. The actual figures and things remain invisible, while the wires of evolution are pulled by the unseen hands; and men and things are thus but the reflections, on the white field, of the realities behind the snare of Mahamaya, or the great Illusion. This was taught in every philosophy, every religion, ante as well as post diluvian, in India and Chaldea, by the Chinese as well as the Greek Sages. In the*

*former countries these three universes were allegorized, in esoteric teachings, by the three trinities emanating from the Central eternal germ and forming with it a Supreme Unity; the Initial, the Manifested, and the Creative Triad, or the three in One.” ~ The Secret Doctrine, [H. P. Blavatsky](#)*

## **Three Universes**

What Blavatsky is calling the three universes is not the same as dimensions. There are more than three dimensions. This is more like three states or three ages of the universe. In the first age, there was only the preexisting universe of spirit created by God. Then the Great Fall happened creating the realm of matter and the dimensions that are a mixture of matter and spirit. We could say that the first three dimensions are what Blavatsky is calling the Phenomenal World, or the world of matter. The top three dimensions are the realm of spirit, and the middle three are the ever existing ones. Blavatsky correctly refers to the material world as that of illusion, shadow, and reflection.

## **World of Illusion**

The material levels of existence are called the world of illusion and shadows for several reasons. One is that what we see, or think we see, is not what is truly there. Everything is hidden behind a veil, a shadow, and what we see is the shadow or distorted reflection. In addition, our beliefs and training affect what we see. So, for example, when Columbus landed in America, the Native Americans could not see the ships because they could not believe such large boats could exist. Only the Witch Doctor or Shaman of the tribe could see them. Once he explained what was there to the others, most of them started to see it as well. But in many cases, what we

have agreed that a thing is, isn't the reality of it, but the shadow, as in Plato's Cave.

## **Source of Illusion**

God is not trapping us in a world of illusion. The source of illusion is primarily the Demiurge, the Gnostic name for the Fallen Angels that created the realm of matter. But while the Demiurge is responsible for most of the illusion, we ourselves create much of the details. The third dimension of matter (with a little spirit mixed in) is where we are when in physical form. Few of us realize it, but our thoughts mold this dimension into what we think of. Sometimes, it is on an individual level, but mostly it is the masses of millions and billions of humans together that shape this realm. That is why the results of individuals trying to manifest what they want rarely works. When a billion people want something different, they override the one. It is said, however, that one spiritual Master can override the thoughts of millions.

## **Allegorized, in Esoteric Teachings**

Yes, much of this knowledge about the overall structure of the total universe can be found in spiritual and religious writings of the ancients in allegorical form. It may be that many references to a trinity refer to the three aspects of the universe. That is not the only thing that is found hidden in allegorical form in those writings. In fact, almost everything in them is allegorical. Even when they describe an actual, historical event, the significance of it is found in its allegorical meaning. Jesus turning water into wine may have been a real miracle, but it refers allegorically to Jesus turning ordinary people (water) into spiritually awakened and aware individuals (wine). And the war in the Bhagavad Gita is really an allegorical reference to the War between the Forces

of Light and the Forces of Darkness.

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# Live in Greatness with Music



“In what does the greatness of man reside? In his fairness.

“To be strong in life does not just mean to live, but to know in every moment how to act, to know how to use your thoughts, to have the nicest thoughts, and to understand nature and know her laws.

“Learn to sing so you can rejuvenate yourself. Music is a way for rejuvenation. Man cannot rejuvenate himself if he does not sing. Music is a science and art. It is a power. Music is something internal.

“You have to know however you treat others that is how God will treat you. Good and smart is the person who never forgets the Lord in his thoughts. Good and smart is the one who never forgets the Lord in her feelings. Good is the one who is always fair to all. Deposit Love in your head. Deposit Wisdom in your heart. Deposit truth in your actions.” ~[Beinsa Douno](#)

## **Greatness is Fairness**

Douno says that man's greatness resides in his fairness. While that is true, it is more accurate to say that man's greatness is in Love because a truly loving person is always fair. Fairness is automatic when you truly love all of humanity. Honesty is automatic when you truly love all. Humility and a desire to be helpful and useful are automatic with love of all. Douno knows that and says so in other parts of the book quoted above.

## **Strong in Life**

Here Douno tells us that being strong in life is not about having big muscles. While there is nothing wrong with having big muscles, being strong in life is more about living to your full potential and living according to the Will of God. To have nice thoughts and understand nature requires that we awaken and develop our spiritual Self. As long as our

spiritual faculties remain dormant, we cannot truly know how to live, we can only guess or accept someone else's opinion. Sadly, the vast majority of people do not even try to awaken those spiritual faculties, but instead, follow the opinions of others. It may be government laws or church laws that they follow, but they are almost always man's laws which are not the same as God's Laws. Only the spiritually awakened truly know the Laws of God and the Will of God.

## **Music for Rejuvenation**

Music is a tool for rejuvenation. More importantly, as far as we are concerned, it is an aid to spiritual development and healing of both the spirit and body. We know that music was used in many of the ancient mystery schools during their ceremonies, particularly spiritual sun-gazing. The school of Pythagoras used music that way. Others used singing or chanting as well as, or instead of, playing musical instruments. One recent theory on Stonehenge says that the stones were struck with hammers of some sort to make sounds that helped in the ceremonies held there, ceremonies that were undoubtedly spiritual and included watching the sunrise.

The Australian Aborigines used the didgeridoo as a tool for healing, not just making music. In recent decades, some researchers have found certain sounds can aid the body in healing from physical ailments. Those researchers that are also spiritual find that certain sounds help stimulate certain energy centers and help to clear them of blockages or low energy conditions. Sound and light working together are even more powerful for healing on both the physical and spiritual levels.

