

“You Have to Try”



“The many people who complain that they have no such personal religious experience, that the spiritual world is shut to them, are usually found to have expected this experience to be given to them without any deliberate and sustained effort on their own part. They have lived from childhood to maturity at the little window of consciousness and have never given themselves the opportunity of setting up correspondences with any other world than that of sense. Yet all normal men and women possess, at least in a rudimentary form, some intuition of the transcendental; shown in their power of experiencing beauty or love.” ~Evelyn Underhill

“If a person who has never bothered to do any serious running claimed that it was impossible to run a mile in less than six minutes, you would probably shake your head in disbelief. We all know that a well-trained runner can complete a mile in far less than six minutes, in fact in less than four. And the person who makes this statement might be able to do it himself with proper training and enough practice.”

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette’s blog Solar Wind at:
<http://blog.spiritsun.net/> >

contributed by Harold Boulette

“Can You See Your Own Brain Waves?”

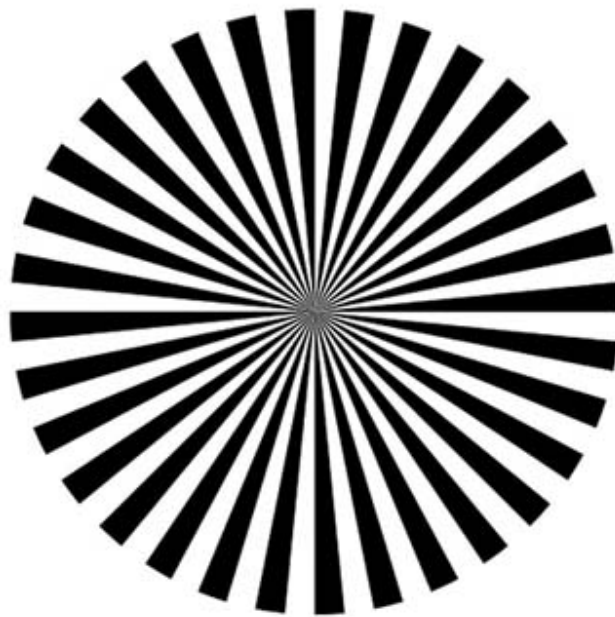


PHOTO: Discover.com

Consociate Michael McIntyre, who sent us the article, says, “It has been the legacy of this Church, for over sixty years, to ‘meditate’ with open eyes. We forget that this is unusual. In the arena of higher consciousness disciplines, this practice is one of the many things that make us unique. It clearly draws a distinct boundary.”

“Jungian Active Imagination or meditation practices have a

preparatory stage. This transitional stage nudges dominant brain wave activity into the Alpha range, which is related to calmness, more optimism, and a sense for creative flexibility. Usually this involves slow deep breaths, evoking calmness and closing the eyes. When the eyes are closed, Alpha waves increase and are strongest as scientific literature has long suggested. But are closed eyes really necessary for meditation? A recent study shows an association between viewing certain visual images—especially flickering visual images—and increased Alpha wave activity. Can visual contact with geometric archetypes help us prompt active imagination or meditative states?”

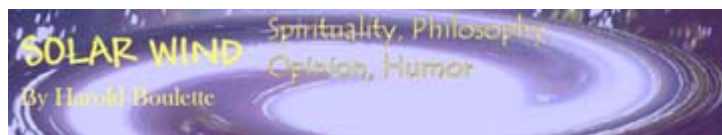
Michael suggests that we check out the review of the 2013 research study.

< [Read the article online at Neuroskeptic | DiscoverMagazine.com.](#) >

□

link submitted by Michael McIntyre

“Community Sharing”



“They did not seek excessive gain by exploiting each other, nor did they bring lawsuits against one another, for each had his own conscience as an impartial judge. One was not rich while another was destitute, nor did one overeat while another

starved. The generosity of those who were well off made good what others lacked, this willingness to share eliminated every anomaly established equality and fairness—though even then inequality still existed, produced not as it is now by the mad struggle for social status, but by a great desire to live more humbly than others. Envy, malice, arrogance, and haughtiness were banished, along with all that leads to discord.” ~The Philokalia

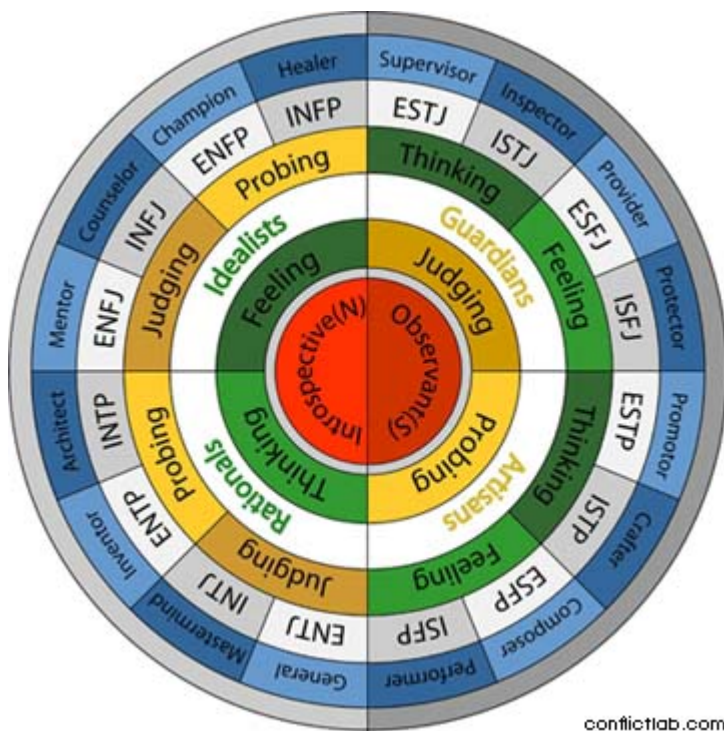
“It sounds like a fantasy. Could any such society ever exist? One that didn’t worship Darwin’s concept of survival of the strongest, but where instead everyone helped each other and shared there strengths with others who were weak in those areas? Where the person who was good at finances helped his neighbors who were not, rather than trying to find ways to rip them off? Where the good cook helped teach those who were not good cooks? Where the strong fighter helped protect the weak, sick and elderly?”

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette’s blog Solar Wind at:
<http://blog.spiritsun.net/> >

contributed by Harold Boulette

“Profile: The 21st Century Cosolargist”



A while back someone ask me, “Well, What sort of people do you think, would be attracted the SOLAR CULTURES series?” The following note was my response:

If you read through the Project X Solar Cultures series with only one perspective in mind: What type of person would be interested in such material and what type of person is the author addressing? you stumble upon some interesting keys.

Often times the texts begin or are interlaced with historical, anthropological, and mythological information. There are sections that include quotes from ancient texts. Solar-gazing techniques are presented and explained. Question-and-answer

transcriptions are included. Stories, in both first and third person, are often parachuted into the transcribed 'talks'. And Gene Savoy Sr. talks about the Community, its future, the type of person, and the type of attitude needed to sustain the Community.

So, what type of person is he hoping to address? What type of person is he marshaling? What type of people does he need to formulate his vision of the future?

The writings are pregnant with historical facts, quotations, and document references—but the heart of what he is relaying is often very conceptual. He appeals to humanitarians. He appeals to those that have a need to construct and create. He appeals to those who have a concern for the future of humankind in this world and the next.

These people he is looking for—Teachers, Healthcare Workers, Ministers, Discoverers, and people with an abnormal Creative Urge. They are Doers and think conceptually but rely on intuition and feeling as much or more than intellectualizing. If we understand the “building blocks” that make up these sorts of People, we understand how to reach them.

There are several ways to sort out these “building blocks,” but as Gene had a great deal of reverence for Carl Jung, we will begin with the Myers-Briggs Type Indicator (MBTI), which is constructed directly from Jungian principles. Here is the premise of the MBTI, based on the scaling of four personality tendencies (and you can answer these questions yourself, taking into account that we have a tendency to favor one over the other most of the time, or in most situations):

FIRST: I or E? Are you usually more Introverted or more Extroverted?

SECOND: N or S? Are you more comfortable in learning/adapting iNtuitively(conceptually) or Sensually(details/particulars)

THIRD: F or T? When expressing yourself, is the content based more on Feeling or more on Thinking?

FOURTH: J or P? Do you operate more comfortable in environments that are Structured (J) or Free and absent of rules (P)

If your answers favored the first letter in each category your temperament would be INFJ or Introverted/iNtuitive/Feeling/Judgmental.

This is very crude example, as actual testing includes up to 290 questions for making a viable assessment. If you are interested in quickly discovering and exploring your particular temperament, I recommend taking an online test that includes at least 70 questions or getting hold of the Keirsey publication *Please Understand Me*, which does a pretty good job of exposing the MBTI in laymen's terms. A fairly good assessment test is also included in the book.

□

Let's take a look at the NF Type: N- iNtuitive F- feeling

The temperaments of this type include ENFP, ENFJ, INFP, and INFJ.

The NF type makes up 11{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} to 13{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} of the population (of the Western world). As there are 4 of the 16 Temperaments in the NF type, mathematically they should compose 25{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} of the population, but they do not and are therefore considered rare. Often seen as idealists they are described as creative, enthusiastic, humane, imaginative, insightful, religious, subjective, and sympathetic.

Here are some other characteristics of the NF:

Their goal in life is “to have a purpose in life”

Motivation: to pursue the self-reflective, to pursue-becoming.

To be happy, NFs have to be productive.

NFs pursue self-actualization in a perfect whole where they can still maintain a unique identity.

These idealists are hypersensitive to communication nuances, metaphorical behavior, hints of things, and symbols.

They are “Future oriented”

NFs heavily populate these career fields: psychology, psychiatry, counseling, teaching, writing, clergy

The second type we'll look at is the NT: N- iNtuitive T-thinking

NTs make up no more than 12% of the population, although mathematically they should compose

25%. Often seen as conceptualists, NTs are utilitarian in implementing abstract goals. In this group we are going to look at only two of the NT temperament types.

The first NT Temperament is the INTP: Introverted iNtuitive Thinking Perceiving.

The one word that would describe INTP is *Architect*—of ideas and systems, as well as of material artifacts.

Their driving force: unlocking and organizing the keys to the universe

Their careers: mathematicians, philosophers, scientists, teachers—usually for advanced students.

They are not builders. Their talent is expressed in the unseen world. They are explorers at heart—the heart of the mind.

Examples include Mr. Spock, Carl Jung, Albert Einstein,

William James, Isaac Newton.

The second NT Temperament is the ENTP: Extroverted iNtuitive Thinking Perceiving.

This type's strong suit is invention.

Their driving force: to exercise ingenuity and imagination to a tangible end.

They look for new ways to solve old problems (consequently they are nonconformists).

They are inspiring, enabling, contagious.

Improvising in any situation is their greatest strength.

Altogether, NFs, ENTPs, and INTPs make up less than 17% of the population as teachers, psychologists, inventors, discoverers, writers, artists, architects, humanitarians, film makers, clergy, and counselors. That's the profile. (I can give you more details, verbiage, pictorials, or whatever so we can use specific words, triggers, and bonding signals that will attract these personality types in our outreach programs.)

Take a look around the Community and see whether this brief Profile does not match all that are here.

Michael McIntyre

01/23/14

New Cymatics Videos on

YouTube

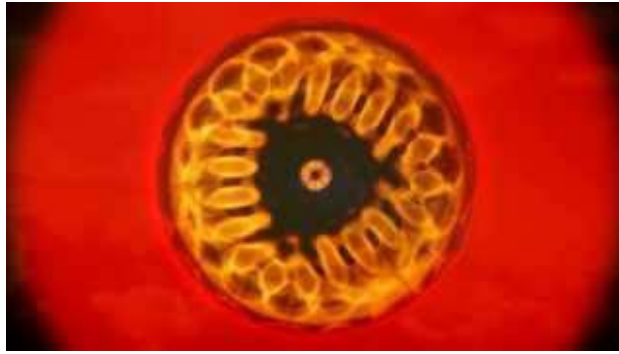


Gary Robert
Buchanan PHOTO:
YouTube.com

Musical Director and Sonotherapy researcher Gary Buchanan has recently added three new videos to his YouTube collection. All three new additions display cymatics in water.

The first provides a new understanding about Cymatics in water. "Golden Mean (Cymatics)" is a video of acoustic fundamentals and their Golden Mean or PHI multiples sounding together, thereby producing Cymatic images in a small disc of water. Narration discusses the healing potentials, the basic science of vibrational healing, fourth-phase water, torsion field dynamics, and the revolutionary technology of Sonotherapy.

< [View "Golden Mean \(Cymatics\)" on YouTube. \(14 minutes\)](#) >

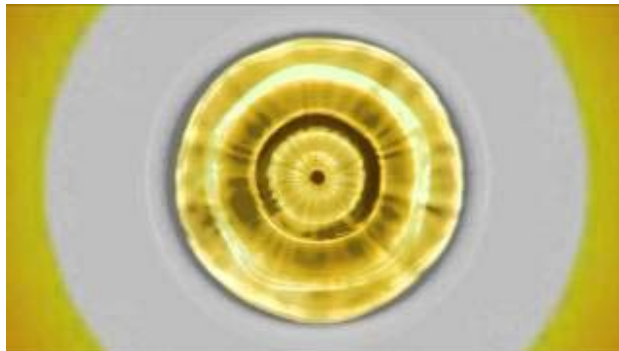


Golden Mean Cymatic PHOTO:
YouTube.com

□

“Cherokee Sunrise Song” includes footage of Chief Red Hawk performing with the Foundation Orchestra Association at the 2002 and 2004 Andean Explorers Banquet.

< [View “Cherokee Sunrise Song” on YouTube. \(8 minutes\)](#) >

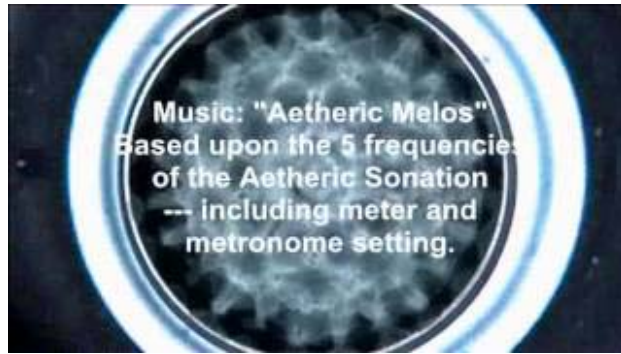


Cherokee Sunrise Song Cymatic
PHOTO: YouTube.com

□

The other new addition to the cymatic collection is “Aetheric Field (Aetheric Melos) Cymatics in a Drop of Water.” This presentation displays the wave front bioresonance sonation for the “aetheric field,” the one- to two-inch vital energy envelope surrounding the physical body.

< [View “Aetheric Field” on YouTube. \(10 minutes\)](#) >



Aetheric Field Cymatic PHOTO:
YouTube.com

“Bosnian Pyramids in the News!”

Throughout 2013 we have been hearing about the massive pyramids recently uncovered in Bosnia.

Below are some of the most substantiated and interesting posts that Community members have sent us.

To begin with, here is the link to the archeological organization that is working at uncovering the pyramids (without much outside help, I might add):
www.bosnianpyramids.org.



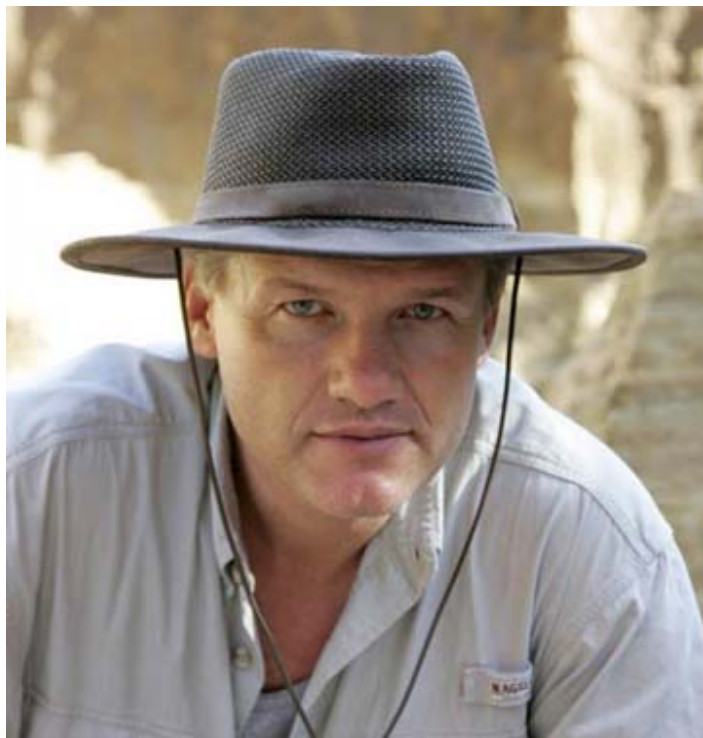
PHOTO: bosnianpyramids.org

One of the most interesting articles on that main site is this one: "Artificial Concrete Used to Build Pyramid Walls." Concrete on a building supposed to be 25,000 years old!

< [Read the article online at bosnianpyramids.org](http://bosnianpyramids.org). >

link submitted by Jim Elliott

□



Dr. Semir Osmanagich PHOTO:

In the article below, Houston anthropologist Dr. Semir Osmanagich, who is heading the efforts to explore and uncover the Bosnian pyramids, declares that irrefutable scientific evidence exists of ancient civilizations with advanced technology that leaves science no choice but to change our recorded history:

"Acknowledging that we are witness to fundamental proof of advanced civilizations dating back over 29,000 years and an examination of their societal structures forces the World to reconsider its understanding of the development of civilization and history," explains Dr. Semir Osmanagich. "Conclusive data at the Bosnian Pyramid site revealed in 2008 and confirmed this year by several independent labs who conducted radio carbon testing dates the site at 29,400 +/-400 years minimum."

< [Read the article online at altheadlines.com.](http://altheadlines.com) >

link submitted by Frieda Nelson

□



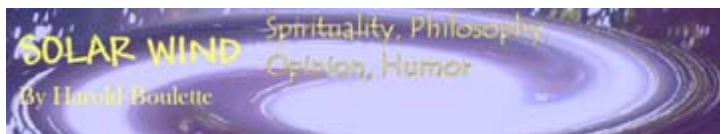
And here is another rather well-written general article on the find: "Massive European Pyramids Discovered." This is how it begins:

"The existence of an original civilization on the continent of Europe which predates the civilizations in the Middle East, has to a large degree been ignored by traditional history writers, particularly those who wrote during the dominant Christian era in Europe."

< [Read the article online at consciousape.com](http://consciousape.com). >

link submitted by Frieda Nelson

"The Influence of Light"



"Says Professor E. Hitchcock, when speaking of the influences of light upon bodies, and of the formation of pictures upon them by means of it: 'It seems, then, that this photographic influence pervades all nature; nor can we say where it stops. We do not know but it may imprint upon the world around us our features, as they are modified by various passions, and thus fill nature with daguerreotype impressions of all our actions;

...it may be too, that there are tests by which nature, more skilful than any photographist[sic], can bring out and fix these portraits, so that acuter senses than ours shall see them as on a great canvas,. . . ‘ The ‘perhaps’ of Professor Hitchcock is henceforth changed by the demonstration of psychometry into a triumphant certitude.” ~H. P. Blavatsky

“This is a continuation of the section of Blavatsky’s book on psychometry, the ability to pick up information from an object about a person who has handled that object. She is quoting this professor and his statements on how light leaves an impression similar to a photograph on everything as a way to explain psychometry, but I have quoted this section for its more general statements on the effects of light.”

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette’s blog Solar Wind at:
<http://blog.spiritsun.net/> >

contributed by Harold Boulette

PATH TO LIGHT: Jonna Gill



A RAINBOW AROUND THE SUN By Jonna Gill

It was a bright, cloudless, sunny day in June 2013. I was taking a walk on the 3-mile nature trail near my mother's home. It had always been one of my favorite trails as it cuts through the woods and then past an old rustic red barn. I loved the old red barn and was always anxious to turn the bend on the trail to walk past it. On this day, just as I turned the bend, I saw that a very large snake (about 6 feet long) was blocking my path. This was quite unusual; in fact it had never happened before. At that moment I had the choice of either jumping over the snake, (which I was not going to do) or to wait patiently until it had passed along in front of me into the grassy field. So I waited, stunned and barely breathing. Once the snake had passed, I continued a few yards farther along the trail until I realized that I had become uncharacteristically tired, to the point where I felt that I would faint. I didn't know whether I could make it the 3 miles to the end of the trail, so I decided to turn back and return to my car, which meant passing by where the snake had been. I was alone, but when I crossed over where the snake had passed, I suddenly heard a very distinct voice say, "Look up at the Sun!" It was midday so I had to look practically straight up, and lo and behold, there was a brilliant full-spectrum rainbow around the sun. I was stunned. I had never seen such a phenomenon before. And there I stood in awe, staring openly at the vision of the magnificent Sun, surrounded by an incredible rainbow in a cloudless blue sky. This marked my first special experience with the Sun and there were more to come. . . .

I was raised in Pennsylvania. My father moved us from the city to a place we liked to call "the middle of nowhere." This middle of nowhere came equipped with bounteous apple trees, bunnies, deer, and your occasional skunk. The kind of place where one could grow up innocently. Not much happened on our little street. I was enrolled in Catholic school at a young age. My life in spirit started with the four C's: Catechism, Communion, Confirmation, and Confession. By the time I finished my senior year in high school, though I loved Catholic school, I believed that Catholicism had taken me as far as it could for the moment. I felt that there was something more to learn, to experience, about God. I knew there was a God out there, a really big God that was bursting at the seams and spilling out over the structures and confines of dogmatic thinking. Around this same time I had suffered some personal disappointments, and in a place of teenage despair, I asked God with every fiber of my being to do with me what he willed, to show me his face. As soon as I had said this, I heard what sounded like the creaking of a very large ancient door opening, and then *WHISH*, I was off on a spiritual journey of discovery into the simplicity and complexities of God. I became inflamed with a love for God, and for a short time at a considerably young age, I became a zealot. Over the next few years I studied world religions. I practically ingested books on metaphysics and spirituality, finding that God lived outside as well as inside of "the box." Up to this point, besides realizing that I had totally fallen in love with God, I knew that the only reason for anyone's being on this planet was truly for the cause of spirit. To awaken the knowing of God within oneself again.

In the year 2010, I had been urged by a magnificent being named Hieronymus, to visit the magic mountain—Mount Shasta in California. I enrolled in a seminar to be held at Stewart Mineral Springs on Mount Shasta by Dr. Pillai, teacher and sidda master. Several of the participants in the seminar were students of Dr. Mitchell Gibson. A few of these students

advised me to read up on some of his teachings. He was giving two seminars in my area, which I attended. I had two subsequent personal consultations with him regarding my spirituality and after telling him of the event about the rainbow around the sun, he gave me an exercise that helps enable one to get in touch with one's own divinity. I started to practice the exercise one evening in June of 2013.

When I began, I suddenly felt a strong presence in the room. A clairaudient ability had started to awaken in me several years ago, along with the ability to sense the presence of a being in a room. When I feel a presence strongly, I always ask the being for its name. When I asked this time, I heard "Amen . . . Aten. I asked the being to repeat his name and I heard clearly, "Amenhotep -Akhenaten . . . Akhenaten. I am somewhat embarrassed to admit that at the time I did not consciously know who Akhenaten was except that he was Egyptian. I did not continue practicing the exercise until the following month. When I started again, the same thing happened. I felt a very strong presence in the room, and then asked for a name. "Akhenaten, Akhenaten," the being answered. And then I heard these words, "Look to the Sun, it is all about the Sun!"

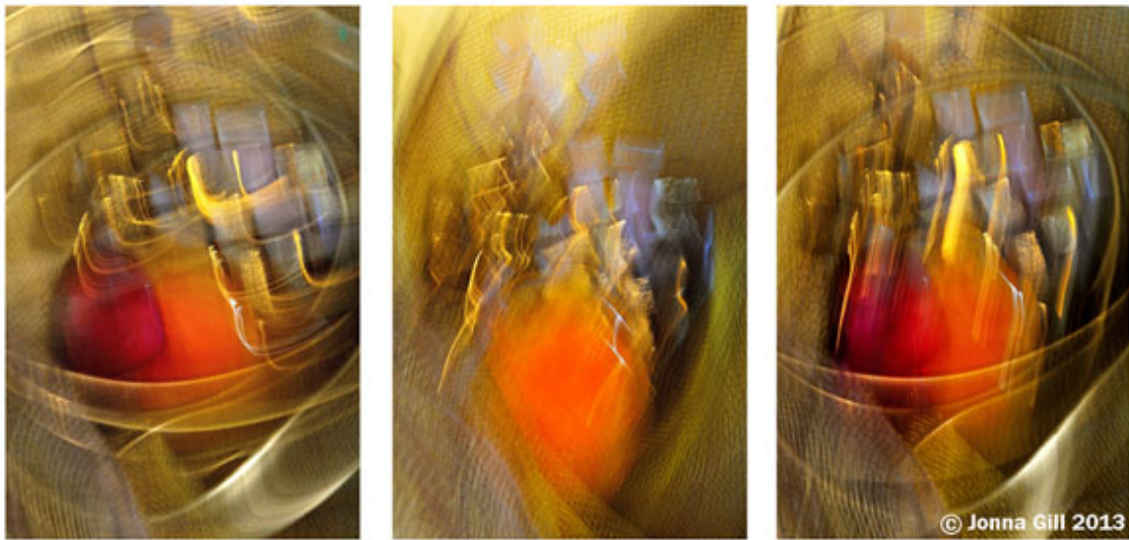
Exactly three days after this last encounter, I was looking at the morning light as it came through the window, as usual, but this time it was different. This time the light was filled with visible particles that sparkled and seemed alive and were of the most gorgeous golden hue. I felt a compulsion to get up and look at the Sun to see what was going on. As soon as I made eye contact, Wham! Information started flying at me at warp speed. I started getting an intense download of information explaining how the Sun opens and energizes all the chakras, creates the light body, and a plethora of other information that was coming at me at such a velocity that I thought I would be smacked back into the wall. After the information download, something happened that English words cannot describe, but I will try by saying I could see beyond a

veil, and then had a eureka moment. "God is the Sun! God is the Sun! God is right there looking at us all through the Sun!" That is my crude description of what I felt, for in the moment that I was able to see, I was tossed into a knowing that is beyond words. I was given a glimpse into another realm beyond the physical Sun and felt an overflow of love.

The day after the experience, I started to remember a discussion that Dr. Gibson had given about sun-gazing at the end of one of his seminars. I then did an Internet search on anything that he had said or printed about the Sun at that time. I found the *Compilation of Articles, Studies and Research from Dr. Mitchell Gibson, Prof. Hilton Hotima, Wayne H. Purdin, Vinny Pinto, Sunlight and the Miracle of Ages*. I wanted to know more, more, and more. There were references to Gene Savoy Sr. in the compilation of articles. I researched him and was led to the Jamilian University, the study of Cosolargy. I was amazed by the program and felt intuitively that it was "Pure Religion" from an ancient source, and this, I knew, was rare. I contacted the university and after testing, received an invitation to study. The knowledge of the sun has greatly impacted my life and opened up a whole new road on this journey of the Soul. For this I feel the utmost gratitude.

I thought while writing this story, that if the average person reads it, equipped with snakes, rainbows, and visits from ancient beings, they would probably think I was a few slices short of a loaf, as they say. I feel here however, that my story will be read by those who understand the process of spirit and know how unique one's journey can be toward the light. So this is my story. Vive Le Soleil!

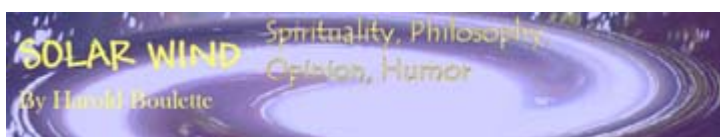
(A thank you to the beings, in-body and out, that help lead us toward the path to the spiritual Sun!)



The Heart of the Sun, three panel Triad from the Series Dieu Est Le Soleil, abstract artwork by Jonna Gill. Works can be found on her Fine Art Website at: www.Arc-Star.com.

Jonna Gill
January 2014
(Community member since 2013)

“Mysticism, Occultism and Illumination”



"In its essence, the whole subject under consideration is the extension of consciousness to planes of experience which are not available for the physical senses, and out of that extended experience comes the whole gamut of supernormal experience. Might we not agree, then, to denominate the whole field by the term ILLUMINISM and to subdivide it primarily into two branches—Mysticism, and Occultism? Into these two divisions it will be bound that all the different transcendental movements can be assigned as their affinities lean towards the one or the other. . . . MYSTICISM aims at the speediest possible attainment of the Divine Union of the soul with its source. In order to achieve this it eliminates all that causes separation." ~Dion Fortune

"Actually, I think illumination applies more to mysticism than occultism, but let's not quibble. The area that is of primary interest to us is the part Ms. Fortune calls mysticism, although the two areas do overlap at times."

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette's blog Solar Wind at:
<http://blog.spiritsun.net/> >

contributed by Harold Boulette

INSIGHT: Dream, Vision, and Paranormal Experience Forum: January 2014

This is your forum to share higher-level experiences in Cosolargy through the images of your dreams and visions. All postings are anonymous. Send in verbal descriptions and, if you have them, drawings or paintings.

The primary value in these postings is simply to allow others to see that people do have relevant or meaningful dreams and visions. Another value is to see if others find that the dreams and visions we post are similar or identical to their own. This is why we ask for your comments.

Dreams are communications from the unconscious mind and sometimes the higher self. Some are simply compensation for attention directed elsewhere during the day; some are indications of bodily processes, and some help us work through conflicts. Occasionally, they communicate information from higher realms and thus have more than individual value.

*As Cosolargists, we are learning to navigate higher realms. Dreams are part of these higher realms. The Worlds of Light, the realm of spirit, sometimes breaks through to the psyche and gives us information. What breaks through deserves our attention and analysis. In this section of the **Community Communique**, we offer Community members a forum for sharing their dreams and visions for the edification of the Community and themselves.*



When I began my studies in Cosolargy (some years ago), I remember receiving my fifth Academy text [*Science of Generated Existence*]. There was a technique involving deep light inflection in which an attitude of universal harmony with all things was the object. I went out one morning and sat down in a field waiting for the sun to rise. I sat in a lotus position, my eyes focused inward to the center of my forehead and was trying to imagine a state of being in harmony with all things. The sun came up over the horizon, and I sat there for a few minutes doing my technique and then, in a flash, I found myself in the center of the earth, in a lotus position. My body was a bluish white light encased in a sphere of colors. The earth itself had become this huge crystalline sphere, and I was in the center of it.

From the center of my being I began to expand outward toward the edges of the earth-sphere in all directions, 360 degrees. I was not, from a rational point of view, making this happen. I was not in control of the process; I was part of it. When I reached the outer edge of the earth I became aware of all the people in all the countries simultaneously. I observed them going about their various activities, and I could hear them speaking in all their different languages, and I understood them. I was not analyzing any of this; it was just coming to me in a sense of acceptance. I was overwhelmed with the sense of compassion and unity with humanity. I kept expanding past the earth out into the cosmos. It was so incredible, this experience of oneness; a merging and unity with the cosmos. I really can't put words to it; I don't know how. The spectacle of it all was so incredibly beautiful.

There was no guide; nobody was directing me; there was no “presence.” Then the strangest thing happened—how do I say this other than to say that I became aware of what was happening, my rational mind came into play, analyzing. At that moment I instantly found myself back in my physical body. I felt this incredible peace, my body felt weightless. When I got up and started to walk I couldn’t feel the ground beneath my feet. For days I was in another world, trying to put it all together. The experience had such a profound affect on me that it completely changed the way I viewed life, and of course myself. I tried for years to experience that again but was never able to. The memory of it is always there, though. Perhaps once is enough.

Paranormal Experience No. 1 : “Lapsense”



PHOTO: Rebecca Willis

It is late spring, just after Pentecost Sunrise Service. Most everybody is already at the Outdoor Refectory, having their coffee, chatting, and chomping.

Two of us are lagging behind, almost there, walking up the last leg of the pathway. Both of us are silent with each other. We are listening only to the wave of conversation coming from the Refectory. It is fluttering but not

particularly dense. We arrive there, in the crowd, and something very peculiar happens: I can't understand a single word anyone is speaking. The breaks between individual words are distinguishable. The cadence and melodic forms are easy to hear, but there is no content. In fact, for about five seconds I could make out no relevance in this sound activity. Why would people be doing such a thing? It all seemed without reason. Why is this murmuring so substantial for these engagements? These are the thoughts I'm having, but they are thoughts without the use of words. Slowly the meaning of a few words in the conversations begin to have meaning, and within 10 seconds my entire language recognition returns.

What was all that? Ah, probably just a neural glitch or momentary lapse of reason.

Several months go by. It happens again. Same setting. Refectory after Sunrise. Same format of perceptual events. A year goes by. It happens again in exactly the same place, manner, and setting. Ok. This can't be just a coincidence—never happens anywhere else and at no other time. Hmmm, maybe others have experienced this? I found one other, and it happened for them at the same location. It happened immediately after Sunrise and occurred nowhere else.

So, what is this phenomenon? (Comical comments, also welcome.)