

Recollection of Our True Self



"You will have noticed, as with practice your familiarity with the state of Recollection has increased, that the kind of consciousness which it brings with it, the sort of attitude which it demands of you, conflict sharply with the consciousness and the attitude which you have found so appropriate to your ordinary life in the past. They make this old attitude appear childish, unworthy, at last absurd. By this first deliberate effort to attend to Reality you are at once brought face to face with that dreadful revelation of disharmony, unrealness, and interior muddle which the blunt moralists call 'conviction of sin.' Never again need those moralists point out to you the inherent silliness of your earnest pursuit of an impermanent thing: your solemn concentration upon the game of getting on." ~Evelyn Underhill

Recollection can result in this reevaluation of priorities, just as Ms. Underhill wrote. This is not just ordinary recollection, of course. Remembering where you left your car keys won't have this effect, nor will remembering the name of

your third-grade teacher. The type of Recollection Underhill is talking about is the recollection of your true nature: who you truly are, where you came from, what is the purpose of your life, that sort of thing. Mystics and adepts call this “showing your real face.” In this case, showing your real face to yourself, not necessarily to others.

< [Read the complete blog post at Solar Wind.](#) >

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Divine Music



Violin with wings

"I will rejoice and sing songs of praise with a full heart; I will shun the hypocrisy of moving lips. I will be joyful in the fullness of spirit at the beginning and at the end of the appointed seasons. The decrees of God are fulfilled at the appointed times, and the days of labor pass one into the other. ... I will raise my voice, and my hands will move with the music, I will pluck strings and send sweet musical sound rising to my God, and my breath will fill pipes with tunes to His Glory. When the sky blushes in the dawning, I will lift up my voice in gladness, and when it reddens in this evening, I will not remain silent" ~The Kolbrin Bible SCL:18:9-11

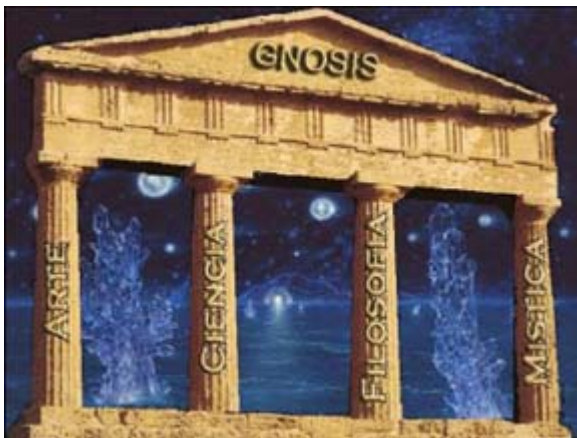
This is a case where scripture is meaningful as allegory, but also when taken literally. We will look at both, starting with a literal interpretation.

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Another Kind of Knowledge



“SOCRATES: Is there not another kind of word or speech far better than this, and having far greater power—a son of the same family, but lawfully begotten?”

PHAEDRUS: Whom do you mean, and what is his origin?

SOCRATES: I mean an intelligent word graven in the soul of the learner, which can defend itself, and knows when to speak and when to be silent.

PHAEDRUS: You mean the living word of knowledge which has a

soul, and of which the written word is properly no more than an image?

SOCRATES: Yes, of course that is what I mean."

There is indeed a form or speech or thought that is greater than the traditional intellectuality that is so popular today. You can call together a dozen different experts and get a dozen different opinions on an important matter in their field of study. How can it be otherwise when they deal in opinion, not known truth?

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The Electric Universe: How They Say It Works



PHOTO: thunderbolts.info

The electric universe concept is not widely known but it has found its way into the Community Communique now and then as a result of Community members finding some of its principles of interest – whether electricity or plasma or mythology. (Not to mention that the producer of many of the films published by the Thunderbolts organization on facets of the electric universe concept is a longtime member of our Community: Gerald Simonson.)

The electric universe concept is still controversial as an alternative to the principles of conventional physics and astrophysics. And its own principles and perspective on the cosmos are generally not found all together in a single synopsis. The article linked to below, “The Electric Universe” by Wal Thornhill, provides this synopsis.

I suggest you read it – especially if you are scientifically trained yourself – and start a conversation in our comments to this posting.

Here is how it opens:

"The Electric Universe"

By Wal Thornhill

"We live in an electric world. Our cities are visible from space at night, blazing with electric lights. The electricity courses invisibly in the darkness over great distances along thin power lines. We find electricity indispensable. Nature does the same since all matter is electrical. Yet astronomy is stuck in the gas-light era, unable to see that stars are simply electric lights strung along invisible cosmic power lines that are detectable by their magnetic fields and radio noise.

"It is now a century since the Norwegian genius Kristian Birkeland proved that the phenomenal 'northern lights' or aurora borealis is an earthly connection with the electrical Sun. Later, Hannes Alfvén the Swedish Nobel Prize winning physicist, with a background in electrical engineering and experience of the northern lights, drew the solar circuit. It is no coincidence that Scandinavian scientists led the way in showing that we live in an Electric Universe.

"Why have they been ignored? The answer may be found in the inertia of prior beliefs and the failure of our educational institutions. We humans are better storytellers than scientists. We see the universe through the filter of tales we are told in childhood and our education systems reward those who can best repeat them. Dissent is discouraged so that many of the brightest intellects become bored and drop out. The history of science is sanitized to ignore the great controversies of the past, which were generally 'won' by a vote instead of reasoned debate. Today NASA does science by press release and investigative journalism is severely inhibited. And narrow experts who never left school do their

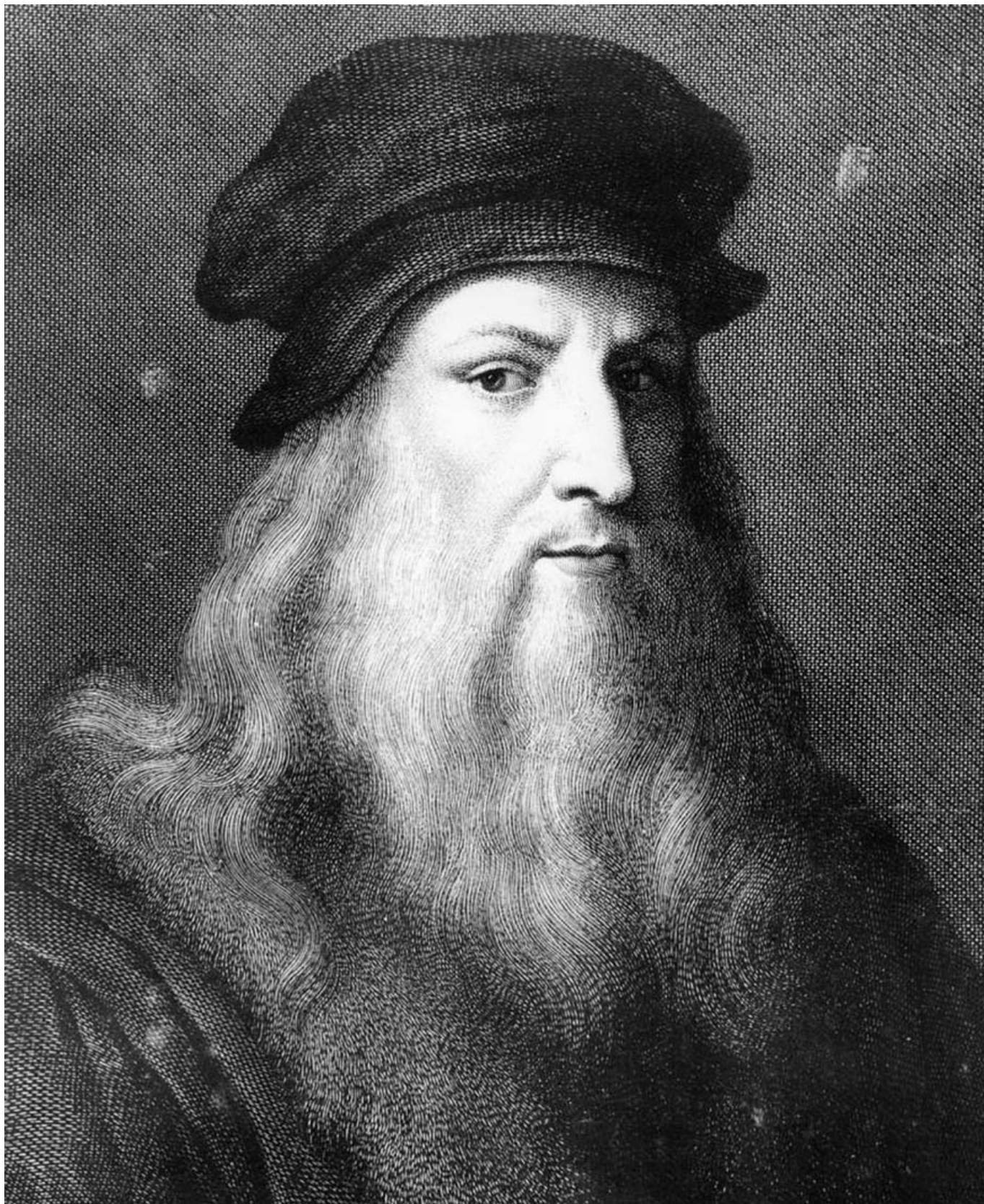
glossy media 'show and tell,' keeping the public in the dark in this 'dark age' of science. It is often said, "extraordinary claims require extraordinary proof." History shows otherwise that entrenched paradigms resist extraordinary disproof."

< [Read the entire article online at thunderbolts.info.](http://thunderbolts.info) >

This article first appeared in *Wake Up World*, January 28, 2015.

Link submitted by Robert Petrovich

Real Genius



"In those abnormal types of personality to which we give the name of genius, we seem to detect a hint of the relations which may exist between these deep levels of being and the

crust of consciousness in the poet, the musician, the great mathematician or inventor, powers lying below the threshold, and hardly controllable by their owner's conscious will, clearly take a major part in the business of perception and conception. In all creative arts, the larger share of the work is done subconsciously: its emergence is in a sense automatic. This is equally true of mystics, artists, philosophers, discoverers, and rulers of men. The great ... always owes its inception to some sudden inrush of intuitions or ideas for which the superficial self cannot account; ... this is 'inspiration'; the opening of the sluices, so that those waters of truth in which all life is bathed may rise to the level of consciousness." ~Evelyn Underhill

Real genius, creative genius, is more than a simple matter of having a large brain, reading a lot of books, or getting several college degrees. The true genius has opened channels to something deeper, something spiritual, inside himself and outside, that gives him insights into reality that no amount of intellectual studies can match. This is the type of genius we find in Leonardo da Vinci, Michaelangelo, and Albert Einstein. We can, of course, add to that list the great spiritual leaders that are generally not thought of as geniuses. They would include Jesus, Moses, Buddha, St. Francis, Jacob Boehm, Kahlil Gibran and many others.

Naturally, the materialistic powers of the world, especially the universities and trade schools that make a great deal of money selling their rather limited training, oppose this concept. No matter how much they try, however, they never seem to completely suppress such teachings.

< [Read the complete blog post at Solar Wind.](#) >

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The Path to Immortality



Stairway leading up to bright
light

"The path to immortality is hard, and only a few find it. The rest await the great Day when the wheels of the universe

shall be stopped and the immortal sparks shall escape from the sheaths of substance. Woe unto those who wait, for they must return again, unconscious and unknowing, to the seed-ground of the stars, and await a new beginning. Those who are saved by the light of the mystery which I have revealed unto you, ... shall return again to the Father who dwelleth in the White Light, and shall deliver themselves up to the Light shall be absorbed into the Light, and in the Light they shall become Powers in God. This is the way of God and is revealed only to them that have wisdom.” ~Hermes

The first sentence of the quote backs up other recent posts so I won't revisit that subject here. It gets more interesting after that.

< [Read the complete blog post at Solar Wind.](#) >

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SONATHERAPY Training Course

Announced

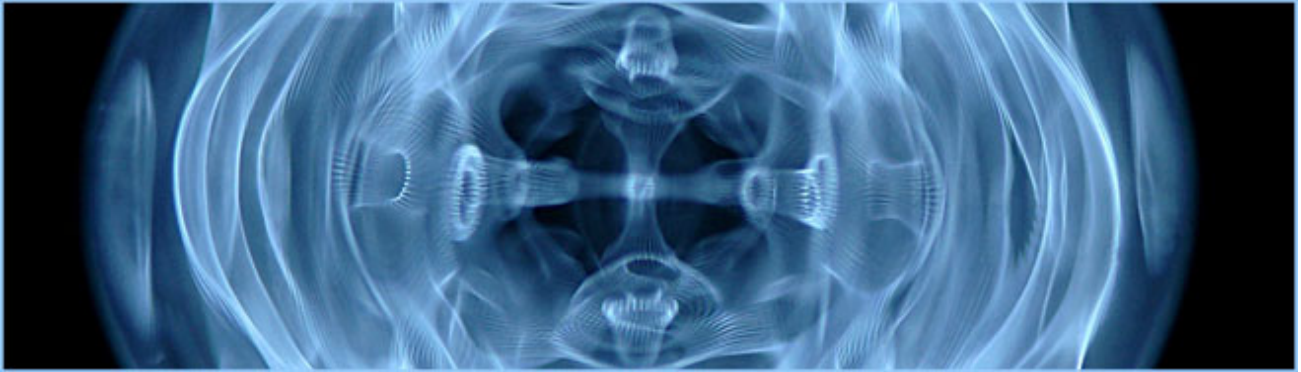


PHOTO: sonatherapy.com

Due to hundreds of requests received over the past seven years, we are delighted to begin certifying and training select individuals in Sonatherapy ® beginning this October 1, 2015 (enrollment deadline). All details may be found at:

<http://sonatherapy.com/certification-training/>

Please share this unique opportunity with your healing colleagues. This is an important step forward in WBV therapies!

Basically, there are three tiers:

(1) An individual who has purchased and read SONA:Healing with Wave Front BIOresonance TM (2008) and Sonatherapy ®: Healing with Light. Color, Sound, Water & Subtle Energies (2012), who understands those materials and can answer the online questionnaire, plus discuss these concepts and what he/she is doing on the telephone and/or in emails, may receive initial certification as an "Associate in Basic Sonatherapy ®." Such persons may include physicians (traditional and alternative), nurse practitioners, sound healers, light and

color healers, chiropractors, massage therapists, energy medicine workers, and the like.

(2) An individual who has done all of the above and then undertakes a twelve-month training program in which PDFs of lessons are sent via email, who submits monthly reports and communicates via telephone/Skype, and eventually visits before the end of the year at Steamboat Healing Center for hands-on observation and evaluation, may be certified as an "Advanced Practitioner of Sonatherapy ®."

(3) The individual who accomplishes all of the above and who also studies one or more years with Jamilian University in the "Arts, Sciences, and Technologies of Cosolargy ®" is eligible for eventual graduation and a signed diploma as a "Master Practitioner of Sonatherapy ®," subject to faculty review by Cosolargy ® International.

Note: Only sincere applicants with experience, knowledge, or background in healing (traditional or alternative) should apply. Enrollment for the Training Course will be limited; whereas, many may receive the "Basic" certification following review. Once awarded, certificates will be renewed (with additional licensing fee) annually. In rare cases, certification may be revoked. (Sonatherapy ® is a registered Trademark of Cosolargy ® International, a 501(C)3, Corporation Sole, and its outreach and image must be protected.)

Those certified assume an ongoing relationship with Dr. Gary Robert Buchanan, The Sona Group, Steamboat Healing Center, and Cosolargy® International. Approved practitioners will be added to the Sonatherapy ® listing of preferred practitioners situated around the globe.

The Training Course...

Consists of twelve papers covering all aspects of Sonatherapy ®, inclusive of its 40-year history; The Sona Group; Cymatic

Therapy and Dr. Peter Guy Manners; theory and “hands-on” practicum for students to undertake each month; hundreds of illustrations/photos/charts/diagrams; building “harmonically coherent” Sonations; Cymatics and Synergetics; current and evolving application systems; suggested readings, online links, contact information for fellow practitioners; hundreds of new and improved ABox and Sona Analog Box set-ups for Sonations to be used in therapies – listings given each month; protocols for conditions; infrasonics and base pulse-tones; how to set-up a treatment room and practice; reviews of new studies and approaches in physical and psychological therapeutics; the vibrational relationship of phonons and photons (biophotons), fractal and quantum studies; the acupoints and meridians (TCM tunings); acupressure/acupuncture/ reflexology/ auriculotherapy; light and color applications and systems; hydrotherapy and sound inductions; third- and fourth-dimensional healing; reading and clearing the fields; ethics and legal concerns – in short, everything one must learn to become a certified, trained, and licensed Sonatherapist.

I look forward to hearing from you, if interested.

Sincerely,

*Dr. Gary Robert Buchanan
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“Be Quiet and Listen”



“To let oneself go, be quiet, receptive, appears to be the condition under which such contact with the Cosmic Life may be obtained. ‘I have noticed that when one paints one should think of nothing: everything then comes better,’ says the young Raphael to Leonardo da Vinci. The superficial self must here acknowledge its own insufficiency, must become the humble servant of a more profound and vital consciousness. The mystics are of the same opinion. ‘Let the will quietly and wisely understand,’ says St. Teresa, ‘that it is not by dint of labor on our part that we can converse to any good purpose with God.’ ‘The best and noblest way in which thou mayst come into this life,’ says Eckhart, ‘is by keeping

silent and letting God work and speak.’” ~Evelyn Underhill

Most experts will tell you that one of the biggest difficulties in communicating with others is that we simply don't listen. We listen only in a very superficial way when someone else is speaking while our minds are occupied with deciding what we are going to say next, or something else about ourselves. We don't really want to know what the other person has to say, we want to know how it can benefit us. We always put ourselves at the center of everything.

< [Read the complete blog post at Solar Wind.](#) >

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“Stages of Spiritual Growth”



“Ruysbroeck’s universe, like that of Kabir and certain other great mystics, has three orders: Becoming, Being, God. Parallel with this, he distinguishes three great stages in the soul’s achievement of complete reality: the Active, the Interior, and the Superessential Life, sometimes symbolized by the conditions of servant, friend, and Son of God. These, however, must be regarded rather as divisions made for convenience of description, ... The spiritual life has the true character of duration; it is one indivisible tendency and movement towards our source and home, in which the past is never left behind, but incorporated in the larger present.”

~Evelyn Underhill

Ms. Underhill is correct in saying that Ruysbroeck’s method of dividing spiritual growth into three stages is only an approximation. Spiritual growth happens in many small steps much like any other type of growth. But just as it is convenient in our public schools to divide students into various grades depending on how much they have learned or at least how much they have been taught, it is also convenient to divide the path of spiritual growth into stages.

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"Solar Crowns"



"The golden ornaments used by the priesthood of the various world religions are again a subtle reference to the solar energy, as are also the crowns of kings. In ancient times, crowns had a number of points extruding outward like the rays of the sun, but modern conventionalism has, in many cases, either removed the points or else bent them inward. ... Many of the ancient prophets, philosophers, and dignitaries carried a scepter, the upper end of which bore a representation of the solar globe surrounded by emanating rays. ..."

"Many deities have been associated with the sun. The Greeks believed that Apollo, Bacchus, Dionysos, Sabazius, Hercules ... partook of either the visible or invisible attributes of the sun. The Norwegians regarded Balder the Beautiful as a solar deity, and Odin is often connected with the celestial orb. ... Among the Egyptians, Osiris, Ra, Anubis, Hermes, and even the mysterious Ammon himself had points of resemblance with the solar disk." ~Manly P. Hall

I have to admit that with all my years of studying the spiritual sun (over twenty), I had never considered the symbolic meaning of the crowns of kings. It does seem obvious, though, when you stop to think about it, that those gold crowns with points or rays around the edge, and often studded with jewels, represented the sun. But why would kings, prophets, high priests, and others wear crowns that represented the sun?

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