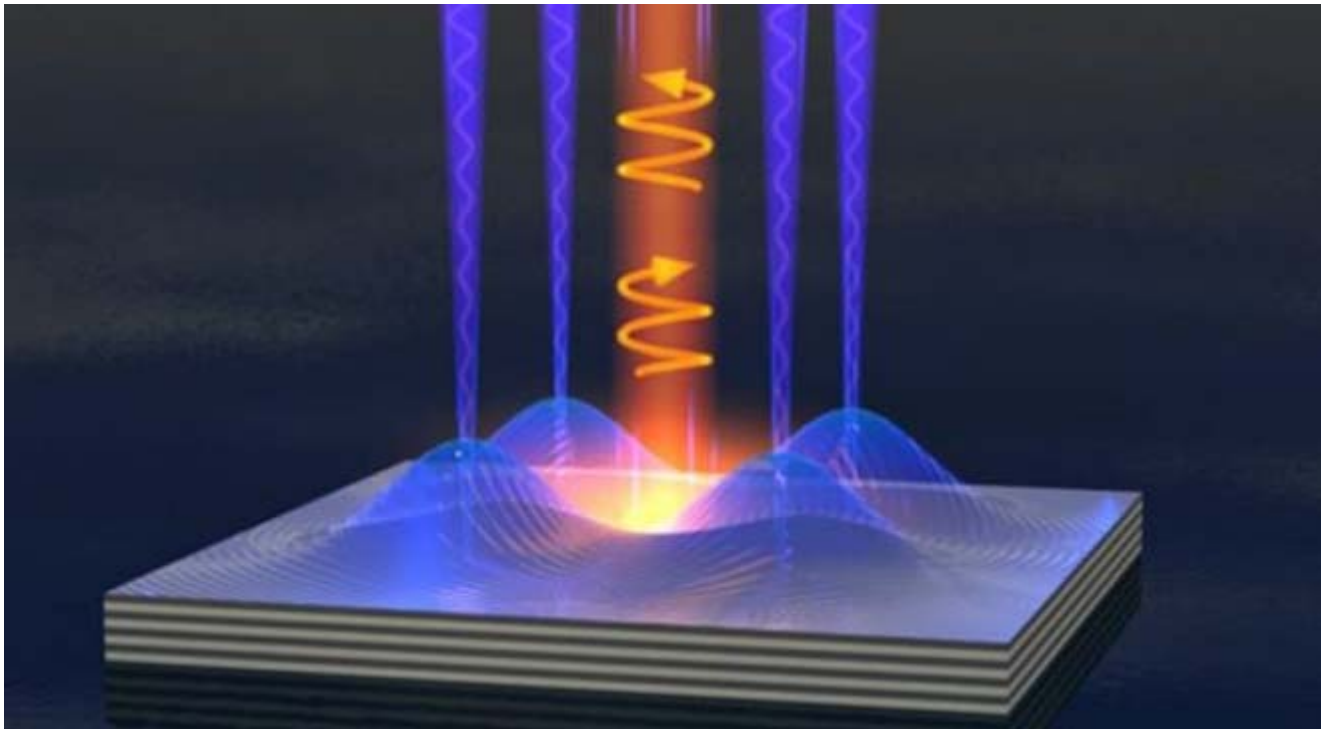


“Scientists create liquid light, get one step closer to spintronics”



“Strange things go on when you push physics to extremes. Extending Moore’s Law to its physical conclusion, we run into problems like the traces in circuits being so small that electrons can quantum tunnel between them. But electrons aren’t the only thing we can use to carry data through circuits. Researchers from Cambridge University have created a semiconductor assembly that blurs the line between electricity and light, and they think we can commercialize it to make optical spintronics – using electron spin in electronics – a reality.

“‘We have made a field-effect light switch that can bridge the gap between optics and electronics,’ says Dr. Hamid Ohadi,

coauthor, from the Cavendish Laboratory at Cambridge. 'We're reaching the limits of how small we can make transistors, and electronics based on liquid light could be a way of increasing the power and efficiency of the electronics we rely on.'

"It started when researchers caught a laser with a thin slice of semiconductor material in a tiny, mirrored microcavity. This arrangement forced the photons to interact with the semiconductor excitons (excited electrons, bound to the "hole" created when they become excited) and produce a superfluid made of half-light, half-matter chimera quasi-particles called polaritons."

[Read the whole article by Jessica Hall online at
extremetech.com.](http://extremetech.com)

link submitted by Frieda Nelson

**"Traveling Soul, Infinite
Spirit, Being Everywhere"**



“The Incorporeal governs the Corporeal, and is, therefore, present everywhere, although not as space, but in power. The corporeal existence of things cannot hinder the incorporeal from being present to such things as it desires to enter into relation with. The Soul has therefore the power to extend her activity to any locality she may desire. She is a power which has no limits, and each part of her, being independent of special conditions, can be present everywhere, provided she is pure and unadulterated with matter. Things do not act upon each other merely by the contact of the corporeal forms, but also at a distance, provided they have a soul, because the higher elements of the soul are everywhere.” ~[Porphyry](#)

Traveling Soul

Porphyry says the soul can extent her activities to any location. This is true, in a sense. Actually, since the soul is pure spirit, and spirit is not limited by time and space,

the soul is always everywhere. At least, the awakened soul is. But just as we can focus our attention on one thing, or in one direction, so can the spirit and soul.

[Read the complete blog post at Solar Wind.](#)

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<http://spiritsun.net/>

“Solar Pulsations and Universal Cycles, Physical and Spiritual”



“The unmodified rays of the sun produce aerial convulsions that are marked by thermal contrasts, and other meteorological variations, during which the heat of summer and the cold of winter follow each other and periodically and unceasingly. These successive solar pulsations generate winds, calms, and storms, and in order to protect himself against such exposure and changes in material surrounding,

man toils, suffers, and comes to believe that the doom, if not the object, of life on earth is the preservation of the earthly body. ... From the cradle to the grave, of these facts man is ignorant, although each individual is aware he is not satisfied with his condition.” ~John Uri Lloyd

Solar Pulsations

“Other than being a master of the run-on sentence (86 words in that first one), Mr Lloyd has said quite a lot in this quote. I don’t think I would use the word “convulsions” to describe these changes, though it isn’t false. Rather, I would say that these solar pulsations create cycles. Cycles of hot and cold, wet and dry, calm and stormy, and so on. The effects of these solar pulsations goes way beyond weather.

“They can affect business. Like everything else, there are growing cycles for businesses and there are down cycles when no growth is possible. The smart and intuitive business operator doesn’t ignore those solar cycles. She doesn’t waste time any money pushing for growth during a down cycle. Instead, she just does enough marketing to coast through the period, then waits to push for growth when the cycle is on the up side.

“In medicine, these solar pulsations matter also. There are periods when a sick or injured person will heal quickly and other times when they won’t. There are periods when they are more likely to catch an illness than others. Doctors and medical researchers will say this is due to the persons state-of-health. While that is true to a large degree, the solar cycles are also involved.

Spiritual Pulsations

“These solar cycles or solar pulsations do not just effect the physical world. They can have an effect on the spiritual side

as well. We know that when sungazing, especially [spiritual sun-gazing](#), it is usually best to do it at dawn. But there are cycles other than daily one. Cycles measured in days, months, sometimes even years. In part, this is what Astrology is all about. The various constellations people can be born under don't really have much effect on us. What does is the state of the sun at time we are born."

[Read the complete blog post at Solar Wind.](#)

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"Always Shining Sun that Brings Higher Consciousness"



"The Sun has always shone and is shining, but at times we see it, while at other times we do not see it. That is however a temporary condition, a changed environment depending either upon the position of the Earth, or upon ourselves. The Sun is always shining for those whose consciousness is always awake. Get up in the morning when the Sun is rising; look at God and you will find the way." ~Beinsa Douno

The Always Shining Sun

"Douno states that the sun has 'always shone and is shining.' That is true if you interpret 'always' as meaning since time began, or since the universe was created. He says that we sometimes see it, and sometimes don't. This is partly due to the rotation of the Earth giving us day and night. At night, the sun still shines, just not on us but on the opposite side of the planet. But that is all dealing with the material sun.

"Beyond that material sun is a Spiritual Sun, and that is the

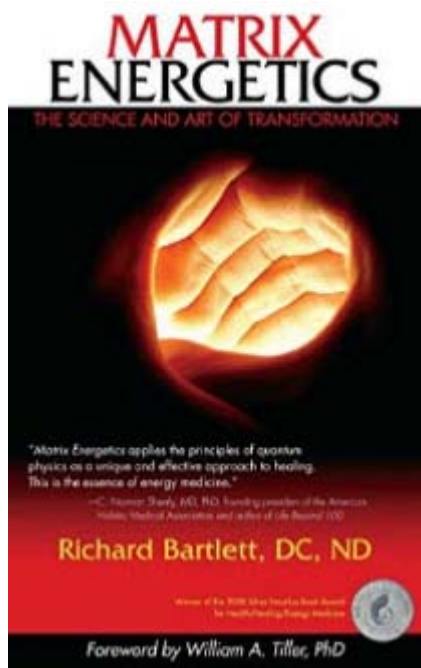
Sun Douno is really talking about. That Sun, while concentrated in the area around the physical sun, does not really occupy space and time. Therefore, it is always shining on us, it is the Always Shining Sun.”

[Read the complete blog post at Solar Wind.](#)

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BOOK REVIEW: Matrix Energetics and The Physics of Miracles

Matrix Energetics and The Physics of Miracles
by Richard Bartlett, DC ND



Dr. Richard Bartlett is a chiropractic and naturopathic doctor who formulated a system of healing based on his personal experiences with clients. This system is known as Matrix Energetics.

In his book he writes that we have generally been taught that our bodies are made of solid matter, but we are actually made of high-energy photons and information fields of possibility held in patterns of wave interference, quantum particles or fields of consciousness and spirit— a realm where the laws that we have been taught govern this world do not exist. Instead, we have orbits of probability potentials of transformation and becoming. Because of this, he advises: “Let go and let God” and “the less you do, the more you have.” He also states that all diseases can be cured but that not everyone wants to be cured on an unconscious level.

His Two-Point process for healing is a measuring tool that helps you access, or plug into, what he calls grids of manifestation. As a healer, he says, you look into the patient’s eyes and notice what you notice. You do not need to understand the whole complexity of the problem. This is the observer effect at the quantum level, often called quantum entanglement. “The act of focusing at this level, where everything is made of light energy, causes what you observe to behave differently,” he states. When you are observing, he goes on, you collapse the particle-based arrangement of your world into its intricate patterns or wave fronts of light. You

can feel and sense this happening. "Through this process, not only do the things that you focus on change, but you change and transform as well." By "doing nothing" and not trying to "fix" anything during this process, you are entering into a transformation. "Things no longer happen to you. Instead, you begin to take responsibility for your creative use of universal energy."

Here are two of Bartlett's techniques that he shares in the book:

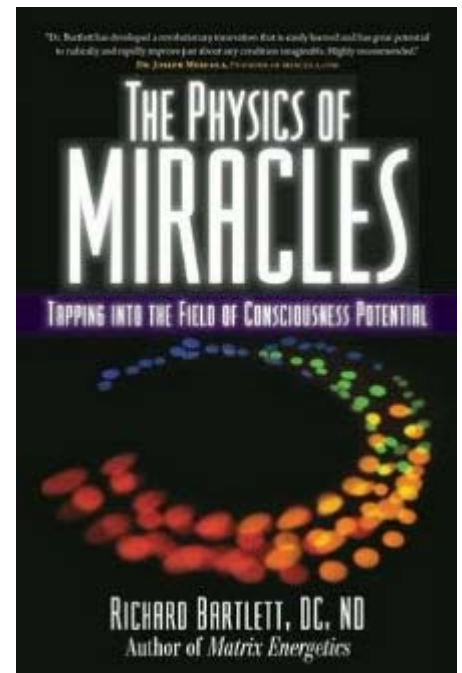
Two-Point:

Touch one point on anything (with either hand). It could be a guitar or a car or a shoulder or a knee. Notice how it feels; it may feel stuck, hard, or rigid. It does not have to be painful. (Note: This may be done on animals, as well, or actually on anything). That is what you are going to choose to notice. Now you have your first point. All you are doing is noticing something. Now, take your other hand and just place it on your leg or any other object of your choosing; any other point in a different area will do—it does not matter where—or until you find something that feels like it makes that first area harder, more stuck, more rigid, or like it is being pulled together like with a magnet. That is what you are looking for. That is where you have actually performed the measurement aspect of what Matrix Energetics teaches with the Two-Point. Now slide the other hand along the leg or object you have chosen until you almost feel a stick where you have a point that suddenly seems to draw those points together. That is an artificial or arbitrary set-up measurement, but it allows you to play the virtual game. Now, having connected those two points and realizing at the level of quantum physics that the act of measuring causes a change in your measurement, you "let go" as if you were dropping a pebble into the pond. Do not let go of the object. You must imagine that you are letting go of the physical. You then feel this expansive wave between those points. Do not try to visualize an outcome. This

will keep you from collapsing the wave into a new pattern and will keep you on a physical level. This technique takes practice. You are not trying to fix a problem. You are viewing inside of yourself a holographic pattern of photons. Now let go of all of your concerns and affairs. Imagine yourself spiraling up into the air without a care in the world. Then you will note a change. The area between the two points will probably feel softer and less rigid. Be prepared for any kind of release from the patient (or yourself), e.g., crying, laughing, etc.

Matrix-Energetic Healing Time-Travel Technique:

1. Do the Two-Point Technique
 2. Using the age of your patient, begin counting backwards in five-year increments while holding the two-point position.
 3. Set your intent so that the quantum change will activate when you “arrive” at the event, age, or time frame that you wish to interact with. You do not have to actually know the correct age of the event, because as you approach the approximate time reference, you will begin to feel that the two points that you are holding start to soften and change beneath your hands.
 4. Be prepared for any kind of release.
 5. Reassess your two-point procedure when things have been processed by the patient and repeat the process to resolve the pattern more completely. (Note: Moving forward in time is called entropy. Moving backward is called negentropy.)
- Example: A lady named Frannie lost the tip of her finger when she was two and a half years old. She is now seventy-three years old. Taking her back to the time before the finger was



cut off healed her frozen shoulder.

Matrix Energetics Distance Healing may be done with two-point on an acupuncture mannequin or even on a stuffed animal. (More information on Bartlett and his system can be found at MatrixEnergetics.com. or on [YouTube](https://www.youtube.com/watch?v=Ug8vYUgU8p0).)

reviewed by Rev. Vickie Hewlett

“Thought Echoes Control the World We Live In”



"The first thing that Love requires is this: When you meet someone, find at least one lofty trait in his character for which you can love him.

"Think good for others! When a man thinks good for others, he thinks good for himself.

"The echo of every thought of yours will come back to you. You will hear it one day. If you keep in your mind the bad energy about somebody, it will make an imprint in your brain and you will resemble that man. To keep people's good traits in your mind and not criticize anyone is a sure method for developing Love....

"That which you love in man is the inner, the invisible thing. That thing is the real thing.... Divine Love is love toward the man himself." ~Beinsa Douno

Thought Echoes

"Yes, all thoughts echo back to us and have an effect on us. They also echo to others and have an effect on them. Likewise, their thoughts echo off us and effect us. To a certain degree, the spiritual adept can learn to block many negative thoughts. Most of us can only counter them with positive ones."

[Read the complete blog post at Solar Wind.](#)

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Sound Healing Forum in Reno



This year Cosolargy International is hosting a weekend **Sound healing Forum** in Reno from Friday, September 8, through Sunday, September 10.

The presentations will be on the highest arts, sciences, and technologies of Sound and Vibrational Healing.

The presenters are Dr. Karl Maret of the Dove Health Alliance (Aptos), longtime professional musician Bruce Kanzelemyer, Master Yukinori Matsushita from Japan (Cymatic Therapist, Educator, Inventor, and Clinician), and myself speaking on the latest scientific understandings and Sonatherapy.

There will also be hands-on demonstrations and opportunities

for scheduled one-hour treatments.

[The attached flyer gives the basic details.](#)

[A full brochure describing the schedule of presentations, planned activities \(including a Lake Tahoe excursion\), bios, lodging, et al, is available by clicking here.](#)

I apologize for the late notification of this seminar. Time is short to register – even shorter to book rooms at Circus Circus Hotel (*by August 11*).

For those living in the Reno area, please consider joining us as wells!

This forum is not be missed, as it will include in-depth discussion of the most ancient and up-to-date sound healing approaches extant.

Please let us hear from you.

Dr. Gary Robert Buchanan

PLEASE SHARE THIS MESSAGE

[Download a flyer to distribute to your friends.](#)

[Download a full brochure on the Sound Healing Forum.](#)



Bruce
Kanzelemyer
& Gary
Buchanan



Yukinori
Matsushita
& Gary
Buchanan



Dr. Karl
Maret



Sound
therapy
treatment
from Gary
Buchanan

“Spiritual Contemplation for

Glimpses of Truth and Reality”



“The first phase of Intellectual Contemplation, then, is a lifting of the mind to a swift and convincing vision of Reality: one of those sudden, incommunicable glimpses of Truth so often experienced early in the contemplative’s career. The veil parts, and he sees a ‘light and vision, which give to the contemplating spirit a conscious certitude that she sees God, as far as man may see Him in mortal life,’ that strange mystical light of which all contemplatives speak, and which Ruysbroeck describes in a passage of great subtlety as the ‘intermediary between the seeing though and God,’ now floods his consciousness.” ~Evelyn Underhill

Spiritual Contemplation

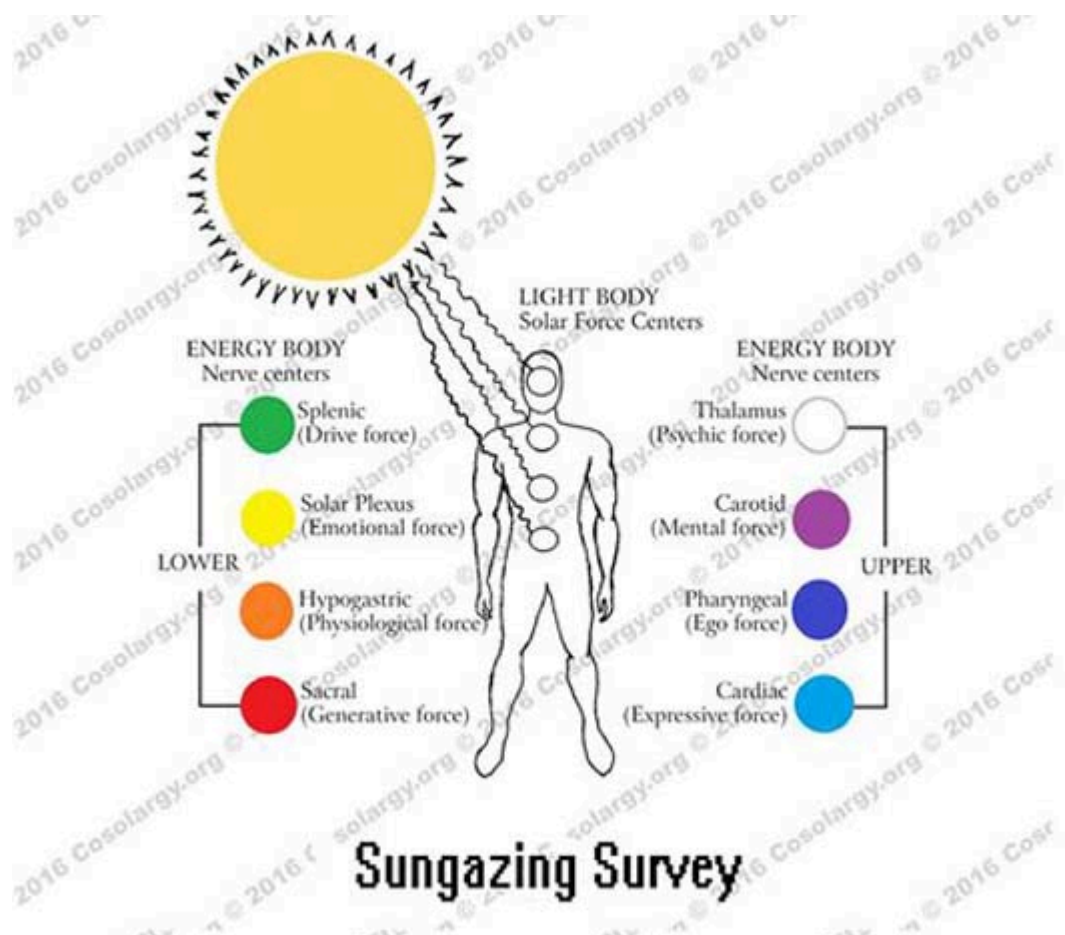
“Rather than Intellectual Contemplation, I would say Spiritual Contemplation. The important difference is that this involves gaining higher level knowledge through the spiritual faculties rather than the brain-mind. One of the difficult tasks of the spiritual student is to open a link between the mind and soul so that some of that knowledge gained by the soul can be passed down to the mind. The brain-mind cannot understand much of it, so it receives only small amounts, and that often in a symbolic way. It is usually enough, however, to convince the mind of the need to continue on the path of spiritual enlightenment.”

[Read the complete blog post at Solar Wind.](#)

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COSOLARGY.ORG Sungazing
Survey Results: Summer 2017



A twenty-item Sungazing Survey on *Cosolargy.org* elicited responses by posting a link to the survey on several Facebook sites four different times, from May 2017 to July 2017. Some respondents did not respond to every single question, which accounts for percentage anomalies in the results.

Fifty-six people responded to these Facebook posts, none of whom indicated any association with *Cosolargy*. Thirty-two were male. Twenty-four were female. About a quarter of the respondents had been sungazing for less than 6 months, and almost

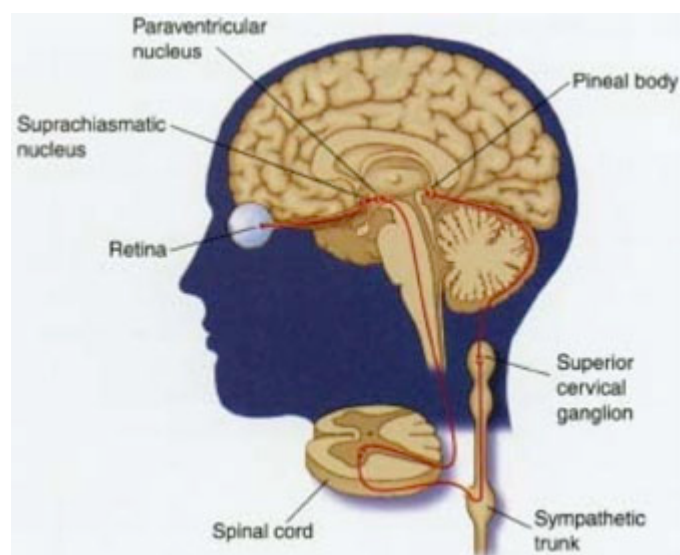
20{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} for more than five years.

Reports of Physical Changes:

Two-thirds reported a decrease in sleep.

84{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} said there was a reduction in their caloric intake.

These responses are interesting because they both relate to functions of the hypothalamus.



The hypothalamus is located at the ventral base of the brain directly above the pituitary gland. This structure is quite small, only 4 grams, taking up about 0.5{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} of the volume of the entire brain. It is often divided into ten areas,

associated with functions including: ***hunger***, thirst, thermogenesis, sexual activity, goal-seeking behavior, endocrine functions, and influencing activity in the parasympathetic nervous system. Orexin is also produced in the hypothalamus. Orexin is associated with vigilance and ***wakeful states***: people who suffer from narcolepsy seem to have a deficient orexin-system and respond positively to pharmaceutical orexin. You can read more about this fascinating hypothalamic structure and its association with sunlight at: [“Sunlight: Oxytocin and Orexin”](#)

These responses are also interesting because only about 90{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} of neural-retinal information is dedicated to image construction. Some of the retinal information has projections to the brainstem area, where blinking and some saccadic eye movements are mediated. Retinal projections also reach the suprachiasmatic nucleus (SCN), a collection of neurons that make up part of the hypothalamic structure. The SCN is the first stop for optical-neural information in the retinal-

hypothalamic pathway.

During sungazing sessions, people reported the following:

Breath suspension:
32{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}

Time disassociation:
50{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}

Symbols in or around the sun:
30{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}

Double suns:
59{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}

Sun changing from dark to light:
64{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}

In reporting all of the phenomena in this survey, almost 25{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} said it would be advantageous to have a teacher who had learned from others who practiced the art and science of sungazing for generations. 25{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} also reported knowing more than three sungazing techniques.

Most sungazers had perceived the sun to change colors:

41{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} reported one color change

11{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} reported perceived the sun in two different color

changes

16{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} said they had seen the sun to appear in three or more different colors

(The color choices provided were: red, blue, green, and violet .)

Negative Repercussions:

Two of the fifty-six participants felt their eyes were harmed as a result of practicing sungazing.*

** These people were not following the methods taught in Cosolargy.*

reported by Michael McIntyre

“Something Beyond the Physical and Intellectual”



“There are certain centers in the mental being of Man from which may come light regarding the existence of the Absolute and higher order of Beings. In fact, from these centers come to man the part of his mental ‘feelings’ that he calls ‘the religious instinct’ or intuition.’ Man does not arrive at that underlying consciousness of ‘Something Beyond’ by means of his intellect—it is the glimmer of light coming from the higher centers of the Self. He notices these gleams of light, but not understanding them, he proceeds to elect elaborate theological and creedal structures to account for them. The work of the intellect, however, always lacks that feeling that the intuition itself possesses. True religion, no matter under what name it may masquerade, comes from the ‘heart’, and is not comforted or satisfied with these intellectual explanations.” ~William Walker Atkinson

Higher Centers

“While Mr. Atkinson says this “light” that makes us believe in the Absolute, and in worlds and beings beyond the physical, is a mental faculty, he does say it is from higher centers. It is not, he quickly points out, coming from the intellect. While the intellect is certainly useful on the material plane, it knows nothing of the spiritual, the “Something Beyond”. This faculty is not in the brain-mind at all, but is coming

from the spirit and soul. Even in those of us who have not bothers to awaken those faculties, they seem to seep through a little anyway. When we do awaken those faculties, intentionally or accidentally, they will seep through even more.”

[Read the complete blog post at Solar Wind.](#)

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