

“Beneficial Sunrise Full of Love”



“To meet the sunrise is always beneficial, even when the Sun is covered in clouds—because the Sun’s energy permeates the clouds. In all cases, the sunrise brings an elevation in man.

“In spring and in summer from 22nd March each year it is recommendable for man to go early to bed and to rise early to welcome the sunrise and accept his part from it—like the bees gather the nectar from the flowers. One should try this for a series of years in order to become convinced of the truth of it.

“As we expose ourselves to the Sun, so must we live in the Divine Love. ... The solar rays, absorbed with love, are most beneficial to the body. They act soothingly upon the soul and refreshingly upon the spirit.” ~Biensa Douno

Beneficial Sunrise

“The light of the sun is always beneficial, but is especially so at sunrise. That is because at sunrise it has more of the frequencies that stimulate spiritual growth (specifically,

ultra-violet) and less of the one that encourage further sinking into matter. An exception would be for those who have already become so spiritual that their roots in the material world are weak. Those people should take the sun at sunset instead.

“A beneficial sunrise isn’t some special event that happens only occasionally. Any sunrise can be beneficial if you view it with the right mental attitude. As Douno says, even when it is cloudy, there is a benefit in viewing the sunrise. It may even be better for some to view it at those times. That is because clouds can block some of the light from the physical sun, but not the light of the spiritual Sun. It is the light of the spiritual Sun that is the true beneficial sunrise.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on JUNE 15, 2018

“Plate tectonics may have been active on Earth since the very beginning”



Earth (stock image) Photo
credit robert / Fotolia

“A new study suggests that plate tectonics – a scientific theory that divides Earth into large chunks of crust that move slowly over hot viscous mantle rock – could have been active from the planet’s very beginning. The new findings defy previous beliefs that tectonic plates were developed over the course of billions of years.

“The paper, published in *Earth and Planetary Science Letters*, has important implications in the fields of geochemistry and geophysics. For example, a better understanding of plate tectonics could help predict whether planets beyond our solar system could be hospitable to life.

“‘Plate tectonics set up the conditions for life,’ said Nick Dygert, assistant professor of petrology and geochemistry in UT’s Department of Earth and Planetary Sciences and coauthor of the study. ‘The more we know about ancient plate tectonics, the better we can understand how Earth got to be the way it is now.’”

[Read the entire article posted online September 26, 2018 by University of Tennessee at Knoxville at sciencedaily.com](#)

link submitted by Frieda Nelson

“Authentic Man and His Many Disguises”



“We know that man is not a thing of only one element; he has a soul and he has, whether instrument or adjunct in some other mode, a body; this is the first distinction; it remains to investigate the nature and essential being of these two constituents.

“Reason tells us that the body as, itself too, a composite,

cannot forever hold together; and our senses show us it breaking up, wearing out. ... If this body then, is really a part of us, then we are not wholly immortal; if it is an instrument of ours, then, as a thing put at our service for a certain time, it must be in its nature passing. The sovereign principle, the authentic man, will be as Form to this Matter or as agent of the instrument, and thus, whatever that relationship be, the soul is the man." ~Plotinus

A Composite Being

"Man is a composite being on the physical level. He has many organ, many parts. And it is even more complicated than Plotinus probably knew or suspected. Not only are we a composite of many parts, but we have other beings living within us. Bacteria that are essential for us to digest our food. Since they are necessary for us to live, one might argue that they too are part of our physical self.

"And at the next level beyond the physical body of matter is energy. While it is often ignored by most people, we are energy beings as much as we are physical beings. We give off electricity and light that can be measured. We take in and send out radiation of many types. His level of our being might be considered the mental or psychic level."

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on JULY 13, 2018

“Rays of Love, Pearl of Wisdom”



“The soul saith further to the Noble Sophia, ‘O thou fair and sweet consort, what shall I say before thee? Let me be wholly committed unto thee. I cannot preserve myself, if Thou wilt not give me Thy Pearl. I submit to thy will, but give me thy Rays of Love, and carry me safely through my Pilgrimage. Do thou awaken and bring forth what thou wilt in me; I will from henceforth be thy own. ...’

“The noble Sophia answered the soul; ... ‘My noble bridegroom, be of good comfort. ... I will be with thee and in thee always to the end of the world. ... Thou shalt drink of my fountain. ... I will put my Rays of love into thy working.’” Jacob Boehme

Pearl of Wisdom

“I find it curious that Boehme, who was known as a Christian mystic, but not Gnostic, often speaks of Sophia, the Gnostic

‘goddess’ of wisdom. You would expect him to be appealing to Jesus or Christ, but no, he appeals to Sophia.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 12, 2018

“Spiritual Doctrine for Spiritual Growth”



*“Few among men the mortals
Who arrive at yonder shore:*

*The rest of the race run
hither and thither along the bank.*

*Those who follow the Doctrine
When the Doctrine is rightly preached
Are the mortals who will pass beyond
The realm of Death, so hard to cross.*

*Leaving the black doctrine,
Let a pandit study the white,
Going from home to homelessness,
Where in seclusion delights are few.*

*Let him desire delight supernal there,
Forsaking lusts, possessing naught;
Let the pandit purge himself
From troubles of the heart.*

*They whose hearts are thoroughly well trained In the Articles
of Full Enlightenment,
Who cling to naught and rejoice when fancy-free;
Who have destroyed Depravities and are full of light,
– Have [even] in the world attained Nirvâna.” ~The Dhammapada*

Yonder Shore

“I think it is clear that the “yonder shore” being written about is not on the other side of a river. Neither is it on the other side of an ocean. We are speaking of a much greater shore than that. It is really the higher dimension of spirit that is here being called “yonder shore”.

“Mortal men reach the other shore of rivers, lakes, and even oceans all the time. Few, however, reach higher dimension of existence, spiritual dimensions. Most, as the quote says, run back and forth along the shore thinking they are making a great journey, but actually going nowhere.

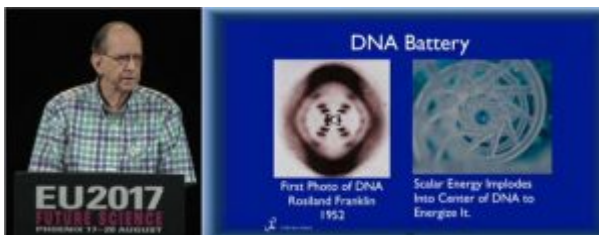
Follow Spiritual Doctrine

“Those who follow “the Doctrine” will be able to reach that yonder shore. But what doctrine? There are many doctrines in the world. Even if we limit it to doctrines on spiritual growth and development, there are dozens, if not hundreds. We have to trust our intuition when searching for a real spiritual school. My intuition led me to [Cosolargy](#), and there I stay. I went into the intuitive feelings and the many dreams I have had that tell me I have made a good choice.”

[Read the entire article online at spiritsun.net.](#)

Original article posted by HAROLD BOULETTE on JULY 10, 2018

“Jerry Tennant: Healing is Voltage – The Physics of Emotions | EU2017”



“Most people have heard of the ‘mind/body connection’ and are aware that emotions affect the way people act. However, few can describe how that works. What is relatively new is our understanding that emotions are stored in and around the body as magnetic fields. Not only do these magnetic fields cause the biochemical effects noted above, but they also block the flow of voltage in the associated muscle battery packs that provide the voltage necessary for organs to function and repair themselves. He will discuss the human body’s battery packs, wiring system, and the physics of how our electronic systems are affected by these emotions. In addition, he will discuss how other magnetic fields and scalar energy can be used to erase these emotions, leaving behind only memories that do not disrupt our health and physiology.

“Dr. Jerry Tennant is board certified in ophthalmology and ophthalmic plastic surgery (residency, Harvard Medical School and Southwestern Medical School.) He was the director of ophthalmic plastic surgery clinic at Parkland Hospital in Dallas and practiced from 1965 to 1995. He did much of the FDA study for the VISX Excimer laser and performed approximately 1000 surgeries in the United States and Europe. In addition, Dr. Tennant was the founder/director of the Dallas Eye Institute and one of the first surgeons in the US to place intraocular lenses in eyes after cataract surgery and taught these techniques around the world. He holds patents for medical devices including intraocular lenses and several surgical instruments. While licensed in Arizona by the Board of Homeopathic and Alternative Medicine, Dr. Tennant is currently the Director of the Tennant Institute for Integrative Medicine.”

[Watch the entire lecture posted online September 29, 2018 on YouTube](#)

“Beings of Fire (Light) and Spirit Fear Not Death”



*“What laughter now, what joy In being always on fire?
In darkness wrapped, ye will not seek a light
Behold [this] variegated figure, [This] congested body of
wounds;
Ailing, with many a resolve,
It hath not firmness or stability.
Wasted this form, a nest of disease, and frail;
Broken the mass of foulness,
For life at the end is death.*

*What are these things like gourds In autumn tossed away?
White bones: when seen, what delight?
Of bones is made the citadel,
With mortar of flesh and blood,
Wherein are stowed away old age,
Death, pride and hypocrisy!
Wax old the gaudy”
~The Dhammapada*

Beings of Fire

“Joy in being on fire? This is not about physical fire. It isn’t even about having a fever. It is about the “fire” or energy of spirit. That spiritual Light that awakens and nourishes the spirit and soul. That spiritual light that brings us the gift of immortality. A gift which we must accept before it is truly ours. We accept it by turning to the spiritual sun willingly to take in that divine light. Hiding in dark caves, natural or man-made won’t do. Even when we call the caves temples or churches.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on JULY 17, 2018

Can’t Stop the Shining



Solar power is the world's most promising clean energy solution, but governments must abandon outdated policies for it to succeed.

BY VARUN SIVARAM

MARCH 1, 2018

“Solar power is in the middle of a breathtaking global surge. In 2017, countries around the world installed nearly 100 gigawatts – fifty Hoover Dams – worth of solar capacity. Investors poured over \$160 billion into solar projects, more than any other electricity source, clean or dirty. And the price of solar power plunged to once-unthinkable lows around the world. In Mexico, Chile, and Saudi Arabia, the price of solar electricity fell to around 2 cents per kilowatt-hour, less than half that of power from coal or natural gas plants.

“Supportive government policies have helped encourage the boom in solar energy. Developed countries such as Germany footed the bill for the early scale-up of the solar industry in the 2000s. Then China lavished billions on its domestic solar producers, creating an unrivaled manufacturing industry, and set sky-high mandates for the deployment of solar panels, making it the world's largest solar market today. It is tempting to continue with more of the same.

“That would be a grave mistake. Solar power is no longer a cottage industry, and the public policies that it will need to thrive over the coming decades are very different from those that kick-started its growth.”

[Read the entire article posted March 1, 2018 online at foreignpolicy.com](#)

link submitted by Robert Petrovich

“Goodwill Beats Hate, Fear, and Evil”



“You can only oppose successfully the hatred or evil thought of others by throwing out toward it the thought of good-will.

Goodwill as a thought-element is more powerful than the thought of hate. It can turn it aside. The 'shafts of malice,' even in thought, are real things. They can and do hurt people on whom they are directed, and make them sick. The Christ precept, 'Do good to them that hate you,' is based on a scientific law. It means that thoughts are things, and that the thought of good can always overpower that of evil. ... The fact that all thought, all emotion, all of what is called sentiment, or qualities such as mercy, patience, love, etc., are real elements as real as any we see, is the cornerstone to the scientific basis of religion." ~Prentice Mulford

Thoughts are Things

"Like many others, even today, Prentice Mulford often confused the mind and the soul and spoke about them as if they were one. Nonetheless, there is much truth in what he has to say about many subjects including thought.

"He tells us that thoughts are things, as real as a tree or a hammer and capable of doing as much work, evil or good. He also reminds us that the carpenter does not push in the nail with another nail, but with a hammer. By that, I mean he reminds us that returning the same to those who broadcast hate, fear and evil is not the solution. Hating the hater is only creating more hate, not less. When water is too hot, you add cold water to it, not more hot.

Goodwill

"It may be debatable whether or not goodwill is stronger than hate. In effect, however, it is. In most cases, a person who spreads goodwill is passionate about it, dedicated to it. The strength of her emotions give those thoughts great power."

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 14, 2018

“Upanishads and the Sun of Light and Life”



*“[Prana](#) is the sun; rayi is the moon.
Matter is solid, matter is subtle;
Rayi therefore is present everywhere.*

*“The sun gives light and life to all who live.
East and west, north and south, above, below,
It is the prana of the universe.*

*“The wise see the Lord of Love in the sun,
Rising in all its golden radiance
To give its warmth and life to all. ...*

*“Those who observe outward forms of worship
Travel after death by the southern path,
The path of the ancestors and of rayi,
To the lunar world, and are born again.*

*“But for those who seek the Self through meditation,
Self-Discipline, wisdom, and faith in God
Travel after death by the northern path,
The path of prana, to the solar world,
Supreme refuge, beyond the reach of fear.” ~Prashna Upanishad*

Sun Gives Light

“The sun does give light, and much more. Light, heat, any many other types of radiation come from the sun. Some of that radiation is beneficial, some isn’t. There is no doubt, however, that if the sun went out, all living beings on Earth would quickly die. Something people forget when they listen to the sellers of drugs and sunblock who tell us the sun is out to kill and we must protect ourselves. For thousands of years, intelligent people as well as spiritual ones have said otherwise. Yet now we have millions listening to the drug vendors who benefit from keeping them weak and ill.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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