

“Ancient stone pillars offer clues of comet strike that changed human history”



Pillar 43, Enclosure D, also known as the

Vulture Stone of Göbekli Tepe. Credit: Martin
B. Sweatman and Dimitrios Tsikritsis

A team of researchers with the University of Edinburgh has found what they describe as evidence of a comet striking the Earth at approximately the same time as the onset of the Younger Dryas in carvings on an ancient stone pillar in southern Turkey. The group has published their findings in the journal *Mediterranean Archaeology and Archaeometry*.

Prior evidence based on ice cores taken from Greenland has suggested that a strike by a comet may have led to the onset of the Younger Dryas—a period of Earth cooling that lasted for approximately 1000 years. Other evidence also suggests that the cooling period caused groups of people to band together to cultivate crops, leading to the development of agriculture, which in turn led to huge leaps in technological innovations and societal developments, i.e. Neolithic civilization. In this new effort, the researchers describe evidence they found on a stone pillar at Gobekli Tepe (the oldest known temple site) that aligns with the ice core findings—that a comet struck the Earth in approximately 10,950BC.

[Read the entire article by Bob Yirka posted online April 24, 2017 at phys.org.](#)

link submitted by Stephan Fuelling

“Sun Period of Higher Consciousness Enlightenment”



“The second of the great periods of evolution that have been mentioned, the ‘Sun period,’ effects the raising of man’s being to a higher stage of consciousness. ... The higher stage which man reaches on the Sun may therefore be characterized in this way: the physical body, already formed in the germ-state on Saturn, is raised to a second stage of perfection by becoming the vehicle of an etheric or vital body. This last-named etheric body attains the first degree of perfection on its own account during Sun evolution. In order, however, that the second degree of perfection .. may be reached, the intervention of still other spirit-beings is necessary during the further course of the Sun life.” ~Rudolf Steiner

Periods of Evolution

A common belief among both materialists and occultists like Steiner is that man has been on a constant upward path of

evolution. Spiritual Mystery schools tell a different story. They say that man devolved from spirit into a being of half spirit, half matter. Over time, we have become denser and denser, more and more material. The average human now is probably more like 90% spirit and 10% matter.

While we have gone through various periods or cycles of development, I'm not sure we can label them the Saturn period and the sun period. Nonetheless, cycles do exist. Unfortunately for us, those cycles have been more in a downward direction rather than upward. We may have gone through brief periods of spiritual growth, only to have it followed by a longer period of further descent into matter.

Sun Period

That is all changing now. We are still going through cycles of various length, but one major thing has changed. The Sun of Righteousness, promised by the prophet Malachi, has arrived. This makes the spiritual sun far more powerful than before. As a result, we now have the opportunity to turn that descent into matter around and become spiritual beings again. God is in charge of this transforming age, but we have to participate as well.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Vatican Library Being Digitalized”



Borg. mess. 1 : Codex Borgianus, manoscritto azteco precolombiano, trascritto probabilmente attorno a Puebla (Messico) alla fine del XV sec. Il codice aveva uno scopo rituale, forse divinatorio con soggetti mitologici, favole, un calendario e alberi genealogici degli dei venerati.

Pre-Columbian Aztec manuscript, written probably near Puebla

(Mexico) at the end of the fifteenth century (Biblioteca Apostolica Vaticana)

“The Vatican Apostolic Library is now digitising its valuable ancient religious manuscripts and putting them online via its website, available for the public to view for free, as well as turning to crowdfunding to help it complete its work.

"The Vatican Library was founded in 1451 AD and holds over 80,000 manuscripts, prints, drawings, plates and incunabula (books printed prior to 1500 AD) written throughout history by people of different faiths from across the world."

[Read the entire article online at theeventchronicle.com.](http://theeventchronicle.com)

[CLICK HERE TO VISIT VATICAN ONLINE LIBRARY CATALOGUE](#)

submitted by Robert DeFord

“Thought - Substance is Powerful Energy”



“When interest, sympathy, and good will meet to present pleasantly their opinions or thoughts on any special subject to each other, for an hour, there goes from that company a wave of thought-substance, which strikes other minds, and awakens or renews interest in that especial business, art, or cause, in proportion to the sensitiveness or capacity of such minds to receive thoughts. The new thought coming suddenly to you, comes because somewhere it is being talked out or agitated.

“The wave so caused acts in unseen elements precisely like that made by throwing a stone in calm water. The waves so radiate from the talk center; and they will continue to spread out in every direction. ...

‘The same idea, or parts or shades of that idea, may float into a thousand minds within an hour, when once started, through a few people taking it. ... Through thought-substance so sent far and wide you awaken desire or interest for the thing talked of.’ ~[Prentice Mulford](#)

Wave of Thought-Substance

Mulford uses the term “thought-substance” to make it clear that thought is a substance. More accurately, it is an energy and energy does work. That is a basic law of science we all learned in grade school. Thought-substance or thought energy does work just as any other energy does. The main difference is that with most other kinds of energy, we are intentionally using that energy to do a specific task. We intentionally hit the nail with a hammer. The hammer doesn’t just jump up on its own and start hitting the nail. But with thought, most of us are unaware of the work being done by that energy.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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PATH TO LIGHT: Paul V. Young



Paul V. Young

Paul Young is a Consociate of the Community living in Queensland, Australia. He is in the second year of the Academy Program and is presently serving as the representative of Cosolargy International in Australia, advertising Cosolargy in his online magazine and blog. In future, he also plans to

speak about Cosolargy at various conferences around the continent of Australia and environs. Communique editors asked Paul to write up a piece on how he came to be involved in Cosolargy International and practice of The System.

My Path to Cosolargy

The poet Rumi said, "What you are seeking is also seeking you," and that idea aligns with my own experience (or "relationship") with the Sun. Many of us who have pursued a lifelong spiritual quest while at the same time remaining involved in career, family, worldly activities and possessions, know what it's like to be distracted from the path. Often our true goal remains buried deep within the core of our being until we are guided by a spark that ignites a lucid realization in our lower consciousness.

The seeds of spiritual yearning probably go back to my early years as an altar boy in the Catholic Church, an ardent student of Latin and the humanities subjects at college and then being part of the "love and peace" generation of the sixties. Like many baby-boomers, I harboured a yearning for something more than what was being offered by traditional Christian churches, and was fascinated by alternative paths such as transcendental meditation being explored by the Beatles, Cat Steven's move to Islam, and the inspirational lyrics of the Moody Blues (owing to their association with the Divine Light Mission). My Mom shared these interests but kept them low-key, in deference to my Dad who adhered to dogmatic Catholicism.

In my mid-teens I found two of my mother's books on the shelves in our living room – one being *A Search in Secret India* by Paul Brunton, and the other, *The Third Eye* by Lobsang Rampa. (When I mentioned this in an article I wrote for *New Dawn* some years ago, I received mail from readers admonishing

me for referring to the latter, because he had been “proved a fraud.” No matter, Lobsang Rampa had opened up a new world for me). I went on to read all the works written by those two authors.

Whenever I would read a passage about the connection of ancient peoples to the Sun, even in fictional novels, my heart would leap. As I now know, solar veneration was common to communities in South America, Egypt, Greece, Rome, China, India and other sites around the world that were supposedly never in contact with each other. My lower mind, trapped in the intellect of the brain, began to pick up clues from what I called my Overself (a term used by Paul Brunton) that the goal of my spiritual quest was located right above me, in the Sun.

Many young people take a “gap year” after finishing their education, before embarking on their career. In the early seventies it was common for them to sail from Australia to London, and that was my intention too, until the plans fell through at the last moment. So instead, I went with a friend to the outback opal mining town called Lightning Ridge, situated in the semi-desert region of north-western NSW. There I became acquainted with a colourful array of characters, including my Dutch neighbour Harry who was known for his psychic abilities and wrote his interpretation of the Book of Revelations, as relating to the imminent advent of a new world; my Jewish friend Dick who introduced me to the Kabbalah and took me through a past-life regression; and of course my Aboriginal friends whose understanding of life was totally different to that of us white people. It was during this time that I came to revere the Sun as something to love rather than fear.

A career in international shipping and trade took me to many parts of the globe, and I spent several years at a time living in the Philippines, Hong Kong, Taiwan and Thailand. Thus, I was exposed to elements of Taoism, Buddhism and the unique Filipino mixture of Christianity with Animism. In 1984 I

journeyed to Baguio and the Benguet province of the Philippines highlands to experience first-hand the techniques of the psychic surgeons. Other highlights in Asia for me have included visits to Angkor Wat in Cambodia, the Tanah Lot Hindu temple in Bali and Wat Phrathat, Doi Suthep, Thailand. To the West, I have been privileged to witness the ancient Greek Valley of the Temples in the south of Sicily, where Empedocles, whom I greatly admire, dwelt two and a half thousand years ago; also Stonehenge and Glastonbury in England, the Sun King's palace at Versailles, and I never tire of wandering around the Colosseum, Pantheon and Forums of Rome.

My time in Taipei spanned 1990 to 1995 and it was in 1994 that I experienced a lucid dream involving instruction from my guides, after which I joined the Rosicrucian organization AMORC (they were not active in Taiwan, so I studied their monographs by correspondence). In September 1995, just as my business there was at its peak financially and I was considering promoting AMORC in Taiwan, I suffered a near-fatal car crash which brought everything to a halt. This affected my existence to the point that I now divide everything in my life as "pre-accident" and "post-accident."

(While my association with AMORC has been beneficial overall, one of my frustrations has been that they sometimes make brief references to a particular topic, then say it cannot be discussed in this text and will be returned to at a future time. One such theme was that of the Sun, when they declared that there was much more than just light and warmth to be thankful for, and there were in fact other more subtle properties being directed to us on Earth from our star. However, many years later, I have not received any elaboration from them on the matter.)

Back in Australia, as I slowly recovered after the accident, I tried to reassemble my old life working at the company I had co-founded in 1980. I continued my Rosicrucian affiliation,

studied Reiki to level three as well as two of their ancillary courses, obtained a writing diploma and contributed regular articles of a metaphysical nature to Insight Magazine.

Business life was no longer fulfilling, so I took an early retirement and payout then moved to Chiang Mai in northern Thailand, where I completed an English teaching diploma and set up a company to enrol students to study at various Australasian colleges. This did not end well financially and I once again took up shipping/exporting to pay the rent, while at the same time my attraction to the Sun was growing stronger.

Everywhere I looked, Life was confronting me with “solar synchronicities,” yet I was still unsure what action to take. During the past couple of decades, I have connected with one I call my Muse (whose name I keep to myself). We are part of a small group we call the Guild of Scribes, which exists on a different dimensional plane – a plane occupied by many of the so-called vanished civilizations who are recorded as having simply disappeared from the face of the earth over the past ten millennia, and which I believe actually shifted to a higher-dimensional frequency.

[<https://www.solarancestor.com/temporary-civilizations.html>]

There are occasions when I am meditating that I achieve an altered state of consciousness (induced naturally, without taking any substances), during which these guiding Scribes instruct me to write – I do not call this “automatic writing” like some spiritualists do – and the result often surprises me when I come back to read it later. After one such episode I composed a short clip using Mind Movies, called *Son of the Sun Credo*,

[https://www.youtube.com/watch?time_continue=15&v=G-c6IdgqyHQ

] plus two more pieces I was inspired to put together some days later. My friends in Chiang Mai thought I was going a bit nutty, and there were times my own objective consciousness questioned what was coming from deep within me, which

outwardly seemed to be an “obsession” with the Sun.

By the end of 2011, I found myself back in Australia anticipating, as were countless other people, what might lay in store for the world in 2012. In retrospect, I do believe that a significant change did take place in December 2012 – on another plane and not in the physical way that some were expecting. Now I was fully retired from the rat-race, living on a government pension plus a little extra earned from writing news items for company websites. This afforded me the perfect opportunity to devote more time to my spiritual path and focus on whatever it was that was driving me toward the Sun.

Two years later I experienced an entire two-day period of being in a higher state, during which time I created my Solar Ancestor website and associated Blog. Afterwards however, I felt like the “Lone Ranger,” wondering if I was the only person on the planet in the twenty-first century who was feeling this respectful familiarity for Father Sun.

To pinpoint the specific catalyst that brought me to Cosolargy’s front door, it would have to be the reading of an article about the organization that appeared in *New Dawn* magazine in 2014 (Special Issue Vol.8 No.1). This really piqued my interest and I sensed that I might have located my tribe, but proceeded cautiously. By late 2015 I had completed the online questionnaire and submitted my profile, after which I received the Project X booklet to read. The writings of Gene Savoy Sr. resonated with me then, and still do now, and I feel an intuitive, harmonious connection with him and the Academy he founded.

The period of 2017/2018 saw Life once again distracting me from the path, with two different medical episodes, relocation to another city and at the same time launching my own online magazine, while still contributing to *New Dawn* magazine, including three book reviews per month. The Sun kept calling

me back and when I reconnected with my Preceptor, Bob, after a time away from Cosolargy, I knew this was the right way forward. He and I discussed the idea of me being the representative spokesperson for Cosolargy in Australia, after which I started a notebook (as is my habit) to jot down my thoughts, and the very first item on my list was that it was time to make a full commitment. There could be no room for half-heartedness.

In the ensuing months I made a point of discussing Cosolargy with people I met at conferences as well as in casual conversations with friends. It became obvious that I would meet resistance from people in the new age movement who are disillusioned with religion and often shy away from the word "God," preferring instead to say "Universe" or "Spirit." So I went into a state of seeking guidance from my Overself, during my daily prayers and meditation in my home sanctum, asking for signs that would determine my direction. Gradually, I was answered.

In the end it became clear to me that not all of the 7.7 billion people in the world are going to embrace Cosolargy. My role is to reach out to those with whom it does resonate and arm myself with sufficient knowledge to answer their initial questions, then point them towards the Academy. A lot of my decision-making is accomplished during the stage of deep sleep (a handy technique to learn). In May this year I awoke one morning with the clear intention: I am to start making plans to attend the Convocation in Reno in September. *From here, everything will fall into place.* My focus will be on familiarizing myself with the members of the Academy, its processes and teachings to the point where I will be completely at ease writing, and talking publicly, about Cosolargy on my return to Australia.

Paul V. Young

June 17, 2019

“David Talbott: The Electric Universe in 2019 & Beyond”



In this brief video, David Talbott, the founder of The Thunderbolts Project, offers his thoughts on the recent developments and progress of the Electric Universe movement.

[Watch the lecture posted January 23, 2019 on YouTube \(7:16\)](#)

“Speak Truth and Knowledge to Those Who Seek It”



“Speak concerning the truth to those who seek it and of knowledge to those who, in their error, have committed sins. Make sure-footed those who stumble, and stretch forth your hands to the sick. Nourish the hungry, and set at ease those who are troubled. Raise up and awaken those who sleep. You are this understanding that seizes you. If the strong follow this course, they are even stronger. Turn your attention to yourselves. Do not be concerned with other things, namely, that which you have cast forth from yourselves, that which you have dismissed. Do not return to them to eat them. Do not be moth-eaten. Do not be worm-eaten, for you have already

shaken it off.

“Do not be a place of the devil, for you have already destroyed him. Do not strengthen your last obstacles, because that is reprehensible. For the lawless one is nothing. He harms himself more than the law. For that one does his works because he is a lawless person. But this one, because he is a righteous person, does his works among others. Do the will of the father, then, for you are from him. THE SWEETNESS OF THE FATHER For the father is sweet and his will is good. He knows the things that are yours, so that you may rest yourselves in them.” ~Gospel of Truth

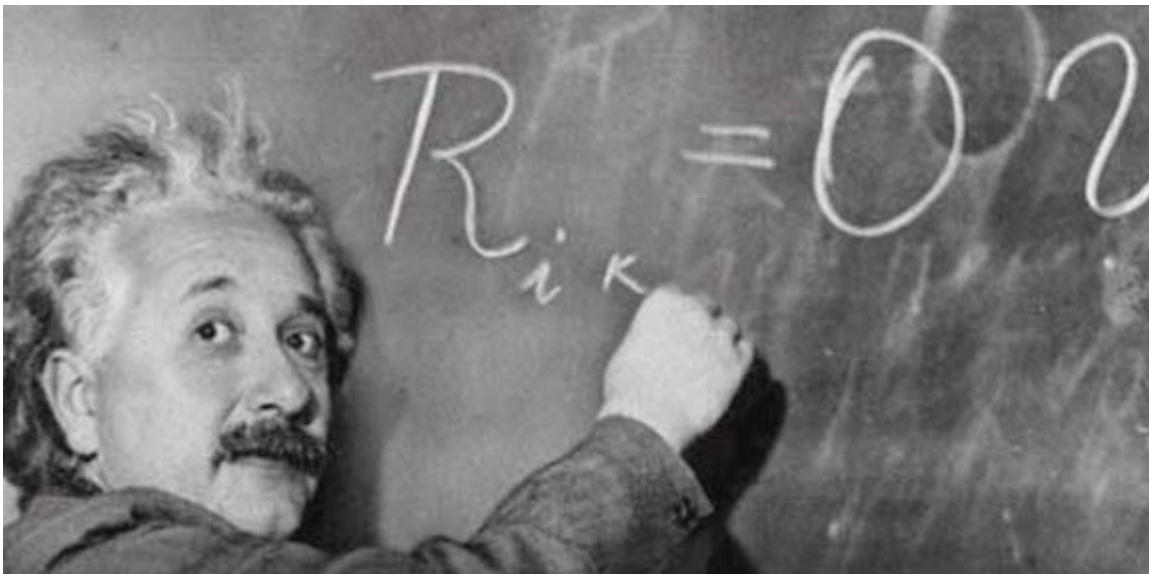
Speak Truth

It sounds simple to tell people to speak truth, but it isn't. First, you need to know the truth before you can speak it. Many of us think we know truth, but all we really know is widely-accepted opinion. So we need to recognize the difference between truth and opinion, and actually know truth before we can speak of it to others. Second, you can't speak truth to just anyone. You can only tell a person that which he is ready to hear. This is especially true when speaking of spiritual matters. And you have to try to avoid telling spiritual truths to evil people who will misuse that knowledge for evil purposes. So speak truth, but only when doing so serves good.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on APRIL 9, 2019

“An Examination of ‘Gravitational Waves’”



“On February 11, 2016, a team of scientists announced the “discovery” of gravitational waves, or so-called ripples in space/time. Science media have proclaimed the purported discovery a confirmation of a prediction of Einstein’s General Theory of Relativity.

“In this Space News report, physicist Wal Thornhill begins coverage of the issue with a skeptical examination of the ‘discovery’ – a skepticism thus far startlingly absent in science media.”

[Watch the 14-minute talk online on YouTube.](#)

“Generosity has Value for Spiritual Growth”



Anathapindika, who lived 2,600 years ago, was an early follower of the Buddha. Anathapindika was a businessman who was very generous, and he used his time and energy to help the destitute people of his city. He gave away a lot of his wealth to the poor, yet he did not become less wealthy. He received a lot of happiness. ...

“One day the Buddha learned that his beloved disciple, Anathapindika, was very sick. He went to visit him and urged

Anathapindika to practice mindful breathing while in bed. ...

"The first question Shariputra asked was, 'Dear friend Anathapindika, how do you feel? Is the pain in your body growing worse, or has it begun to lessen?' Anathapindika said, "No, friends, the pain in me is not lessening. It is getting worse all the time.'" ...

"Shariputra invited Anathapindika to breathe in and out mindfully and to focus his attention on his happiest recollections: his work for the poor, his many acts of generosity, and the love and compassion he shared with his family and his fellow students of the Buddha. In just five or six minutes, the pain that Anathapindika had been feeling throughout his body lessened as the seeds of happiness in him were watered, and he smiled. Watering the seeds of happiness is a very important practice for those who are sick or dying." ~Thich Nhat Hanh

Value of Generosity

I heard somewhere that J. K. Rowling, author of the Harry Potter books, was the first person to make it to the billionaires list, then get removed because she donated so much to charity, she was no longer a billionaire. I'm sure nearly all those still on that list think she is a fool. Actually, they are the fools. Their greed will not make them healthy. It won't give them a long life. And it usually doesn't even make them happy. They live in fear of being robbed, or in some other way losing what they value most: Money.

That don't understand what Rowling and all spiritual people do.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MARCH 16, 2019

“Is Sunscreen the New Margarine?”



Current guidelines for sun exposure are unhealthy and unscientific, controversial new research suggests—and quite possibly even racist. How did we get it so wrong?

“These are dark days for supplements. Although they are a \$30-plus billion market in the United States alone, vitamin A, vitamin C, vitamin E, selenium, beta-carotene, glucosamine, chondroitin, and fish oil have now flopped in study after study.

“If there was one supplement that seemed sure to survive the rigorous tests, it was vitamin D. People with low levels of vitamin D in their blood have significantly higher rates of virtually every disease and disorder you can think of: cancer, diabetes, obesity, osteoporosis, heart attack, stroke, depression, cognitive impairment, autoimmune conditions, and more. The vitamin is required for calcium absorption and is thus essential for bone health, but as evidence mounted that lower levels of vitamin D were associated with so many diseases, health experts began suspecting that it was involved in many other biological processes as well.

“And they believed that most of us weren’t getting enough of it. This made sense. Vitamin D is a hormone manufactured by the skin with the help of sunlight. It’s difficult to obtain in sufficient quantities through diet. When our ancestors lived outdoors in tropical regions and ran around half naked, this wasn’t a problem. We produced all the vitamin D we needed from the sun.

“But today most of us have indoor jobs, and when we do go outside, we’ve been taught to protect ourselves from dangerous UV rays, which can cause skin cancer. Sunscreen also blocks our skin from making vitamin D, but that’s OK, says the American Academy of Dermatology, which takes a zero-tolerance stance on sun exposure: “You need to protect your skin from the sun every day, even when it’s cloudy,” it advises on its website. Better to slather on sunblock, we’ve all been told, and compensate with vitamin D pills.

“Yet vitamin D supplementation has failed spectacularly in clinical trials. Five years ago, researchers were already

warning that it showed zero benefit, and the evidence has only grown stronger. In November, one of the largest and most rigorous trials of the vitamin ever conducted—in which 25,871 participants received high doses for five years—found no impact on cancer, heart disease, or stroke.

“How did we get it so wrong? How could people with low vitamin D levels clearly suffer higher rates of so many diseases and yet not be helped by supplementation?

“As it turns out, a rogue band of researchers has had an explanation all along. And if they’re right, it means that once again we have been epically misled.”

[Read the entire article by Rowan Jacobson posted online January 10, 2019 at outsideonline.com.](#)

link submitted by Harold Boulette