

INSIGHT: “Dream, Vision, and Paranormal Experience Forum: August 2014”

This is your forum to share higher-level experiences in Cosolargy through the images of your dreams and visions. All postings are anonymous. Send in verbal descriptions and, if you have them, drawings or paintings.

The primary value in these postings is simply to allow others to see that people do have relevant or meaningful dreams and visions. Another value is to see if others find that the dreams and visions we post are similar or identical to their own. This is why we ask for your comments.

Dreams are communications from the unconscious mind and sometimes the higher self. Some are simply compensation for attention directed elsewhere during the day; some are indications of bodily processes, and some help us work through conflicts. Occasionally, they communicate information from higher realms and thus have more than individual value.

*As Cosolargists, we are learning to navigate higher realms. Dreams are part of these higher realms. The Worlds of Light, the realm of spirit, sometimes breaks through to the psyche and gives us information. What breaks through deserves our attention and analysis. In this section of the **Community Communique**, we offer Community members a forum for sharing their dreams and visions for the edification of the Community and themselves.*



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Dream No. 9 : Green Lizard Dream

Sometime in the winter of 2013-2014 I had the following dream.

I was in a normal looking room in a large office or hotel type building. Looking up at the ventilator grate I saw that there was a brightly colored green lizard stuck halfway in it. Its head and forepaws were outside the grate. Immediately after this I found myself in a different room in the same building, down the hall and around a corner. (This other room resembled a room in the Atlantis casino in Reno where the AEF had held a dinner some years before.) Looking up at the ventilator grate in this room, I saw another lizard stuck in it. This lizard was also the same bright green color, only its hind parts were showing. In the direct way in which ideas come to one in a dream I realized, with a kind of certainty, that this was the same lizard I saw stuck in the other grate! This violation of common sense caused me to wake up immediately.

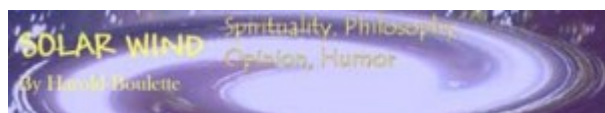
The unusual nature of this dream and the vivid color of the lizard caused me to contemplate this for a while. I thought of a couple of other famous unusual dreams: the one where a snake was eating its own tail, and gave chemist Friedrich Kekule his idea for the structure of benzene, or the one that gave Erwin Schrodinger the idea of his wave equation. I immediately thought of the quantum mechanical phenomenon of

entanglement. Maybe entanglement is not two particles that are entangled. Maybe it is really the same particle that exists in a higher dimensional space, and which intersects physical space in two places. If mass can deform physical space, perhaps it can be deformed in other ways which can allow one ultra-dimensional particle to appear to be two individual particles in physical space.

Not having the physics background or mathematical tools to investigate this possibility, I just kept this idea in the back of my head as a kind of curiosity. My jaw almost dropped however when reading an article in Science News recently (["The Mysterious Boundary," May 31, 2014](#)). This article outlines some of the ideas that theoreticians are exploring in an attempt to understand black holes, specifically their event horizons. One of the ideas (proposed by Susskind and Maldacena) echoes the message of the green lizard dream almost exactly. From the article: "[This proposal turns] entanglement into a shortcut through spacetime rather than a mysterious long-distance link. In essence, the particles inside and outside the event horizon become one and the same." Again, my jaw almost dropped!

July 2014

"Stress in A Spiritual Life"



"We are obliged in the end to trust the universe and live by faith. Therefore the awakened soul must often suffer perplexity, share to the utmost the stress and anguish of the physical order, and, chained as it is to a consciousness accustomed to respond to that order, must still be content with flashes of understanding and willing to bear long periods of destitution when the light is veiled. ...

"It is not from real men and woman of the Spirit that we hear soft things about the comfort of faith. For the true life of faith gives everything worth having and takes everything worth offering: ... It entails a willed tension and choice, a noble power of refusal, which are not entirely being 'in tune with the infinite.' ...The distinctive mark therefore is not happiness but vocation: work demanded and power given, but given only on condition that we spend it and ourselves on others without stint." ~Evelyn Underhill

Many people have the idea that a spiritual life is a life free of stress and worries, free of difficulties, free of sadness, hunger, disease, etc. Nothing could be further from the truth.

It is true that, generally speaking, highly developed spiritual people will seem very joyful most of the time, but that is only because they have learned to accept the difficulties material life throws at them as a learning experience and as something they simply have to bear if they are to stay on this plain and aid others in their quest for spiritual growth. So don't assume when you see the smiling face of a spiritual teacher or guru that she never has troubles, never gets ill, never grieves over the loss of a loved one.

So why try so hard to awaken and grow spiritually if it doesn't get rid of the problems of the material world for you?

For one, it makes you better able to understand those difficulties, to realize that they are not God punishing you, but just the karma you bring upon yourself, and sometimes just the randomness of the material plain, and that these difficulties come from Satan, not God. He also realizes that these problems are temporary and will not follow him into the spiritual realms when his physical body dies. And that brings us to the primary reason for studying and practicing spiritual growth techniques while we are living on the material level: to prepare us for functioning on the next level, the level of spirit.

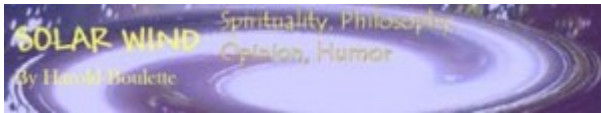
The quoted text ends by telling us that spiritual growth gives us a kind of power, but power that must be used only to help others. This is very true. While I haven't been seeing those ads for a few years now, there was a time when we were seeing ads on TV, in magazines and online, offering to tell us techniques that would allow us to take over the control of others and get them to do our bidding. Those tricks may work for awhile, but using this power in this satanic manner will give you a great karmic burden to pay, and eventually they will stop working for you. In other words; evil dies, good lives on.

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“The Freedom of the Will of God”



“The inward aim of the self is towards unification with a larger life; a mergence with Reality which it may describe under certain contradictory symbols, or may not be able to describe at all, but which it feels to be the fulfillment of existence. It has learned—though this knowledge may not have passed beyond the stage of feeling—that the universe is one simple texture, in which all things have their explanation and their place. ... The goal of the process, which has been called entrance into the freedom of the Will of God, is the state described by the writer of the ‘German Theology’ when he said, ‘I would fain be to the Eternal Goodness what his own hand is to a man.’ For such a declaration not only means a wiled and skillful working for God, a practical siding with Perfection, becoming its living tool, but also close union with, and sharing of, the vital energy of the spiritual order: ...”
~Evelyn Underhill

The first part of this quote basically tells us that when we let go and stop trying to be in control of everything, we will naturally flow toward the Light, move toward unification with God and the worlds of spirit. I’m not sure that is always true, but it is true that we must let go of our egotistical desires in order to open ourselves to the truth of God. As Zen teachers sometimes say, you can’t fill a cup that is already

full.

She then goes on to tell us that as we become more enlightened, we reach a point where we become aware that the universe is one simple texture. That terminology sounds misleading to me. Obviously a porcupine has a different "texture" than a bowl of whipped cream. But that isn't what Ms Underhill is talking about. She is talking about something that is behind the material being, something at the root of everything that is the same in all things. We call that something spirit. St. Francis recognized this when he referred to all other life forms as his brothers and sisters. In essence, we may be wearing very different masks, but the reality behind the mask is very much the same in all of us.

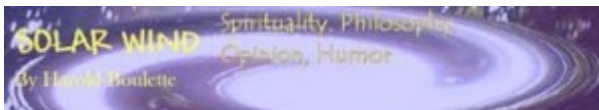
The third—and probably most important—part of the quote gets into the idea of serving God. This is always a difficult subject because most of us have been taught since a very young age that we should not allow others to control us, so when we tell people who seek spiritual enlightenment that they must give themselves over to the will of God, they are often not happy with that idea. For that reason, I love the term 'the freedom of the Will of God' that Ms Underhill uses. Because the truth that the advance spiritual students learn is that the people in the material world who consider themselves free are anything but. They are enslaved by a social order, enslaved by an economic system that requires them to work at jobs they often don't want and doing things they often don't want to do because they have to make a living and because they have been taught that it is their divine duty to consume, consume, consume, and then consume. So the paradox of serving God is that those people who truly serve Him are the freest people in the world because God is not about force, but about teaching you what is for your own benefit and letting you decide if you want to do it.

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"Kicking the Fear Habit"



"The fear-based reality to which we've resigned ourselves to some degree was formed by our reptile brain's survival instinct and the tendency of our left brain to control reality... Fight, flee, deny and control. A wide variety of methods for dealing with fear have developed over time from these basic tactics, then cultural worldviews grew from the tactics.

"Consider the ubiquity of war and its saber-rattling intimidation strategies, now used commonly in politics, business, and relationships. Consider the great credibility and power of scientific-mechanistic-academic thought, that co-opts or disparages intuition, art, dreams, oral wisdom, and personal growth. ...

"In the Industrial Age we handled fear by strengthening materialism and patriarchy; in the Information Age we distract ourselves with a glut of media, data, and electronic devices ...

As we enter the Intuitive Age, these tactics and their resulting worldviews feel antiquated, ..." ~Penney Peirce

Primitive animals like lizards may not have the mental facilities to reason out things, but they do have the primitive fear response built into their brains and it works very well in helping them stay alive.

Humans have that primitive part of the brain as well as more advanced parts that do allow us to think things through. Unfortunately, many of us are lazy and would rather just let the primitive brain control us with fear and instinctive responses to it. Now it may be a good thing if we are lost in the forest and suddenly find ourselves face-to-face with a bear that we have this automatic fear response but in most day-to-day activities that modern people engage in, reliance on the most primitive part of our brain doesn't make any sense. If you wanted to know how to better run a business you certainly wouldn't consult a lizard or a toad, yet that is what you are doing when you let this most primitive part of the brain control most of your decisions.

One of the worse aspects of this allowing ourselves to run on fear is that it tends to block off our use of our more advanced spiritual facilities. People who fear they will lose their jobs if they don't devote virtually all of their time to the job are afraid to devote a few hours a week to spiritual growth. Or they are afraid that if the boss finds out they are engaging in spiritual activities, he will think they are becoming weird people who are not totally absorbed by materialism and start looking for an excuse to fire them.

Fortunately for us, the great spiritual and religious leaders like Jesus and Buddha managed to overcome this allowing themselves to be controlled by fear. These people often had a great deal to fear, but they didn't hide from the things that might harm them, they faced them and often defeated them.

So one of the first things we need to do to become more spiritual is to realize when we do things based on fear, and start changing our ways and doing what our reasoning facilities and our intuition tells us is right.

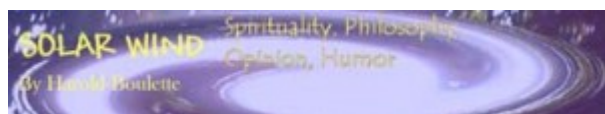
Actually, I wouldn't really say that fear-based human society is antiquated because that implies that it made sense in the past and I don't think it did. It is simply unworkable to live as if we are all constantly running from the things we fear.

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“Real Philosophy”



“Plato regarded philosophy as the greatest good ever imparted

by Divinity to man. In the twentieth century, however, it has become a ponderous and complicated structure of arbitrary and irreconcilable notions—yet each substantiated by almost incontestable knowledge. The lofty theorems of the old Academy which Iamblichus likened to the nectar and ambrosia of the gods have been so adulterated by opinion—which Heraclitus declared to be a falling sickness of the mind—that the heavenly mead would now be quite unrecognizable to this great Neo-Platonist. ...

“In his treatise on Atheism, Sir Francis Bacon tersely summarizes the situation thus: ‘A little philosophy inclineth man’s mind to atheism; but depth in philosophy bringeth men’s minds about to religion.’” ~Manly P. Hall

Philosophy was once one of the great and noble fields of knowledge and its practitioners were highly respected individuals, kind of the celebrities of their day. But in modern times, real philosophy has been replaced by egotistical individuals simply stating their personal opinions about everything and calling that philosophy. Real philosophy is based on proper interpretation of divine knowledge and applying such knowledge to everyday situations. As a result of the degeneration of the field of philosophy to nothing more than the opinions found on the editorial page of the daily newspaper, there is little respect for this field anymore. While I haven’t made such studies myself, I suspect that if I were to go to a major university to get a degree in philosophy, instead of being taught how to gain access to divine wisdom (gnosis), I would be assigned to read the writing of various philosophers of the past.

It is therefore not much of a surprise that so much of the pretend philosopher of our modern times supports the idea of atheism. As Bacon said, when you just look at the surface of philosophy, or things in general for that matter, you are likely to come to false conclusions, but if you dig down deep,

and keep your ego at bay, you will come to a very different conclusion.

I recently watched the animated movie “The Croods”, and one of the things I liked about it was the way it demonstrated that things are not always what they appear to be when we only view them superficially. First, we see the flock of cute little pink birds that look so cute and cuddly only to learn that they are essentially flying piranhas. Second, we find that the huge cat monster the cavemen have been hiding from for year is not chasing them to eat them, but because he wants to make friends and get his ears scratched.

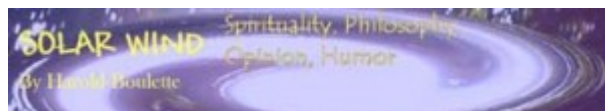
Real philosophy is about getting to the truth behind the illusions, not about egotistical opinions.

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“Spiritual Places”



"Places also exercise an important influence in occult operation; some spots upon the earth's surface are naturally highly magnetic. These have usually been discovered of old time by the ancients and their possibilities developed, and according to the type of development employed will be their influence at the present day. There is a very great difference between a place which has been used for evocatory rites involving blood-sacrifice.

"Occultists having the necessary knowledge avail themselves, as far as they can, of places with magnetism already developed; but failing this, they magnetize a place for themselves, but it takes considerable time and work to do this." ~Dion Fortune

Substitute spiritual for occult, and this quote remains essentially true. While it is debatable that magnetism is the key factor, there are places that are good, great, and not good for spiritual activities. Unfortunately, it is impractical for most of us to travel all over the country or the world seeking spots of good energy to practice our spiritual techniques, and the results may actually be disappointing. When a group of Cosolargists visited Israel some years ago, they found that whatever positive energies once were there are long gone. On the other hand, we were surprised to find on our 2009 trip to Greece that the sun was quite mellow in Athens, which is very unusual for an urban area. Also, as Ms Fortune points out, strong energy or magnetic forces in a place isn't necessarily a good thing. Those energies may be very negative or of low frequencies that harm rather than aid spiritual growth.

In some cases these energy vortexes formed naturally, but most often are the result of spiritual people, especially highly developed ones, conducting spiritual activities there over a long period of time. But again, it isn't really necessary to travel to such places. In most cases, you can find a place of reasonably positive and high-frequency energy close to home. The basic rules are:

- Generally, urban areas are not good
- Mountaintops are usually good, unless there is a lot of commercial development on or around the mountain
- Seashores are also good spots, but with the same rules on development
- Forests and parks are generally good spots if there are few people around
- A garden is usually a good spot.

The main idea is to find a place where higher frequency energies are found, or can grow. If that isn't possible, at least try to avoid a place that is probably full of negative or very materialistic energies such as Wall Street or a prison yard. If you can't go to such areas every day, try to do it at least a few times a month.

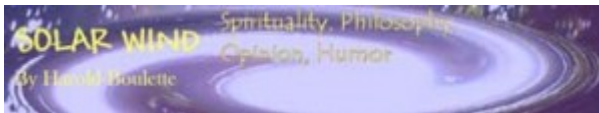
And last but not least, when you practice spiritual techniques with others, the positive energies of the group can help raise the energy of the location.

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“To Save the World, Serve God”



“I do not deny you your rituals and ceremonies; worship Me if you will as you will, but bear in mind that this cannot substitute for your obligations. Ritual and worship cannot be an adjustment or payment for the things you have failed to do, or be an apology for your own shortcomings. Neither do they compensate for iniquities against your fellow men. ... Never let your duty and obligations be neglected because you worship Me diligently, following a formalized ritual and ceremonial. Let this not be an excuse for not failing to share your bread with the hungry or for neglecting the needs of the destitute or weak. I am not deceived. A life dedicated to Me is not one preoccupied with worship; that is more the life of a coward trembling before the unknown. He who dedicates his life to Me gives shelter to the homeless and succors those in distress, but even those are not the ultimate in goodness, for they are passively accepted. The ultimate in goodness is to actively combat all the root causes of evil.” ~The Kolbrin Bible GLN:15:8

There are many people who think that by attending some religious service once a week for an hour or two, they have

completed their obligation to God and what they do the rest of the week is not relevant. Likewise, there are those who think that if they are generous in their donations to their church, God will be merciful toward them and forgive all their behavior the rest of the week. Both are wrong. It is not that attending services is wrong, or making donations are wrong, but rather that they are not sufficient. We need to get serious about spiritual development, not just for ourselves, but for all people and for the very world we live in. This means we can't be total materialist six days a week and then go to church on the seventh. This means that giving money to the church won't really benefit you if you got your money by ripping off others. The quote tells us that we need to be generous and help others by feeding the hungry, giving shelter to the homeless, etc. But it then tells us that those things are not that important, that the most important thing is to fight evil by combating the root causes of evil. So what are the root causes?

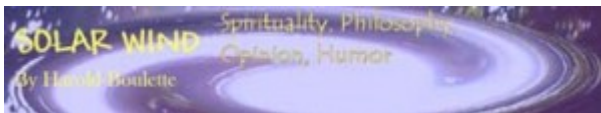
The primary cause of evil in the world is that it is a fallen world. Fallen from its original spiritual state. The story of Lucifer is an allegorical tale of this great fall, as is the story of Adam and Eve. When the fallen angels "created" the material universe, they created something that did not have the perfection of God's creation. As a result, it is a place that has evil in the form of death, disease, struggle, and negative emotions. While well-meaning people often tell us that we simply can change the way we think, and become loving and peaceful, history shows us that such an approach simply doesn't work for very long. You cannot change the nature of matter as long as it remains matter, so the only permanent solution is to change matter back into spirit. Spirit doesn't die, doesn't get sick, doesn't turn on its brother. So the true servants of God do not offer him dead animals, or piles of money. They offer Him themselves by working with the angels and other Beings of Light to turn this fallen world back into a spiritual world. And we need to work quickly because time is running out.

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“Man Before Matter”



“According to the ancient doctrines, the soulless elemental spirits were evolved by the ceaseless motion inherent in the Astral light. Light is force, and the latter is produced by the will. As this will proceeds from an intelligence which cannot err, for it has nothing of the material organs of human thought in it, being the superfine pure emanation of the highest divinity itself—(Plato's ‘Father’) it proceeds from the beginning of time, according to immutable laws, to evolve the elemental fabric requisite for subsequent generations of what we term human races. ... our ‘ignorant’ ancestors traced the law of evolution thought the whole universe. As by gradual progression from the star-cloudlet to the development of the physical body of man, ...” ~H. P. BlavatskyIt is not by accident that in the Bible's Book of Genesis, God starts the creation

of the world by saying, "Let there be light!" even though this creation tale is more allegory than literal truth. Creation must start with light and eventually return to light. And as I have pointed out in several recent posts, science now backs up this idea with the revelation that the supposedly very firm and real universe of matter is actually just a hologram made of light. In the remainder of the quoted section, Blavatsky goes into something a little different: an alternative to Darwin's evolution. It is not that she, or any other spiritual person, is denying that evolution does indeed take place and explains the progress of material beings, but that it is a very incomplete picture much like looking only at the part of the iceberg that is above water. Basically, what she is saying is that we will never find the earliest version of man by digging in the ground for bones. All we can find by that method is the earliest material man, and that is not the same thing. Man was a spiritual being long before he descended into material levels of being. Exactly why our ancestors made such a stupid choice millions of years ago, I do not know, but it likely wasn't intentional. The allegorical tale of Adam and Eve in the Bible give a good clue to what happened. By choosing to "eat" from the Tree of Knowledge of Good and Evil, which is not a tree in the usual sense at all, they triggered an event that led to them becoming material beings.

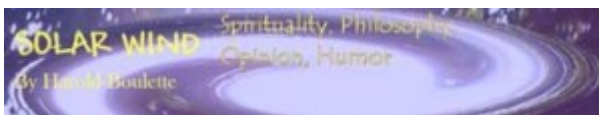
The good news though is that we still have a spirit and soul so we still can reverse the process with the help of God. God won't do it alone though. We have to make a concerted effort to fix it ourselves following the methods revealed to prophets and other holy ones. And we can't wait forever, time is running out.

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“Keeping Evil Thoughts Under Control”



“This is why the Lawgiver, symbolically commanding us to deny entry to sensual pleasure, told us to watch the head of the serpent, because it is watching our heel. Its aim is to bite our heel and so to poison us; ... This means that we should first learn to detect the attack of deceitful thoughts from premonitory signs and to watch their first beginnings, which they contrive to make attractive in appearance so as to attain their end; than we can expose the wickedness of these thoughts by comparing their first beginnings with the final results. ...

“To clarify what has been said, let us take two examples. Often the vice of unchastity has it’s first beginning in self-esteem; ... Under the influence of self-esteem, a man may perhaps enter the priesthood or the life of monastic perfection; ... his self-esteem makes him think highly of himself. ... So, by beguiling him with such thoughts, self-esteem draws him far away from the inner watchfulness that he should possess.” ~The Philokalia

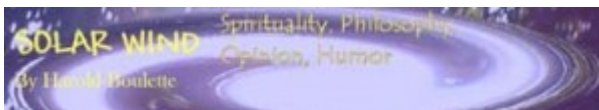
“Perhaps the most important part of this quote is near the beginning where we are told that when the teacher or master tells us to give up sensual pleasures, it is an allegorical way of saying that we need to watch our own thoughts and stop ourselves from thinking evil things, evil thoughts being anything that turns us away from doing God’s work. It doesn’t have to be thoughts of murder, or rape, or robbery to be evil. Any thought that encourages us to engage in more materialistic activities and cut back on our spiritual ones is an evil thought, but is often not recognized as such.”

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“Feeding the Spirit”



"Many people seem to take it for granted that if a man believes in and desires to have a spiritual life, he can live it in utter independence of spiritual food. He believes in God, loves his neighbor, wants to do good, and just goes ahead. The result of this is that the life of the God-fearing citizen or the Social Christian, as now conceived and practiced, is generally the starved life. ... Yet the literature of the spirit is full of warnings on this subject. Taste and see that the Lord is sweet. They that wait upon the lord shall renew their strength." ~Evelyn Underhill

"Most people understand that they must eat a healthy and nutritious diet to have a strong and healthy body, even if they don't bother to practice it. Yet few seem to understand that the spirit and soul require nutrition as well. They must be fed just like the body, or like the body they will shrivel and become weak."

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