

# “Supreme Good and Why We Seek It”



*“All mortal creatures ... strive to reach one goal—the goal of happiness. Now the Good is that which, when a man hath got, he can lack nothing further. That it is which is the supreme good of all. ... To this state, as we have said, all men try to attain, but by different paths. For the desire of the true good is naturally implanted in the minds of men; only error leads them aside ... in pursuit of the false. Some, deeming it the highest good to want for nothing, spare no pain to attain affluence. Others, judging the good to be that to which respect is most worthily paid, strive to win the reverence of their fellow-citizens by the attainment of official dignity. Some there are who fix the chief good in supreme power; these either wish themselves to enjoy sovereignty, or try to attach themselves to those who have it. ... Although opinions are so various and discordant, yet they agree in cherishing good as the end.” ~Boethius*

## Striving

While we live in an age where some people seem to never strive for anything, most still do strive. And nearly all strive for what they consider to be “The Good,” as Boethius states. That is as it should be.

We all need to strive for several reasons. One reason is that striving gives us something productive to do. Another is that growth comes from striving. Progress comes from striving. Those who refuse to strive, but just float through life like a piece of driftwood accomplish nothing. Even on the spiritual level, you must strive for spiritual growth. If you just sit back and wait for it to happen, it won't.

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# **“Spiritual Work in the Vineyards of God”**



*"It is preferable for man to go through sufferings rather than spend an easy, luxurious life; it is preferable for man to stay all day in the vineyard, to get blisters on his hands and to get his face sunburned rather than have no blisters and his face remain fair, not touched by the Sun. One who works at the Divine Vineyard will always have a share in it. Nature likes hard-working, diligent people while it turns its back on lazy people. ... If you work, nature will help you and God will assist you." ~Biensa Douno*

## **Workers Rule!**

If you would believe the people currently running most countries in the world, you would believe that greed and laziness are great virtues. Likewise, if you believe most in the medical community, you will hide as much as possible from

the sun that is out to get you. Both of those beliefs, however, are wrong, especially for spiritual people.

This doesn't mean you have to suffer in the sense that is often depicted in movies where saints could only achieve enlightenment after suffering greatly by prosecution, painful disease, or the death of loved ones. While it is true that such events can trigger one to begin searching for spiritual truth, that doesn't mean such extreme suffering is necessary.

On the other hand, if you think that just closing your eyes and visualizing yourself as an enlightened master will make it happen, you are also wrong. Thinking about it and visualizing it can be helpful. The most important thing, however, is working at it. Like everything else in the realm of matter, things spiritual must be earned.

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## **“Kindling Sun And Levels of Life”**



*“If we consider now the springing up of the Life, and in what place of the body it is where life is generated, then we shall rightly find the whole Ground of Man. .. For we must needs say that the heart is the place wherein the noble life is generated. ... So the Life in the anguish, with the kindling of the Light, takes its beginning from the glance of the Sunshine, from the spirit of the stars and elements. ... For when man departed from paradise into another birth (viz. Into the spirit of this world...) then the paradisiacal vision was extinguished, where man see from Divine Virtue, without need of the Sun. ...*

*“But the soul of Adam went out from the Principle of God, into the principle of this world. ... And therefore if we would be fit for the Kingdom of Heaven, we must be regenerated anew in the spirit of God, ... that it may be a fountain for the thirsty, and a light to the noble way.” ~Jacob Boehme*

## **Life from the Heart**

Jacob Boehme was not confused about sex and the physical process of making a baby. When he says that life is generated in the heart, he may mean one of two things. He may be saying that it is only because of the desires of the heart that a couple decide to have a baby, that the heart is where life is

truly generated. But I don't think that is what he meant because he says "noble life". So he is really saying that spiritual life, or noble life, start with the heart. But he doesn't mean the physical organ. He means the energy center, or chakra, that is centered in that part of the body. So he is really talking about awakening, or giving life to, the spirit and soul.

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## **"Material Mind, Spiritual Mind, and the Soul"**



*"The mind of the body thinks that its physical senses of seeing, hearing and feeling constitute all the senses you possess. The higher mind or mind of the spirit knows that it possesses other senses akin to those of physical sights and hearing, but more powerful and far reaching. The mind of the body has been variously termed 'the material mind,' the 'mortal mind' and the 'carnal mind'. All thee refer to the same mind, or in other words to that part of your real self which has been educated in error by the body.*

*"If you had been born and bred entirely among people who believed that the earth was a flat surface ..., you would in the earlier years of your physical growth believe as they did. Exactly in the same fashion do you ... absorb the thought and belief of those nearest you. ... This makes your material mind." ~Prentice Mulford*

## **Mind Your Material Mind**

When we have problems to solve, most of us trust our minds to come up with a solution. Either we use the accumulated "knowledge" already in that mind, or do some additional research to find the solutions. But even when we look

elsewhere, our minds will only accept as possible solutions that which agrees with the beliefs and knowledge already in it. And it isn't only when doing research.

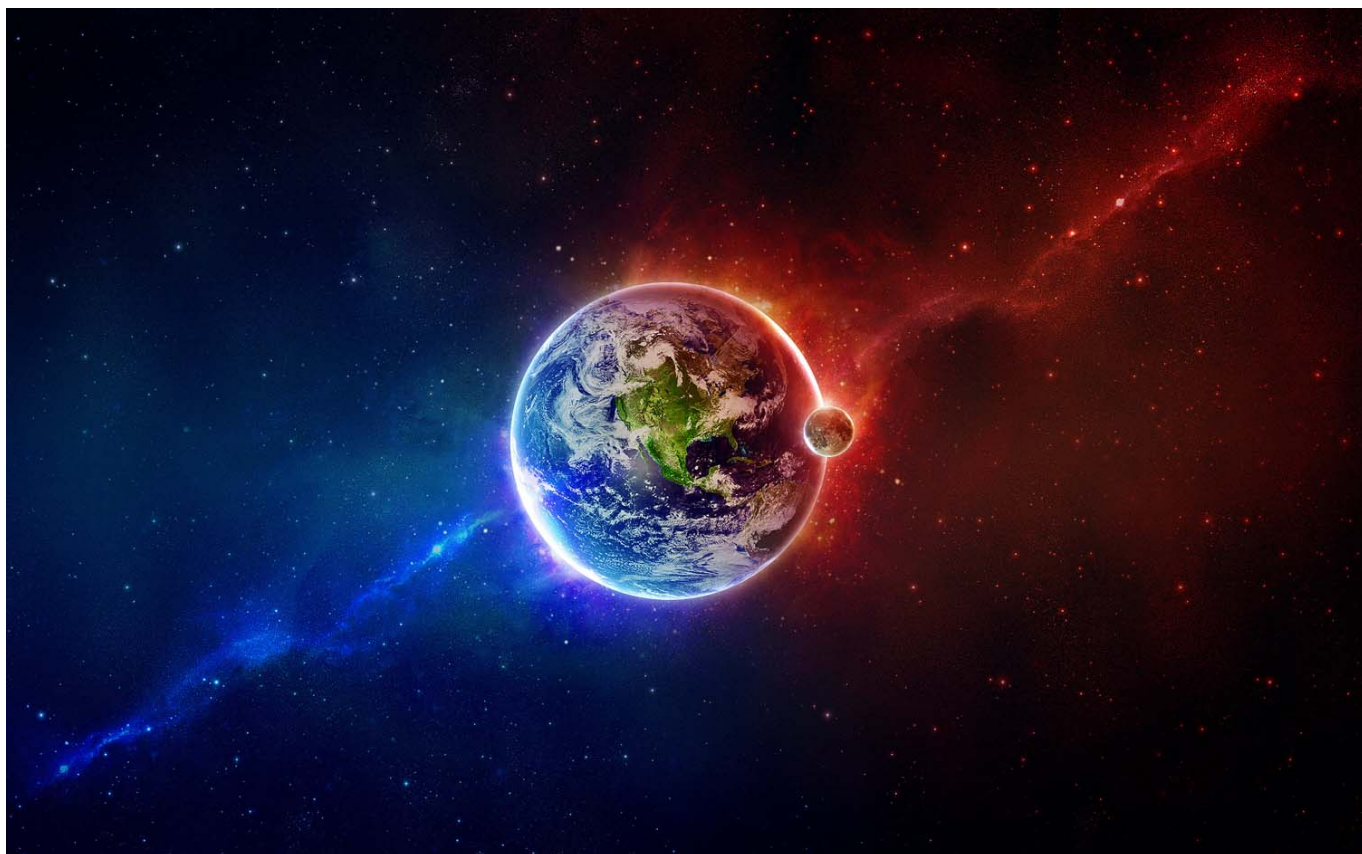
Everything we come in contact with everyday gets into our minds only after going through a filtering process that removes everything the mind considers false or not significant enough to be concerned about. Rarely do any of us stop to think; "What if my filters are wrong? Could they be eliminating true and useful information, and keeping 'facts' that support false beliefs?"

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## **"Universal Life in a Living Universe"**



*“Esoteric philosophy teaches that everything lives and is conscious, but not that all life and consciousness are similar to those of human or even animal beings. Life we look upon as ‘the one form of existence,’ manifesting in what we call matter; or, as in man, what incorrectly is separating them, we call Spirit, Soul and Matter. Matter is the vehicle for the manifestation of soul on this plane of existence, and soul is the vehicle of a higher plane for the manifestation of spirit. ... The idea of universal life is one of those ancient conception which are returning to the human mind. ... The idea of ‘crystalline life,’ now familiar to science, would have been scouted half a century ago. ... It hardly seems possible that science can disguise ... the fact that things that have life are living things, whether they be atoms or planets.” ~H. P. Blavatsky*

## Universal Life

The idea of universal life has two levels to it. In one sense, it means that the life force is a universal one, therefore life in some form exists everywhere in the universe. The other one is that all things on Earth are alive, including the planet itself. This is the part that Blavatsky is emphasizing, but both parts of it deserve attention.

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**“Sun           Energies,           Earth  
Energies, and the Benefits of  
Both”**



*"The Sun energies are positive and have a beneficial impact on people; earthly energies are negative and impact people adversely. The former energies help the advancement of the person, and the latter – the fall. Connect with the energies coming from above, not with the lower energies of the Earth. These forces which oppose human progress, aim to cut off the communication between the higher energies of the Sun and the people, in order to place people exclusively under the influence of the lower earthly energies. As long as the Sun energies prevail over the earthly currents in people, they have the ability to free themselves from the illusions of the world, from the distorted situations in their lives. ... The Sun will bring the pure, holy life to the Earth." ~Biensa Douno*

## **Positive and Negative Energy**

There are energies which are positive, and others which are negative. It is an oversimplification, however to simply say that the energies that come from the sun are positive, while those that are from the earth are negative. What's more, what energies we receive are as much a matter of what we attune ourselves to as it is a matter of what energies are available in a particular place.

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## **“Immaterial Ideas and the Philosophy of Leibnitz”**



*"German philosophy had its inception with [Gottfried Wilhelm von Leibnitz](#), whose theories are permeated with the qualities of optimism and idealism. ...*

*"Matter reduced to its ultimate particles ceases to exist as a substantial body, being resolved into a mass of immaterial ideas or metaphysical units of power: to which Liebnitz applied the term monad. Thus the universe is composed of an infinite number of separate monadic entities unfolding spontaneously through the objectification of innate active qualities. All things are conceived as consisting of single monads of varying magnitude or of aggregations of these bodies, which may exist as physical, emotional, mental, or spiritual substances. God is the first and greatest Monad: the spirit of is an awakened monad in contradiction to the lower kingdoms." ~Manly P. Hall*

## **Gottfried Leibnitz**

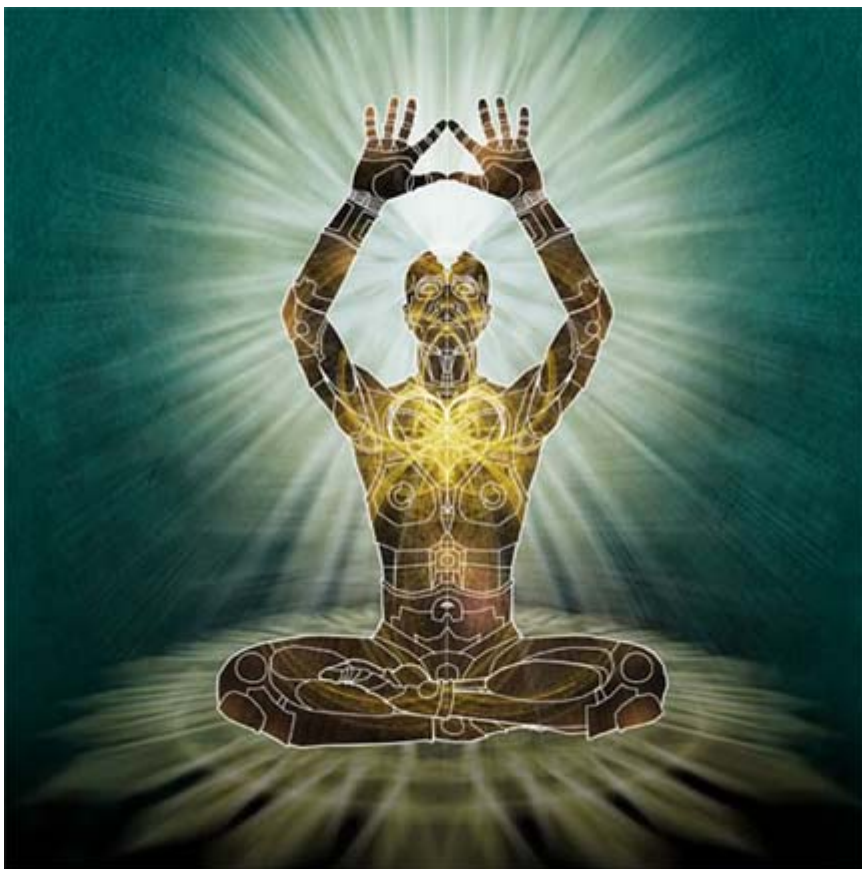
To be honest, I had never heard of Leibnitz until I read the brief blurb on him in the book on philosophers by Manly P. Hall. Now that I have briefly looked at some of his ideas, I can understand why.

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# **“Infused Contemplation for Divine Knowledge and Oneness”**



*“Intuitive or infused contemplation is the form of communion with the transcendent proper to those who have grown up to the state of Union; and feel and know the presence of God within the soul, as a love, a life, an ‘in-drawing attraction,’ calling and enticing all things to the still unachieved consummation of the Divine unity. He who has reached this pitch of introversion, and is able, in his spiritual exercises, to withdraw himself thus to the most secret part of his spirit, feels—within the Eternal Light which fill his mirror and is ‘united with it,’—this perpetual demand of the Divine unity, entreating and urging him. ... Then he will live at those levels to which he now makes impassioned ascents in his hours of unitive prayer.” ~Evelyn Underhill*

## **Infused Contemplation**

While I was raised in the Catholic Church, I don't recall ever hearing the term “[Infused contemplation](#)”. When I looked it up, though, I find that it is defined as higher contemplation in the Catholic Church. Specifically, it refers to those who concentrate on becoming one with God and on serving God. Serving God, not the church. In today's world, serving a church and serving God is rarely the same thing.

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# “Twice Born Goal of the Spiritual Student”



*“For long years, he who aspired to become one of the Twice Born had to practice the awakening of his spirit and bring his body under complete control. The first thing to overcome was met long before any threshold was approached. It was something which lurked in the uncontrolled thoughts of men. The frightening experiences during the years of preparation had to be modified and their effect channeled off; otherwise, the awakened spirit would have been completely overwhelmed. ...*

*“Having arisen from the Womb of Rebirth, the spirit is completely freed from any doubt about the immortality of man. Can a man doubt the source of sunlight when he can see the sun arising in glory before his eyes? Having joined the Twice born, ... he can go on to higher development within the Realms of Light.” ~The Kolbrin Bible (SOF:2:21-22)*

## **Twice Born Aspirations**

The “Twice Born” are those who have has a second, birth, a spiritual birth, an awakening of their soul. Many aspire to be twice born, but don’t know what to do. Others, when told it is a difficult process that will probably take years, decide they can’t be bothered. Then of course, there are those who will remain comfortable in the fantasy that they will someday achieve rebirth and spiritual enlightenment with no effort on their part.

But as the quote indicates, the serious spiritual student will practice his awakening techniques regularly until that awakening happens. Then he/she will join the ranks of the twice born.

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## **“Subjective Reality and the Truth Behind It”**



*"I regard consciousness as fundamental. I regard matter as derivative from consciousness." ~Max Planck*

*"Most of what exists in the universe cannot be seen [by the physical eyes]. ... And what we do see and touch is not as it seems, having no solidity whatsoever when examined at the smallest levels. ..*

*"Now the very interesting realization that comes about when you integrate these two facts is that the idea of an objective reality that we can observe separate from us completely falls apart. In fact, the inescapable conclusion from all these scientific discoveries is that 'separation' is the biggest illusion of all. In reality, quantum physicists have discovered (much to their shock) that everything is connected as one thing that is merely appearing to be many things." Ziad Masri*

## **A Changing World of Science**

It seems we have just about come full circle with regard to science and spirituality. Many centuries ago, when religion, spirituality, and mysticism was all the same thing, science was also part of it. The priests, teachers, and prophets were as much scientists as they were mystics and spiritual teachers.

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