

“Goodwill Beats Hate, Fear, and Evil”



“You can only oppose successfully the hatred or evil thought of others by throwing out toward it the thought of good-will. Goodwill as a thought-element is more powerful than the thought of hate. It can turn it aside. The ‘shafts of malice,’ even in thought, are real things. They can and do hurt people on whom they are directed, and make them sick. The Christ precept, ‘Do good to them that hate you,’ is based on a scientific law. It means that thoughts are things, and that the thought of good can always overpower that of evil. ... The fact that all thought, all emotion, all of what is called sentiment, or qualities such as mercy, patience, love, etc., are real elements as real as any we see, is the cornerstone to the scientific basis of religion.” ~Prentice Mulford

Thoughts are Things

“Like many others, even today, Prentice Mulford often confused the mind and the soul and spoke about them as if they were one. Nonetheless, there is much truth in what he has to say about many subjects including thought.

“He tells us that thoughts are things, as real as a tree or a hammer and capable of doing as much work, evil or good. He also reminds us that the carpenter does not push in the nail with another nail, but with a hammer. By that, I mean he reminds us that returning the same to those who broadcast hate, fear and evil is not the solution. Hating the hater is only creating more hate, not less. When water is too hot, you add cold water to it, not more hot.

Goodwill

“It may be debatable whether or not goodwill is stronger than hate. In effect, however, it is. In most cases, a person who spreads goodwill is passionate about it, dedicated to it. The strength of her emotions give those thoughts great power.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 14, 2018

“Upanishads and the Sun of Light and Life”



*"[Prana](#) is the sun; rayi is the moon.
Matter is solid, matter is subtle;
Rayi therefore is present everywhere.*

*"The sun gives light and life to all who live.
East and west, north and south, above, below,
It is the prana of the universe.*

*"The wise see the Lord of Love in the sun,
Rising in all its golden radiance
To give its warmth and life to all. ...*

*"Those who observe outward forms of worship
Travel after death by the southern path,
The path of the ancestors and of rayi,
To the lunar world, and are born again.*

*"But for those who seek the Self through meditation,
Self-Discipline, wisdom, and faith in God
Travel after death by the northern path,
The path of prana, to the solar world,
Supreme refuge, beyond the reach of fear." ~Prashna Upanishad*

Sun Gives Light

"The sun does give light, and much more. Light, heat, and many other types of radiation come from the sun. Some of that radiation is beneficial, some isn't. There is no doubt,

however, that if the sun went out, all living beings on Earth would quickly die. Something people forget when they listen to the sellers of drugs and sunblock who tell us the sun is out to kill and we must protect ourselves. For thousands of years, intelligent people as well as spiritual ones have said otherwise. Yet now we have millions listening to the drug vendors who benefit from keeping them weak and ill.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on JUNE 6, 2018

“Rule of Truth and Knowledge”



“If you always think about the bad traits in man, you boost the bad in him. If you think about the good traits, you boost the good in him.”

“The first crime in the world is to vilify man. All crime is due to the impure thoughts and wishes that leave in people certain impurities and surpluses.

“Strong people are those who transmit love, weak people those who only accept love. ...

“There are three rules you need to keep in mind in order to free yourself from all your delusions:

- *The first rule: Love is a way of life. ... Embracing love, you will avoid the greatest mishaps.*
- *The second rule: the light of wisdom is a way to knowledge. Consequently, if you do not have this way, this light, you cannot acquire knowledge. ...*
- *The third rule: Truth is a way to freedom. Consequently, if you are not in this way of Truth, you cannot be free.”*

~Biensa Douno

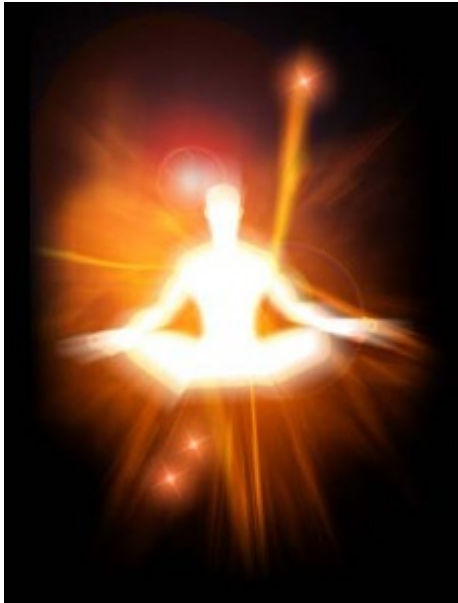
Thinking is Receiving is the first Rule

“Not only spiritual teachers, but many others say that we affect our world with the way we think. This happens in several different ways.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 5, 2018

“Self-Realization of the Spiritual Kind”



“Well have you renounced these passing pleasures so dear to the senses, Nachiketa, and turned your back on the way of the world which makes mankind forget the goal of life. Far apart are wisdom and ignorance. The first leads one to Self-realization. The second makes one more and more estranged from from his real Self. ...

“Like the blind led by the blind. Far beyond their eyes , hypnotized by the world of sense, opens the way to immortality. ... It is but few who hear about the Self. Fewer still dedicate their lives to its realization. ... Blessed are they who, through an illumined teacher, attain to Self-realization. The truth of self cannot come through one who has not realized that he is the Self. The intellect cannot reveal the Self.” ~The Katha Upanishad

Self-realization of the True Self

The term Self-realization is thrown about today in a way that makes a joke of its original meaning. You can [check online dictionaries](#) to find it defined as such things as the fulfillment of one's character, personality, talents, or desires. That is not at all what the ancient spiritual teachers meant by Self-realization.

Essentially, they are telling us that we have two selves: a material and mental self, and a spiritual, divine Self. The spiritual Self is almost always capitalized to show that it is far more important than the mortal self. So when spiritual teachers or books talk about Self-realization, they don't mean that we reach the peak of our profession, that we get a book published, or even have a viral video on Youtube. Those may all be good things to do, but they are not really Self-realization.

Self-realization happens when we awaken our spiritual faculties that are dormant when we come into the world of matter. We awaken them with spiritual light, the light from the spiritual sun.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 4, 2018

“All-Knowing Self, Eternal and Formless”



“The all-knowing Self was never born, nor will it die. Beyond cause and effect, this Self is eternal and immutable. When the body dies, the Self does not die. If the slayer believes that he can slay or the slain believes that he can be slain, neither knows the truth. The eternal Self slays not, nor is ever slain.

“Hidden in the heart of every creature exists the Self, subtler than the subtlest. Greater than the greatest. ... When the wise realize the Self, formless in the midst of forms, changeless in the midst of change, omnipresent and supreme, they go beyond sorrow.

“The Self cannot be known through study of the scriptures, nor through the intellect. The Self can be attained only by those whom the Self chooses.” ~The Katha Upanishad

All-knowing Self

“A few days ago, someone on a Facebook spiritual group was bragging that he knew Self. He claimed that since he knew who he was, he knew Self. He felt that since he knew what he did that morning, he knew Self. Believing that everything about

him was himself, he felt he absolutely knew Self. He was totally wrong.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 18, 2018

“Christ Light and Becoming One With It”



“Now in the light, Christ demands a going out in conformity with this light and with this coming. So the man goes out,

and knows and finds himself, through this simple light which has poured into him, to be united and established and penetrated and confirmed, in the unity of his spirit and mind. Thereby the man is raised up and set in a new state. ... Here the man possesses the essential and supernatural unity of his spirit, as his own dwelling-place and as his own eternal, personal heritage. He ever has a natural and a supernatural tendency toward the same unity; and this same unity through the gifts of God and through simplicity of intention, shall have an eternal loving tendency towards that most high Unity, where, in the bond of the Holy Ghost, the Father and the Son are united with all saints.” ~John of Ruysbroeck

Christ Light

“Whether you call it spiritual light, higher light, or Christ Light doesn’t matter. What is important is that you understand that this is something beyond ordinary physical light. Spiritual light operates on higher frequencies than physical light. When Ruysbroeck calls it “this simple light,” he doesn’t mean simple as in simple-minded. He means simple as in pure and uncomplicated. It isn’t really uncomplicated, however. Within that light is stored all the wisdom and truth of reality. It is uncomplicated in the sense that it carries pure truth, unpolluted with the deceptions of matter. Yet it carries all truth, so that cannot be considered simple.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MAY 16, 2018

Sun Pillar Display



PHOTO CREDIT: David
Mitchell

The photograph here was taken at the Sanctuary on 2 September 2018 by Consociate David Mitchell. He is using it in a university class on atmospheric physics he is teaching, since it is a perfect example of a sun pillar. Sun pillars occur when the Sun is near or just below the horizon (in this case it has just barely peeped above the horizon). Horizontally oriented hexagonal plate ice crystals produce this display. But science aside, he thought it was a nice picture of possible aesthetic interest.

“Highest State of Spiritual

Development”



“If the highest state of spiritual development is attained, the spirit, endowed with the highest spiritual activity of the soul, attracts the truth, and perceives and knows at once the conditions, causes, and effects of all external and internal, natural and divine things. It sees them within the eternal truth like a mirror of Eternity. By this process Man, while he remains in eternal nature, may know all that exists in the internal and external world, and see all things, not merely those which are, but also those which have been, or which will exist in the future, and, moreover, by being and identified with the divine power (the Logos), he obtains the power to change things by the power of his (spiritual) word.”
~Franz Hartmann

Highest State of Spiritual Development

“At the highest state of spiritual development, the soul

doesn't just "attract" the truth, it knows the truth. We may have the truth around us right now, but we often can't distinguish it from the clever lies of the manipulators. The fully developed spirit and soul have no such problem."

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on JANUARY 27, 2018

**"Highest State of
Consciousness and
Enlightenment"**



"If the highest state of spiritual development is attained, the spirit, endowed with the highest spiritual activity of the soul, attracts the truth, and perceives and knows at once the conditions, causes, and effects of all external and internal, natural and divine things. It sees them within the eternal truth like a mirror of Eternity. By this process Man, while he still remains in eternal nature, may know all that exists in the internal and external world, and see all things, not merely those which are, but also those which have been, or which will exist in the future, and, moreover, by being united with the Divine power (the Logos), he obtains the power to change things by the power of his (spiritual) word." `Franz Hartmann

Highest State

In talking about the highest state of spiritual development, we really have to think of two. There is the highest state that can be attained while still in a material body and living

in as material world. There is an even higher state that can only be reached after shedding the physical body.

The level Mr. Hartmann refers to is rarely reached while still on the material plane. We can, however, get very close to it.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on MARCH 3, 2018

“Hubris or Not Hubris, That is Another Good Question”



"So, with Dante, the first terrace of the Mount of Purgatory is devoted to the cleansing of pride and the production of humility. ...

"The first thing that the self observes, when it turns back upon itself in that awful moment of lucidity ... is the horrible contrast between its clouded contours and the pure sharp radiance of the real; ... and the clear, onward sweep of that Becoming in which it is immersed. It is then that the outlook of rapture and awe receives the countersign of repentance. The harbinger of that new self which must be born appears under the aspect of a desire; a passionate longing to escape from the suddenly perceived hatefulness of selfhood, and to conform to reality, the Perfect which it has seen."
~Evelyn Underhill

Pride and Hubris

Sometimes we have good reason to be proud of our accomplishments. For most of us, however, those accomplishments pale when faced with the realities of the spiritual world and the true purpose of Man. Winning a baseball championship, a spelling bee, or even an elected office may puff us up with pride, but such things are of no significance to God and His Great Plan. Those who think that God cares who won a football game are only fooling themselves. God doesn't care who won the big game any more than he cares which necktie you wear today. Those who continue to think that such things as winning a ball game are matters of great importance are only filling themselves with Hubris, a false pride of accomplishment when the thing accomplished doesn't matter. Most of us don't realize this until, as Ms. Underwood says, we face our inner self while engaging in spiritual practices.

Sharp Radiance

Underhill is using metaphor when she talks of clouded contours and sharp radiance. But it is not by coincidence that so many spiritual writers equate materialism with darkness, shadows, or clouds, and enlightenment and truth with bright, white light.

Thanks to the modern science of quantum physics, we know that the material universe is actually a hologram. And a hologram must have a source of light. There must also be a reality from which the hologram is projected. That place of sharp radiance is the spiritual world.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

Original article posted by HAROLD BOULETTE on APRIL 17, 2018