

# “Seeking More Than Materialism”



*“Man is not organized as a self-consistent unity. He always demands more than the world, of its own accord, gives him. Nature has endowed us with needs; among them are some that she leaves to our own activity to satisfy. Abundant as are the gifts she has bestowed upon us, still more abundant are our desires. We seem born to be dissatisfied. And our thirst for knowledge is but a special instance of this dissatisfaction. We look twice at a tree. The first time we see its branches at rest, the second time in motion. We are not satisfied with this observation.*

*“The something more which we seek in things, over and above what is immediately given to us in them, splits our whole being into two parts. We become conscious of our antithesis to the world. We confront the world as independent beings. The universe appears to us in two opposite parts: I and World. We erect this barrier between ourselves and the world as soon as consciousness first dawns in us. But we never*

*cease to feel that, in spite of all, we belong to the world, that there is a connecting link between it and us, and that we are beings within, and not without, the universe. This feeling makes us strive to bridge over this antithesis, and in this bridging lies ultimately the whole spiritual striving of mankind. The history of our spiritual life is a continuing search for the unity between ourselves and the world. Religion, art and science follow, one and all, this aim. The religious believer seeks in the revelation" ~Rudolf Steiner*

## **Seeking More**

Actually, man is fairly consistent in one thing: wanting more. Whatever he has, he wants more. Whatever he knows, he wants to know more. This is a good thing. Contented cattle may be easy to control, but they don't grow, they don't evolve. Man grows and evolves simply because he is not content with the status quo. He always looks for something better. Yet, while we have this discontent, we also want happiness and unity.

We also have to work to get things. It is our nature as well as that of the universe. Everything is moving. We must move also, we must work also. And we tend to not appreciate that which is handed to us without earning it.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# “Enlightened Reason to Understand Truth”



*“The enlightened man shall also mark and behold the attributes of the Father in the Godhead: how He is omnipotent Power and Might, Creator, Mover, Preserver, Beginning and End, the Origin and Being of all creatures. This the rill of grace shows to the enlightened reason in its radiance. It also shows the attributes of the Eternal Word: abysmal Wisdom and Truth, ... Eternal and unchangeable Rule, Seeing all things and seeing Through all things, none of which is hidden from Him. ... So it also shows in the enlightened reason the attributes of the Holy Ghost: incomprehensible Love and Generosity, Compassion and Mercy, infinite Faithfulness and Benevolence, ... a flame of fire which burns all things together in unity. ... All this is observed and beheld without*

*differentiation or division in the simple nature of the Godhead.” ~John of Ruysbroeck*

## **Enlightened Person**

“Trying to explain enlightenment to a materialistic person is like trying to explain atomic energy to a caveman who has just discovered fire. Yet the materialists will ask and then think enlightenment doesn’t exist if you can’t give a simple answer in ten words or less.

“Even those of us who have been spiritual students for ears only have a vague concept of it. It is something that can be known only by those who have experienced it. Ruysbroeck may be one who did experience it and is trying his best to explain it. Because of the limitations of language designed to explain the material world, he cannot totally succeed. But he does give us a good idea of what it is.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# **“Cosolargy: A World of Light”**

#### Cosolargy: A World of Light



In 2019, *Australian Esoteric* will be featuring articles by, and about, Cosolargy. For those who haven't encountered it yet, Cosolargy is a word derived from three root meanings: cos- for "cosmos" or "universal"; sol- meaning "sun"; and -lary meaning "study of". Cosolargy is the esoteric study of how cosmic spiritual forces interact with the Sun. Truly universal, Cosolargy enhances the spiritual systems of the past for the emergence of a highly evolved individual in today's modern and dynamic world. We look forward to being part of the reader's quest to further discover, awaken, and experience the splendor of our divine identity.

The transcendent System of Cosolargy, a modern word for an ancient spiritual discipline of becoming, has been practiced by solar mystics and spiritual seekers the world over for nearly sixty years. It teaches the individual how to use the light of the physical Sun to enhance not only physical attributes but domain psycho-spiritual qualities, as well. The Fractal Cosmos (chakras) are enhanced; they begin to spin and take on personality. Importantly, they are developed in harmony with each other. In time, the practicing solar adept penetrates beyond physical insights into Worlds of Light, or spiritual worlds, a place beyond the physical but

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Consociate Paul Young, editor and creator of the Australian-based monthly magazine *Australian Esoteric*, is planning a series of articles on Cosolargy to be published in that magazine during the 2019 year.

An article introducing the series appears in the December 2018 issue.

[Read the article by Paul Young posted in the December 2018 issue of Australian Esoteric.](#)

# “Seven Senses are Better than Five”



*“The occult claim that there are seven senses in man, as in nature, as there are seven states of consciousness, is corroborated. ... The Brahmana speaks on it ‘of the institution of the seven sacrificial priests (Hotris)’. He says: ‘The nose and the eyes, and the tongue, and the skin and the ear as the fifth (or smell, sight, taste, touch, and hearing) mind and understanding are the seven sacrificial priests separately stationed’; and which ‘dwelling in a minute space(still) do not perceive each other’ on the sensuous planes, none of them except mind. For mind says: ‘The nose smells not without me, the eye does not take in color, etc. I am the eternal chief among all elements (i. e., senses). Without me, the senses never shine. ...*

*“This, of course, with regard only to mind on the sensuous plane. Spiritual mind ... takes no cognizance of the senses in physical man.” ~H. P. Blavatsky*

## Seven Senses

“Since spiritual, occult, and religious writings always speak of things in sevens, it makes sense that we should think of the physical senses as being seven rather than five. The

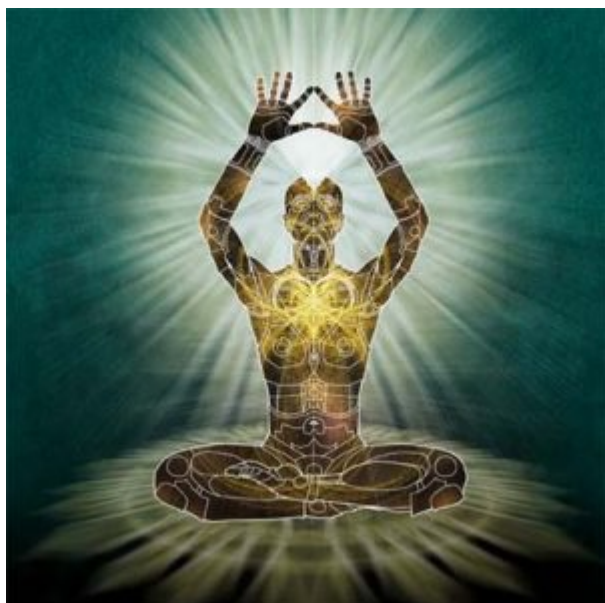
ancient book Blavatsky quotes from calls the sixth and seventh mind and understanding. She doesn't explain what was meant by understanding. I think it would be more accurate to call those two senses mind and intuition. This will be confusing to some since what we are here calling the seventh sense is commonly considered to be the sixth. Some will also say that the mind is not really a sense but an interpreter of what the senses detect. That is splitting hairs, I think. And interpreting the environment is what senses are all about. The mind plays a big part in that process. Seven senses just makes sense."

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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## **"Supreme Goal of Spiritual Life"**



*“Hard to reach is the supreme goal of life, hard to describe and hard to abide in. They alone attain samadhi who have mastered their senses and are free from anger, free from self-will and from like and dislikes, without selfish bonds to people and things.*

*“They alone attain samadhi who are prepared to face challenge after challenge in the three stages of meditation. Under an illumined teacher’s guidance they become united with the Lord of Love, called Vishnu, who is present everywhere. ...*

*“To be united with the Lord of Love is to be freed from all conditioning. This is the state of Self-realization, far beyond the reach of words and thoughts.*

*“To be united with the Lord of Love, imperishable, changeless, beyond cause and effect, is to find infinite joy.”~Tejabindyu Upanishad*

## **Supreme Goal of Life**

“What is the supreme goal of life? Some would say that it is to make far more money than you can spend. Others would say it is to rule over the poor and the uneducated. While those may

be goal of materialistic life, they are not goals of permanent life, spiritual life.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# “Beneficial Sunrise Full of Love”



*“To meet the sunrise is always beneficial, even when the Sun is covered in clouds—because the Sun’s energy permeates the clouds. In all cases, the sunrise brings an elevation in man.*

*“In spring and in summer from 22<sup>nd</sup> March each year it is*

*recommendable for man to go early to bed and to rise early to welcome the sunrise and accept his part from it—like the bees gather the nectar from the flowers. One should try this for a series of years in order to become convinced of the truth of it.*

*“As we expose ourselves to the Sun, so must we live in the Divine Love. ... The solar rays, absorbed with love, are most beneficial to the body. They act soothingly upon the soul and refreshingly upon the spirit.” ~Biensa Douno*

## **Beneficial Sunrise**

“The light of the sun is always beneficial, but is especially so at sunrise. That is because at sunrise it has more of the frequencies that stimulate spiritual growth (specifically, ultra-violet) and less of the one that encourage further sinking into matter. An exception would be for those who have already become so spiritual that their roots in the material world are weak. Those people should take the sun at sunset instead.

“A beneficial sunrise isn’t some special event that happens only occasionally. Any sunrise can be beneficial if you view it with the right mental attitude. As Douno says, even when it is cloudy, there is a benefit in viewing the sunrise. It may even be better for some to view it at those times. That is because clouds can block some of the light from the physical sun, but not the light of the spiritual Sun. It is the light of the spiritual Sun that is the true beneficial sunrise.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# “Authentic Man and His Many Disguises”



*“We know that man is not a thing of only one element; he has a soul and he has, whether instrument or adjunct in some other mode, a body; this is the first distinction; it remains to investigate the nature and essential being of these two constituents.*

*“Reason tells us that the body as, itself too, a composite, cannot forever hold together; and our senses show us it breaking up, wearing out. ... If this body then, is really a part of us, then we are not wholly immortal; if it is an instrument of ours, then, as a thing put at our service for a certain time, it must be in its nature passing. The sovereign principle, the authentic man, will be as Form to this Matter*

*or as agent of the instrument, and thus, whatever that relationship be, the soul is the man.” ~Plotinus*

## **A Composite Being**

“Man is a composite being on the physical level. He has many organ, many parts. And it is even more complicated than Plotinus probably knew or suspected. Not only are we a composite of many parts, but we have other beings living within us. Bacteria that are essential for us to digest our food. Since they are necessary for us to live, one might argue that they too are part of our physical self.

“And at the next level beyond the physical body of matter is energy. While it is often ignored by most people, we are energy beings as much as we are physical beings. We give off electricity and light that can be measured. We take in and send out radiation of many types. His level of our being might be considered the mental or psychic level.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# **“Rays of Love, Pearl of**

# Wisdom”



*“The soul saith further to the Noble Sophia, ‘O thou fair and sweet consort, what shall I say before thee? Let me be wholly committed unto thee. I cannot preserve myself, if Thou wilt not give me Thy Pearl. I submit to thy will, but give me thy Rays of Love, and carry me safely through my Pilgrimage. Do thou awaken and bring forth what thou wilt in me; I will from henceforth be thy own. ...’*

*“The noble Sophia answered the soul; ... ‘My noble bridegroom, be of good comfort. ... I will be with thee and in thee always to the end of the world. ... Thou shalt drink of my fountain. ... I will put my Rays of love into thy working.’” Jacob Boehme*

## **Pearl of Wisdom**

“I find it curious that Boehme, who was known as a Christian mystic, but not Gnostic, often speaks of Sophia, the Gnostic ‘goddess’ of wisdom. You would expect him to be appealing to Jesus or Christ, but no, he appeals to Sophia.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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# **“Spiritual Doctrine for Spiritual Growth”**



*“Few among men the mortals  
Who arrive at yonder shore:  
The rest of the race run  
hither and thither along the bank.*

*Those who follow the Doctrine  
When the Doctrine is rightly preached  
Are the mortals who will pass beyond  
The realm of Death, so hard to cross.*

*Leaving the black doctrine,  
Let a pandit study the white,  
Going from home to homelessness,  
Where in seclusion delights are few.*

*Let him desire delight supernal there,  
Forsaking lusts, possessing naught;  
Let the pandit purge himself  
From troubles of the heart.*

*They whose hearts are thoroughly well trained In the Articles  
of Full Enlightenment,  
Who cling to naught and rejoice when fancy-free;  
Who have destroyed Depravities and are full of light,  
– Have [even] in the world attained Nirvâna.” ~The Dhammapada*

## **Yonder Shore**

“I think it is clear that the “yonder shore” being written about is not on the other side of a river. Neither is it on the other side of an ocean. We are speaking of a much greater shore than that. It is really the higher dimension of spirit that is here being called “yonder shore”.

“Mortal men reach the other shore of rivers, lakes, and even oceans all the time. Few, however, reach higher dimension of existence, spiritual dimensions. Most, as the quote says, run back and forth along the shore thinking they are making a great journey, but actually going nowhere.

## **Follow Spiritual Doctrine**

“Those who follow “the Doctrine” will be able to reach that yonder shore. But what doctrine? There are many doctrines in

the world. Even if we limit it to doctrines on spiritual growth and development, there are dozens, if not hundreds. We have to trust our intuition when searching for a real spiritual school. My intuition led me to [Cosolargy](#), and there I stay. I went into the intuitive feelings and the many dreams I have had that tell me I have made a good choice.”

[Read the entire article online at spiritsun.net.](#)

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## “Beings of Fire (Light) and Spirit Fear Not Death”



*“What laughter now, what joy In being always on fire?  
In darkness wrapped, ye will not seek a light  
Behold [this] variegated figure, [This] congested body of  
wounds;  
Ailing, with many a resolve,  
It hath not firmness or stability.  
Wasted this form, a nest of disease, and frail;  
Broken the mass of foulness,  
For life at the end is death.  
What are these things like gourds In autumn tossed away?  
White bones: when seen, what delight?  
Of bones is made the citadel,  
With mortar of flesh and blood,  
Wherein are stowed away old age,  
Death, pride and hypocrisy!  
Wax old the gaudy”  
~The Dhammapada*

## **Beings of Fire**

“Joy in being on fire? This is not about physical fire. It isn't even about having a fever. It is about the “fire” or energy of spirit. That spiritual Light that awakens and nourishes the spirit and soul. That spiritual light that brings us the gift of immortality. A gift which we must accept before it is truly ours. We accept it by turning to the spiritual sun willingly to take in that divine light. Hiding in dark caves, natural or man-made won't do. Even when we call the caves temples or churches.”

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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