

“Divine Child and the Awakened Soul”



“The Divine Child which was, in the hour of the mystic conversion, born in the spark of the soul, must learn like other children to walk. ...There are many eager trials, many hopes, many disappointments. At last, as it seems suddenly, the moment comes; tottering is over, the muscles have learned their lesson, ... and the new self suddenly finds itself—it knows not how—standing upright and secure. That is the moment which marks the boundary between the purgative and the illuminative states.

“The process of this passage of the ‘new’ or spiritual man from his awakening to the illuminated life, has been set out by Jacob Boehme in language which is at one poetic and precise, ‘When Christ the corner stone [ie., the divine principle latent in man] stirreth himself in the extinguished image of man in his hearty conversion and repentance,’ he says, ‘then virgin Sophia appeareth in the stirring of the

Spirit of Christ in the extinguished image, in her virgins attire before the Soul; at which the soul is amazed and astonished...'” ~[Evelyn Underhill](#)

The Divine Child

There are several ways to interpret “Divine Child”. It could reference Jesus. It could reference the final coming of Christ into the world of man, or it could simply represent the awakening of the Christ Consciousness within ourselves. I think it is clearly the latter in this case.

Another way to look at it is that the awakened soul is the Divine Child. It is like a child, according to Underhill, because it needs training, it needs to mature. Like a newborn, it has much to learn. Awakening (birth) is just the beginning.

[Read the entire article online at spiritsun.net.](#)

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“Transformation of Matter, Not Destruction”



Destruction of Matter

“‘Will matter be destroyed or not?’

“The savior said, ‘All natures, all formed things, all creatures exist in and with one another and will be resolved into their own roots. The nature of matter is resolved into its nature alone. Whoever has ears to hear should hear.’”

“Peter said to him, ‘Since you have explained everything to us, tell us also, what is the sin of the world?’

“The savior said, ‘There is no sin, but you create sin when you mingle as in adultery, which is called sin. That is why the good came to be with you, to enter the essence of each nature, and to restore it to its root.’ He continued, ‘That is why you become sick and die, for you love what deceives you. Whoever understands should understand. “Matter gave birth to a passion that has nothing like it and came from what is contrary to nature. Then there arises a disturbance in the whole body. That is why I said to you, ‘Be of good courage,’⁵ and if you are discouraged, still take courage in the diverse forms of nature. Whoever has ears to hear should hear.’” ~[The Gospel of Mary](#)

The Matter with Matter

We can assume from the name of this Gospel that it is Mary Magdalene asking the questions.

The question of whether or not the complete destruction of matter is at hand is a common one in religion and spiritual schools. Why is this question asked? Because in most mystery and spiritual schools, and in the early teachings of Christianity before they were altered by politicians, it was taught that matter was a mistake. God did not create matter, the fallen angels did. In Gnosticism, they say it was a being called the Demiurge who did it. That is really just another name for the fallen angels. Because matter was not created by God, it is a substandard creation. It constantly changes. The living beings in this dimension have to eat each other to survive. Not at all a place of God.

On hearing that about matter, it was natural for people to assume that God would want to destroy it in the same way that we want destruction of a cancer tumor. But Satan is the destroyer, not God. God deals with such problems differently.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Raiment of Light from Watching the Sunrise”



“Every morning the Sun rises and beings from the invisible world ask you: ‘Did you read the page of the book fixed for today?’ The Sun is a book, and God writes something new in it every day.

“Light is a sign of love. When the sun shines on us that shows that God is sending us light. ...

“Beautiful is the raiment of every living being who rises early before sunrise and works with love. If one does not rise early and does not work, he will be ordinary and poorly attired. All living beings are expected to do some work. The more conscious they are, the greater is the effort that they must apply. ...

*“When you want to benefit from the energies of nature, receive them directly from the source and not indirectly.”
~Biensa Douno*

Sun Gazing at Sunrise

Sun-gazing (or sungazing) has become popular in recent years. In many cases, however, people are doing it without really knowing how or why. Most are gazing strictly at the physical sun. While that can have some benefits for the physical body and the brain-mind, It doesn't really help the spirit and soul. To awaken and develop the spirit and soul requires gazing at the spiritual sun rather than the physical. Unfortunately, Douno rarely says that in his writings. He simply capitalizes “Sun” so you know he is not talking about the ordinary, physical sun. But if you don't know why he is doing that, you might not understand his point.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Boundless Light Before the Darkness”



“There is no boundary for light. It was unknown when it began. Nothing was when light was not. Nothing was when radiance was not. Nothing was when life was not. There was never a boundary for light. Nothing was when water was not.

“Water is prior to darkness. Prior to darkness is water. Nothing is without an end. No number is before the uthras were. Light beings are prior to darkness. Prior to darkness are uthras and older than their inhabitants. Goodness is prior to the malice of the place of darkness. Gentleness is prior to the bitterness of the place of darkness. Living fire is prior to the consuming fires of the place of darkness. Praise is prior to the practice of sorcery and witchcraft. Hymns and books are prior to the sorcery of Hewath, the terrible woman.

“Water doesn’t mix with tar, and darkness can’t be measured by light. The house of gloom isn’t lighted. The house of gloom isn’t lighted, and turbid waters have no sparkle. Darkness grew and creatures formed. Darkness formed, and when it formed it tested its force. It harbored malice in its mind. It imprisoned its own kanna, the place of the soul. It imprisoned its own kanna, and everything it did was nothing. The children of darkness are nothing, but the children of life stay. The house of evil is nothing, and its consuming fires die. Its sorcery dies and ends, since it has no place in eternity. It comes to nothing. The generations of life stay forever. The living instruction rises and illuminates a perishable living place.” ~[the Ginza](#)

Boundless Light

Light has no bounds, no boundaries. It always was. It always will be. Nothing was created before the boundless light. Even the confused Book of Genesis in the Bible that mixes parts of the creation of the spiritual universe with the creation of

the physical has that correct. Light is the true image of God. It may even be that God could be considered conscious light. The ultimate consciousness and the ultimate light. Light existed without any darkness whatsoever.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Life Force In Everything, Powering Everything”



The basic creative energy of life—life force—bubbles up and courses through all of existence. It can be experienced as open, free, unburdened, full of possibility, energizing. Or this very same energy can be experienced as petty, narrow, stuck, caught. Even though there are so many teachings, so many meditation, so many instructions, the basic point of it all is just to learn to be extremely honest and also wholehearted about what exists in your mind—thoughts, emotions, bodily sensations, the whole thing that adds up to what we call ‘me’ or ‘I.’ ... No one else can really sort out for you what to accept—what opens up your world—and what to reject—what seems to keep you going round and round in some kind of repetitive misery. ...

*“The message is that each of us has all that it takes to become fully enlightened. We have basic energy coursing through us. ... Because we are decent, basically good people, we ourselves can sort out what to accept and what to reject.”
~Pema Chödrön*

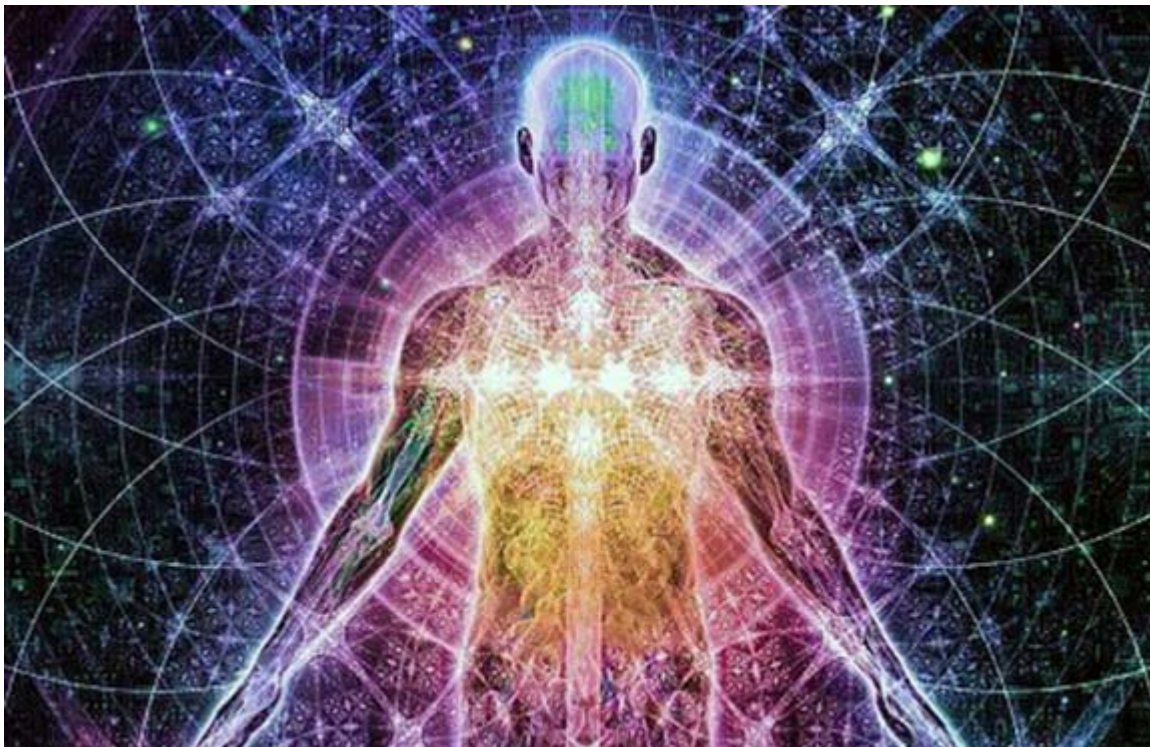
Life Force, Life Energy

Chödrön says that life force, or life energy, flows “through all of existence”. That is a powerful statement that each of us should stop and consider for a moment. If life energy flows through everything, then that that mean that on some level, everything is alive? I think it does.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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“Eternal Reality and the Web of Illusion”



“There are in this struggle¹ three factors. (1) the unchanging light of Eternal Reality: that Pure Being ‘which ever shines and naught shall ever dim.’

“(2)The web of illusion, here thick, there thin; which hems in, confuses, and allures the sentient self. “(3) That self, always changing, moving, struggling—always, in fact, becoming—alive in every fiber, related at once to the unreal and to the real; and, with the growth in true being, ever more conscious of the contrast between them.

“In the ever-shifting relationship between these three factors, the consequent energy engendered, the work done, we may find a cause of the innumerable forms of stress and travail which are called in their objective form the Purgative Way. Only one of the three is constant: the Absolute to which the soul aspires. Though all else may fluctuate, that goal is changeless. That beauty so old and so new, ‘with whom is no variableness, neither shadow of turning,’ which is the One of Plotinus, the All of Eckhart and St. John of the Cross, The Eternal Wisdom of [Suso](#), ... awaits yesterday, today, tomorrow, and forever the opening of its creature’s eyes.”
~[Evelyn Underhill](#)

Eternal Reality

There is little doubt what the eternal reality is. The realm of spirit and the beings that dwell there are eternal. Everything material is temporary. That is one reason why the ancient spiritual leaders called matter illusion.

And when Underhill, and many others, talk of the bright light of that eternal reality, it is both literal and symbolic. Light symbolizes truth and wisdom. The spiritual realm is home to both of those. But it is also a place of bright light. The true image of God is light. The true image of the soul is light. Bright light, spiritual light, not physical light.

[Read the entire article online at spiritsun.net.](#)

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“Sun Period of Higher Consciousness and Enlightenment”



“The second of the great periods of evolution that have been mentioned, the ‘Sun period,’ effects the raising of man’s being to a higher stage of consciousness. ... The higher stage which man reaches on the Sun may therefore be characterized in this way: the physical body, already formed in the germ-state on Saturn, is raised to a second stage of perfection by becoming the vehicle of an etheric or vital body. This last-named etheric body attains the first degree of perfection on its own account during Sun evolution. In order, however, that the second degree of perfection .. may be reached, the intervention of still other spirit-beings is necessary during the further course of the Sun life.” ~Rudolf Steiner

Periods of Evolution

A common belief among both materialists and occultists like Steiner is that man has been on a constant upward path of evolution. Spiritual Mystery schools tell a different story. They say that man devolved from spirit into a being of half spirit, half matter. Over time, we have become denser and denser, more and more material. The average human now is probably more like 90% spirit and 10% matter.

While we have gone through various periods or cycles of development, I'm not sure we can label them the Saturn period and the sun period. Nonetheless, cycles do exist. Unfortunately for us, those cycles have been more in a downward direction rather than upward. We may have gone through brief periods of spiritual growth, only to have it followed by a longer period of further descent into matter.

Sun Period

That is all changing now. We are still going through cycles of various length, but one major thing has changed. The Sun of Righteousness, promised by the prophet Malachi, has arrived. This makes the spiritual sun far more powerful than before. As a result, we now have the opportunity to turn that descent into matter around and become spiritual beings again. God is in charge of this transforming age, but we have to participate as well.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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PATH TO LIGHT: Paul V. Young



Paul V. Young

Paul Young is a Consociate of the Community living in Queensland, Australia. He is in the second year of the Academy Program and is presently serving as the representative of Cosolargy International in Australia, advertising Cosolargy in his online magazine and blog. In future, he also plans to speak about Cosolargy at various conferences around the continent of Australia and environs. Communique editors asked Paul to write up a piece on how he came to be involved in Cosolargy International and practice of The System.

My Path to Cosolargy

The poet Rumi said, "What you are seeking is also seeking you," and that idea aligns with my own experience (or "relationship") with the Sun. Many of us who have pursued a lifelong spiritual quest while at the same time remaining involved in career, family, worldly activities and possessions, know what it's like to be distracted from the path. Often our true goal remains buried deep within the core of our being until we are guided by a spark that ignites a lucid realization in our lower consciousness.

The seeds of spiritual yearning probably go back to my early years as an altar boy in the Catholic Church, an ardent student of Latin and the humanities subjects at college and then being part of the "love and peace" generation of the sixties. Like many baby-boomers, I harboured a yearning for something more than what was being offered by traditional Christian churches, and was fascinated by alternative paths such as transcendental meditation being explored by the Beatles, Cat Steven's move to Islam, and the inspirational lyrics of the Moody Blues (owing to their association with the Divine Light Mission). My Mom shared these interests but kept them low-key, in deference to my Dad who adhered to dogmatic Catholicism.

In my mid-teens I found two of my mother's books on the shelves in our living room – one being *A Search in Secret India* by Paul Brunton, and the other, *The Third Eye* by Lobsang Rampa. (When I mentioned this in an article I wrote for *New Dawn* some years ago, I received mail from readers admonishing me for referring to the latter, because he had been “proved a fraud.” No matter, Lobsang Rampa had opened up a new world for me). I went on to read all the works written by those two authors.

Whenever I would read a passage about the connection of ancient peoples to the Sun, even in fictional novels, my heart would leap. As I now know, solar veneration was common to communities in South America, Egypt, Greece, Rome, China, India and other sites around the world that were supposedly never in contact with each other. My lower mind, trapped in the intellect of the brain, began to pick up clues from what I called my Overself (a term used by Paul Brunton) that the goal of my spiritual quest was located right above me, in the Sun.

Many young people take a “gap year” after finishing their education, before embarking on their career. In the early seventies it was common for them to sail from Australia to London, and that was my intention too, until the plans fell through at the last moment. So instead, I went with a friend to the outback opal mining town called Lightning Ridge, situated in the semi-desert region of north-western NSW. There I became acquainted with a colourful array of characters, including my Dutch neighbour Harry who was known for his psychic abilities and wrote his interpretation of the Book of Revelations, as relating to the imminent advent of a new world; my Jewish friend Dick who introduced me to the Kabbalah and took me through a past-life regression; and of course my Aboriginal friends whose understanding of life was totally different to that of us white people. It was during this time that I came to revere the Sun as something to love rather than fear.

A career in international shipping and trade took me to many parts of the globe, and I spent several years at a time living in the Philippines, Hong Kong, Taiwan and Thailand. Thus, I was exposed to elements of Taoism, Buddhism and the unique Filipino mixture of Christianity with Animism. In 1984 I journeyed to Baguio and the Benguet province of the Philippines highlands to experience first-hand the techniques of the psychic surgeons. Other highlights in Asia for me have included visits to Angkor Wat in Cambodia, the Tanah Lot Hindu temple in Bali and Wat Phrathat, Doi Suthep, Thailand. To the West, I have been privileged to witness the ancient Greek Valley of the Temples in the south of Sicily, where Empedocles, whom I greatly admire, dwelt two and a half thousand years ago; also Stonehenge and Glastonbury in England, the Sun King's palace at Versailles, and I never tire of wandering around the Colosseum, Pantheon and Forums of Rome.

My time in Taipei spanned 1990 to 1995 and it was in 1994 that I experienced a lucid dream involving instruction from my guides, after which I joined the Rosicrucian organization AMORC (they were not active in Taiwan, so I studied their monographs by correspondence). In September 1995, just as my business there was at its peak financially and I was considering promoting AMORC in Taiwan, I suffered a near-fatal car crash which brought everything to a halt. This affected my existence to the point that I now divide everything in my life as "pre-accident" and "post-accident."

(While my association with AMORC has been beneficial overall, one of my frustrations has been that they sometimes make brief references to a particular topic, then say it cannot be discussed in this text and will be returned to at a future time. One such theme was that of the Sun, when they declared that there was much more than just light and warmth to be thankful for, and there were in fact other more subtle properties being directed to us on Earth from our star.

However, many years later, I have not received any elaboration from them on the matter.)

Back in Australia, as I slowly recovered after the accident, I tried to reassemble my old life working at the company I had co-founded in 1980. I continued my Rosicrucian affiliation, studied Reiki to level three as well as two of their ancillary courses, obtained a writing diploma and contributed regular articles of a metaphysical nature to Insight Magazine.

Business life was no longer fulfilling, so I took an early retirement and payout then moved to Chiang Mai in northern Thailand, where I completed an English teaching diploma and set up a company to enrol students to study at various Australasian colleges. This did not end well financially and I once again took up shipping/exporting to pay the rent, while at the same time my attraction to the Sun was growing stronger.

Everywhere I looked, Life was confronting me with “solar synchronicities,” yet I was still unsure what action to take. During the past couple of decades, I have connected with one I call my Muse (whose name I keep to myself). We are part of a small group we call the Guild of Scribes, which exists on a different dimensional plane – a plane occupied by many of the so-called vanished civilizations who are recorded as having simply disappeared from the face of the earth over the past ten millennia, and which I believe actually shifted to a higher-dimensional frequency.

[<https://www.solarancestor.com/temporary-civilizations.html>]

There are occasions when I am meditating that I achieve an altered state of consciousness (induced naturally, without taking any substances), during which these guiding Scribes instruct me to write – I do not call this “automatic writing” like some spiritualists do – and the result often surprises me when I come back to read it later. After one such episode I composed a short clip using Mind Movies, called *Son of the Sun*

Credo,

[https://www.youtube.com/watch?time_continue=15&v=G-c6IdgqyHQ] plus two more pieces I was inspired to put together some days later. My friends in Chiang Mai thought I was going a bit nutty, and there were times my own objective consciousness questioned what was coming from deep within me, which outwardly seemed to be an “obsession” with the Sun.

By the end of 2011, I found myself back in Australia anticipating, as were countless other people, what might lay in store for the world in 2012. In retrospect, I do believe that a significant change did take place in December 2012 – on another plane and not in the physical way that some were expecting. Now I was fully retired from the rat-race, living on a government pension plus a little extra earned from writing news items for company websites. This afforded me the perfect opportunity to devote more time to my spiritual path and focus on whatever it was that was driving me toward the Sun.

Two years later I experienced an entire two-day period of being in a higher state, during which time I created my Solar Ancestor website and associated Blog. Afterwards however, I felt like the “Lone Ranger,” wondering if I was the only person on the planet in the twenty-first century who was feeling this respectful familiarity for Father Sun.

To pinpoint the specific catalyst that brought me to Cosolargy’s front door, it would have to be the reading of an article about the organization that appeared in *New Dawn* magazine in 2014 (Special Issue Vol.8 No.1). This really piqued my interest and I sensed that I might have located my tribe, but proceeded cautiously. By late 2015 I had completed the online questionnaire and submitted my profile, after which I received the Project X booklet to read. The writings of Gene Savoy Sr. resonated with me then, and still do now, and I feel an intuitive, harmonious connection with him and the Academy he founded.

The period of 2017/2018 saw Life once again distracting me from the path, with two different medical episodes, relocation to another city and at the same time launching my own online magazine, while still contributing to New Dawn magazine, including three book reviews per month. The Sun kept calling me back and when I reconnected with my Preceptor, Bob, after a time away from Cosolargy, I knew this was the right way forward. He and I discussed the idea of me being the representative spokesperson for Cosolargy in Australia, after which I started a notebook (as is my habit) to jot down my thoughts, and the very first item on my list was that it was time to make a full commitment. There could be no room for half-heartedness.

In the ensuing months I made a point of discussing Cosolargy with people I met at conferences as well as in casual conversations with friends. It became obvious that I would meet resistance from people in the new age movement who are disillusioned with religion and often shy away from the word "God," preferring instead to say "Universe" or "Spirit." So I went into a state of seeking guidance from my Overself, during my daily prayers and meditation in my home sanctum, asking for signs that would determine my direction. Gradually, I was answered.

In the end it became clear to me that not all of the 7.7 billion people in the world are going to embrace Cosolargy. My role is to reach out to those with whom it does resonate and arm myself with sufficient knowledge to answer their initial questions, then point them towards the Academy. A lot of my decision-making is accomplished during the stage of deep sleep (a handy technique to learn). In May this year I awoke one morning with the clear intention: I am to start making plans to attend the Convocation in Reno in September. *From here, everything will fall into place.* My focus will be on familiarizing myself with the members of the Academy, its processes and teachings to the point where I will be

completely at ease writing, and talking publicly, about Cosolargy on my return to Australia.

Paul V. Young

June 17, 2019

“Speak Truth and Knowledge to Those Who Seek It”



“Speak concerning the truth to those who seek it and of knowledge to those who, in their error, have committed sins. Make sure-footed those who stumble, and stretch forth your hands to the sick. Nourish the hungry, and set at ease those who are troubled. Raise up and awaken those who sleep. You are this understanding that seizes you. If the strong follow

this course, they are even stronger. Turn your attention to yourselves. Do not be concerned with other things, namely, that which you have cast forth from yourselves, that which you have dismissed. Do not return to them to eat them. Do not be moth-eaten. Do not be worm-eaten, for you have already shaken it off.

“Do not be a place of the devil, for you have already destroyed him. Do not strengthen your last obstacles, because that is reprehensible. For the lawless one is nothing. He harms himself more than the law. For that one does his works because he is a lawless person. But this one, because he is a righteous person, does his works among others. Do the will of the father, then, for you are from him. THE SWEETNESS OF THE FATHER For the father is sweet and his will is good. He knows the things that are yours, so that you may rest yourselves in them.” ~Gospel of Truth

Speak Truth

It sounds simple to tell people to speak truth, but it isn't. First, you need to know the truth before you can speak it. Many of us think we know truth, but all we really know is widely-accepted opinion. So we need to recognize the difference between truth and opinion, and actually know truth before we can speak of it to others. Second, you can't speak truth to just anyone. You can only tell a person that which he is ready to hear. This is especially true when speaking of spiritual matters. And you have to try to avoid telling spiritual truths to evil people who will misuse that knowledge for evil purposes. So speak truth, but only when doing so serves good.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

“Generosity has Value for Spiritual Growth”



Anathapindika, who lived 2,600 years ago, was an early follower of the Buddha. Anathapindika was a businessman who was very generous, and he used his time and energy to help the destitute people of his city. He gave away a lot of his wealth to the poor, yet he did not become less wealthy. He received a lot of happiness. ...

“One day the Buddha learned that his beloved disciple, Anathapindika, was very sick. He went to visit him and urged

Anathapindika to practice mindful breathing while in bed. ...

"The first question Shariputra asked was, 'Dear friend Anathapindika, how do you feel? Is the pain in your body growing worse, or has it begun to lessen?' Anathapindika said, "No, friends, the pain in me is not lessening. It is getting worse all the time.'" ...

"Shariputra invited Anathapindika to breathe in and out mindfully and to focus his attention on his happiest recollections: his work for the poor, his many acts of generosity, and the love and compassion he shared with his family and his fellow students of the Buddha. In just five or six minutes, the pain that Anathapindika had been feeling throughout his body lessened as the seeds of happiness in him were watered, and he smiled. Watering the seeds of happiness is a very important practice for those who are sick or dying." ~Thich Nhat Hanh

Value of Generosity

I heard somewhere that J. K. Rowling, author of the Harry Potter books, was the first person to make it to the billionaires list, then get removed because she donated so much to charity, she was no longer a billionaire. I'm sure nearly all those still on that list think she is a fool. Actually, they are the fools. Their greed will not make them healthy. It won't give them a long life. And it usually doesn't even make them happy. They live in fear of being robbed, or in some other way losing what they value most: Money.

That don't understand what Rowling and all spiritual people do.

[Read the entire article online at spiritsun.net.](http://spiritsun.net)

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