

# Spiritual Enlightenment is not achieved by Memorizing Scripture



*“As the husbandman governs a yoke of oxen and tills the ground, so Jesus, the fair true husbandman, yoked the apostles two by two and sent them forth, tilling with them the ground of those who hear and truly believe. Only this is worth saying, that the Kingdom of God and the preaching of the apostles is not in the word of hearing only, like one who knows a set of words and rehearses them to others, but the Kingdom is in the power and the effective working of the spirit. This was the sad case of the children of the Israelites; always studying the scripture, and in fact making the Lord the theme of their study, and yet not receiving the truth itself, they parted with that inheritance to others. So*

*those who rehearse to others words of the Spirit, while they do not themselves possess the Word in Power, part with the inheritance to others."*

*-St. Macarius the Egyptian*

## **As the Husbandman Governs**

Many don't know that a husbandman is not someone who helps women find husbands. A husbandman is an outdated term for one who cultivates the soil, or quite simply, a farmer. In the time of St. Macarius, farmers didn't have tractors, but usually used draft animals such as oxen to pull the plow and till the field. Macarius is comparing this to Jesus sending out the Apostles to teach the true knowledge of God, and the practice of spiritual development necessary to reach the Kingdom of God.

## **Memorizing and Repeating Words**

Parrots, Macaws, Ravens, and some other birds can memorize and repeat words. If the words they hear come from scripture, that is what they will repeat. They will not become enlightened as a result. St. Macarius tells us that the Israelites of Jesus' time liked to memorize and repeat scripture, but that did not bring them to the Kingdom of God. Today, many Evangelical Christians do the same thing and are proud of the fact that they can quote from much of the Bible. The image I used to illustrate this post was from an article titled "*The Importance of Memorizing Scripture*" and is one of many promoting the idea to Christians. The article promotes the practice because the Bible tells us to learn the Word of God, but the Word of God is not static and locked up in any book of scripture. The word of God is dynamic and must be learned directly. But a Parrot can be taught the same words, but it does not comprehend their meaning. Likewise, those Christians who memorize Bible passages, without understanding their actual meaning, or practicing the spiritual development

teachings that were key to the teachings of Jesus, are not moving any closer to God. It is also important to understand that scripture is often written in allegorical language, so memorizing the words is meaningless.

## **Possess the Word in Power**

What St. Macarius is implying here is that one must practice the teaching of holy ones like Jesus, not simply memorize their words. It is in practicing spiritual development techniques that we develop our own spirit. You don't get the benefits of a healthy diet by reading about it but eating junk food instead. You don't get strong, healthy muscles by reading a workout plan, but only by putting the plan into practice. Likewise, knowing that the realm of Spirit exists doesn't make you a spiritual person. You must practice spiritual development methods regularly and develop your spirit, not just read about it, or memorize scripture.

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## **A Quote from the Book of Isaiah with Commentary**



*A shoot shall come out from the stump of Jesse, and a branch shall grow of his roots. The spirit of the Lord shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and reverence for the Lord.*

*His delight shall be in the Lord. He shall not judge by what his eyes see, or decide by what his ears hear.*

*But with righteousness he shall judge the poor, and decide with equity the meek of the earth; He shall strike the earth with the rod of his mouth, and with the breath of his lips he shall destroy the wicked.*

*Righteousness shall be the belt around his waist, and faithfulness the belt around his loins.*

*The wolf shall live with the lamb, the leopard shall lie down*

*with the kid,*

*the calf and the lion and the fatling together, and a little child shall lead them...*

*The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder's den. They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the Lord as the waters cover the sea.*

*On that day, the root of Jesse shall stand as a signal to the peoples; the nation shall inquire of him, and the dwelling shall be glorious.*

*On that day the Lord will extend his hand **yet a second time** to recover the remnant that is left of his people... He will raise a signal for the nations, and will assemble the outcasts, and gather the dispersed from the four corners of the earth.*

*– ISAIAH 11: 1 – 6, 8 – 12*

## **The Book of Isaiah**

Isaiah was one of the greatest of the Bible writers and prophets, but his writings are ignored by most modern Christians because it is written in such an allegorical way that little of it is understood. He was an Essene, the real spiritual people of Israel and Egypt.

## **A Shoot from Jesse**

This is an allegorical reference to Jesus, the Messiah. The branch coming out of the shoot refers to what Christians call "The Second Coming." This one who comes as Christ will counsel with the wisdom and understanding of God. He will not judge by what he sees with his eyes or hears with his ears because the physical senses can be deceiving. He will know what is in the

hearts and minds of people, and from that will he judge.

## **Extend His Hand a Second Time**

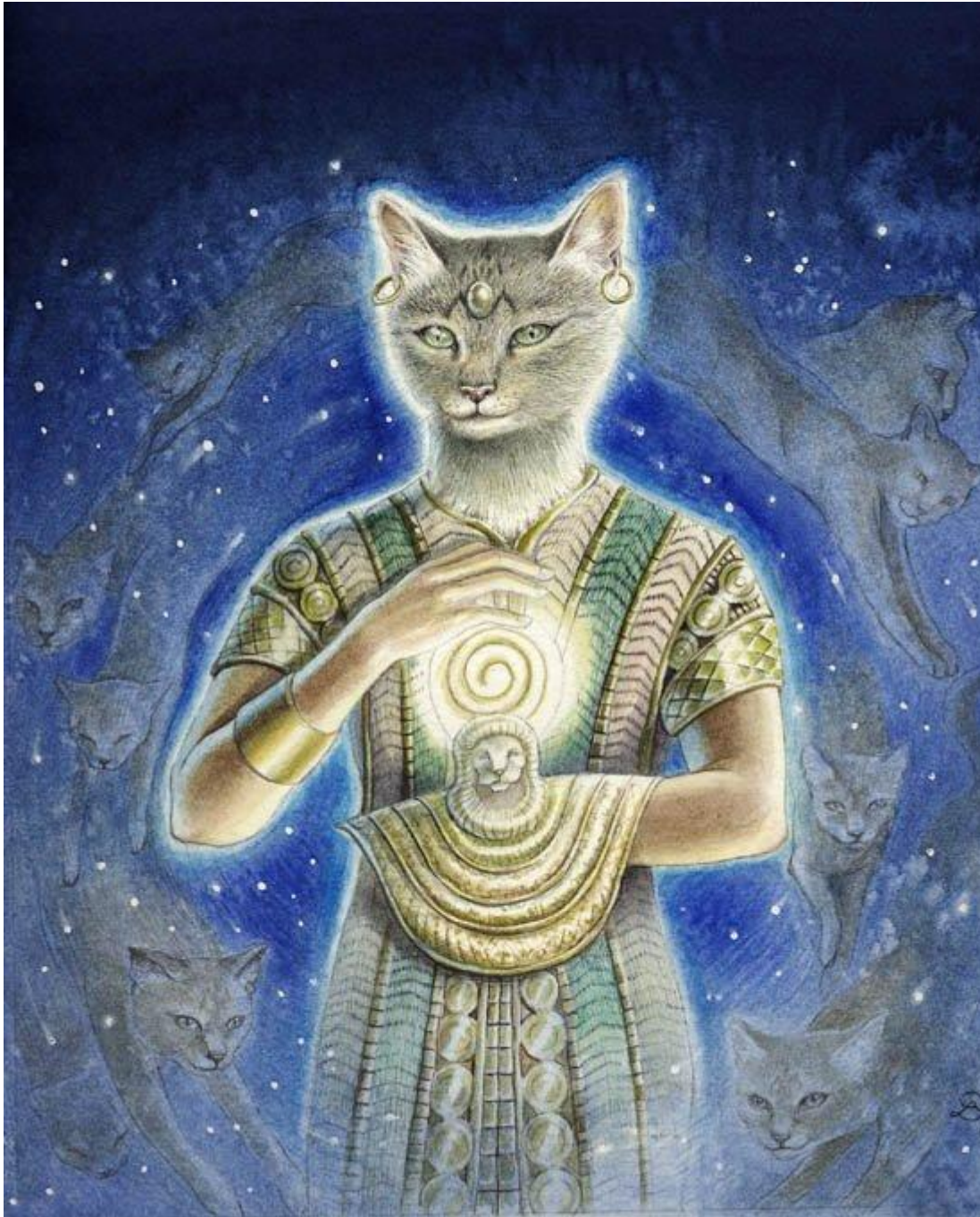
When the Second Coming happens, it will be a return of Christ, not Jesus. As all humans come into the world, he will be born an infant, not a great warrior as some expect. He will come to bring peace, not war, but it will be at a time when there is much war. War between groups of humans, war of Nature against Man, and war of the Cosmos as the Realm of Matter tries to stop the takeover of the Realm of Spirit. Yet he will not bring more war, but a promise of peace, love, and harmony for those who listen. He will bring about that promised day when the lion and the calf will lie together, and that will mean that peace has come to humanity, in thought as well as deed, for it is the thoughts of Man that cause other species to be violent.

## **They Will Not Hurt Those on The Holy Mountain**

It doesn't seem like much of a hope to say that those who dwell on a particular mountain will be saved, but that statement is allegorical. It means that the materialists will, in the end, not be able to stop the spiritual people from bringing God's Truth, Wisdom, and Love into the world. Unfortunately, before that day we will probably continue to go through much suffering and abuse at the hands of the materialistic people and the demons and dark forces that control them. But as Isaiah says, in the End Times, which are happening now, God will recover the remnants of His people. Those people are not from a particular faith, nationality, or race. They are those who listen to God, who follow His Law, who awaken and develop their spiritual Self, and use the spiritual truth and wisdom they gain to help others.

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# False Theologies Based on Misinterpretation of Myths and Symbols



*“When the false theologies disappear, then true prehistoric realities will be found, contained especially in the mythology of the Aryans – ancient Hindoos, and even the pre-*

*Homeric Hellenes. One writer on mythology asserts that the Egyptians imagined a cat behind the sun, which is the pupil of the cat's eye. But this imagining is all modern. It is the Mullerite stock in trade. The moon as cat was the eye of the sun, because it reflected the solar light, and because the eye gives back image in its mirror. In the form of the goddess Pasht, the cat keeps watch for the sun, with her paw holding down and bruising the head of the serpent of darkness, called the eternal enemy. ...*

*The untiring research of Western, and especially German, symbologists, during the last and the present centuries, have brought every occultist and most unprejudiced person to see that without the help of symbology (with its seven departments, of which the moderns knew nothing) no ancient scripture can ever be correctly understood. Symbology must be studied from every one of its aspects, for each nation has its own peculiar method of expression. In short, no Egyptian papyrus, no Indian tolla, no Assyrian tile, or Hebrew scroll, should be read and accepted literally."*

*—[Helena P. Blavatsky](#)*

## **False Theologies**

The theologies practiced in most religions and churches today are far different than what was intended by the founders of those faiths. Partly, this is because certain people—usually politicians—have changed what they say, but also because the symbolic language of the original writers is misunderstood. We might understand the symbols used in recent writings, but those of ancient times are little understood except by the students of a few spiritual schools.

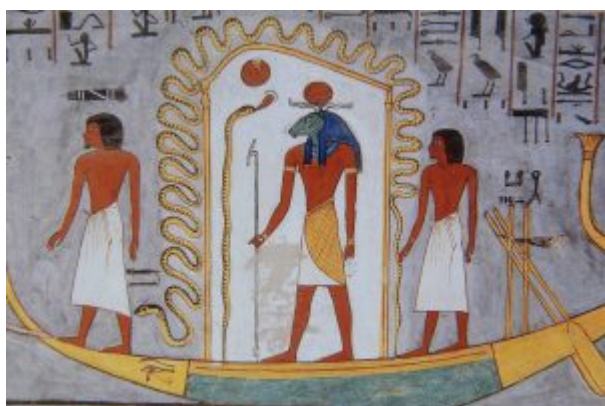
## **Symbols of Ancient Egypt**

When we read the writings of ancient Egypt, we think that cats were worshipped by them, but that may not be true. The images

of cats as gods and goddesses, such as the one illustrating this post showing the goddess Pasht with the head of a cat, are symbolic. I don't know the spiritual significance of the cat symbol, but I do know some of the others from ancient Egypt.

One famous work of Egyptian art shows the sun shining down on ancient Egyptian royals with the rays of the sun ending in hands. This is an obvious symbolic way of saying the sun lends a helping hand to man, but there is more to it than that. This well-known image is actually symbolic of the Light of the Spiritual Sun lending a hand to awaken the dormant spiritual faculties in Man.

We know that it is well-accepted today that the Egyptian Ankh is a symbol of eternal life, but it is not understood that it symbolizes a sun with a cross under it, so another symbol of the Spiritual Sun.



Another important symbol was the solar boat. It is said that Ra, the Sun god, rode this boat to carry the sun across the sky. It is also said that this boat carries the human soul to the afterlife, again relating the Spiritual Sun to eternal life.

An interesting recent discovery is that there was originally a moat around the Sphinx of Egypt with a solar boat in it, relating that monument to the Spiritual Sun.

## **Symbols of Ancient Greece**

One Greek symbol that is well known is the Rod of Asclepius, which is a rod with a snake wrapped around it. This was a symbol of healing, both physical and spiritual. Alpha and Omega is another Greek symbol that has significant meaning. In the Greek alphabet, Alpha is the first letter, and Omega is

the last letter, so It is like saying “everything from A to Z”. In the Book of Revelation, Alpha and Omega is used as a symbol of God, as God is the creator of all. The Minotaur, a creature half man and half bull is imprisoned in the Labyrinth. This represents a person who has become completely materialistic, and so is lost in the labyrinth of the realm of matter.

## **Christian Symbols**

The most important symbol in Christianity is the Cross. The early Christians knew the cross with four equal-length arms to be a symbol of God, which was true even before Christianity. Later, Christians changed it to the Crucifix as a symbol of Jesus and his death. Another is a fish which represents Jesus or Christ. Bread and wine is said to symbolize the body and blood of Jesus, but on a deeper, more spiritual level, it represents the Spiritual Light that awakens and nourishes the Spirit.

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**Live in God, become One With  
God**



*“When we possess the God-seeing life, we feel ourselves to be living in God; and from out of that life in which we feel God in ourselves, there shines forth upon the face of our inward being a brightness which enlightens our reason, and is an intermediary between ourselves and God. And if we with our enlightened reason abide within ourselves in this brightness, we feel that our created life immerses itself in its eternal life. But when we follow the brightness above reason with a simple sight, and a leaning out of ourselves, toward our highest life, there we experience the transformation of our whole selves in God; and thereby we feel ourselves to be wholly enwrapped in God.*”

*“After this, there follows a third way of feeling, namely, that we feel ourselves to be one with God; for, through the transformation in God, we feel ourselves to be swallowed up in the fathomless abyss of our eternal blessedness, wherein we can nevermore find any distinction between ourselves and God. And this is our highest feeling, which we cannot experience in any other way than in the immersion in love. And therefore, so soon as we are uplifted and drawn into our*

*highest feeling, all our powers stand idle in an essential fruition; but our powers do not pass away into nothingness, for then we should lose our created being."*

*–[John of Ruysbroeck](#)*

## **A God-seeing Life**

What Ruysbroeck calls "the God-seeing life" doesn't mean that anyone literally sees God, but more that one feels themselves to be in the presence of God. We read in scripture of people talking to God and God answering them, but that doesn't happen now because man has become too densely material resulting in blockage of his spiritual faculties. If we awaken and develop those faculties, we become the people who possess the God-seeing life.

## **Shines Forth a Brightness**

God is all about Light. Mystics have said that for ages. So it should not be surprising that when we awaken to God's presence, God shines forth within us as brilliant Light, a Spiritual Light that is different from physical light. Light carries information in it. Even science is beginning to realize that characteristic of physical light, but the information carried in Spiritual Light is of greater importance to our immortal life. When we follow that Light, we do experience a gradual transformation to a higher version of ourselves. And as we are transformed, the world we live in is going through a similar transformation.

## **One With God**

According to Ruysbroeck, the next stage in spiritual development is to become One with God, one with the All. That is one large step ahead, and some may break down the process into smaller steps, but becoming one with God is certainly the ultimate Goal. Ruysbroeck says this total immersion in God is one of Love, and that is true. Universal Love is part of what

we develop as we approach that stage of being.

Ruysbroeck adds that our powers do not fade away when this happens as that would mean losing our created being, or individuality. Just as a board in a fence is part of the fence, yet still itself, so we become part of God and still retain our individuality. This may not happen in one lifetime, but the process will continue after the death of the physical body, as long as we start now and make as much progress as we can.

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## **Join Action and Contemplation for a Good Life**



*“Toys and fooleries at home, wars abroad: sometimes torpor, sometimes sloth; this is thy daily slavery. By little and little, if you do not better look to it, the sacred dogmata will be blotted out of thy mind. How many things be there, which when a mere naturalist, thou hast barely considered of according to their nature, thou does let pass without any further use? Whereas thou should in all things so join action and contemplation, that thou might at the same time attend all present occasions, to perform everything duly and carefully and yet so intend the contemplative part too, that no part of that delight and pleasure, which the contemplative knowledge of everything according to its true nature does afford, might be lost. Or, that the true and contemplative knowledge of everything according to its own nature, might of*

*itself (action being subject to many lets and impediments) afford unto thee sufficient pleasure and happiness. Not apparent, but not concealed. And when will thou attain to the happiness of true simplicity and unaffected gravity? When will thou rejoice in the certain knowledge of every particular object according to its true nature; as what the matter and substance of it is; what use it is for in the world: how long it can subsist: what things it does consist of; who they are that are capable of it, and who can give it and take it away?"*

–[Marcus Aurelius](#)

## **Toys and Fooleries**

What Aurelius is calling “toys and fooleries” isn’t limited to the toys of children. He is talking about anything that distracts us from the serious side of life. Things like television, video games, and being on a cell phone so much you don’t notice anything around you. It is really sad that when I go to a fitness center to work out, there are always a few people who ignore the club rules and talk on their cell phones the whole time they are on the treadmills, stationary bikes, or even weight machines. The same happens in the supermarket. Aurelius is correctly labeling this attachment to these things as a form of slavery.

## **If You Do Not Look To It**

The harm of getting too caught up in and attached to things in the material world is that it tends to cause us to ignore our obligation to develop our spiritual side. That is why the Forces of Darkness work so hard to get us to spend more time with video games, cell phones, television, etc. When Aurelius talks of being a “mere naturalist,” he doesn’t mean someone who is out in the natural world all the time, but one who is caught up in the physical realm of matter.

## **Join Action and Contemplation**

What Aurelius is saying here is that instead of idly acting on anything that we find interesting, distracting, comforting, etc., we should think about what we are doing and act on the things that benefit us instead. There is nothing wrong with playing video games a little, but not for hours a day. I personally like to play solitaire on my Kindle Fire for twenty minutes or so each night before I go to sleep. It helps me relax. But I know better than to spend two or three hours playing such games. So when we contemplate what action we are planning to take, we need to ask if that action helps us grow, or not. We need to ask if there are some other actions we should be doing instead. Most of all, we need to be sure we are spending a reasonable amount of time on spiritual development. That doesn't mean just doing techniques for a few minutes. It means reading books that help stimulate spiritual growth. It means that when we watch movies and television shows, we choose those that do not promote violence, anger, vengeance, and other negative behavior.

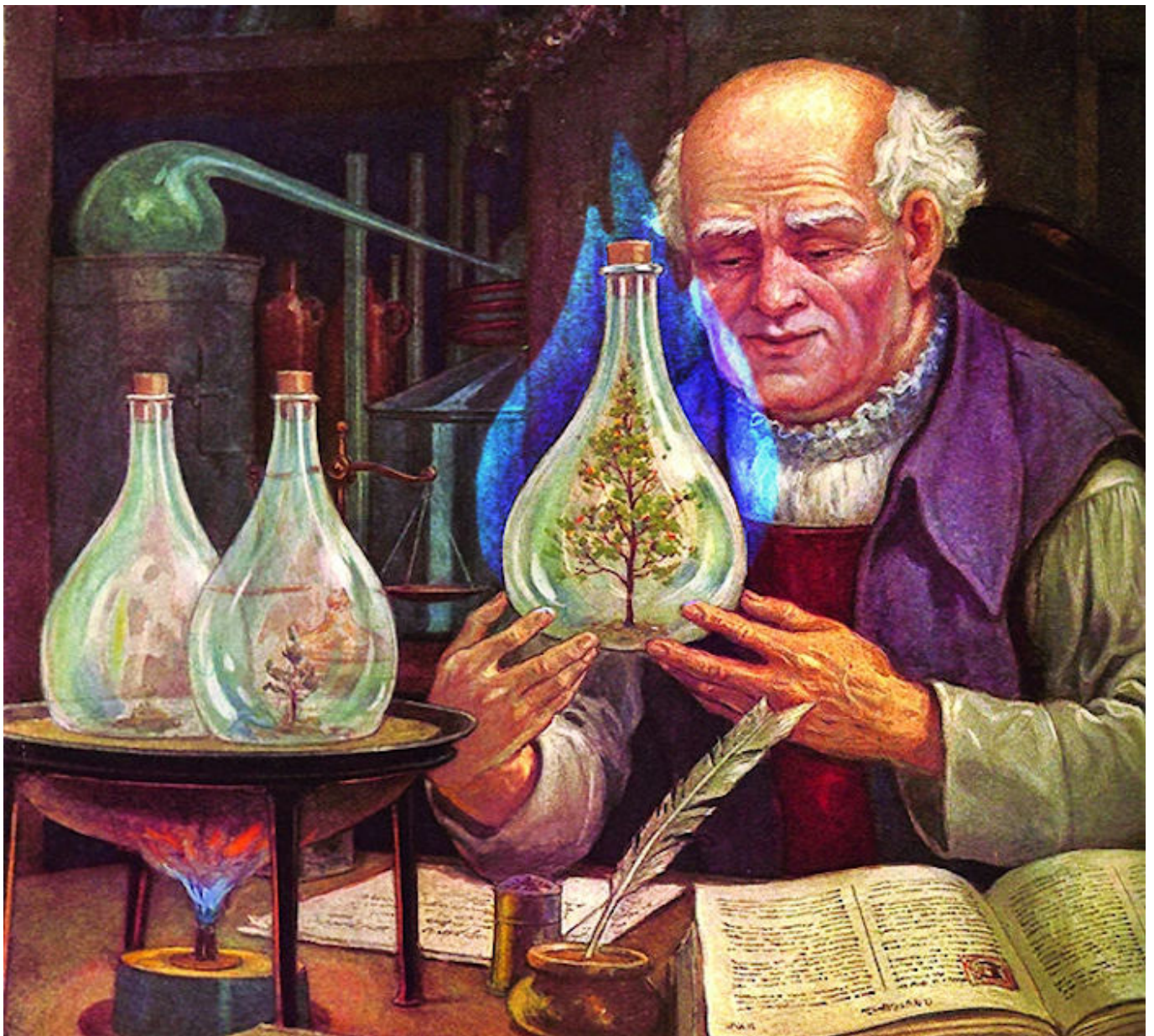
## **Everything According to Its Nature**

When we contemplate, we must think of what is the true nature of things. We must forgive the violent behavior of some animals because we know that it is not their true spiritual nature that is guiding them to do such things. Poisonous plants are not poisonous because they hate us. They are poisonous because their physical self is a product of the Darkness in the world and within all of us. Instead of condemning such plants and animals, we should seek to help them change. Likewise, we should seek to help other humans change. Foolish people sometimes depict angels destroying demons and devils by cutting them up with swords, etc. Nothing could be further from the truth. Contemplation should teach us that such behavior is just joining the darkness, not stopping it. The Angels and Beings of Light stop the demons by convincing them to change their ways. We must change our ways

as well.

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# The Healing Methods of Paracelsus



*“Paracelsus recognizing derangements of the etheric double as the most important cause of disease, sought to reharmonize*

*its substances by bringing it into contact with other bodies whose vital energy could supply elements needed, or that were strong enough to overcome the diseased conditions existing in the aura of the sufferer. Its invisible cause having been thus removed, the ailment speedily vanished.*

*“The vehicle for the archaica, or vital life force, Paracelsus called the mumia. A good example of a physical mumia is a vaccine. ... The most universal form of the Mumia was ether, which modern science has accepted as a medium between the realm of vital energy and that of organic and inorganic substances. ...*

*“Paracelsus discovered that in many cases plants revealed by their shape the particular organs of the human body which they served most effectively. The medical system of Paracelsus was based on the theory that by removing the diseased etheric mumia from the organism of the patient and causing it to be accepted into the nature of some distant and disinteresting thing of little value, it was possible to divert from the patient the flow of the archaica which has been continually revitalizing and nourishing the malady. Its vehicle of expression being transplanted, the archaica necessarily accompanied its mumia, and the patient recovered.”*

*[-Manly P. Hall](#)*

## **Derangements of the Etheric Double**

This is a way of saying that physical illnesses can have causes that originate in either the psychic or spiritual body. While we can't say that all disease descends down to the physical body from the higher levels of being, we do know that some do. That is why Gene Savoy, Sr. taught that those who properly developed their spirit would achieve better physical health as well. You might ask, then, why do Cosolargists still have physical illnesses? The most common reason is that the

person cannot mentally accept that the development of the spirit does eliminate most physical illnesses. Of course, it will never eliminate all illness, but in general, the spiritually developed people have less illnesses and less severe illnesses than the complete materialists.

## **Contact With Other Bodies**

This is the basis of the Sonotherapy that was available for years at our Steamboat Healing Center & Spa. The concept, developed by a British doctor, is that a sound that duplicates the frequency of a healthy organ can be used to help heal a diseased organ. For example, if someone has cataracts or other eye problems, the frequency of a healthy eye can help them to heal. Paracelsus didn't use sound, but he did use the same idea with herbs and other natural medicines that worked in a similar way. Color can also be used to help with healing some illnesses.

Gene Savoy, Sr. told us that some medicines worked better than others because they were the proper color. For example, a blue or purple colored pill or liquid would be good for eye problems, while red or orange would be a good color for pills to treat a bowel problem. That doesn't mean that the drug doesn't work, but that it works better when the right color is used.

## **Shape of Plants**

This is a new idea to me, but there may be something to it. Nearly all herbs are green, but they treat different illnesses in different parts of the body so that shape may be involved rather than color. The important thing in all of these healing methods is vibration. That which vibrates at a frequency very close to the frequency of a healthy organ will help that organ to heal when diseased or damaged. As geometry is the language of the soul, plant shapes could aid in treating illnesses that originated on the spiritual level.

## Accepted by Some Distant Thing

This is what it means in the Bible when it says that Jesus drove demons out of a person and into nearby pigs. A better way to do this, however, is in the way that we in Cosology do using an advanced technique where we send negativity out of us to harmlessly disperse into the world, rather than sending it into another being.

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## Difficulties Help Us Grow



*"If we will stand still and calmly consider our past life (the present life, we mean) we will see that certain things have led to certain other things, and that small things have*

*led to great things – that little turning points have resulted in an entire change in our life. We may trace back the most important thing in our life to some trifling incident or occurrence. We are able to look back and see how the painful experiences of the past have strengthened us, and have brought us to a larger and fuller life. We are able to see how that particular thing in the past, which seemed needlessly cruel and uncalled for, was the very thing which has brought us to some great thing in the present.*

*“All that is needed is the perspective of years. And if we get so that we are able to see this, we will be able to bear with greater degree of philosophy the pains and disagreeable occurrences of the present, knowing that they mean ultimate good. When we cease to think of these things as punishment ..., or the cruelty of Nature, and begin to see them as the consequences of our own past life, or the result of the Spirit’s directing hand, we will cease to protest and struggle, and will endeavor to fall in with the working of the great Law.” –[William Walker Atkinson](#)*

## **Consider Our Past**

Many of us do consider our past, often more than we should, but not in the way that Atkinson is advising us to. We look back at our successes and failures of the past and generally avoid those things that we failed at and only do those we were successful at. Atkinson is advising us to look more closely at the failures and what changed in us following those failures. If we do that, we will often find that difficulties often trigger us to make changes in our lives, hopefully for the better. It is a simple fact of basic psychology that when we are comfortable and things are going well, we don’t advance at all. We need some problems to push us forward.

Atkinson adds that when he advises us to consider the past, he means the present life. Why would he not want us to consider

past lives? The only reason I can think of is that he doesn't believe in reincarnation. If he did, he certainly didn't think blaming everything on past lives was a good idea. Neither is putting off change for a future life when we don't know we will have one. We need to make the changes necessary in our current life.

## **Trifling Incident**

Unfortunately, while it often is true that some trifling incident in our life may have led to great changes—hopefully for the better—we often don't remember those small incidents. I am reminded of the story told by actor and singer, [James Maslow](#), who was picked on as a child for being chubby. He didn't let that insult limit him, but instead decided to change and became a very handsome and muscular young man. He did remember the incident that led to that change, but many do not.

We should also remember the story of the hurricane that may have been started by a butterfly flapping its wings. It is not known that this has actually happened, but it is theorized that a butterfly flapping its wings can start a tiny wind current that grows and grows as it crosses the Sahara and goes into the ocean where it becomes a hurricane. So big things can start small.

## **Cease to Think of Difficulties as Punishment**

Atkinson advises us to stop seeing difficulties as punishment for doing wrong, and instead see them as pushing us on to better things. There are two good reasons for taking that advice. First, God does not punish us, so we need to stop blaming God and change things when necessary. Second, the Dark Beings and Forces will bring difficulties to us when we are succeeding in our path to spiritual enlightenment in an effort to get us to turn away. We must realize what is happening and instead double down and continue on harder than before.

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# Why even the most advanced Spiritual People Need Ego



*“As the spiritual student climbs the path leading to higher worlds, he becomes aware at a particular point that the cohesion of the powers of his own personality is assuming a different form from that which it possesses in the world of the physical senses. In the latter the ego brings about a uniform cooperation of the powers of the soul—primarily of thought, feeling, and will. These three soul powers are actually, under normal conditions of human life, in perpetual relation to one another. For instance, we see a particular object in the external world, and it is pleasing or displeasing to the soul; that is to say, the perception of the thing will be followed by a sense of either pleasure or*

*displeasure. Possibly we may desire the object, or may have the impulse to alter it in some way or other; that is to say, desire and will associate themselves with perception and feeling. Now this association is due to the fact that the ego coordinates presentment (thinking), feeling, and willing, and in that way introduces order among the forces of the personality. This healthy arrangement would be interrupted should the ego prove itself powerless in this respect. If, for instance, the will went a different way from the feeling or thinking. No person would be in a healthy condition of mind who, while thinking this or that to be right, nevertheless wished to do something that was not right. ...*

*“Now the person progressing toward higher cognition becomes aware that feeling, thinking, and willing do actually assume a certain independence. ... For this reason, therefore, a person’s own ego must be strengthened, for it must introduce order among those three powers.” –[Rudolf Steiner](#)*

## **Cohesion of the Powers**

Mr. Steiner divides the Powers of Personality, as he calls them, into three: thinking, feeling, and will. He says it is normal for these powers to work together, and that is true. It makes sense that in order to have feelings about something, you must first think of it, and in order to do something, you must activate the will based on those thoughts and feelings.

## **Pleasing or Displeasing**

I’m not sure it is true that certain objects are either pleasing or displeasing to the soul. I think it is more the mind that judges things in that way. Yet we know that there are sounds, such as music, and scents such as Frankincense that send high-level vibrations to us and those vibrations help to stimulate and develop the energy centers, which make the development of the Spirit and Soul possible. So shapes, sounds, and scents affect the Soul mostly in an indirect way.

## **Ego Coordinates**

Steiner says the ego coordinates the powers of thought, feeling, and will so they can function together, and that may well be true. Some modern schools of spiritual development have taken the simplistic approach of claiming that the development of the Soul requires the destruction of the Ego. That is a completely false teaching.

I remember an old episode of the television series "Star Trek" where a technical problem caused Captain Kirk to be split into two. One of him was gentle and loving but incapable of making a decision. The other had Ego and could make decisions, but was afraid of everything. It was only when he was put together again that he could properly function as a Captain. This divided Kirk is described appropriately. Without ego, he couldn't function.

## **Strengthen Ego**

I don't think what Mr. Steiner says about the need to strengthen the Ego is always true. While some people, often those who seek spiritual development, have weak egos that do need to be strengthened, some already have egos that are strong enough, or even too strong. The point is, we need the ego to function in the material world, and to develop ourselves in any way. But when we develop our spiritual Self, we need to put our ego under the control of the Soul so it won't lead us away from the spiritual.

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# **Commending Ourselves to God**

# When We Rise



*“Bless me, O God, thou the only True God. I thank thee for the preservation of me, and for all other benefits. I now commend myself, both Soul and Body, and all that thou has set me to do in my employment and calling, into thy protection. Be Thou the beginning of my conceptions, my undertakings, and all my doings. Work Thou so in me that I may begin all things to the glory of Thy Name, and accomplish them in Thy Love for the good and service of my neighbor. Send thy Holy Angels along with me, to turn the temptation of the Devil and corrupt nature away from me. Preserve me from the malice of evil men, make all my enemies reconcilable to me, and bring my mind into Thy vineyard, that I may labor in my office and employment, and behave as Thy obedient servant therein. Bless me and ask that I am to go about and do this day, with the blessing of Thy Love and Mercy continue Thy Grace and Love in Jesus Christ upon me, and give me a mind cheerful to follow Thy leading and execute thine appointment. Let Thy Holy Spirit guide me in my beginning, and in my progress, on to my last day, and be the willing, working, and accomplishing of all in Me. Amen.”* –[Jacob Boehme](#)

## **When We Rise**

We can pray to God, formally or informally, at any time, but the most important time to do so is first thing in the morning when we get up so as to set the theme for the entire day. This especially makes sense for us in Cosolargy, as we generally do our solar techniques at dawn. The somewhat lengthy prayer above by Boehme is a formal way to do it, but we don't have to be so formal or lengthy. Simply saying "God bless me" is often enough, or you can be specific for whatever issues you may be having at the time, so if you are finding yourself getting angry at people, ask God to help you get rid of your anger. If you are having health problems, ask God to help with that. Most important, of course, is to ask God to help you with the process of awakening and developing your spiritual faculties.

## **Preservation of Me**

When Boehme asks God for "the preservation of me," he isn't asking God to keep him as he is, for that would be pointless. He is asking God to keep him alive, not to prevent him from changing and growing.

## **I commend Myself**

This is an important part of Boehm's prayer. We should all commend ourselves to God. If we want God to help us, we must make it clear to ourselves that we are on His team, part of His Army of Light, and not just random people asking for God's help while doing nothing to earn it or deserve it.

## **The Beginning of All My Doings**

Whether part of a morning prayer, or something ongoing throughout the day, we do need to do all things in God's name, and as God would have us do. Some Christians today are fond of saying "What would Jesus Do?" but what they often mean by that is what would my preacher do since they listen to the preacher

rather than the teachings of Jesus. While we may not always know for sure, we should think about whether or not God would want us to do the things we do. We all have to make a living in this world, and that often means taking a job we don't want and doing work we don't want to do, but we should still try our best to do as God wants us to do.

## **Bring My Mind Into Your Vineyard**

I think this is a fairly obvious allegory. Boehm is telling us to ask God to bring our minds into Heaven, although it isn't actually the mind that can get a glimpse of Heaven, but the Spirit. The idea is to help to get some of that Divine Knowledge to trickle down into the physical mind as seems to happen in some cases of Near Death Experiences (NDE). This is so we can better be Guided by the Holy Spirit as Boehm says, and so that we have a greater desire to reach Heaven—the real Heaven, not the fantasized versions coming from human minds.

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## **Days of Darkness, and Awakening to the Light of God**



*“In Egypt, during the three days of darkness, the son saw not his father, nor brother, brother, nor true friend his friend, because the darkness hid them. So when Adam transgressed and fell from his former glory, and came under the power of the spirit of the world, and the veil of darkness fell upon his soul, from his time until the last Adam, they saw not the true Father in Heaven, or the good, kind Mother, the grace of the Spirit, or the sweet and desiring Brother, the Lord, or the friends and kindred, the holy Angels. And it was not only the last Adam, but even to this day, those upon whom the Sun of Righteousness has not risen, and in whom the eyes of the Soul have not been opened and enlightened by the true Light, are still under the same darkness of sin, wrought upon by the same influence of pleasures, subject to the same punishment, not yet having eyes to behold the Father.*”

*“This is a thing which everyone ought to know, that there are eyes deeper within man than these [physical] eyes, and a hearing deeper than this hearing. As the [physical] eyes behold and recognize the face of a friend, so the [spiritual] eyes of the worthy and faithful Soul, being spiritually enlightened with the Light of God, behold and recognize the true friend.”* –[St. Macarius the Egyptian](#)

## **Three Days of Darkness**

This is a reference to one of the plagues brought upon Egypt in the time of Moses. Here is what is said about it in the Book of Exodus in the Bible:

“Then the Lord said to Moses, ‘Stretch out your hand toward the sky so that darkness spreads over Egypt—darkness that can be felt.’ So Moses stretched out his hand toward the sky, and total darkness covered all Egypt for three days.”

But the darkness over man didn’t end when that plague ended. While we are able to physically see now, the vast majority of us remain spiritually blind and deaf.

## **Spirit of the World**

St. Macarius says that when Adam transgressed, he came under the power of the Spirit of the World, and that is true. The Spirit of the World is the one the Gnostics call the Demiurge, the false God that created the realm of matter. When Adam and Eve ate from the “Tree of Knowledge.” which was not a literal tree but the light of the physical sun, they fell into the realm of matter and came under the control of the lord of matter, the Demiurge. When that happened, they no longer “saw” God in heaven, whom Macarius here refers to as the three persons, Father, Mother, and Holy Spirit, as well as losing their connection with Christ and the Angels. In other words, they lost contact with Heaven.

## **Sun of Righteousness**

St. Macarius then says that humans remain in darkness because the Sun of Righteousness has not risen. That was true when he wrote it, but is no longer true. The Sun of Righteousness, which is the Spiritual Sun with the Presence of God within it, does now shine upon us. But it doesn't immediately appear at full strength. The power of the Sun of Righteousness reaches all, but only a few are able to absorb that Light and have a true awakening of Spirit because of it. The solar techniques practiced in Cosolargy help us absorb even more Light from that Sun.

## **Deeper Eyes and Ears**

We do have deeper senses than the physical ones, which are capable of getting more than a vague notion of things spiritual. We must awaken and develop those spiritual senses to truly know the spiritual realm and to gradually expand our consciousness until it rises to the highest level of Consciousness and becomes one with the All, one with God. That we do by following the teachings of Cosolargy.