

# A Throne and A Footstool of God



*“The person who combines spiritual knowledge with the*

*practice of the virtues is a throne and a footstool of God. A throne because of his spiritual knowledge and a footstool because of his ascetic practices. And the human intellect, purified of all material images, and occupied, or, rather adorned with the divine principles of the [noetic](#) world, is a heaven itself.*

*“When any philosopher – any devout philosopher – fortified with virtue and spiritual knowledge, or with ascetic practice and contemplation, sees the power of evil rising up against him through the passions like the king of the Assyrians rising up against Hezekiah, he is aware that only with God’s help can he escape. He invokes God’s mercy by crying out silently and by striving to advance still further in virtue and knowledge; and he receives as an ally, or rather as his salvation, an Angel that is one of the higher principles of Wisdom and Knowledge.*

*“Every passion has its origin in the corresponding sensible object. For without some object to attract the powers of the soul through the medium of the senses, no passion would ever be generated. Without food, there is no gluttony; without gold, there is no love of money, and so on.”*

*–[St. Maximos](#) (in *The Philokalia*)*

## **Spiritual Knowledge With Practice of Virtue**

I believe that what St. Maximos (or Maximus) is trying to say here is that spiritual knowledge alone doesn’t make one an enlightened person, especially if we are talking about the limited kind of spiritual knowledge that comes from books, or listening to lectures. We must put that spiritual knowledge to use and practice spiritual development techniques to truly gain anything from it.

## **A Throne Because of Spiritual Knowledge**

St. Maximos seems to be saying that anyone who has gained spiritual knowledge is a throne of God. That is true only of those who have achieved the very advanced stage of spiritual development and have gained the high level of Knowledge known as Gnosis. They are thrones of God in an allegorical sense because they have reached the high level of consciousness that permits them to communicate directly with God, at least some of the time.

## **A Footstool of God**

As the photo used to illustrate this post shows, footstools, and thrones are often together, a set like a modern easy chair and hassock (or ottoman). Maximos says those advanced spiritual students are like a footstool of God because of their "ascetic practices". I think it is more accurate to say that such spiritual adepts are footstools as well as thrones because they have true humility, not thinking of themselves as better than other people because of their advanced spiritual state.

## **Power of Evil Rising**

It is true that spiritual students must watch for the powers of Evil (or darkness) rising in them and trying to take control. Each day, usually just before going to sleep, it is recommended that the students ask themselves if they did a good job of avoiding darkness that day. Did they get angry with someone? Did they get jealous or envious? If so, they should make note of it and try to do better. Did they become attached to material goods or property? If so, they need to work on that, or possibly get rid of the item they are becoming too attached to. That doesn't mean we can't have property, we simply must avoid attachments. St. Maximos refers to asceticism, but that is because the book the quote comes from is a training guide for monks in the Eastern Orthodox Church.

## **Passions and Objects**

St. Maximos goes on to tell us that passions are always related to a “sensible object”, sensible meaning from the world of the six senses, the realm of matter. He gives a few examples that make sense. It should be noted, however, that people can become passionate about something they don’t actually have, but dream of having. It may not even be something that actually exists, but something they would like to exist. It should also be noted that passion isn’t always a bad thing. We can be passionate about our spiritual development, and that is good. We can be passionate about teaching others to develop their spiritual Self, and that is good as well. So we need not avoid all passions, just the type that leads to attachment to material things.

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## **How to Find the Fountain of Light that Enlightens**



*“‘How,’ says the Disciple to the Master in one of Boehme’s ‘Dialogues,’ ‘am I to seek in the center this Fountain of Light which may enlighten me throughout and bring my properties into perfect harmony? I am in Nature, as I said before, and which way shall I pass through Nature and the light thereof, so that I may come to into the supernatural and supersensual ground whence this True Light, which is the Light of Minds, doth arise; and this without the destruction of my nature, or quenching the Light of it, which is my reason?’*

*‘Master: Cease but from thine own activity, steadfastly fixing thine eye upon one point ... For this end, gather in all thy thoughts, and by faith, press into the center laying hold upon the Word of God, which is infallible and which hath called thee. Be obedient to this call, and be silent before the Lord, sitting alone with him in thy inmost and most hidden cell, and attend His Will in the patience of hope.*

*So shall the Light break forth as the morning, and after the redness thereof has passed, the Sun Himself, which thou waitest for, shall arise unto thee, and under his most healing wings thou shalt greatly rejoice: ascending and descending in his bright and health-giving beams. Behold, this is the true Supersensual Ground of Life.’”*

*-Evelyn Underhill with an inner quote from Jacob Boehme.*

## **Seek the Fountain of Light**

The Disciple in this dialogue by Boehme knows that he should seek the fountain of light, he just doesn’t know how to do so. Still, he is ahead of many who call themselves spiritual, yet have actually done nothing to develop their spiritual faculties. This disciple at least knows of the Fountain of Light and knows that this Light brings Enlightenment, hence

the name.

## **Bring Into Harmony**

There are different things involved in being in harmony, but the primary one for most spiritual students is developing their spiritual centers in such a way that they are in harmony and work together without any one of them dominating. There are some spiritual schools that have you developing, or energizing, only the top three or four energy centers. That is fine for the more materialistic person who is overly developed in the lower centers, but a lot of those who seek out spiritual development are actually weak in those lower centers. We need to develop all of them and bring them into balance and harmony. Another way spiritual development brings us into harmony is that it makes us more loving and understanding, more peaceful and humble. This allows us to live in harmony with all people regardless of their age, sex, religion, race, or political leaning.

## **Without Destruction of My Nature**

What the disciple is calling his nature, is what we would refer to as his individuality. Some schools teach that when we become One with The All, we lose all individuality like a drop of water that falls into an ocean. But when we become one with The All, we retain our individuality, much like a brick that becomes part of a wall. The wall is one whole, yet the bricks are still individual things.

## **Light of Mind**

Boehme refers to the Spiritual Light as the Light of Mind. This may be the result of a poor translation or simply because Boehme had to be careful what he wrote so he wouldn't be accused of heresy. Since Boehme received his enlightenment when sunlight was reflected onto his eyes from a metal bowl he was holding, I think he knows that this is a matter of the Spirit, not the mind.

## **Fix Thine Eye**

The Master tells the student that he must fix his eye on one point, but he doesn't say what that point is. In part, I think he is saying that one must concentrate on spiritual development when engaging in spiritual development techniques, but he also means to fix his eye on the sun as taught by spiritual masters so that you do not harm your eyes (NEVER stare at the sun).

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## **Faith Misdirected can Bring Evil Instead of Good**



*“Faith is indeed as the ‘grain of mustard seed, to which, as to growth, it is compared in the New Testament. But it can grow for evil as well as good, and, if for evil, may become a tree in which every foul bird of evil omen will come and build its nest. Your evil or gloomy imagining is faith in that evil. Your fear of a disease is in the perpetuity and increase of such disease. You have a slight derangement of stomach or kidney or other organ. So, having it for one day or a few days, you begin to expect it. You think of it only as an unhealthy organ. You never in your mind see it as a sound organ. You may be then told it is in dangerous condition. You have a name possibly given to the ailment which suggests great suffering, debility, and ultimately death. All this is aiding your faith in evil. The force of other minds added to your own increases that evil. Everything tends to make you see yourself as sick, weak, and enfeebled. You have not in your own mind an imagining of the part affected as sound and healthy. None are sending you thoughts or imaginings as vigorous and healthy. The spiritual force sent to you is all for evil. You get more disease, more weakness by the same law, or force, which can, otherwise directed, bring you health.”*

*-Prentice Mulford*

## **Grain of Mustard**

When Jesus said that with faith no bigger than a mustard seed, which is a very small seed, we can move mountains, that is very true, but it is just as true that if we have faith we won't be able to do something, then we won't be able to do it until we manage to lose that false faith. Mulford calls that kind of faith, faith in evil. Still, I would prefer to call it faith in falsehood, because I think of evil as intentional, while in most cases, as in Mulford's example regarding health, we are not doing it intentionally.

## **A Tree for Every Foul Bird**

What Mr. Mulford is saying here in an allegorical form is that once you have let some false faith, more is likely to follow. Evil attracts more evil.

## **Fear of Disease**

The rest of the quote from Mulford centers on the idea of developing faith in disease. Sadly, just about all of us do this to some degree. You don't have to be a hypochondriac to develop a faith in disease or unhealthy conditions of the body. A hypochondriac can hear someone talking about an illness on the news and they immediately think they have it and actually start developing symptoms. However, anyone can have an illness such as the stomach flu and convince themselves that it is something serious that will never go away. Or a man can have sexual problems on one day and think he has become impotent and needs to use drugs all the time if he wants to have sex. We could go through a hundred variations, but the point with all of them is that we make the situation worse by believing the illness will continue to get worse. If we learn to start thinking and telling our subconscious mind that the illness is temporary, it will get better, it is getting better every day, etc. We will usually see improvement. Unfortunately, when a belief has become firmly embedded in the subconscious, it is hard to overcome, but it can be done.

## **Besides Disease**

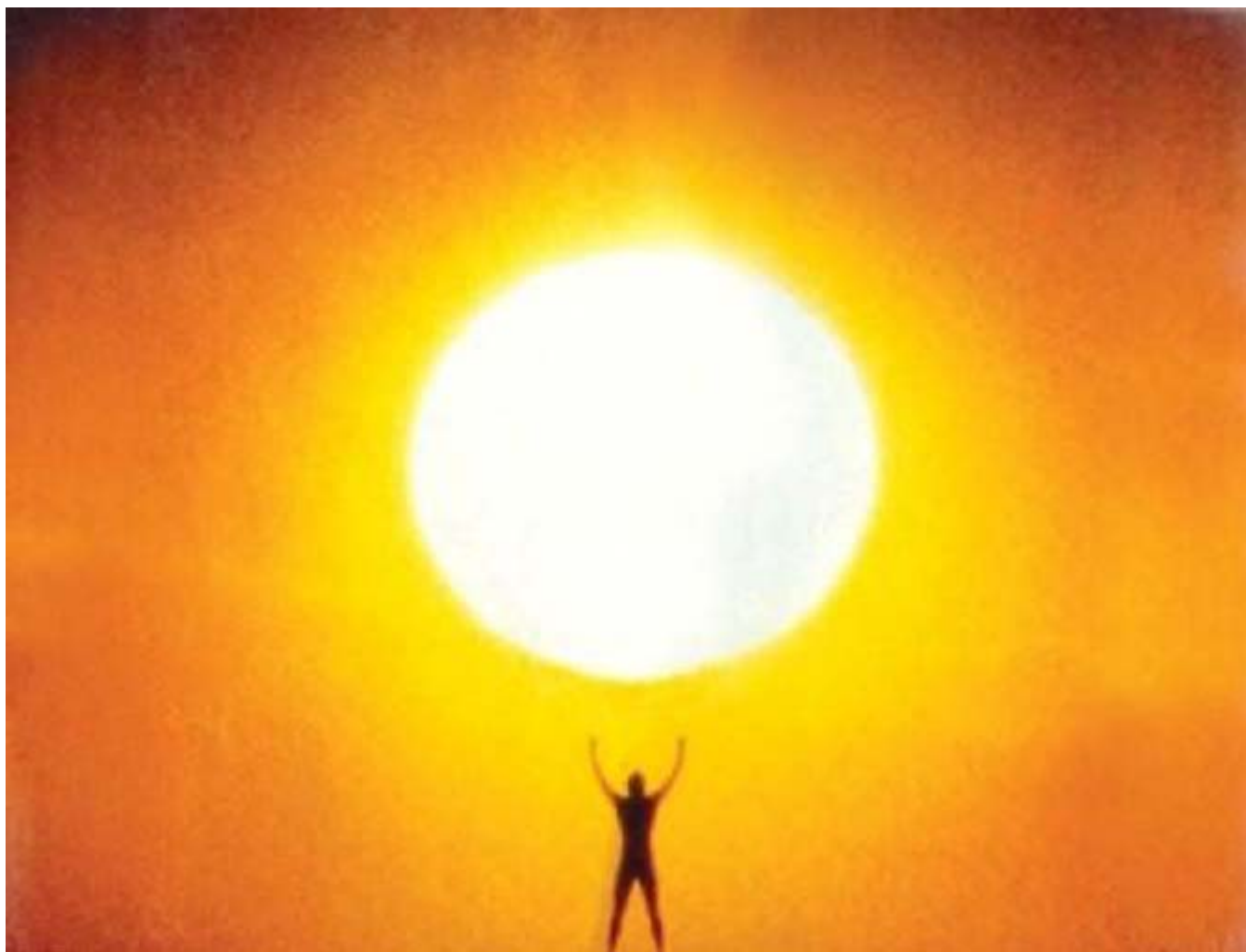
Our physical health is not the only area in life where many of us tend to sabotage ourselves with false beliefs. We do it in business also. We believe that we won't get a promotion and so fill the situation with falsehoods that hold us back. We think that we aren't smart enough to become a doctor or a lawyer, possibly because others have told us so, therefore we never try.

## **Spiritual False Beliefs**

The most deadly kind of evil, or falsehood, is false spiritual beliefs. Demons of darkness love to whisper ideas into our heads that fill us with false spiritual beliefs, and we often fall for it. Churches that have, for the most part, lost the way, teach many falsehoods, and millions of people believe them. Scientists will sometimes claim that there is no God, when they have no proof of that belief, and therefore, should know better. In any case, false spiritual beliefs often prevent us from developing our spiritual faculties, even when we want to. That is why an old Chinese saying says you must empty the tea cup before you can fill it with fresh tea. It means you must clear out the false beliefs before the truth can start seeping in. It isn't easy to do, but it can be done. You don't have to convince your subconscious that all those beliefs you have accumulated are false, you have to convince it that they may not be true.

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## **A Quotation from the Prophet Isaiah (Chapter 60) with Commentary**



*“Arise, shine; for your light has come, and the glory of the Lord has risen upon you.*

*“For darkness shall cover the earth, and thick darkness the peoples;*

*but the Lord will arise upon you, and his glory will appear over you.*

*“Nations shall come to your light, and kings to the brightness of your dawn.*

*“Lift up your eyes and look around; they all gather together, they come to you;....*

*“Then you shall see and be radiant; your heart shall thrill and rejoice, because the abundance of the sea shall be*

*brought to you, the wealth of the nations shall come to you... and shall proclaim the praise of the Lord.*

*“Your gates shall always be open; day and night they shall not be shut, so that nations shall bring you their wealth.*

*“For the nation and kingdom that will not serve you shall perish; those nations shall be utterly laid waste.*

*“I will appoint Peace as your overseer and Righteousness as your taskmaster.*

*“The sun shall no longer be your light by day, nor for brightness shall the moon give light to you by night but the Lord will be your everlasting light, and your God will be your glory. Your sun shall no more go down, or your moon withdraw itself; for the Lord will be your everlasting light, and your days of mourning shall be ended.”*

*-Isaiah 60: 1 – 6. 11 – 12, 17. 19*

## **Your Light has Come**

Isaiah is talking about the spiritual Light of God that comes to us through the intermediary of the Spiritual Sun. We don't know who Isaiah was talking to, but now that we are in the End Times and the time of the Sun of Righteousness, we can assume that he is talking to us.

## **Darkness Shall Cover the Earth**

There are different kinds of darkness, physical darkness and mental darkness. We are experiencing the latter kind quite a lot these days. With wars, plagues, tornadoes and floods, etc. it seems like the world is full of darkness. We must remember, though, the old saying, “It is always darkest before the dawn.” We are seeing a lot of darkness in the world, but we are also seeing people awakening to the Light, in small numbers, but growing all the time.

## **The Lord's Glory Over You**

The Glory that has appeared over us is the Sun of Righteousness predicted by the prophet Malachi, among others in different faiths.

## **Nations come to Your Light**

This hasn't happened yet, but it is in our prophecies that our community will one day be recognized for its importance in the complete development of mankind, and political leaders, as well as business leaders, will come to us for advice and guidance.

## **Your Gates Will Be Open**

We will be open to helping all the nations all the races, all the religions of the world to unite and live together in peace and harmony.

## **Your Sun Shall Not Go Down**

The Sun of Righteous, being the Spiritual Sun with the addition of God's presence in it, never goes down because it is spiritual and not subject to the limits of time and space. While it is convenient for us to think of the Spiritual Sun as being in the same location as the Physical sun, the Spiritual Sun is not limited to that location. In fact, many Cosolargy students sometimes find when doing their daily solar techniques, that as they are finishing, they find they are looking at an area some distance away from the physical sun. That is perfectly fine, as once again, the Spiritual Sun is everywhere.

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# Climbing Mount Thabor



*“So that the name of Christ may be exalted and glorified in us, we should follow him up the mountain of our bare intelligence, even as Peter, James, and John followed him up Mount Thabor. Thabor means in our tongue an increase in light. So soon as we are like Peter in the knowledge of truth, and like James in overcoming the world, and like John in fulness of Grace possessing the virtues in righteousness; then Christ brings us up onto the mountain of our intelligence to a hidden solitude, and reveals himself to us in glory and Divine Brightness. And, in his name, his Father in Heaven opens to us the living book of His Eternal Wisdom. And the Wisdom of God enfolds our bare vision and the simplicity of our spirit in a wayless, simple fruition of all good without distinction; and here there are indeed seeing*

*and knowing, tasting and feeling, essence and life, having and being: and all this is one in our transcendence in God. And our heavenly Father endows each of us according to the nobility of his life and his practice. Therefore, if we ever remain with Christ on Mount Thabor, we will continue to experience a growth of new Light and new Truth, for we should forever hear the voice of the Father.”*

*-John of Ruysbroeck*

## **Glorified in Us**

Actually, in most places where it says “Christ” in the quote above, it originally said “Jesus,” but it was obvious from the context that Ruysbroeck meant Christ, so I changed the wording for clarity. It is Christ, a spiritual Being and true Son of God who should be exalted and glorified in us. This does not mean that we should worship Jesus or even Christ. It means that we should try to awaken our own spiritual consciousness with the goal of eventually reaching the highest level called Christ Consciousness. This cannot be done instantly, or even in a week or two. It takes years of practice and gradual change to climb up the many levels of consciousness until we achieve Christ Consciousness, or, using the analogy Ruysbroeck used, it takes years to climb to the top of Mount Thabor, the mountain of Light. So to follow Jesus, Peter, James, and John up Mount Thabor means that we should gradually increase our own Spiritual Light and in doing so, develop our spiritual faculties.

## **Peter, James, and John**

According to Ruysbroeck, Peter, James, and John, each represented certain attributes or desirable traits of a true spiritual seeker. Peter represented Knowledge. Not the knowledge gained from books, or attending a government-approved school system, but the Divine Knowledge that is only revealed to the awakened and developed Soul. James, according

to Ruysbroeck, was known for “overcoming the World”. He was one of the most spiritual of the apostles and an actual brother of Jesus (Mary had more than one child). John was full of grace and the “virtues in righteousness”. Those virtues are love, peacefulness, and humility which we must all develop.

## **Hidden Solitude**

One problem with Ruysbroeck is that he doesn't seem to recognize the difference between intellect and consciousness, but that is not surprising for the times when little was known about the brain, mind, or consciousness. In any case, there is a “Hidden Solitude” that we can get to by practicing our spiritual development techniques regularly and conscientiously. In this hidden solitude, the true Knowledge (Gnosis) is revealed, perhaps slowly at first, but eventually in its entirety.

## **Transcendence in God**

There is only one real transcendence and that is transcendence in God. Gaining intellectual knowledge is not transcendence. Gaining psychic knowledge and abilities is not transcendence. Those things may be steps on the path for many people, but it is only when we climb to the top of Mount Thabor and become one with God do we truly transcend. Some people fear this transcendence because false schools have spread the idea that once we become one with God and one with The All, we completely lose our individuality. They compare it to a drop of water joining the sea and becoming completely mixed, but that is not how it happens. It is more like a grain of sand dropped on a beach that is now one with the beach, yet still an individual grain of sand.

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# Go Beyond Putting Yourself in Another Person's Shoes



*“When you are offended by any person’s transgressions, presently reflect upon yourself; and consider what you yourself are guilty of in the same kind. You may also think it a happiness to be rich, or to live in pleasure, or to be praised and commended, and so on. For this, you should call to mind, so you will soon forget your anger; especially when at the same time this also shall occur in your thoughts, that he was constrained by his error and ignorance to do so; for how can one choose as long as they are of that opinion? Do you therefore, if you can, take away from that person that*

*which causes them to do such things.*

*“Think of Socraticus and Eutyches, think of Sylvanus or Severus. When you do, look upon yourself and fancy yourself to be one or another of these Caesars; and so for every one of them. Then ask yourself, ‘Where now are they all?’ For so shall you realize how all worldly things are but smoke that vanishes into nothing. Then contemplate how long your memory shall remain after you have left this world.”*

*-Marcus Aurelius*

## **When You Are Offended**

Today, many of us get offended too easily. Another person simply has to say something we disagree with, and we are offended. If someone we know chooses to vote for a different political candidate than us, we are offended. If someone eats foods that we think are unhealthy, or tells us not to eat unhealthy foods, again we are offended. The majority of us have become too sensitive. We seem to think that the whole world should operate according to what pleases us, and are offended that it doesn't.

## **Reflect Upon Yourself**

The advice of Marcus Aurelius in such cases is that we should look at our own behavior before getting angry with others. Or as we would say it today, put ourselves in the other person's shoes. Have we ever done anything foolish? Have we ever said anything stupid? If we are honest, the answer to both questions will be “Yes”. None of us is perfect. We all make mistakes. One of the biggest mistakes any of us makes is believing that we are perfect and never make mistakes.

So before you criticize, or get angry at another person, think about your own mistakes in the past, and the new mistakes you are likely to make in the future.

## **Think of Socraticus and Eutyches**

Aurelius advises us to think of several ancient Roman Caesars, and he chose ones that most of us have never heard of, although they were probably well known in his time. As a result, he has made his point better than expected. He says we should imagine we are one of these Caesars, but that is hard to do since most of us have never heard of them. If you prefer, you can imagine yourself to be one of the better-known Caesars such as Julius Caesar. Many of us think we know a lot about this Caesar, but in fact, we know only a little. We know of those years he spent with Cleopatra, eventually having a child with her, but that is only a few years of his long career. We don't know the rest of it. So as Aurelius is trying to teach us, the deeds of the high and mighty kings and rulers don't last long after their death. Rather than dust in the wind, Aurelius says they become smoke that vanishes, so the same idea as dust blowing away in the wind. The point he is trying to make is that those with overblown egos who think that they are in essence a sort of king who does no wrong should remember the kings of the past and how soon they are forgotten and how soon the laws they made get changed by new rulers.

## **Go Beyond Walking a Mile in Someone's Shoes**

So it is a good idea when we become offended by another person to "walk a mile in their shoes." But it shouldn't stop there. We can't just imagine ourselves in the shoes of another person who offends us at times. We must put ourselves in the shoes of every person, including the ones who don't have shoes. Not only when we are offended by someone, but on regular occasions we should take a little time to contemplate what our life would be like elsewhere. Consider what it would be if we were born in a very poor country. Consider what it would be if we were born in a very wealthy country, but we ourselves were not one of the wealthy people there. Consider what it would be like to be a person in a country that is despised by most of

the world. Consider what it would be like to be a carpenter, a priest, a ditch digger, or a corporate CEO. Put yourself in the shoes of every other person. Then you will not be so egotistical as to think that the whole world exists to please you.

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## Healing the Hermetic Way



*“According to the Hermetists, disease could be prevented or successfully combated in seven ways. First, by spells and invocations in which the physician ordered the evil spirit*

causing the disease to depart the patient. This procedure was probably based on the Biblical account of the man possessed by devils whom Jesus healed by commanding the devils to leave the man and enter into a herd of swine. ...

“The second method of healing was by vibration. The inharmonies in the body were neutralized by chanting spells and intoning sacred names or by playing musical instruments.

...

“The third method was with talismen, charms, or amulets. The ancients believed that the planets controlled the functions of the human body and that making charms out of different metals could combat the malignant influences. ...

“The fourth method was by the aid of herbs and simples. While they used talismen, the majority of ancient physicians did not approve of mineral medicine for internal use. Herbs were their favorite remedies. ...

“The fifth method of healing was by prayer. All ancient people believed in the compassionate intercession of the Deity for the alleviation of human suffering. Paracelsus said that faith could cure all diseases. Few people, however, possess sufficient faith.

“The sixth method—which was prevention rather than cure—was regulation of the diet and daily habits. The individual, by avoiding things that caused illness, remained well.

“The seventh method was ‘practical medicine,’ consisting chiefly of bleeding, purging, and similar treatments. These procedures, while useful in moderation, were dangerous in excess.”

-Manly P. Hall

## **What is Disease**

For the most part, the Hermetists, as well as other ancients, did not distinguish between mental and physical illness as we do today. They generally treated the ill person as an entire being, not just treating specific symptoms. This concept is returning today under the name of Holistic Healing.

## **Why So Many Methods of Healing**

One reason for so many different forms of healing was that the physician felt that in specific cases, one method was better than another. Another was simply that the individual healer may have only known two or three of the methods, so he had to use what he knew. If those methods didn't work, a different physician might be called on to try other methods.

## **Healing by Spells**

Healing by spells and invocations was, I suspect, not a method used by the majority of healers. I think that it is rare for a person to be physically or mentally ill due to possession by evil spirits. However, if the patient believed in such possession, then this type of treatment might work.

## **Healing with Vibration**

Healing with vibration is also a much older form of healing than many people believe. In particular, healing with sound is thought by many to be something new, but it has been practiced for many centuries. The didgeridoo invented by the aborigines of Australia was not used by them for music but was a healing tool used by the Shaman. In other places, tuning forks have been used for healing. And simply singing or chanting over the sick person was also a method of healing. In fact, you can help heal yourself by chanting or singing.

## **Healing with Charms**

The basic idea of healing with charms was that certain metals

could help heal some illnesses. For example, If a person was ill due to an iron deficiency, he might be given an iron charm or amulet to wear. The charm would have the picture of a god or goddess carved on it, or some prayer designed to invoke healing. Doctors today would prescribe a pill with iron in it instead. Only recently, a form of this became briefly popular again. At the beginning of the Covid-19 epidemic, some spread the word that copper helped prevent virus infections, so many people started wearing copper bracelets, amulets, or charms.

## **Healing with Herbs**

This is probably the most used form of natural healing today. People who have had bad side effects from prescription drugs, or have simply heard of such problems, often turn to herbal remedies as an alternative. Herbal healing formulas are sold for such things as improving circulation, lowering blood pressure, controlling pain, etc. Most of these herbal forms work to some degree, but may not be enough in all cases, It might be good in such cases to add some form of vibrational healing, as well as prayer, to the treatments.

## **Healing with Prayer**

Healing with prayer is another method of healing that goes back many centuries and is still practiced today. Prayer can work, especially if the person believes in it, but it might not work if the person's illness is due to karma.

## **Healing with Diet**

A healthy diet is certainly an important part of healing physical ills. In almost all cases, an illness could be at least partially alleviated by dietary changes. Even mental illnesses may sometimes be caused by eating the wrong foods. Unfortunately, few doctors today suggest dietary changes as the first treatment for illness. Many never suggest it at all.

## Practical Medicine

What Mr. Hall calls practical medicine is fortunately not used much today, particularly bleeding the patient to get the illness out of them. Purging, in some forms, may still be used occasionally, such as with constipation.

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## A Quote from the Writings of Isaiah with Commentary



*“Arise, shine; for your light has come, and the glory of the Lord has risen upon you.”*

*“For darkness shall cover the earth, and thick darkness the peoples; but the Lord will arise upon you, and his glory will appear over you.*

*“Nations shall come to your light, and kings to the brightness of your dawn.*

*“Lift up your eyes and look around; they all gather together, they come to you; your sons shall come from far away, and your daughters shall be carried on their nurses’ arms.*

*“Then you shall see and be radiant; your heart shall thrill and rejoice,*

*because the abundance of the sea shall be brought to you,*

*“Violence shall no more be heard in your land, devastation or destruction within your borders; you shall call your walls Salvation, and your gates Praise*

*“Your sun shall no more go down, or your moon withdraw itself; for the Lord will be your everlasting light, and your days of mourning shall be ended.*

*“Your people shall all be righteous; they shall possess the land forever.*

*They are the shoot that I planted, the work of my hands, so that I might be glorified.*

*“You shall be called priests of the Lord, you shall be named ministers of our God; you shall enjoy the wealth of the nations, and in their riches you shall glory.*

*“I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels.*

*“For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.”*

*-Isaiah 60, 61*

## **Your Light has Come**

This is not an ordinary light that might come from a candle or a light bulb. The Light Isaiah is talking about is the Divine Light that comes to us through the Spiritual Sun. That is why he then adds that the “Glory of the Lord has risen upon you.” Being one with God means allowing that Light into you to awaken and develop your spirit until it becomes a conscious Soul.

## **Darkness Shall Cover the Earth**

This is certainly true today. There has never been a darker, more materialistic period in history than in the last few centuries. That is why this time is the final time we have to change our path and turn ourselves and all of humanity away from the darkness of materialism and toward the Light of Spirit.

## **Nations Will Come to Your Light**

As the Community of Light grows, it will reach a point where desperate leaders of nations, businesses, and churches will turn to us for advice and help. We will gladly give them that help as humanity must be saved as a whole, not just a few of us.

## **Violence Shall No More Be Heard**

When people turn to God’s Light, wars and violence of all kinds will be brought to an end. So will disease, famine, floods, and other “natural” disasters that are caused largely

by Man's angry and violent thought patterns that control the world far more than most of us realize.

## **Your Sun Shall No More Go Down**

Materialistic people, and even some who think they are spiritual don't think this is possible, or even a good idea. They think that light cannot exist without darkness, but they are wrong. As the universe becomes more and more spiritual, we will only be looking at the Spiritual Sun, which shines down on us at all times, even now. Since it is a Spirit, it is not limited at all by time and space.

## **Garment of Salvation**

The Garment of Salvation, the Robe of Righteousness is the Spiritual Light. As we slowly change from our current material forms into more spiritual ones, we will literally glow with that light and help spread that light to all of humanity, all of the world, and all of the universe.

## **Seeds in the Garden**

Our small Community is the seed in God's Garden on Earth. We must grow and become a Great Garden of Light. That is our destiny. But unlike seeds in a regular garden, we can't wait for others to water and fertilize us. We must seek out the Water of Life and the Fertilizer of Salvation which is that Spiritual Light flowing to us from God and through the Spiritual Sun.

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# **The Path to Enlightenment**

# Changes with the Times



*“The path leading to cognition of the supersensible worlds is one which all men [and women] may travel, whatever their position under the present conditions of life may be. And in speaking of such a path it must be borne in mind that, while the goal of cognition and truth is the same at all times of the earth’s development, yet the starting point for Man has varied considerably at different periods. For instance, the man of the present day who wishes to find the way into supersensible worlds, cannot start from the same point as the Egyptian candidate for initiation of old. This is why it is impossible for modern humanity to apply, without*

*modification, the exercises given to the candidate for initiation in Ancient Egypt. ... The capacities and qualities of souls change. Those who have studied human history only superficially can note that since the twelfth and thirteenth centuries, all life conditions have changed and that opinions, feelings, and even human capacities have become different from what they were before that time. The path for the acquirement of higher knowledge must be one which is suitable for souls in the present.*

*“From epoch to epoch, progressive evolution leads humanity, in respect to the path of higher cognition, to ever-changing modes , just as outer life likewise changes its form. For at all times, it is necessary that perfect harmony should reign between external life and initiation.”*

*[-Rudolf Steiner](#)*

## **Supersensible Worlds**

What Mr. Steiner calls “Supersensible Worlds” are today known as spiritual worlds or spiritual dimensions. What name we use isn’t important, but Steiner’s term tells us something about what these worlds are. As Supersensible worlds, they are above the sensible, or material world, in terms of frequency, level of consciousness, and evolution.

## **Present Conditions**

The present conditions of life are indeed different than what they were in Ancient Egypt during its spiritual golden age and even different from what it was during the Greek golden age of spiritual development. In one sense, things have gotten worse because people today are much more materialistic than in those ancient periods. On the other hand, we now have the Sun of Righteousness shining down on us, and that makes spiritual development easier. In any case, many things have changed and that is why the methods of spiritual development must change

with the times. While they may remain the same in a general sense, the details change. Today, the idea of having to live in a monastic community to engage in spiritual development appeals to few people, so that has changed. You can now be part of a spiritual community and still have a normal life with a home, a job, a spouse, etc.

## **Progressive Evolution**

While Steiner may be correct in a physical sense, man has actually not been evolving spiritually, but devolving over the centuries. Fortunately, that is finally changing due to the arrival of the Sun of Righteousness in the End Times of the present age, which marks the beginning of a new age of spiritual growth. We don't know how long it will take, but man will evolve into a pure spiritual being, and death, disease, and other problems of having a physical body will be over. We will no longer have to kill and eat other physical beings to survive but will need only God's Light to nourish and sustain us.

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## **A Quote from John's Book of Revelation with Commentary**



*“Now write what you have seen, what is, and what is to take place after this. As for the mystery of the seven stars that you saw in my right hand, and the seven golden lampstands: the seven stars are the angels of the seven churches, and the seven lampstands are the seven churches...”*

*“To the angel of the church in Laodicea write:*

*“The words of the Amen, the faithful and true witness, the origin of God’s creation: So, because you are lukewarm, and neither hot nor cold, I am about to spit you out of my mouth.”*

*“For you say, ‘I am rich, I have prospered, and I need nothing.’ You do not realize that you are wretched, pitiable, poor, blind, and naked. Therefore I counsel you to buy from me gold refined by fire so that you may be rich, and white robes to clothe you and to keep the shame of your nakedness from being seen, and salve to anoint your eyes so that you*

may see.

*"I reprove and discipline those whom I love. Be earnest, therefore, and repent.*

*"Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come into you and eat with you, and you with me*

*"To the one who conquers I will give a place with me on my throne, just as I myself conquered and sat down with my Father on his throne. Let anyone who has an ear listen to what the Spirit is saying to the churches."*

*"Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more.*

*"See, the home of God is among mortals. He will dwell with them;*

*they will be his peoples, and God himself will be with them;*

*"He will wipe every tear from their eyes. Death will be no more;*

*mourning and crying and pain will be no more, for the first things have passed away."*

*"Then he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty, I will give water as a gift from the spring of the water of life.*

*"Those who conquer will inherit these things, and I will be their God and they will be my children.*

*"Then one of the seven angels who had the seven bowls full of the seven last plagues came and said to me, "Come, I will show you the bride, the wife of the Lamb." It has a great, high wall with twelve gates, and at the gates twelve angels...*

*on the east three gates, on the north three gates, on the south three gates, and on the west three gates*

*“ And the city was a perfect cube, and its length is as large as its breadth: the length and the breadth and the height of it are all equal.*

*“The angel who talked to me had a measuring rod of gold to measure the city and its gates and walls. The city lies foursquare, its length the same as its width; and he measured the city with his rod, fifteen hundred miles; its length and width and height are equal.*

*“The wall is built of jasper, while the city is pure gold, clear as glass. The foundations of the wall of the city are adorned with every jewel; the first was jasper, the second sapphire, the third agate, the fourth emerald, the fifth onyx, the sixth carnelian, the seventh chrysolite, the eighth beryl, the ninth topaz, the tenth chrysoprase, the eleventh jacinth, the twelfth amethyst. And the twelve gates are twelve pearls, each of the gates is a single pearl, and the street of the city is pure gold, transparent as glass.*

*“I saw no temple in the city, for its temple is the Lord God the Almighty and the Lamb. And the city has no need of sun or moon to shine on it, for the glory of God is its light, and its lamp is the Lamb.”*

*– Revelation*

## **The Book Of Revelation**

Most of the Bible, like much scripture of other faiths, is written in allegorical language. The Book of Revelation probably more so than any other book of the Bible. In a way, John explains some of the symbology in the sections quoted above, but not entirely. He starts by saying that the seven stars and seven lamps represent the seven churches, but he

doesn't say what seven churches. Many assume it means the early Christian churches, but I think John was speaking in a more universal sense, and the seven churches are the seven major religions of the world.

## **Because You are Lukewarm**

The allegory used here is fairly obvious. John is criticizing the church of Laodicea for not being devoted enough in their worship of God. They are like so many Christians today who call themselves Christians, yet rarely do what Jesus taught the apostles to do. They either don't go to church as often as they should, or they go more as a social event rather than a spiritual one. Of course, real spiritual development requires more than going to church or reading scripture, and he is talking about that also.

## **Rich, But Poor and Naked**

This is even more true today. People think they are successful because they have a lot of money, land, or other forms of material wealth. John is saying these people are really poor and naked because they have accomplished nothing on a spiritual level. Money, land, and fine clothes won't get you into Heaven. You need to be "clothed" in God's Light that comes only to those who practice spiritual development techniques, and do it with the proper attitude of love and humility.

## **God Will Be With Us**

In a sense, God is with all of us now as his presence is in the Sun of Righteousness that now shines down on us, but the Light from that sun has little effect on the average person. We have to practice spiritual development techniques to absorb a significant amount of that Light and become one with God.

## **City with Twelve Gates**

This city represents the entryway into Heaven. It is described

as being of pure gold, but clear like glass. To me, that is a good description of the Spiritual Sun. Gold is often associated with the sun, and clear like glass can only mean that it is not visible but is there anyway. That only applies to the Spiritual Sun. And what about those twelve gates? Look at our Cosolargy Cross. It has twelve suns on the outer sections in four groups of three. While the version we use in Cosolargy was specifically designed for our community using the knowledge of modern math, harmony, and proportion, versions of this cross have been around for thousands of years!

## **Summary**

We can't go through all the allegory in one post, so suffice it to say that it should now be apparent that Revelation is about Spiritual Awakening and Spiritual Development.