

2021 Community Conference Address: State of the Church Community



The 2021 Community Conference opened on Second Advent Pentecost, Sunday, June 6, 2021 with Sunrise Divine Service, a breakfast buffet, and an address by The Right Reverend Gene Savoy, Jr. delivered at the Monastery Gardens, Red Rock Consecrated Sanctuary.

All these events, including the delivery of the “State of The Church Community” address are available to Consociates at the Cosolargy Forum page on Facebook, shared through Dropbox.

[Click here to link to a video of part one Bishop Savoy's](#)

[address. \(34:48\)](#)

[Click here to link to a video of part two Bishop Savoy's
address. \(36:29\)](#)

Bishop Savoy's talk covers a wide scope of topics related to the Church Community's history of projections and accomplishments over the past five years. The details are important enough and comprehensive enough that the Communique editors thought it worthwhile to present the entire address in writing for Consociates.

A full transcript of the address has been made by The Reverend Barbara Whitney for the Community Communique.

[Click here to read, print, or download the PDF transcript of
Bishop Savoy's address.](#)

WEEKLY MESSAGE: June 16, 2021



CŌSOLARGY.INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

HEAD OVERSEER'S WEEKLY MESSAGE



June 16, 2021

I want to personally thank all of you who took the time to attend The Community's first-ever virtual conference via Zoom. It was a great pleasure to see all of you, and for some of you to put a face with a name. The meeting was a great success! I also thank everyone who was involved in putting the meeting and presentations together.

We will be sending information to you soon regarding next year's in-person Convocation here at the Community Center in Reno so you can start making adequate plans. 2022 marks the 60th anniversary of the birth of the Sun of Righteousness in 1962. It also coincides with an auspicious 20-year cycle, so it's important that you make every effort to attend this time

of special blessings. Next year's gathering will be our first in-person Convocation since 2019, and we will be presenting an exciting program which you will not want to miss.

If you haven't had a chance to look at the Cosolargy Members Forum on Facebook lately, two videos which we didn't have the time to show last Saturday have been posted. The first is on the impressive restoration work that has been completed at the Cathedral Church of the Americas at the Red Rock Consecrated Sanctuary. The second is a video that shows a little more of the activities at the Cosolargy Institute of Japan, including a short message from Bishop Yuki and scenes of their sunrise service. You can also expect to receive soon the presentation we were going to show you on our property in Baja California Sur, Mexico on the Gulf of California.

My regular weekly messages will resume next week. In the meantime, I thank you again, and send you my blessings.

Again, if I may be of any personal service to you, please do not hesitate to contact me.

Very truly yours in Light+,

Gene

P.S. Here are links to the videos which we did not get to play during the June 12th conference:

Cosolargy Institute of Japan

<https://www.dropbox.com/s/-7048aw5zd5k2wsr/Cosolargy{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}-20Institute{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20of{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20Japan.mp4?dl=0>

Cathedral Church Repair

<https://www.dropbox.com/s/-hzqm5sdz1tvo2k3/2021-05-09{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}-20Cathedral{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20Church{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20Repair{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}-20Ted{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20no{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}20Bowls{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909}204Mbs.mp4?dl=0>

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Invitation to a Virtual Conference June 2021



May 18, 2021

Dear Consociates,

We are pleased to invite you to take part in a special event we will be hosting this year for all Consociates of The Community throughout the world.

Next year – 2022 – we will hold a full, in-person Convocation during the time of Pentecost, which we celebrate each year on June 6th. This year – 2021 – we have created a virtual program that will begin on Sunday, June 6th, to commemorate the spiritual heritage of Pentecost.

In the early Church that originated out of the Essene communities, Pentecost was a time of regeneration and revitalization for the Community that signified the annual renewal of the Covenant. In a similar state of gratitude, peace and love, we will be able to participate together in the Divine Service on June 6, 2021, at one with God and the cosmos. The Book of God's Revelation records the importance of this date in the Sacred Calendar of the Second Advent Church: In 1982 Revelations were received atop the Temple Mount on Divine Law and on the building of the Shrine of God's Waters.

It is always important to reconnect with the Center, with others from around the world, and with our Prophecies and Teachings. And so we welcome this event as an important moment to connect, reconnect, and fuse together all members of Cosolargy International. In this era of an emerging new dimension of Consciousness, there is a power in the Liturgics and the Liturgy we perform in Community, aligned with the spiritual Forces of Light, to serve as an antidote to the influence of Dark Powers.

You can take part in this year's conference by:

* **visiting the Cosolargy Forum page** on Facebook on June 6th to watch the "State of The Community" presentation live or by visiting the page at your convenience later to watch the recorded version and to see further announcements on the

conference.

* **attending the Zoom conference** hosted in North America on June 12th at 2:00 PM Pacific Daylight Time.

* **sending in questions for discussion** that you may have on the “State of The Community” presentation or on concepts of Cosolargy which you would like to hear more about.

Below please find the schedule for our virtual conference:

June 6

Sunrise Divine Service
Breakfast at the Sanctuary
“State of The Community” address by Bishop Gene at the
Monastery Gardens

June 12

Zoom meeting at 2:00 PM PDT

Prerecorded videos from our Center in Northern Nevada:

Sanctuary tour
Cathedral Church of the Americas
Sanctuary guest suite
Gene Savoy, Sr. Heritage Museum
Steamboat Hot Springs Healing Center

Live Q&A on “State of The Community” address

Live Q&A on Cosolargy concepts

Prerecorded “Hello from Japan” with Bishop Yukinori and video footage of a sunrise service, the Center in Japan, and members of the Japanese Community

Prerecorded video of property in Mexico & live greeting from
Humberto Garcia

Live greetings from international Consociates participating in
the Zoom meeting

If you are not already registered on the Cosolargy Forum, go to the Facebook page and request to join the group before June 6th. You will receive notification from the forum administrator, Harold Boulette, when you are registered.

To take part in the live Zoom conference on June 12th, click on the link to the meeting which you will receive by email shortly before the conference is scheduled to begin.

Your active participation has a profound meaning beyond words. Your presence will enhance the forces that have activated and motivated our Community for many decades. We look forward to seeing you!

Yours, most sincerely,

Reverend Francine Petrovich
Conference Coordinator

**YOU ARE INVITED TO THE 2021
COSOLARGY VIRTUAL CONFERENCE**

– FOLLOWUP 2



Will you
attend
this
seminar?

Yes

[Select](#)



No

[Select](#)



Maybe

[Select](#)



YOU ARE INVITED TO THE 2021 COSOLARGY VIRTUAL CONFERENCE

Time is running out. If you are still undecided about attending the Cosolargy Virtual Conference, these teaser videos might help you decide. They are each about one minute long and are excerpts from some of the videos that will be part of the conference.



Cathedral
of the
Americas
Teaser



Redrock
Sanctuary
Teaser



Gene Savoy,
Sr. Museum
Teaser
If you
haven't
already,
please let us
know if you
will be able
to attend the
live Zoom
session
on June 12th
at 2:00 PM
(PDT), so
that we can
send you the
links for the
Zoom session.
If you have
never used
zoom, [click
here to view
a video](#) on
how to join a
Zoom session.

Francine
Petrovich

Francine Petrovich

Convocation
Coordinator



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You are invited to the 2021

Virtual Conference – Follow up Message



Will you attend this seminar?	
Yes	Select
☐	
No	Select
☐	
Maybe	Select
☐	

Follow up Message

The 2021 Cosolargy Conference will be in two parts. The first part will happen on June 6th. On that date, the Sunrise Divine Service, breakfast at the parsonage at the Sanctuary, and the State of The Community address by the Right Reverend Gene Savoy, Jr. will be posted on the [Facebook Cosolargy Forum](#). If you are not already a member of the Cosolargy Forum, you will need to join before you can view the videos.

The second part will be a live Zoom session on June 12th at 2:00 PM (PDT). The session will include several pre-recorded videos. At this time, the list of planned video presentations includes:

- A photographic tour of Red Rock Consecrated Sanctuary.
- A tour of the newly repaired Cathedral Church of the Americas.

- A tour of the Sanctuary guest suite that is under remodel.
- A visit to the Gene Savoy, Sr. Museum.
- A video about our Steamboat Hot Springs Healing Center.
- A video from our Community in Japan.
- A tour of our property on the Gulf of California in Baja California.

You will be able to submit questions on the State of The Community address and on the concepts of Cosolargy that staff members can address during the live Zoom session. If you wish to submit a question, just reply to this email, or use the contact form on the [Cosolargy website](#).

If you haven't already, please let us know if you will be able to attend the live Zoom session on June 12th at 2:00 PM (PDT), so that we can send you the links for the Zoom session.

If you have never used zoom, [click here to view a video](#) on how to join a Zoom session.

And last, [click here](#) to practice joining a zoom meeting.

Francine
Petrovich

Francine Petrovich

Convocation
Coordinator



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**YOU ARE INVITED TO THE 2021
COSOLARGY VIRTUAL CONFERENCE**



Will you attend this seminar?	
Yes	Select
☐	
No	Select
☐	
Maybe	Select
☐	

Due to the ongoing COVID restrictions, we cannot hold a normal Convocation this year, so we are doing a short virtual one instead.

This conference will consist of prerecorded videos broadcast over the [Facebook Cosolargy Forum](#) on June 6th, which you can watch at your convenience, and additional recorded videos plus one or two live broadcasts using Zoom on June 12th. You will be able to submit questions that staff members can address during the live Zoom session. Subjects will include a State of the Church message, a tour of the Cathedral and the repairs being done to it, a visit to the Gene Savoy, Sr. Museum, and more. We will send out another message soon with details. Please let us know if you will be able to attend this event on June 12th at 2:00 PM (PDST), so that we can help personalize your experience.

If you have never used zoom, [click here to view a video](#) on how to join a Zoom session.

[Click here](#) for another one.

And last, [click here](#) to practice joining a zoom meeting.

Francine
Petrovich

Francine Petrovich

Convocation
Coordinator



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Community Update from Bishop Gene



International Community of Christ Church of the Second Advent

**Office of the Head Overseer-Bishop
The Right Reverend Gene Savoy, Jr.**

March 10, 2021

Remembrance of the 9-planet Alignment (1982)

Dear Consociates,

As promised, I write to you regarding The Community's plans for our annual Convocation of Ministers and Consociates. But first, let me update you on this year's plans at the Sanctuary as described briefly in my letter of February 20th.

The second phase of the Cathedral Church restoration is currently underway with removal and demolition of the loose and crumbling concrete. The next phases will be a) the fabrication of forms, b) the installation of special screws by which the new concrete will adhere to the old concrete, c) the actual pouring of the new concrete itself, and, finally, d) covering the new concrete with a unique urethane cap. In addition, existing cracks in the concrete floor will be filled and the central water feature of the church restored. This is

the same process that was used for the first phase.

Work is also underway remodeling the apartment of the late Reverend Mother Carol Ann Crabb at the Chapter House into a Sanctuary retreat apartment for use by Community members. The tile floors throughout have been refurbished, new carpet has been installed in the bedroom, walls have been repainted, new window treatments are in, the kitchen counter-tops are being replaced, the bathroom is being given a fresh look, old lighting fixtures have been replaced, and new furniture is being purchased. We are also installing a new heating system, TV and stereo system. We believe this space will be very comfortable for everyone who uses it to enjoy, appreciate and work the Sanctuary grounds and conducive for retreat and contemplation. We will let you know when it becomes available for use.

Please remember that we are proceeding with these two projects in anticipation of your necessary and much-appreciated contribution. Our goal is to raise \$40,000: \$30,000 for the Cathedral Church repairs and \$10,000 for the Sanctuary Retreat Apartment remodel.

Another essential program we are expanding this year at the Sanctuary is the growing of food for our members. We are starting out small but with a comprehensive plan to grow organic vegetables, herbs and fruits by means of both soil farming and aquaponics. We have chosen three sites to begin with and, as the plan develops, we will keep you informed of our progress.

Also, as promised, trees in memory of the late Reverend Canon Dr. Gary Buchanan and the Reverend Mother Carol Ann Crabb will be planted this Spring and Fall around the Cathedral Church and surrounding gardens.

This summary should give you a good idea of what we will be focused on this year at the Sanctuary. Of course, other

projects have already been planned and are proceeding at Steamboat Hot Springs, the Chapel of the Holy Child, and the Rectory-Abbey, but these reports are for another time because we realize there is only so much we can ask of you at any one time.

Now let us discuss Convocation. As you know, due to the Covid-19 pandemic, we were compelled to cancel last year's gathering. This is the first time we have had to do this since these assemblies began in the mid-1970's. However, 2020 was not a loss for us. We took advantage of the down time to focus on laying the foundation for the next phase of The Community's growth which is already becoming apparent.

This year, while the world still remains under the influence of the pandemic, we are planning a one-day virtual conference to be held on Sunday, June 6, 2021. All details have not been finalized as of yet; however, we anticipate it will be in three parts: 1) the Sunrise Divine Service, 2) a one or two hour presentation later in the morning, and 3) a Q & A session in the afternoon. Details will be sent soon on how you can participate.

Sunday, June 6, 2021 is Second Advent Pentecost. The importance of this day is recorded in The Book of God's Revelation beginning on page 109. (Pentecost is a highly significant date in our Sacred Calendar, and I highly recommend you read the pages again.) June 6th each year is the anniversary of the announcement of God's Newly Created Light in the Eight Appearances. On this date in 1982 (a 20-year cycle), Revelations were received atop the Temple Mount on the Four Intermediary Lights, the Tables of the Law, the Twelve Principles of Divine Law, and on the building of the Shrine of God's Waters.

In the early Christian Church, which originated out of the Essene communities, Pentecost signified the annual renewal of the Covenant – the time of year when new candidates were

admitted into the Order and other members of the Community were advanced to the next level within the Order. It was a time of regeneration and revitalization for the Community.

Next year – 2022 – we will hold a full, in-person Convocation, again, during the time of Pentecost. 2022 is an auspicious year. It not only marks the 60th anniversary of the birth of the Sun of Righteousness and the manifestation of The Image and The Word in God's New Sun, it is also the beginning of a new 20-year cycle. Twenty-year cycles are important in our Calendar, and this will mark the closing of the third 20-year cycle and the beginning of the fourth since 1962 – the previous two being in 1982 and 2012, respectively. The Convocation will begin either Wednesday, June 1st or Thursday, June 2nd and will end the morning of Monday, June 6th. So begin making your plans now.

As always, you are more than welcome to reach out to me on any matter or with any questions at any time. I am personally looking forward to our continued work together and the building of the Great School of Light as we enter a new cycle of regeneration and renewal in our Community. In the meantime, I remain,

Very truly yours in Light+,

Gene Savoy Jr.

Children's Blessing and

Luncheon Held



Photo credit: Gene Savoy Jr.

The annual Children's Blessing was held at the Rectory-Abbey on Sunday, January 3, 2021 from 12:00 noon to 2:00 PM. While not a part of the Sacred Calendar of the Church, this Blessing is held each year during the Christmas-Epiphany Vigil. Children, parents, and a limited number of other members of the Community, who were present by special invitation, gathered for the ceremonial blessing of the children of the Community. Due to COVID-19 and social distancing requirements, attendance at the Children's Blessing this year was by

invitation only.

The Blessing in past years was accompanied by an afternoon tea for the children. This year the event was held at noon and was designed as a luncheon rather than a tea. The traditional breaking of the piñata was also done away with this year, just as the making and breaking of the gingerbread chapel was also done away with in years past, to avoid encouraging too much sugar and sweets for the children.



Photo credit: Gene Savoy Jr.

The Blessing of the Children this year was performed by Dea. Radheka Savoy for the first time. In past years this service had been officiated by Reverend Mothers Sylvia Ontaneda de Savoy, Ileana Isfan, and Elizabeth Reece.



Dea. Radheka Savoy blesses the children. Photo credit: Gene Savoy Jr.

Lunch this year was green salad and shepherd's pie prepared by Radheka Savoy and Noriko Roy. The dessert was provided by Claudia Grady. All three are mothers of children present at the event.

Because the annual Epiphany Eve banquet traditionally held at the Rectory-Abbey was cancelled due to the pandemic and Santa did not make an appearance on that day, Santa appeared for the children as a special guest at the luncheon. He arrived bearing gifts at 2:00 PM to close the festivities.



Joseph Roy with Santa. Photo credit: Gene Savoy Jr.



Helena Savoy with Santa. Photo credit: Gene Savoy Jr.



Noah Huss with Santa. Photo credit: Gene Savoy Jr.



Kendra Grady (left) and Sophia Savoy (right) with Santa. Photo credit: Gene Savoy Jr.

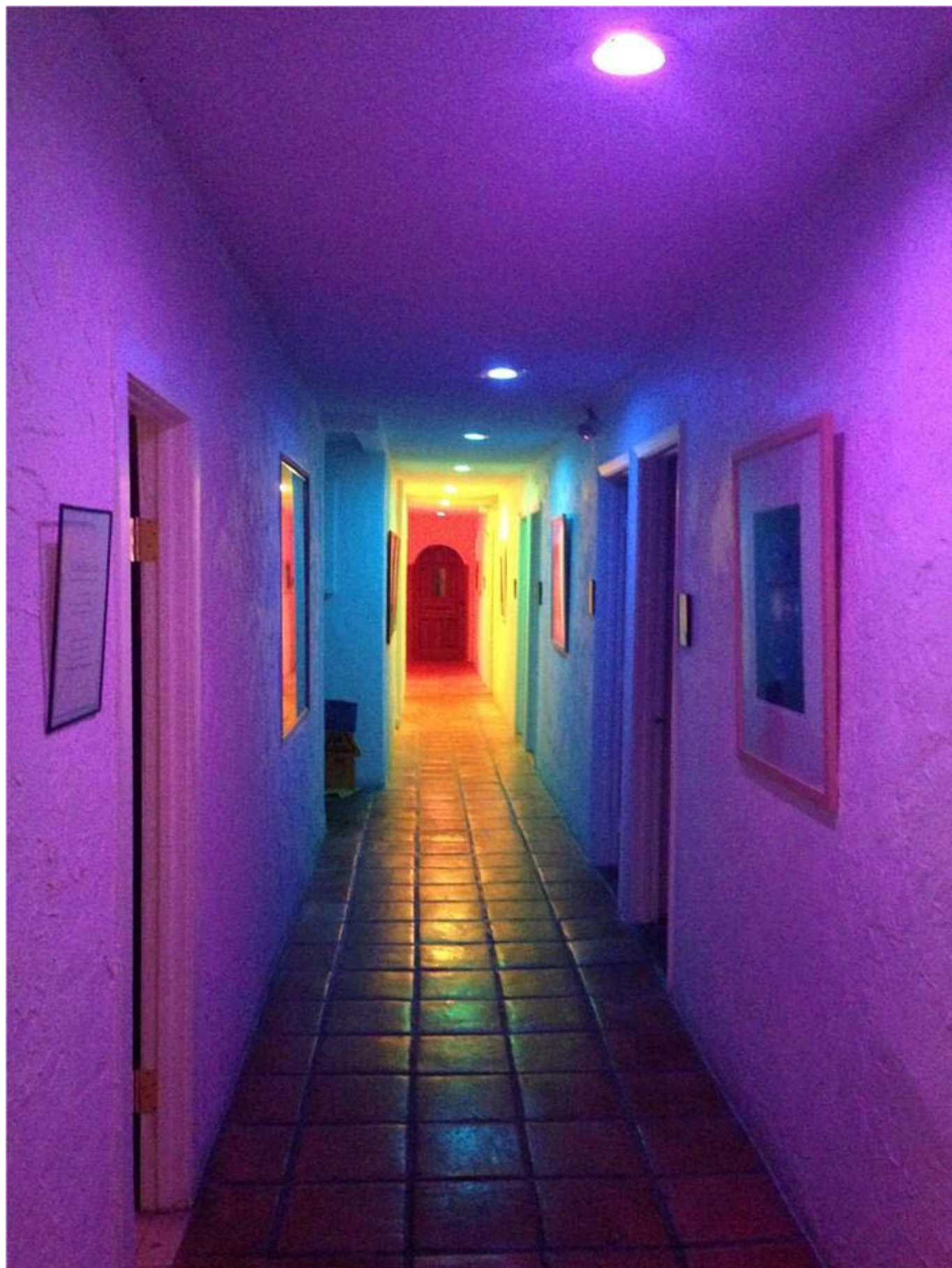
“Vibrational Healing with Sonatherapy®”

By Paul V Young and Dr Gary R Buchanan © 2020

Editor's note: The following article was put together jointly between myself and Gary Buchanan during 2020, following my visit to the healing center late last year.

Sadly, Dr Buchanan passed away at the age of 72 at his residence at Steamboat Hot Springs in Reno, Nevada in the early morning of October 16, 2020.

The article is published here in his memory, with respect and gratitude for his life of service.



Are you aware that the vital life-force energy proceeds from, and is dependent upon, wave fronts of light and sound (photons and phonons) for its existence? Your life energy can become disharmonized when your system is out of balance, manifesting in any number of physical ailments.

A welcome remedy is to be found in the form of **Sonatherapy®** which, having its technology based scientifically on sound and vibrations, reduces this dissonance and helps boost and stabilize the body's vital energies. With the use of acoustic wavefronts called *Sonations*, programmed around the holistic needs of the individual, a Sonatherapy treatment invariably results in improved health, both physiologically and psychologically.

Based in the USA, Sonatherapy has affiliates in Japan, South Africa, Dubai, Israel, Europe and Britain. While there are no Sonatherapists practising in Australia as yet, they do offer a one-year online Training Course which is primarily directed toward students with a background in alternative healing, therapy or medicine, but is open to all interested parties. (See contact details at foot of this article).

Sonatherapy has its headquarters in Reno in the high desert of northwestern Nevada, at the Steamboat Geothermal Hot Springs. Steamboat is a nationally recognized historical landmark that was given its name by Mark Twain. The springs are known to have been enjoyed by early pioneers of Nevada in the 19th century when a sixty-foot geyser was a major attraction. In 1861 a 34-bed hospital was constructed at the site to treat patients using the natural healing properties of the hot springs.

The founder and driving force behind Sonatherapy is Dr Gary Robert Buchanan, whose first passion has always been in music as a conductor, composer and teacher. He is also certified in Cymatic Therapy and is part of a global network, which includes his Japanese colleague, Yukinori Matsushita. They

conduct monthly on-line 'self-healing sessions' with clients around the world. In-residence, Dr. Buchanan has treated hundreds of clients and compiled a myriad of successful case studies over the past two decades.

The use of sound and vibration as healing techniques dates back to antiquity. Notably, Pythagoras and his successors taught and employed music and sound therapy at the Temples of Asclepius in ancient Greece. The present-day modality continues that tradition by combining sound, light, colour, water, sacred geometry and subtle energies, and is fast becoming recognized as the healing technology of our time, and of the future.

The facility at the *Steamboat Hot Springs & Healing Center* in Reno consists of an outdoor hot pool, steam room, dry sauna, individual massage rooms and private mineral tubs. The first thing the visitor notices once inside the complex is the hallway leading to the treatment rooms, which is bathed in all the colours of the rainbow by overhead lights. Each light unit is wired with the *Sona-Lite* system that places sound (or music) on the light beams (modified Li-Fi). The frequencies/music are not heard, although the effect upon those beneath the beams, while subtle, is real and measurable.

Temperature-controlled geothermal hydrotherapy is offered in the ample-sized tubs, and clients presenting for Sonatherapy treatment are encouraged to first bathe in their waters, so that the body is warm and moist prior to initial inductions. Sonations are also sounded in the baths and pools for increased absorption (sound travels 4.3 times faster in water). The unique geothermal water of Steamboat Hot Springs contains: calcium carbonate, magnesium, sodium sulphate, sulphur, lithia, soda, and a high level of silica. (The only water known to be comparable is found at Cajamarca in Peru).

In Dr Buchanan's Sonatherapy treatment rooms, the client may not be familiar with all the electronic gadgetry on his desk,

but will find the ambience immediately soothing as they notice the line of chakra-coloured lamps on the ceiling in a row above the sound-table.

In therapy, sound arrays are applied to form wave fronts directly upon and within the body and its enveloping morphogenetic fields for healing. The sound array may help stimulate areas of low energy, lack of sensitivity, or weak physical strength. It may also aid in self-healing functions. Specially designed *Wave Front BIOresonance™* combinations are utilised to nurture the individual's inherent vibrational processes and functions at their 'optimal' or 'signature' rates. The key to such acoustical combinations lies in the fact that the Sonations are synergetic, as well as coherently harmonic, and are readily absorbed by the body and its enveloping quantum fields.

Light and colours are also applied during the non-invasive therapy sessions – using light organ attachments – with the light pulsing and panning in synchronicity with the audio signals. This pulsative approach allows for dramatically greater absorption of irradiations. Applicators (stereo speakers or transducers) are placed at the area lacking in energy, for example, at the solar plexus. The sound is never loud, as it only needs to be “felt.”

For the technically-minded, Dr Buchanan eschews the use of digital sound in favour of analogue technology. The frequencies applied vary according to the needs of the individual, however the range of 90 to 111 hertz is notable for being the range that releases endorphins in the brain; 40 hertz is often the frequency intoned in Buddhist chants and is favourable for certain applications.

Acoustic footbaths are sometimes part of the Sonotherapy treatment. During such a session, the Sonations are also played through the water and synchronized with the light and colour applications, in a very precise manner.

Each treatment generally lasts one hour or less. More time is needed when geothermal bath and/or consultation with staff physician are added in. Adjuncts might include sessions with aura colour reading, relaxing on the sound table while receiving further light/colour irradiations, or other tailor-made treatments.

Conditions that are treated typically include bones, nerves, muscles, and joints; inflammation, pain, and circulatory problems; organic, respiratory, and digestive disorders; simple strains, fractures, bruises, along with skin conditions; and a host of common ailments that conventional medicine rarely addresses. Post-surgical sessions can also speed the healing of wounds, reduction of scar tissue, and restoration of movement. All kinds of issues, including arthritis and gout, for example, are treated with good outcomes.

In addition to Sonatherapy, Steamboat Hot Springs offers a full menu of healing services, such as therapeutic massages (including those using CBD oil and promoting lymphatic stimulation), detoxifying mud wraps, exfoliation scrubs, and Ayurveda consultations.

Steamboat Hot Springs & Healing Center in Reno and Sonatherapy® are both subsidiaries of **Cosolargy® International**, which has been introducing students to the arts, sciences and technologies of its System via a global training program since its inception almost sixty years ago.

The philosophy behind the Cosolargy teachings is that all life is engendered, sustained, and eventually transmuted by wave fronts of Light emanating from our parent Sun. The Sun is the master Cymatic organism in our part of the galaxy, constantly pulsing and emitting complex patterns of photon and phonon waves. Cosolargy incorporates sun-gazing (photo-syntotics); light, sound and colour irradiations; activation of the third-, fourth-, and fifth-dimensional fields, all of which lead to

increased absorption of what are known as Information Factors contained in the solar and cosmic fields.

Certification in Sonatherapy®

Steamboat Healing Centre offers Certification and Training in the technologies and treatments of Sonatherapy. Those interested should contact Dr. Gary Robert Buchanan in the United States (Cymatics Sonatherapy <gary.buchanan1011@gmail.com>). Students who would like to set-up a home system, or who have a professional background and/or practice (such as physician, nurse practitioner, chiropractor, massage therapist, sound healer, or other) into which they would like to include elements of Sonatherapy are eligible for immediate “basic” certification.

During the training course students will use the Analog Box program that accompanies the text, *SONA: Healing with Wave Front BIOresonance™*, as their main application system on the computer. (Programs and files are designed for Windows XP, 7, 8, or 10. MAC users can download “Virtual Windows” online). By the end of that year, students will have compiled a complete library of Sonations applicable for most general conditions.

For more information about the one-year Training Course in Sonatherapy, visit:

<http://sonatherapy.com/certification-training/>

The basics of Sonatherapy may be found in three books authored by Dr Gary Robert Buchanan: *SONA: Healing with Wave Front BIOresonance™* (2008); *Sonatherapy®: Healing with Light, Color, Sound, Water & Subtle Energies* (2012); *Vibrational Healing: Wave Front BIOresonance™ and Sonatherapy®* (Ebook) (2019). Some of these are available on Amazon, or directly from Dr Buchanan, via the Sonatherapy website.

To learn more about the organizations mentioned here, visit:

Sonatherapy: <http://sonatherapy.com/>

Steamboat Hot Springs & Healing Center:
<https://steamboatsprings.org/>

Cosolargy International: <https://cosolargy.org/>

Disclaimer: Sonatherapy® is not meant to replace any other medical or diagnostic system. Rather, the technology is designed to provide complementary assistance in more rapid and complete healing of conditions, which in many cases traditional and alternative approaches do not address.

Paul V. Young is a freelance writer who blogs at SouthernSunlight.com. He is a certified practitioner of Reiki, NLP and LOA and a Rosicrucian. He is the authorised representative of Cosolargy in Australia and may be contacted at AustralianEsoteric@gmail.com

Dr Gary R Buchanan is an internationally recognized composer & conductor. His qualifications include H.S. & BM, N.C. School of Arts; MFA, Univ. of N.C.; DMA Can., Univ. of WA.; Hon. DMA, Queensland Conservatorium, Brisbane, Australia. Director Wave Front BIOresonance™ Research & Development, Steamboat Healing Center; Cosolargy® International Ord., Admin., Lect.



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**Rev. Mother Carol Ann Crabb
Passes into the Light,**

Memorial Service Held



[Link to obituary in the Reno Gazette-Journal](#)

Reverend Mother Carol Ann Crabb (June 30, 1944 – October 24, 2020) passed away at the age of 76 at an assisted care facility in Reno, Nevada. The Reverend Mother Carol Ann Crabb passed into the Light on Saturday, October 24, 2020 in the late morning while the Community was in the middle of performing the memorial service for Reverend Canon Gary Buchanan. Reverend Canon Ted Staver performed an Anointing of the Sick for Carol on October 23rd, the day before she passed away. Rev. Staver performed the rite alone since only he had clearance to visit her at the care facility because of pandemic restrictions. An Anointing of the Remains of the deceased was performed by Bishop Gene Savoy Jr. on October 27th in the presence of the Sacred Oversee and special friends

A Memorial Service was held to celebrate her life on Saturday, November 7, 2020 at 11:00 a.m. in the Chapel of the Holy Child. In attendance were members of the Reno Church Community. Family members were unable to travel due to the Covid-19 pandemic.



The eulogy, delivered by Rev. Canon Ted Staver, recounted her life in the Community and the events previous to the forty-five years she had spent in residence that had led her to the spiritual life and prepared her for it:

“Carol’s nature was to keep a daily journal at least up until two years ago. It was interesting going through some of her journals. At first I felt that I was invading her privacy. But then it dawned on me, as I kept reading, Carol was the type of person that got things done. Benjamin Franklin once wrote “well done is better than well said” and this quote reminds me of Carol. She was a person of few words, but her actions said it all. As I was going through her journal I came across a resume that she wrote before coming to Reno and I thought you might be interested in knowing some of the things she did before coming here, so I’d like to share that.

“She attended the State University of New York at Buffalo where she earned a B.A. in Philosophy with a minor in Anthropology. Then she went on to Syracuse University and earned her Masters Degree in Library Science. From there she went on to become the librarian at Jefferson Community College, where she advanced to assistant professor. I believe that during that time frame, possibly in her spare time, she became the Assistant Director of Religious Education at the ALL Souls Unitarian Church in Watertown, New York. Later she became the chairman of the Religious Education Committee teaching Sunday school at various age levels, also doing presentations to adults and children on decision-making and sermons to congregations. She was the coordinator of “Life Center,” a non-profit organization for teenagers through adults for personal growth. She was also involved in camp counseling. Carol authored and co-authored four publications in the field of library science. She mentioned that she was a member of the Kripalu Yoga Society (which is a Hatha Yoga practice) and she did mention to me that it was her yoga

teacher that suggested she check out this Church.

“I have a letter from Carol’s journal where she is writing to friends describing her journey to Reno. So I’m going to let her tell the story. Here is an excerpt:

Dear family and friends,

Spring is here. Daytime is warm and the trees are delicate with new green. Forsythia has been blooming for weeks along with some pink blossoms and now the lilacs are out. Reno is pretty in the spring, there are many trees, shrubs, and even green grass (if the constant watering continues). The river and little lakes in the parks have ducks, geese, and even seagulls. This time of year makes me think of New York City. I’ve been there several times in early Spring and was delighted with the new life coming forth. We have had little snow the past two winters. For a long time I anticipated snow, to see a real winter, and I missed it. Then after reading about my hometown Buffalo and next to home town Watertown, I have gotten over my need for snow.

When I first arrived in Nevada, Labor Day of “75”, I rented a little trailer in a modest park of less than twenty families. My home was accessible by the north interstate, then a secondary road, and finally a dirt road which appeared to go nowhere. From my front window I could see only sage brush, desert, and mountains. At night the sky was clear with stars hanging down close to me and the coyotes would sing. Mornings I would walk in the desert before the sunrise; such stillness I have never known.

It doesn’t rain or get cloudy very often. The air is clear and dry and light at this altitude. The sunshine is intense and the city has a crisp clean look. Many days all year round have a special spring feeling.

As I drove west across the Eastern states on a super-highway a year and a half ago, I began to think the country is all

much the same. Suddenly at a point in Western Nebraska, with a sharp click in my head I registered the sight of wide open nothing. It continued for miles, open grass plains – not a tree, house, or sign. I felt disorientated, without reference points or protection. I held the steering wheel tighter and focused on my destination. The next day I was high in the mountains and my uncertainty changed to awe at the rocky heights close around me. All the way to Reno I felt the power of the desert and mountains, wild and compelling.

I have lived in five places in Reno. “Camping out” in the trailer. For the winter a shared luxury studio high in the Arlington Towers overlooking the neon casino lights. In the Spring a modest place with a companion sympathetic to simple living – natural foods, candles, herb tea, and sleeping on the floor. In mid-Summer, an unfurnished apartment of my own, the first to live there. I sold the Saab and enjoyed walking to work. Just after acquiring a few pieces of furniture, I moved to the Church Rectory.

This is a unique modern structure designed by the former owner. Four stories high, built on a hill with a wide panoramic view south of the city. From the window of my room I look out over a broad valley and mountains still spotted with snow. The building has a steel roof, stucco walls the peachy color of sunset, a courtyard and balconies. No walls inside or out appear to be at right angles. My little room has five walls of various lengths and a triangular closet. The living room is two stories high with a tall fireplace and a stairway from a balcony on the upper level.

Besides the Rectory, there is an office suite in the Arlington Towers. No church buildings, for the members are all over the United States as well as some in Canada and other countries. The number in Reno is relatively small, most of them full or part-time staff. The office is a center to distribute books to the public and present instruction to students enrolled through printed lessons, tapes, and

seminars. My department is public services, (a name I chose, as my library friends will recognize). I handle inquiries, orders, large mailings and other contacts with interested persons as well as some work related to students also. It is interesting to note the wide range of persons who take an interest in the Community. Just to think of some of the various people I deal with in my work: professional men and women, young people of the new-age style, retirees, factory workers, housewives, orthodox Christians from liberal to conservative, some from Pentecostal groups, persons schooled in the Jewish faith, those who have never gone to church, and a number who have spent years exploring schools of self-development.

“I would like to mention that aside from being Reverend Gene Sr’s research librarian, as things progressed Carol also taught in the Parochial School. She did precepting for new students and there is a two-page list of other duties she performed, so she was pretty busy.



Carol Ann and Lawson Crabb with the late Bishop Gene Savoy Sr. on their wedding day in 1991

"In 1991 Carol married Lawson Crabb. He was a Southern gentleman-type of man. After the wedding they moved down to Steamboat Hot Springs. Lawson played the bass, Carol enjoyed playing the violin. Both were dedicated to the Church and had a lot in common with each other. It was a good match. She loved him. Then in April of 2000 Lawson passed away. The years following, Carol's journals reflect a series of ups and downs.

"One of my fondest memories of Carol is when she moved out to the Sanctuary. We had an RV out there that wasn't being used that much so in 2010 Carol was asked if she would like to move into it. I found the place in her journal where she is pondering it over. Some of her friends said she should jump on it and others, it would be a big mistake. One of her main concerns were the neighbors (that would be myself and Reano).

After going back and forth trying to decide, she finally consulted the I Ching. The I Ching assured her the timing was right. I think it was around the middle of February that she spent her first night. The weather wasn't too bad, low 30's. And then about four days later we hit a cold spell. The temp dropped down into the teens at night and things quit working, like the heater and then frozen water pipes.

"I would check in on her every morning to see how things were going. The second day I went up to check on her, the temperature in the motor home was something like 21 degrees, I asked, "Why didn't you call me?" And she said "Oh, I just put on my ski outfit and zipped up in my sleeping bag." Keep in mind she still had her apartment in town she was 66 years old and kind of frail. She could just as well have said "I'm going back to town and when you get things working right call me." We were concerned about her, but trying to talk her into going into town was not an option. She wouldn't do it. I didn't know Carol that well at the time, but in retrospect it was part of her nature, She liked the challenge. She enjoyed working together with me to figure out how to make it work so she could stay out there. And over a three-day period we did get the bugs worked out. So that little story is a testimony to her grit and perseverance. That same year Reano passed away and in November we decided that Carol needed to move into Reano's apartment. So every thing was working out. Carol got a nice apartment and a green house. The following Spring she was in the green house from sunup to sundown. She loved gardening. She would often call her sister Ruth and they would spend hours talking about their gardens and exchanging ideas. So the I Ching was right. She was happy out here. Incidentally there was an entry in her journal about the neighbors, turns out we were pretty nice guys after all

"Aside from the fact that she once referred to me as "a couch potato," Carol was a gentle soul, and she brought to the Sanctuary a sense of order.

"This affirmation was a favorite of hers and I think it reflects her disposition:

Desiderata

Go placidly amid the noise and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story. Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is as perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy."



Carol Ann with Sung Cha Staver and Jamila Savoy circa 1981



Carol Ann at her residence at Steamboat Hot Springs in the early 1990s



Carol Ann performing a service at the Red Rock Consecrated Sanctuary circa 1982

A reception followed at Bishopstead on Carmel with food prepared by Reverend Noriko Roy, Deacon Radheka Patel Savoy, and Olympia Huss.



[Link to obituary in the Reno Gazette-Journal](#)

Obituary Text Posted in the Reno Gazette-Journal and Mason

Valley News

Carol Ann Crabb

1944-2020

Reno – Carol Ann (June 30, 1944 – October 24, 2020) was born in Buffalo, New York to Estella and Howard Heavener. She was raised with a brother, Robert James Heavener, and two sisters, Ruth Ellen and Edna Mae. She was a sensitive and caring individual with a nature to educate, as shown in her choice of Library Science as a means to aid researchers in all fields of study. She received her Bachelor degree in Arts and Philosophy from the State University of New York at Buffalo, with two years at Syracuse University, and went on to receive her Master of Science, Library Science degree from Syracuse University.

Carol Ann was Assistant Professor for seven years in the area of Librarian for Readers Services at Jefferson Community College, instructing and providing assistance and tours for both students and visiting librarians. She had authored and co-authored four publications in the field of Library Science by 1974 when she chose to join the faculty of the International Community of Christ, Church of the Second Advent, accepting the position of Chief Librarian at the Jamilian University of the Ordained Library in Reno, Nevada in 1974. She later went on to teach Library Science at the Jamilian Parochial School. She became invaluable as the personal librarian to the Head Bishop of the Church, the late Most Right Reverend Gene Savoy, Sr., aiding his research in religious and cultural studies and in many other areas. Carol Ann was instrumental in the education of the late bishop's son, the Right Reverend Gene Savoy, Jr., who now heads the Church.

She was ordained into the ministry of the International Community of Christ in December 1974 and served on the governing board of the Church. She met and married the

Reverend Lawson Van Buren Crabb. Together they were appointed Rectors of the Church of New Qumran at the Red Rock Consecrated Sanctuary where they served together until his passing in April 2000.

Carol Ann was preceded in death by her sister, Edna Mae Heavener, and is survived by her brother, Robert James Heavener, and her sister, Ruth Ellen Heavener and also three nephews, three nieces, four great nephews, five great nieces, and two great great nieces.

A Memorial Service will be held on Saturday, November 7, 2020 at 11:00 a.m. at the Chapel of the Holy Child of the International Community of Christ, 643 Ralston, Reno, NV. A reception will be held immediately following the service at Bishopstead, 2025 La Fond Drive. In lieu of flowers, please send a donation to the International Community of Christ for the planting of trees at the Red Rock Consecrated Sanctuary in her memory.

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