

Reconnaissance in Mexico – January 2015



View of Los Barriles across Sea of Cortez
PHOTO: Gene Savoy Jr

Bishop Gene and his wife, Radheka, traveled to Mexico January 21-29, 2015 on an exploratory mission with the intention of establishing a Community Center there. They were located in the small town of Los Barriles in the state of Baja California Sur, about 40 minutes northeast of the international airport at San Jose del Cabo. Los Barriles is dry and arid and rests on the coast of the Sea of Cortez. The trip from Reno to Cabo takes approximately 5 hours via Phoenix, AZ.



Dry arroyo running from Sierra de Las Lagunas mountains, west of Los Barriles
PHOTO: Gene Savoy Jr.



Early morning in Los Barriles PHOTO:
Gene Savoy Jr.

Joining Gene and Radheka was Consociate Humberto Garcia who traveled from Ciudad Juarez across the border from El Paso, TX. Together, they met with an attorney who began paperwork on a non-profit association which will either be named International Community of Christ, Cosolargy International, or Cosolargy Institute of Mexico. Very similar to the United States, the association will have tax-exempt status and donors will be able to claim tax deductions. The original incorporators are Mexican citizens: Bishop Gene, Humberto and Claudia Grady, the wife of Deacon Shane Grady.



Natural hot springs in the foothills of Sierra de Las Lagunas at the Biosphere Reserve of Las Lagunas PHOTO: Gene Savoy Jr.

In addition, Gene and Humberto also met with real estate agents who introduced them to geothermal areas in the region. Bishop Gene's vision is to establish a retreat/conference center in conjunction with a healing center/spa, much on the same lines as The Community has at Steamboat Hot Springs in Reno.



Wind surfers along the coast of Los Barriles in the Sea of Cortez PHOTO: Gene Savoy Jr.

Some of the positives of the area include: (1) easy access to an international airport; (2) the beauty of the Sea of Cortez; (3) the area has both mountains and beaches; (4) the weather is warm and sunny; (5) a large ex-pat community of Americans and Canadians; (6) English is widely spoken; (7) geothermal/mineral springs; (8) low land prices and building costs; (9) a significant number of people from Reno reside and own homes there; (10) excellent seafood and water sports; (11) organic and natural foods stores and restaurants; (12) safety; (13) an Eastern exposure with good sun and good energy; (14) it's close to other places, such as Cabo, La Paz, El Triunfo, San Antonio, Santiago and Todos Santos; and (14) it sits on the Tropic of Cancer.

We will keep you informed as things progress on this interesting project. Ole!



Landscaping outside residence in Los Barriles PHOTO: Gene Savoy Jr.

by Gene Savoy Jr.

JAPAN REPORT: January 2015



On left, coastline of Sado island off the main island of Honshu; on right, Yukinori Matsushita vested after Sunrise Service. PHOTO: Keiko Inoue

Yukinori Matsushita, Eriko Ueno, Keiko Inoue, Miyuki Okayama, Shoko Oba and Yaeno Sanada went to Sado Island in Niigata province for a Sunrise Service there on Epiphany Day.

Niigata is located on the island of Honshu on the coast of the Sea of Japan.



From left to right, Miyuki Okayama, Eriko Ueno, Yukinori Matsushita, Yaeno Sanada, Shoko Ohba. PHOTO: Keiko Inoue

The Community in Japan attends Sunrise Service in Kurume every Sunday and visited Hokkaido and had private Sunrise Service there as well. When we look at Kurume and Hokkaido as points, and then add Sado Island, there are 3 points that together make a large triangle for Light to prevail over a larger space. That is why Yukinori picked Sado island.



Standing from left to right, Yaeno Sanada, Yukinori Matsushita, Miyuki Okayama, Shoko Ohba. Crouching in front is Eriko Ueno. PHOTO: Keiko Inoue

The place was already ready for a Sunrise Service. The weather was as warm as it is at beginning of March and birds also attended the Service. That morning was overcast but the sun came out by the end of the Service. We were expecting the Sun from the East during the Service. That is the direction that points towards San Francisco and on to Reno.

Everyone felt relief that everything was going well. In this year, we will hold our big conference in Japan. We are looking forward to a big success for both Communities!



PHOTO: Keiko Inoue



Japanese New Year decorations at hotel. On the left are two sheep made of pottery. Behind is a Japanese folding screen with a well-known proverb is written on it: "Good fortune and happiness will come to the home of those who smile" or "Fortune comes in by a merry gate."
PHOTO: Keiko Inoue

submitted by Keiko Inoue
(translated by Noriko Roy)

Second Advent Crosses Carved for Chapel in Japan



Large Japanese-style Second Advent Cross mounted on Chapel wall at Cosolargy Center in Japan PHOTO: Yukako Kawai

Recently Yukako Kawai, an ordained member of the Community in Japan, created Second Advent Crosses out of wood to adorn the wall of the Chapel at the Community Center in Japan.

Yukako had not done any woodcarving since she was in junior high school. She just thought it would be nice if she could make the Crosses for the Community in Japan. At first, she wanted to use a single round wooden board to make the Cross, carving the American-style Cross on one side and the Japanese-style Cross on the other side. When she went to look for a wooden board at the lumber store, she found a big nice round wood board at store that she wanted to try to work with. But she thought it was too big and that there would not be enough space for it at the Center. So she bought a smaller round

piece of wood 30 centimeters in diameter.

After the finishing the smaller wood Cross, she showed it to Bishop Yukinori Matsushita, who requested Yukako to make the bigger Cross. It was then she realized that it had been no coincidence that she saw the big round wood board at store, and she felt that somehow her consciousness was guiding her to make the Cross with it.



American-style Second Advent Cross PHOTO:
Yukako Kawai



Japanese-style Second Advent Cross PHOTO:
Yukako Kawai

Each side of the smaller cross design took about two weeks to carve and one week to paint, a total of 40 days. The larger Cross took about four weeks to carve and a week to paint, a total of 50 days.

By Noriko Roy

**PATH TO LIGHT: Terry
Hutchinson**



Terry Hutchinson, circa 2008 PHOTO:
Terry Hutchinson

My name is Terrance Arthur Hutchinson. I was born in Bangor, Maine, USA, on 16 June 1954. After shuffling between Maine and New York as my father followed jobs, I moved with my parents to California in May 1966 and graduated from Mojave High School in Mojave, California, in June 1973. Working for Great Western Cities, the predecessor of California City, and then California City, I was able to attend Antelope Valley College in Lancaster, California, and graduated with an associate's degree in business. I was employed by the City of California City Parks & Recreation Department for eight years. I eventually found steadier work at Revere (Aluminum) Extruders

and finally with U.S. Borax as a first-class millwright for thirty-eight years. While with U.S. Borax I was state-certified as a first responder and was part of the Heavy Emergency Rescue Team but was fortunate enough to never have to put those skills to use. During my tenure with U.S. Borax: I was blessed to receive my ordination as a minister with the Progressive Universal Life Church and on 2 October 2000 was awarded two degrees: doctor of divinity and doctor of philosophy in religion.

My spouse Lynn and I have been happily married for thirty-three years and have raised two children, adults at this point, who are successful and doing well. The two of us reside in California City with our dachshund Destiny.

I have been active with the Rotary Club of Rosamond, California, and was honored to be elected club president for two terms, 2003–2005, during the Rotary Centennial. I was fortunate enough to travel to India with the Rotary on a grant-funding mission to finance a hospital, clinic, ambulance, several schools, and a water well. I am also a Paul Harris Fellow, an honor given by the Rotary Club. I was an active member of nearby Edwards Air Force Base Civilian/Military Support Group, the Boy Scouts of America Order of the Arrow, and local Boy Scouting Committee. I am also a former president of the Casa del Sol Estates Homeowners Association in California City. I've been active on our church trustee board and am currently donating time as church secretary with the Community Church of California City.

I have always felt a spiritual connectedness with God and now hold views closer to that of a Gnostic or Essene. I believe Christ was trying to tell us that we would not need a minister or priest as we are our own minister and priest of God. We need to nurture our own relationships with God and the Divine. We need to make a Conscious choice to choose to follow the Light (Logos) or Darkness (Kalos), to seeing the truth through all the falsehood. As Mark 3:14 says about Christ's choosing

of the Twelve: "That they be with him." I remember as a youth, one teacher saying we are born with two guiding angels, an accusing angel and a guardian angel, and that it was up to each one of us to choose which we would follow. I truly believe the Essenes had it right: the idea of greeting each morning sunrise; you never know when you or one of your loved ones might be taken, we need to remember to love those we love while we can! We need to truly walk on that Path of the Way, and not just give lip service to it.

Metaphysics holds a real fascination for me. I studied with the Rosicrucians several years before finding Gene Savoy and his Solar Teachings. I consider myself very fortunate to have discovered Cosolargy. I feel it has taken me further in my studies than what I had on my own. I remember Gene Savoy Sr. writing something to the effect that you better have a system; it didn't have to be Cosolargy, but if you did not have a system or plan of some sort, you'd probably be lost. I have never forgotten that.

I think it an interesting story that in my studies, it took several times of finding Gene and his teachings; to finally read the writing on the wall and realize I needed to get it done. The first time, school sports interrupted that endeavor. The second time in my studies (Rosicrucian at this point), I meant to follow up, but marriage and a family came along and put the kibosh on that. It wasn't till the third time, while in my studies, when I would find once again Gene and Cosolargy mentioned in a *National Geographic* article, that I realized that I truly needed to follow up; which I finally did.

Gene Sr. was still with us the first couple years of my studies in Cosolargy, and I dearly wanted and wished to meet him personally, but only letters were to be; our meeting to be postponed. I tell myself the Lord works in mysterious ways but know that our God is a God of the Living and that I WILL meet Gene Sr. one day. I thank him dearly for his encouragement to me to come and attend! I enjoy the association of like-minded

and personable individuals that attend. It is both refreshing and rejuvenating. I personally believe Gene Jr. and Sean have done a wonderful job in picking up the reins. I can honestly say I have never been to a church where so many members truly believe and share so many of the same common beliefs as in our walk on the Path of The Way, and methods to employ in getting there. God willing, I will enjoy this shared family experience for another sixty years. "That they be with him!" Ku-ya!

**Steamboat Healing Center Now
100{1fa2ef75e2e78439128d99df0
3acfe1d8ee3047374abe3d4676fe3
470ff8b909} Green!**



A 24 kilowatt photovoltaic array was commissioned for Steamboat Hot Springs Healing Center & Spa by local company Black Rock Solar (BRS) in July 2014. By October 2014 the system installed by Black Rock Solar was fully operational and now provides 100{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} of the electrical energy needs for the main spa building.

This renewable energy project was undertaken by BRS in conjunction with the state of Nevada to provide a model of sustainability in the area, and is projected to offset 500 tons of greenhouse gases and save the International Community of Christ (ICC) more than \$85,000 over the next 25 years.

In July the solar array was installed but operational until the major electrical panel was replaced, because the old electrical panel could not carry the load. The cost for replacement was \$18,000, but even with that purchase, which has been financed over a period of a few years, ICC began to save money almost immediately because of the high rate of utility payments. Nevada Energy (NV Energy), the regional supplier of public utilities, also needed to change the transformer on the power pole that supplies the main spa building. But once the project was completed, the spa became a 100{1fa2ef75e2e78439128d99df03acfe1d8ee3047374abe3d4676fe3470ff8b909} green facility with the photovoltaic array providing all the electricity and geothermal providing all the heat.

The project began its conception phase in April 2013, when ICC was approached with the idea by local Episcopal priest Rev. Stephanie Schatz, who had converted her downtown church building to solar power and gave Bishop Gene Savoy Jr. the contact information for Black Rock Solar, a local green energy company that works only with non-profit entities.

In May, Gene sent the necessary application information to BRS, and BRS in turn applied to NV Energy's non-profit grants program for solar generation of power , a photovoltaic incentive program available to customers of NV Energy. (***Click on proposal photo above or promotional flyer below to enlarge.***) BRS determined that the main building at Steamboat Spa would be most beneficial to ICC. And according to the grants available at the time, the main spa building was best for the project at the time.

From May through October 2013 BRS did their analysis and presented ICC with their report. By the end of November, BRS and ICC submitted an application to NV Energy to receive a \$69,000 grant. By December 2013 the project was approved by NV Energy and the grant money was awarded to BRS, the company doing the installation, and work began. The company projected that the installation would be completed by the end of June

2014, and their work on the project was actually completed by July.

This Building Is Powered By The Sun!



BLACK ROCK SOLAR HEREBY DEDICATES THIS 24 KW SOLAR ARRAY TO THE INTERNATIONAL COMMUNITY OF CHRIST.

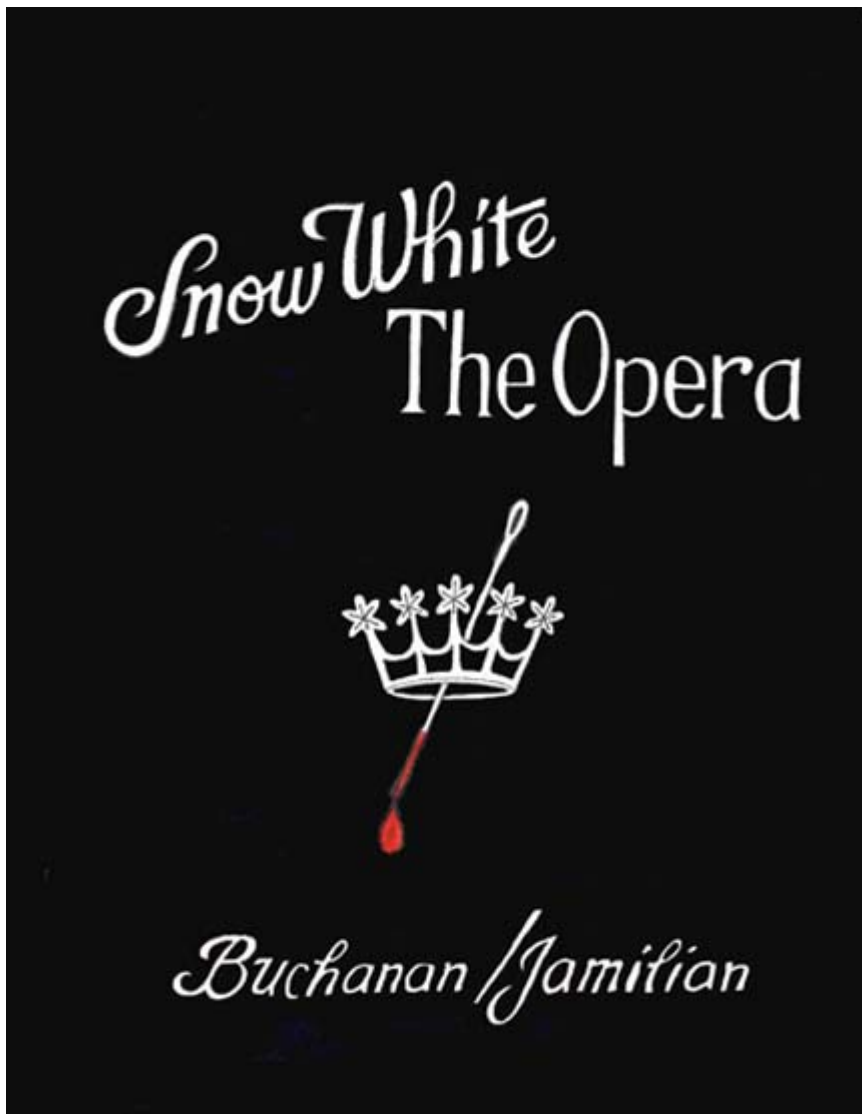
The photovoltaic array on the grounds of this building provides electricity
for the programs and services carried out by
the International Community of Christ – Steamboat Springs for its community.



Black Rock Solar and the International Community of Christ are working together
toward sustainability, reducing our carbon footprint and providing a cleaner
environment for future generations. This renewable energy project will offset
over 500 tons of greenhouse gases and save the International Community of Christ
more than eighty-five thousand dollars over the next 25 years.

S Y S T E M C O M M I S S I O N E D J U L Y 2 0 1 4

Snow White Arias Premiered with Full Orchestra



< [Watch the performance of the two arias on YouTube. \(11 minutes\)](#) >

The Reno Pops Orchestra premiered two arias from Snow White: The Opera; For Young People of All Ages on November 8, 2014 at the University of Nevada-Reno's Nightingale Concert Hall. The full-length three-act opera was composed by music students of the Jamilian Parochial School during the 1991–1992 school year under the direction of the Reverend Gary Buchanan. This performance was the first time any part of the opera was performed by full orchestra.

At this premiere, the two arias from Snow White: The Opera were sung by Steven Meyer (Baritone) and Jennifer Probst Hilderbrand (Soprano) with the Reno Pops Orchestra.

Steven Meyer sang the part of the Huntsman who in Act I is sent out by the evil Queen of Fall to take the Princess Snow White into the wood, kill her, and bring back the girl's heart to the Queen as proof of the deed. In the wood the Huntsman finds that he cannot bring himself to kill Snow White and tells her to run away into the dark forest. Following her departure, the Huntsman is at a loss as to what to do because the Queen expects him to return with Snow White's heart. Suddenly, a wild board runs out of the forest in the direction of Snow White's departure. The Huntsman rushes to throw himself upon the boar, cuts out its heart with his dagger, and sings that he now has a substitute heart to present to the evil Queen of Fall.

Jennifer Probst Hilderbrand sang the part of the Queen of Fall at the moment near the end of Act II when the Queen discovers, in conversation with the mirror on her wall, that Snow White still lives and makes her plan to kill Snow White with a poison apple.

< [Watch the performance of the two arias on YouTube. \(11 minutes\)](#) >

2014 Annual Convocation Report and Photo Gallery

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["Thank You for Attending 2014 Convocation"](#)



Visitors from Japan for 2014 Convocation PHOTO:
Stephan Fuelling

The 2014 Convocation of members of the International Community of Cosolargy/Christ took place from October 8 to October 12, with a residence training program for members who needed to complete that requirement (or who wanted to review it) beginning on October 8.



Sean Savoy presenting during Residence Training session at Red Rock Sanctuary PHOTO: Stephan Fuelling



Sean Savoy presenting during Residence Training session at Camp Galilee lodge PHOTO: Stephan Fuelling

This was the first presentation of the revised and updated residence training program originally presented in 1978; the updated version was well received. The plenary sessions began on Friday October 10 with registration and orientation at the Chancellery, followed by a trip up the mountain to the Episcopal Church's Camp Galilee conference hall on the shores of Lake Tahoe.



Shinobu Uwataki on the grounds at Camp Galilee
PHOTO: Stephan Fuelling

There, the Clergy Counsels were presented by Head Bishop Gene Savoy, including Community reports on efforts to secure tax-exempt status for Red Rock Consecrated Sanctuary; plans to establish Cosolargy Communities in Mexico, Peru, New Zealand, and Europe; and an audiovisual presentation on his and Rev. Canon Ted Staver's trip to Seoul, Korea, in September for the World Alliance of Religions Peace Conference.



Gene Savoy Jr. presents commentary on Peace Summit held in Korea. PHOTO: Robert Roy

The Bishop reported making several important contacts with representatives of other denominations and religions from around the world, most of whom appeared to be sincerely interested in Cosolargy. Bishop Savoy was also invited to apply to make a presentation at the prestigious Parliament of the World's Religions to be held in October 2015 in Salt Lake City, Utah, a golden opportunity to make The Community's presence and work better known around the world. In light of these developments, the Bishop also announced the reactivation of the Advocates for Religious Rights and Freedoms, a branch of Cosolargy International that has been on hiatus for a few years. After an organic vegetarian luncheon provided by the camp's staff in the refectory, the day's events continued outdoors with a reading by Bishop Savoy of excerpts of the *Prophecy to the Races of Man*. This prophecy has great relevance to The Church's present situation and point of evolution and the direction it is taking. Bishop Savoy's subsequent commentary elaborated on this theme.



Gene Savoy Jr. presenting Counsels commentary on Prophecy to the Races of Man on Lake Tahoe shore PHOTO: Stephan Fulling



First circle of audience members in attendance at Counsels commentary PHOTO: Robert Roy



Elizabeth Reece at Counsels on Tahoe shore
PHOTO: Stephan Fuelling

Afterward, participants caravanned down the mountain and up another to historic Gold Hill, Nevada, site of the famous Comstock Mine, just outside Virginia City. There, participants

gathered at the historic Gold Hill Hotel for the 24th Annual Spirit of Exploration Reception and Awards ceremony of the Andean Explorers Foundation. Foundation president Sean Savoy presented a travelogue of the recent Sacred Sites of Peru tour and pilgrimage while participants sipped wine and savored hors d'oeuvres du chef.



Sean Savoy presenting 2014 Peru Tour travelogue
PHOTO: Stephan Fuelling

As is traditional at the awards ceremony, the passing of supporters of the Foundation during the past year was commemorated and awards to supporters and participants of the tour were handed out.



Sonya Savoy distributes award certificates at Andean Explorers Awards Reception. PHOTO: Stephan Fuelling

After the program concluded, an optional dinner at the hotel's restaurant was enjoyed by almost everyone attending. On Saturday morning, participants gathered at the Chapel of the Holy Child in Reno for a Community Communion Service, followed by the first-level ordinations in the Bishop's Chambers of Consociates Paul Schmitendorf, Syotaro Hagihara, Junko Yamamori, Yukako Kawai, and Hiroko Soejima.



Ordinands pose with Japanese guests PHOTO:
Stephan Fuelling

An informal reception was held in the Chancellery vestibule for the new ordinands. Saturday afternoon saw the final session of the Residency Training program in the Chapel of the Holy Child.



Shinobu Uwataki greets Matthew Fisher in greeting line after Sunrise Divine Service
PHOTO: Stephan Fuelling



Children gathered at Cathedral Church after service
PHOTO: Stephan Fuelling

On Sunday morning, as per usual, a concelebrated Sunrise

Divine Service was held at the Cathedral Church of the Americas at Red Rock Consecrated Sanctuary, followed by a sumptuous outdoor breakfast hosted by Revs. Mary and Peter Foust at the Refectory.



Open-air breakfast table prepared by Mary and Peter Foust PHOTO: Stephan Fuelling



Miyuki, Noriko and Junko in good spirits at breakfast PHOTO: Stephan Fuelling



Jim Elliott's birthday celebrated at breakfast PHOTO: Stephan Fuelling

The Convocation was concluded with the Human Spiritual Rights Reception at the Rectory Abbey on Carmel (the Bishop's residence) on Sunday afternoon.



Human Spiritual Rights banquet table prepared by Jamila Savoy PHOTO: Stephan Fuelling



Helena Savoy visiting guests in the courtyard at Bishopstead PHOTO: Shinobu Uwataki



Joseph Roy visited with guests indoors at Bishopstead. PHOTO: Stephan Fuelling

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**PATH TO LIGHT: Paul
Schmitendorf**



Hawaiian Sunset PHOTO: Paul Schmitendorf

In November 2007 I received an unanticipated email about a man from India who was going to give a lecture on sungazing. I was both intrigued and skeptical.

In the lecture he explained the basic concepts of looking at the sun, how to do it safely, and why it was a valuable practice for those open-minded enough to try it. So one morning, the following April, after a cold Chicago winter, I went out to the beach at Lake Michigan and waited for the sun to come up over the horizon. When it did, I looked at the sun for 10 seconds and then turned around and went home. I continued adding 10 seconds each day and before long I was looking at the sun for several minutes.

Slowly, I started to feel something happening. I felt calm, joyful, and sometimes euphoric. As the time looking at the sun each day grew longer, I started to feel something awaken in me. Around the time I reached 25 or 30 minutes a day I began communicating with the sun. I'd express my gratitude each day

and ask for guidance on different aspects of my life.

Finally, almost 2 years after the lecture, I reached the goal of 44 minutes a day. Looking at the sun had become an important part of my life, but reaching this goal was a bit anticlimactic. I continued looking at the sun but began to wonder if there was something more to this process.

I asked the sun to direct me on a path that would allow me to learn more about this ancient practice. The path led me to the film "Eat the Sun," which I watched in September 2012. Once I saw the sunrise service and interviews, I knew Reno would be on my path.

I read the *Project X* book and then scheduled a visit with Bob Petrovich. Once I met some of the people in the Community, attended my first Sunrise Service, and learned more about the program, I knew I'd come to the right place. I'm grateful for the opportunity to become part of the Community of Cosolargy and continue working with the sun on a higher level.

The Yungay Pilgrimage Experience 2014



During Convocation week, on Saturday, October 11, 2014, Bishop Sean Savoy delivered a brief review of the experiences the pilgrimage group had during their time in Yungay on the 2014 Peru Tour, which Rev. Sean headed.

The city of Yungay will be familiar in name to all readers of *Jamil: Child of Light* as the one-time home in Peru of the Child Jamil and his father, the Most Right Reverend Gene Savoy.

The pilgrimage portion of the tour was undertaken by more than a dozen Community members and friends of the Community.

< [Click here to listen to Sean's report on the Yungay pilgrimage experience \(14 minutes\)](#) >

PATH TO LIGHT: Crystal Rae

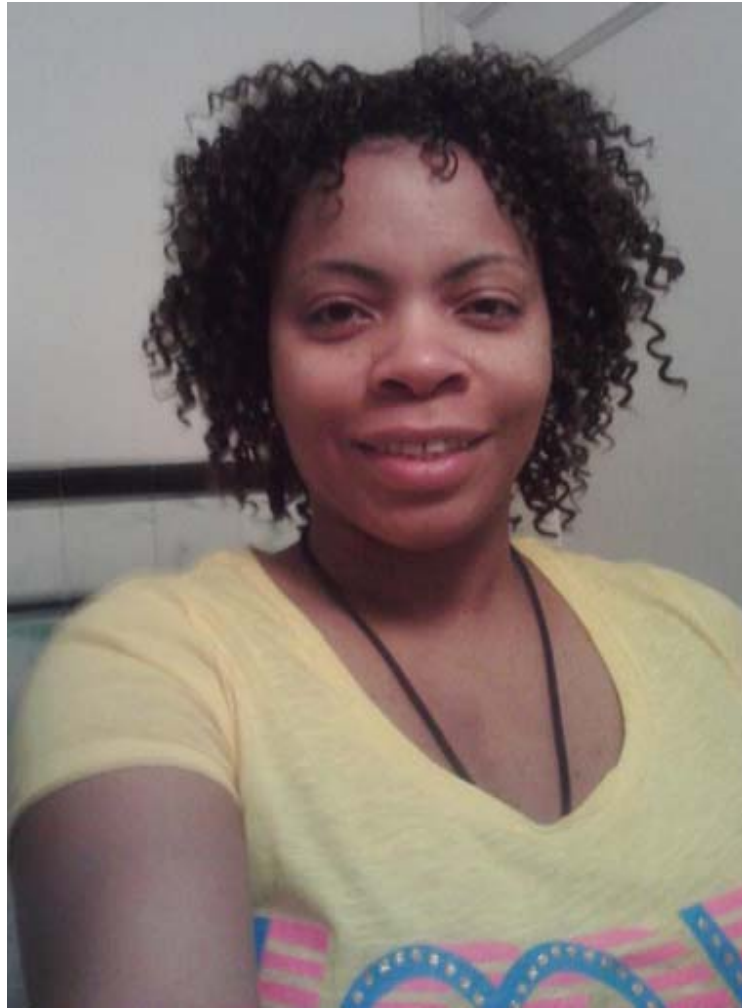


PHOTO: Crystal Rae

Greetings,

I want to give a little background on my spiritual journey. I've been married for almost 15 years, and I had met my husband at a Seventh-Day Adventist conference, about 8 months before we married. I've always been a seeker of knowledge. What had originally guided me to the Seventh-Day Adventists was the subject of the "Sabbath."

As I'd progressed and learned much in that setting, I still sensed that there was more to learn. I had done some research here and there on some biblical subjects, and about 5 years ago—I believe I was approaching the age of 35—I noticed a mark on me that appeared to be somewhat of a birthmark in form, but I didn't have this at birth. I'm a lighter-skinned black woman, and this mark appeared as a brownish tan circle

underneath my left breast bone, but almost centered in the chest. Anyway, what was unusual about this mark was that it started as a full circle, maybe twice the size of a quarter. Well, the full circle started to pull apart and break up into several tiny circles. They spread out and kind of made a link, or chain, of some sort.

I don't recall the time period over which all of this happened, but the circles made a formation and then came back together to the full circle, and then sometime after, the full circle completely disappeared. I thought it was peculiar but didn't think too much on it. Well, as time went on, my curiosity and searching for other spiritual subjects had deepened. If I didn't know better, I would have thought that the mark was some type of activation within me, as I've often reflected upon it.

Well, in my seeking I had come across information that stated that the Bible was mythical stories, as if a lot of the characters hadn't existed or that the stories were taken from "Ancient Egypt." This started a shift for me. My foundation was shaken regarding "Jesus" and the teachings of the Bible. I started seeking all kinds of information for answers.

I've had an experience, as I imagine we all have, where I spontaneously projected outside of my body. One time this happened, early into my marriage, when, somehow, I was in the hallway of my house and in front of our bedroom. I knew my husband and I were in the bedroom that was in front of me. I thought I had died, because I was in one place and also another. I didn't actually see my body but sensed that my husband and I were in the bedroom. It made me afraid because I didn't know about "astral projection" at that time.

I had another experience of hearing some women talking, but my sight was complete blind, as in blackness; I couldn't see anything, but I could hear them discussing something. In my mind, I asked myself, "Why were they discussing this?" and I

wondered, "Who are they?" Then one of the women says to another, "I think she can hear us." That really shook me up, because I didn't know what was going on; it appeared I was somewhere, someplace else. Another time, while in a very relaxed mood, I saw this energy moving from the back of my head, or side of it, and it floated or moved in front of me. It looked like a "spider web" of energy. I just watched it and was amazed. It later dissipated. I had never seen anything like that before; later, I learned from reading, and seeing on the Internet, about an "astral cord" and thought perhaps that is what I had seen.

I have followed some teachings of a certain teacher that have helped me, in some ways to be familiar with energies and beings, etc. I still have no teacher. Some systems are very expensive, and I am unable to afford them at present. I've always wanted to travel to sacred places, meet various beings/teachers, etc.

I had started doing some solar practices and others things that I had learned from Dr. Mitchell Gibson's YouTube videos, and other videos that I had purchased from his website. One time, I had seen these two HUGE beings in my room. The thing is, my eyelids were closed, and I was trying to understand how in the world was I able to see them. They appeared transparent with a bunch of tiny lights throughout their beings. They appeared as if they were statues, but they weren't. I can't even begin to fully express that experience. What I do remember saying to them, by some way of telepathy, was, "You're real, you're really real." I don't know why I was saying that to them, as if I knew them on some level within. I do know that whoever these beings were, they had revealed themselves to me for a reason; one, I think to let me know that they are there and perhaps always have been. They almost looked like two huge cat beings. It's hard to describe them, but it was quite amazing. I also believe spiritual beings can take many forms, sometimes; the same being may be appearing to

us, but in another form.

I had learned about staring into a candle flame, etc. and later was able to see beings around the energy of the candle flame. The head had begun small, then it started becoming bigger; at first, I was a little apprehensive because I didn't know what was going to happen. Oh, initially, the face started out faintly, and then it started to come in much clearer. I grew accustomed to the images. Later, the flames from the candle would emit geometric symbols of all sorts. Some forms I had never seen before. One could have been a blueprint for something, I don't know. What was amazing was that it was golden energy, or plasma or something, that did its thing in the area facing me. Later, the energies had started spinning, clockwise and counterclockwise.

I had seen much activity with the sun gazing that I do around sunset and sunrise. There have been various times, in my meditations while listening to something at very low volume, or listening to attunement, that I was able to hear a kind of garbled speech or someone talking in my left ear. It was always my left ear; never the right ear. Also, for some time now, I have been sensing an energy presence on my left side. Sometimes, around the crown area, as well, but mainly on the upper left side of my body. I have often wondered if some being was checking in on me. I had been told by a couple of people that it was my solar body etc.

For some time, I've been desperately seeking a teaching and direction in my life. I recall on the night of July 6, 2014, how I poured out my heart while sitting in front of my candle flames. There are several faces I'm seeing now and just white flames within the flames as well. I had been saying a prayer, the Ana Beko'ach, and asking for direction, wanting to make sense of the energies I see, and asking whether I have a teacher, and where is my teacher—I had so many questions. The energy of the flames just did its spinning out of energies as usual, but it appeared as if I was heard somehow.

The next day, I heard in a lecture the word *Cosolargy*, and it had triggered a search within me. I was doing some solar work and had seen information regarding solar techniques, etc., on the Jamilian website. I've always been a curious being. I was able to connect with a man named Robert (Bob) at the University. I admit, I do have some financial challenges in my life that I'm working on. My income is limited; however, I am persistent and will do all I can to pursue this chapter in my life with the teachings that this University has to offer me. I believe I'm right where I'm supposed to be at this time. I trust that this Community will assist me further with my spiritual unfolding.

Crystal Rae