

Changing our Perception of Reality



“There is within us an immense capacity for perception, for the receiving of message from outside; and a very little consciousness which deals with them. It is as if one telegraph operator were placed in charge of a multitude of lines: all may be in action; but he can only attend to one at a time. In popular language, there is not enough consciousness to go round. Even upon the sensual plane, no one can be aware of more than a few things at once. These fill the center of our field of consciousness: as the object on which we happen to have focussed our vision dominates our field of sight. The other matters within the field retreat to the margin. We know, dimly, that they are there; but we pay them no attention and should hardly miss them if they ceased to exist.

“Trancendental matters are, for most of us, always beyond the

margin; because most of us have given up our whole consciousness to the occupation of the senses, and permitted them to construct there a universe in which we are contented to remain. Only in certain states—recollection, contemplation, ecstasy and their allied conditions—does the self contrive to turn out the usual tenants, shut the ‘gateways of the flesh,’ and let those submerged powers which are capable of picking up messages from another plane of being have their turn. Then it is the sense world which retreats beyond the margin, and another landscape that rushes in. At last, then, we began to see something of what contemplation does for its initiates.” ~[Evelyn Underhill](#)

Capacity for Perception

It is true that we have a great capacity for perception. It is also true that there are many things that exist beyond our physical perception and are completely invisible to them. But Ms. Underhill makes a mistake that was common for the time: she confuses consciousness with the conscious mind. The conscious mind is part of the physical mind, and is limited, as Underhill says. Consciousness, on the other hand, is not limited at all.

Focussed Vision

One reason our capacity for perception is limited is that we focus only on one thing or a small number of things. This makes sense to a large degree in a purely physical world, because we want to experience mostly the things that most interest us, endanger us, or are simply in our way and we need to go around them. Unfortunately, once we have learned to focus our vision and other senses in that way, we do it constantly. In so doing, we miss out on a lot of things that are, as Underhill puts it, pushed to the margins and ignored. That is one reason why Gene Savoy, Sr. taught us to practice unfocusing our eyes so we see more, not only on the physical level but to help us start seeing beyond the physical with our

spiritual faculties.

Filters

In addition to focussing, we have beliefs, concepts, and ideas of what is real and what isn't. This causes us to see things differently than others who may have different filters. One example of this is the way members of certain Churches will see the face of Jesus in every water stain, or blob of rust that vaguely resembles a human face. None of them have ever seen the actual face of Jesus, yet every time they see these vague shapes, they just know it is him.

Trancendental Matters

Underhill refers to everything spiritual when she uses the expression, "transcendental matters". She says these matters are always being pushed "beyond the margin" of our conscious mind, and that is true. She adds that we perceive these things only when we are in "certain states," and gives some examples. But here, we are really talking about something different than the focusing of the conscious mind. Spiritual things can only be perceived by our spiritual senses, and to do so, we must awaken and develop those senses. That is what we are doing when we practice the techniques taught in Cosolargy. Another part of it is that there are many levels of consciousness, and we are only aware of things happening at our current level, and below. We need to develop higher levels of consciousness to see more of the reality that is largely hidden from us. The Cosolargy techniques do that as well.

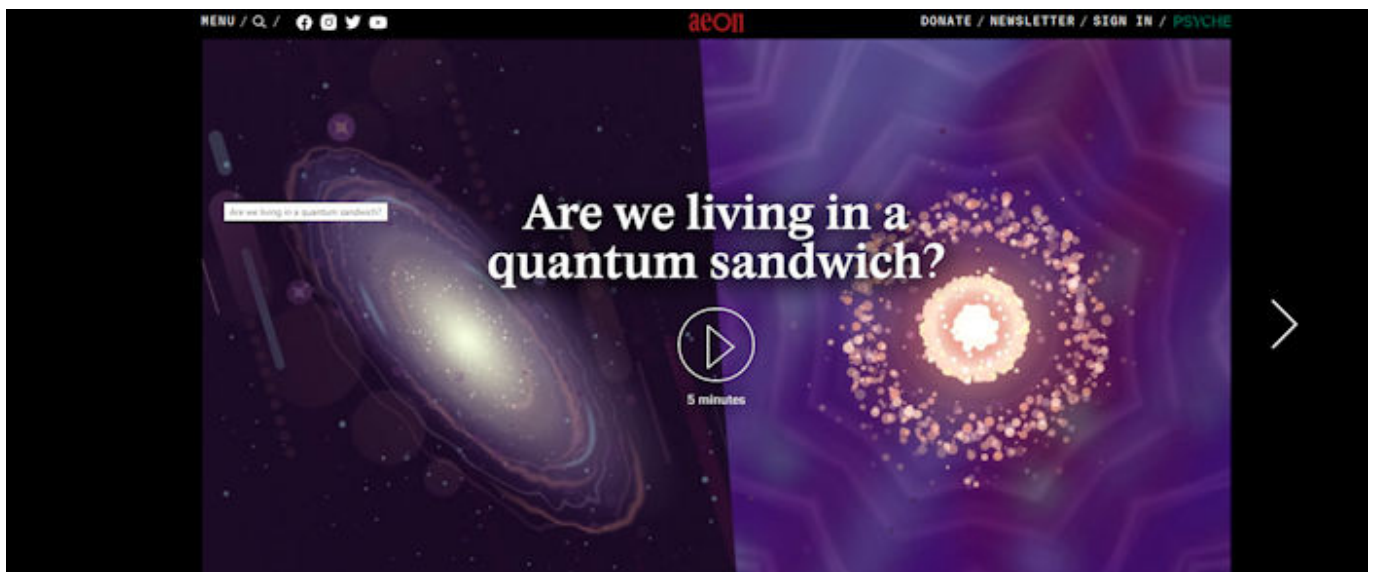
“Enormous ‘sunspot archipelago’ 15 times wider than Earth could soon bombard us with solar flares”

One of the largest and most densely populated sunspot regions seen in more than a decade has appeared on the sun’s nearside to Earth – and has begun to unleash a barrage of solar storms that are shaking up our home star’s surface in a big way. The sunspots’ emergence could make it an interesting few weeks for Earth, which will soon be in the firing line of these eruptive dark patches.

The first sunspot group, named AR3490, rotated onto the sun’s nearside on Nov. 18 over the star’s northeastern shoulder. The dark patch was quickly followed by another sunspot group, AR3491, which trailed in its wake, Spaceweather.com reported.

[Read the entire article here.](#)

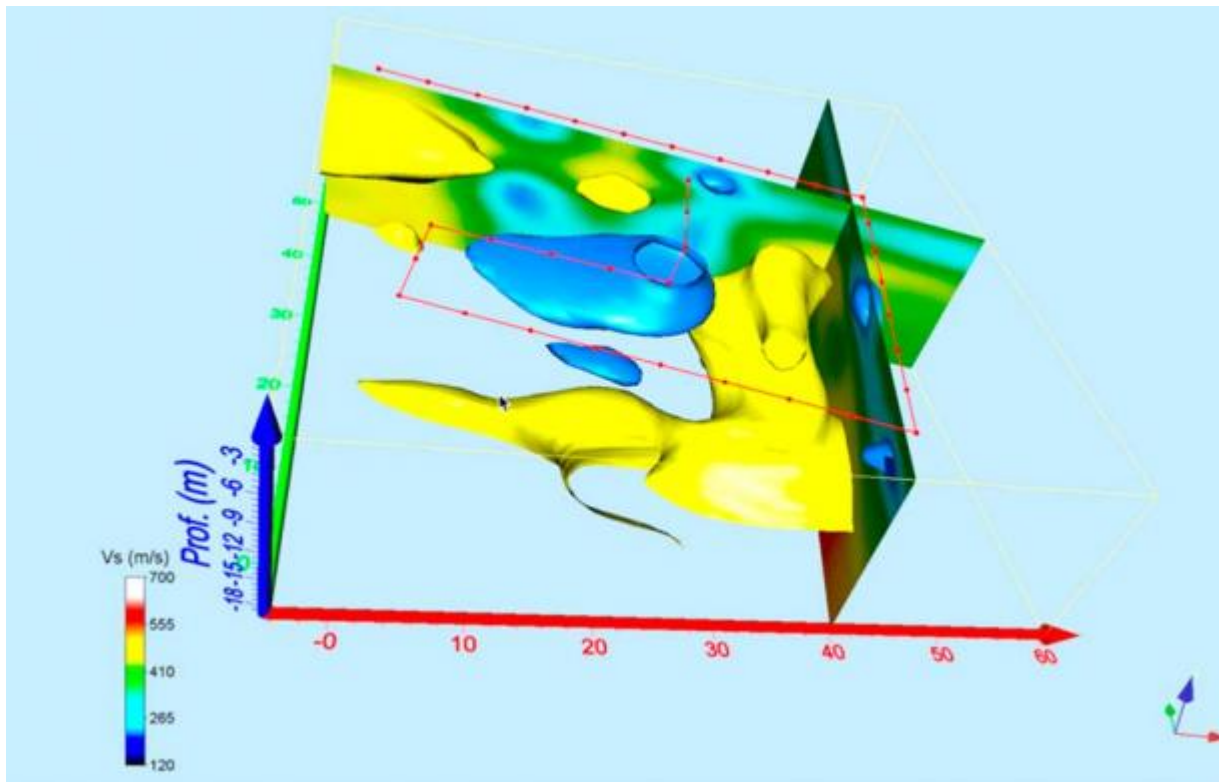
“There’s a striking link between quantum and astronomic scales. What could it mean?”



While working late one night in 2017, Konstantin Batygin, a professor of planetary sciences at the California Institute of Technology, made a mathematical connection that he imagined someone else had surely found before, likely centuries ago. He had realised that the peculiar ‘washed-out wave’ behaviour of matter on the quantum scale – which disappears on the macroscopic scale (the one we can observe with our naked eye) – reemerges at the astronomical scale.

[Read the entire article here.](#)

“Have Archaeologists Found Lyobaa, the Zapotec Land of the Dead?”



Beneath monumental stone structures discovered at the archaeological site of Mitla in the southern Mexican state of Oaxaca, it has long been believed that the ancient [Zapotec people](#) built a huge and complex labyrinth of chambers and passageways. This network of tunnels was ultimately supposed to lead to the entrance of the Zapotecan underworld or Land of

the Dead, which was known as [Lyobaa](#).

In search of the truth about this legend, a team of Mexican archaeologists launched an ambitious exploration project at Mitla in 2022, relying on non-invasive geophysical survey tools to see what really lies underneath the ancient site.

[Click here to read the full article.](#)

Services for the Week of November 25, 2023



Saturday, November 25, 2023

10:00 AM COMMUNION

Chapel of The Holy Child

RRF Gene Savoy, Jr.

Lector: Rev. Noriko Roy

Cantor: Rev. Dorothy Kubiak

Reader: Rev. Harold Boulette, Jr.

Sunday, November 26, 2023

SUNRISE DIVINE SERVICE

Church of New Epiphany

Leave: 6:00

Gate: 6:30

Service Starts: 6:44

Sunrise: 6:59

RRF Gene Savoy, Jr.

Concelebrants:
RF Robert Petrovich
Rev. Bruce Kanzelmeyer
Assistant: RM Barbara Whitney

OPEN-AIR COMMUNION

Church of The End Times *RM Elizabeth Reece*

Church of the Christian Churches *RM Barbara Whitney*

Wednesday, November 29, 2023

12:00 NOON COMMUNION

Chapel of The Holy Child,

RM Elizabeth Reece

Friday, December 1, 2023

9:00 AM PRAYER & FELLOWSHIP

Chapel of the Roses

RC Peter Foust

**THANKSGIVING
NOVEMBER 20, 2023**

MESSAGE:

--	--



CÔSOLARGY. INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT



HEAD OVERSEER'S MESSAGE



The holiday season begins with time to reflect on the many reasons we have to be thankful.

From all of us at Cosolargy International and the International Community of Christ, may your Thanksgiving be bountiful with all of God's abundant blessings in Light. +

Gene





And don't forget to save the dates for our
Next Convocation, June 4 - June 9, 2024!

Visit cosolargy.org



Cosolargy International | 643 Ralston Street, Reno, NV 89503

[Unsubscribe communications@cosolargy.org](mailto:communications@cosolargy.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by communications@cosolargy.org powered by



Try email marketing for free today!

Four Ways to Keep Ourselves One With God



“Though I have said that we are one with God and this is taught us by Holy Writ, yet now I say that we must eternally remain other than God, distinct from Him. ...

“And therefore I say further: that from the face of God, or from our highest feeling, a brightness shines upon the face of our inward being, which teaches us the truth of love and of all virtue: and especially are we taught in this brightness to feel God and ourselves in four ways. First, we feel God in his Grace; and when we apprehend this, we cannot remain idol. For like the sun, by its splendor and its heat,

enlightens and gladdens and makes fruitful the whole world, So God does to us through His Grace. He enlightens and gladdens and makes fruitful all who desire to obey Him. If, however, we would feel God within us, and desire to have the fire of His love ever more burning within us, we must, of our own free will, help to kindle it in four ways: we must abide within ourselves, united with the fire. And we must go forth from ourselves toward all good people with loyalty and love. And we must bow beneath ourselves, betaking ourselves in all good works. And we must ascend above ourselves with the flame of this fire, through devotion, and praise, and fervent prayer, and must ever cleave to God with an upright intention and with love.” ~[John of Ruysbroeck](#)

One With God, Yet Individuals

When they are told that the goal of spiritual development is to unite with God, many people think this means that their individuality will be lost in doing so. In fact, there are some spiritual schools that teach that we lose our identity as we become one with God, comparing it to a drop of water that flows into the ocean where it mixes in and can never be separated again. But others teach that it is more like a brick being added to a brick wall. The brick is part of the wall but still retains its individuality.

A Brightness Shines

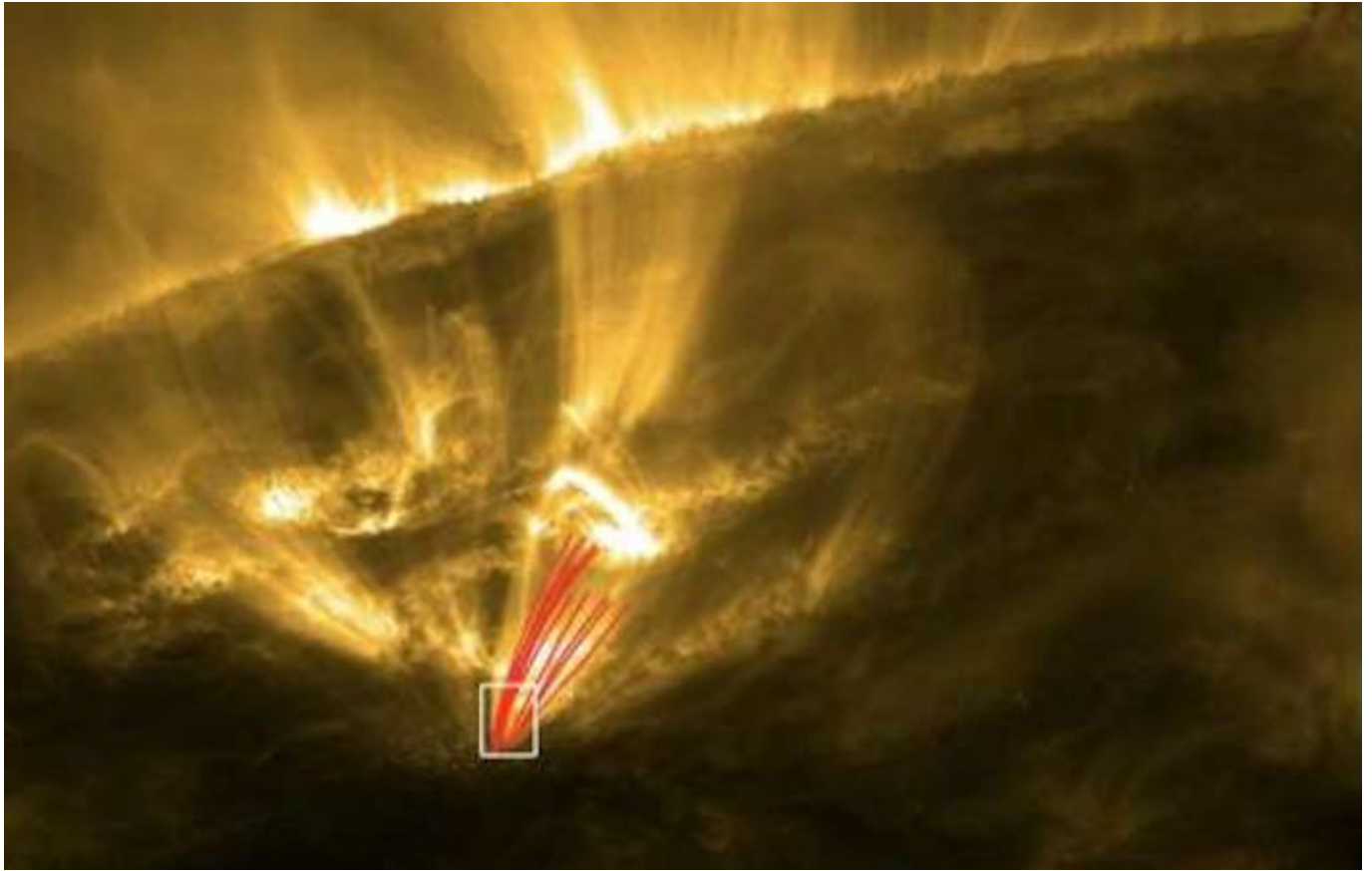
A brightness does shine on us from God, but not directly. God's Light illuminates the Spiritual Sun and it is that Sun that shines down on us with God's Light. And it shines on our outer being as well as our inner one. It shines on all beings, but most are unable to absorb it, so it just passes through them like neutrons. But for those who seek this Brightness of God, it awakens and nourishes the spirit and helps us develop higher levels of consciousness.

Four Ways

The Four Ways listed by Ruysbroeck may not be the only ways to keep us close to God, but they are certainly part of it. First, he says we must seek to unite “with the fire.” In other words, to be one with the Light, one with God, one with Heaven. In Cosolargy, we know that the best way to do this is to practice our solar techniques faithfully and regularly. Then we must, as Ruysbroeck puts it, “go forth from ourselves toward all good people”. In Cosolargy, We are taught to keep the teachings secret, just as was done in the mystery schools of the past, yet we can still reach out to others, inform them of what is happening, what the Awakening is all about, and invite them to join Cosolargy. Don’t be disappointed, however, if your friends and relatives are not ready to see the Light, and turn down your suggestion. The Light will come to them when they are ready, not before, but as the old saying goes, it helps to plant seeds. Third, we must, as Ruysbroeck says, go beneath ourselves to continue to labor in the world of matter. We remain part of the material world while developing our spiritual side, so we must continue to function in that world, and not withdraw from it. We function in it but avoid becoming attached to it, or to anything in the world of matter. And finally, we ascend above ourselves to “pray” or communicate with the Beings of Light and With God. This is the way to truly know God.

**“Solar astronomers discover
‘shooting stars’ on the sun’s**

corona”



A team of astronomers from several European institutions led by Northumbria University in Newcastle has discovered “shooting stars” on the sun. Observations from the European Space Agency’s Solar Orbiter (Sol0) have revealed never-before-seen “falling star”-type phenomena or meteor-like fireballs occurring within the spectacular plasma displays known as coronal rain. The work will be presented this week at the National Astronomy Meeting (NAM 2023) by lead author Patrick Antolin, Assistant Professor at Northumbria University.

[Click here to read the full article.](#)

“Quasars reveal the early universe moved slower than it does now | CNN”

Scientists have peered into the early days of the universe, when it was about 1 billion years old, and discovered that things moved in slow motion compared with now.

The finding supports [Albert Einstein's general theory of relativity](#), which suggests that the distant universe moved much more slowly in the past.

Given the vastness of the universe, studying its earliest days is like looking back in time. [Faint light from the oldest galaxies](#) is still traveling across the universe to reach Earth, so the farthest reaches of the universe visible to scientists is light from the past.

[Click here to read the full article.](#)

Link contributed by Gene Savoy, Jr.

“Scientists find key evidence for existence of nanohertz gravitational waves”



A group of Chinese scientists has recently found key evidence for the existence of nanohertz gravitational waves, marking a new era in nanohertz gravitational wave research. The research was based on pulsar timing observations carried out with the Five-hundred-meter Aperture Spherical radio Telescope (FAST).

[Click here to read the full article.](#)