

Join Action and Contemplation for a Good Life



“Toys and fooleries at home, wars abroad: sometimes torpor, sometimes sloth; this is thy daily slavery. By little and little, if you do not better look to it, the sacred dogmata will be blotted out of thy mind. How many things be there, which when a mere naturalist, thou hast barely considered of according to their nature, thou does let pass without any further use? Whereas thou should in all things so join action and contemplation, that thou might at the same time attend all present occasions, to perform everything duly and carefully and yet so intend the contemplative part too, that

no part of that delight and pleasure, which the contemplative knowledge of everything according to its true nature does afford, might be lost. Or, that the true and contemplative knowledge of everything according to its own nature, might of itself (action being subject to many lets and impediments) afford unto thee sufficient pleasure and happiness. Not apparent, but not concealed. And when will thou attain to the happiness of true simplicity and unaffected gravity? When will thou rejoice in the certain knowledge of every particular object according to its true nature; as what the matter and substance of it is; what use it is for in the world: how long it can subsist: what things it does consist of; who they are that are capable of it, and who can give it and take it away?"

—[Marcus Aurelius](#)

Toys and Fooleries

What Aurelius is calling “toys and fooleries” isn’t limited to the toys of children. He is talking about anything that distracts us from the serious side of life. Things like television, video games, and being on a cell phone so much you don’t notice anything around you. It is really sad that when I go to a fitness center to work out, there are always a few people who ignore the club rules and talk on their cell phones the whole time they are on the treadmills, stationary bikes, or even weight machines. The same happens in the supermarket. Aurelius is correctly labeling this attachment to these things as a form of slavery.

If You Do Not Look To It

The harm of getting too caught up in and attached to things in the material world is that it tends to cause us to ignore our obligation to develop our spiritual side. That is why the Forces of Darkness work so hard to get us to spend more time with video games, cell phones, television, etc. When Aurelius

talks of being a “mere naturalist,” he doesn’t mean someone who is out in the natural world all the time, but one who is caught up in the physical realm of matter.

Join Action and Contemplation

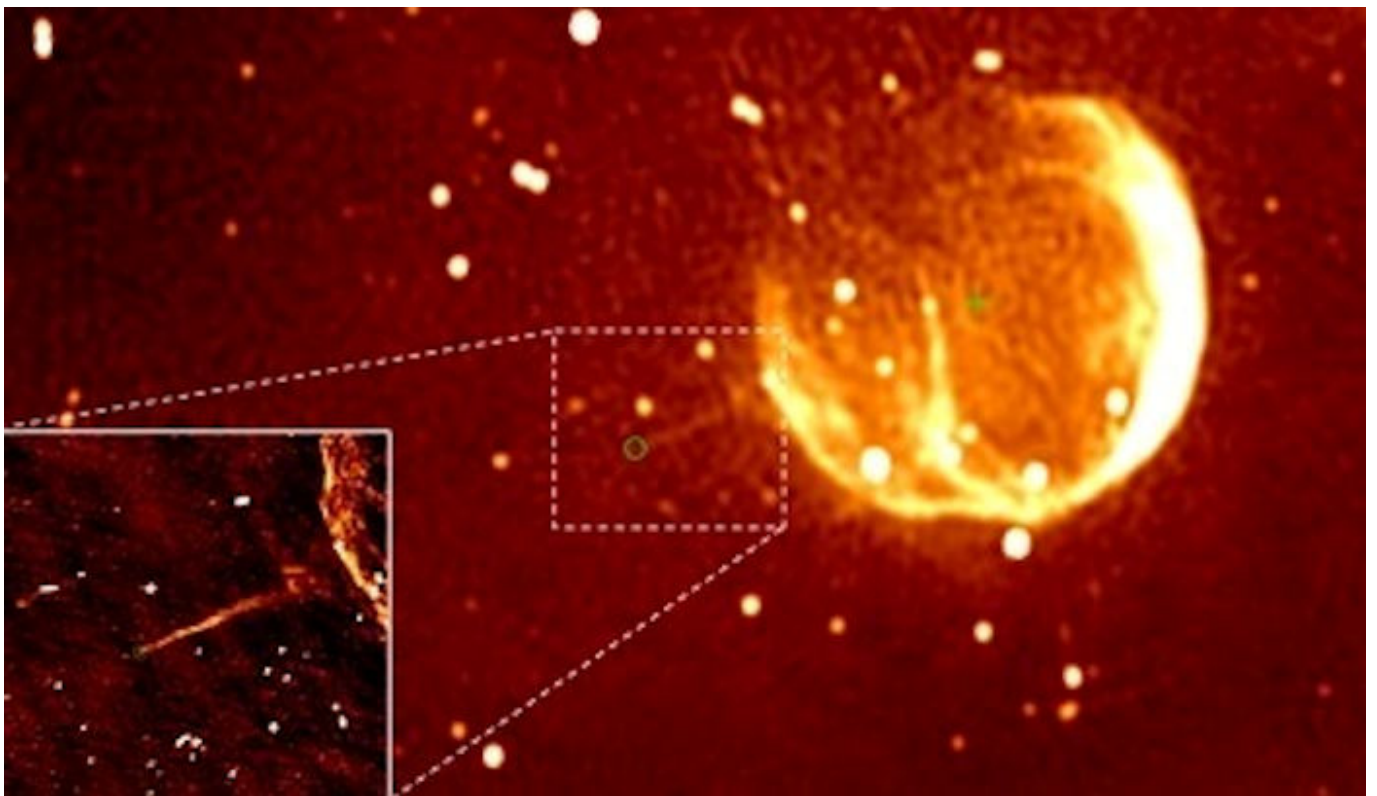
What Aurelius is saying here is that instead of idly acting on anything that we find interesting, distracting, comforting, etc., we should think about what we are doing and act on the things that benefit us instead. There is nothing wrong with playing video games a little, but not for hours a day. I personally like to play solitaire on my Kindle Fire for twenty minutes or so each night before I go to sleep. It helps me relax. But I know better than to spend two or three hours playing such games. So when we contemplate what action we are planning to take, we need to ask if that action helps us grow, or not. We need to ask if there are some other actions we should be doing instead. Most of all, we need to be sure we are spending a reasonable amount of time on spiritual development. That doesn’t mean just doing techniques for a few minutes. It means reading books that help stimulate spiritual growth. It means that when we watch movies and television shows, we choose those that do not promote violence, anger, vengeance, and other negative behavior.

Everything According to Its Nature

When we contemplate, we must think of what is the true nature of things. We must forgive the violent behavior of some animals because we know that it is not their true spiritual nature that is guiding them to do such things. Poisonous plants are not poisonous because they hate us. They are poisonous because their physical self is a product of the Darkness in the world and within all of us. Instead of condemning such plants and animals, we should seek to help them change. Likewise, we should seek to help other humans change. Foolish people sometimes depict angels destroying demons and devils by cutting them up with swords, etc. Nothing

could be further from the truth. Contemplation should teach us that such behavior is just joining the darkness, not stopping it. The Angels and Beings of Light stop the demons by convincing them to change their ways. We must change our ways as well.

“Astronomers see a cosmic object flying fast at 2.5 million mph through the Milky Way”

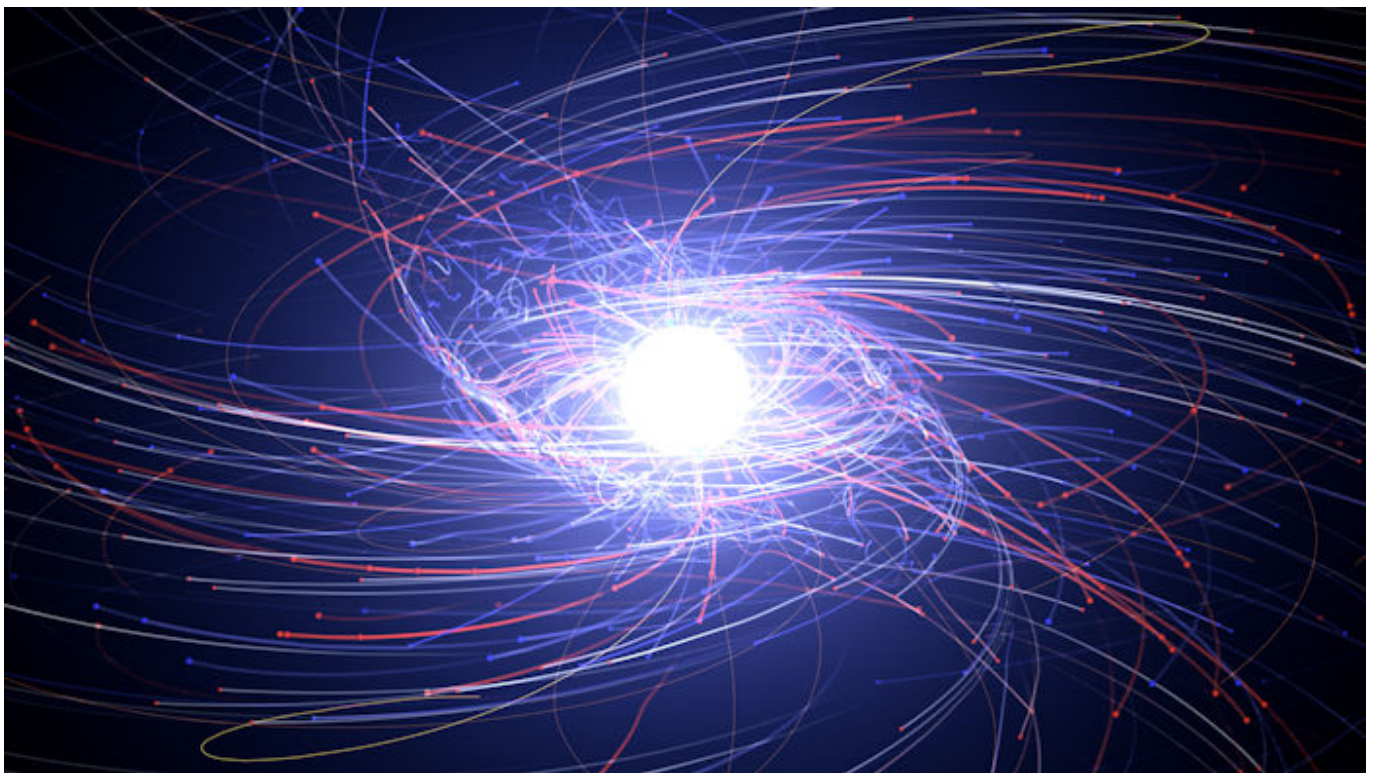


There's a strange star speeding through our galaxy at an unfathomable speed.

PSR J0002+6216 was spotted by astronomers traveling through our galaxy like a lone runner at a speed of 2.5 million miles per hour, nearly four million kilometers an hour, or if you prefer, 700 miles per second (1,127 km/sec)

[Click here to read the full article.](#)

“The enigmatic blueprint to a mirror Universe | BBC



Our existence doesn't really make sense. When the Universe was created, matter and a substance called antimatter should have obliterated each other. But that didn't happen. If scientists

can unravel the mysteries of antimatter, it could help us understand why there is life on this planet and possibly on planets elsewhere.

[Click here to read the full article.](#)

Link contributed by Gene Savoy, Jr.

“Strange two-faced dying star ‘Janus’ baffles scientists in cosmic oddity”



While routinely scanning the sky for the burnt-out remnants of dying stars, scientists stumbled upon a strange cosmic signal. After running a few more tests, they were stunned.

One of their observed stellar corpses, a [white dwarf](#) star more than 1,000 light-years from [Earth](#) that spins once every 15 minutes, had a peculiar appearance. Its orb-like surface possessed two different elements on either of its sides, weirdly divided like a basketball sliced down the middle.

[Click here to read the full article.](#)

Services for the Week of January 13, 2024



Saturday, January 13, 2023

10:00 AM COMMUNION

Chapel of The Holy Child

RRF Gene Savoy, Jr.

Lector: RC Amanda Buchanan

Cantor: Dea. Radika Rachel Savoy

Reader: Rev. Gary Hus, Jr.

Sunday, January 14, 2023

SUNRISE DIVINE SERVICE

Church of New Epiphany

Leave: 6:15

Gate: 6:55

Service Starts: 7:09

Sunrise: 7:24

RRF Gene Savoy, Jr.

Concelebrants:

RF Robert Petrovich

Rev. Bruce Kanzelmeyer

Assistant: RM Barbara Whitney

OPEN-AIR COMMUNION

Church of The End Times *Rev. Ted Staver*

Church of The End Times *RM Barbara Whitney*

Wednesday, January 17, 2023

12:00 NOON COMMUNION

Chapel of The Holy Child,

RC Rob Roy

Friday, January 19, 2023

9:00 AM PRAYER & FELLOWSHIP

Chapel of the Roses

RC Rob Roy

NOVEMBER 2023: Intercession & Memorial Services



NOVEMBER 2023

1

the People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Setsuyo Soejima

4

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Setsuyo Soejima

8

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Fred Tabrizi

11

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Fred Tabrizi
Deborah Bittencourt

15

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Jim Eaglesmith
Rev. Mother Ileana Isfan †

18

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Jim Eaglesmith
Rev. Mother Ileana Isfan †

22

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Joseph Gallata and his partner and family remaining in Gaza

25

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East
Joseph Gallata and his partner and family remaining in Gaza
Xuing Zhao †

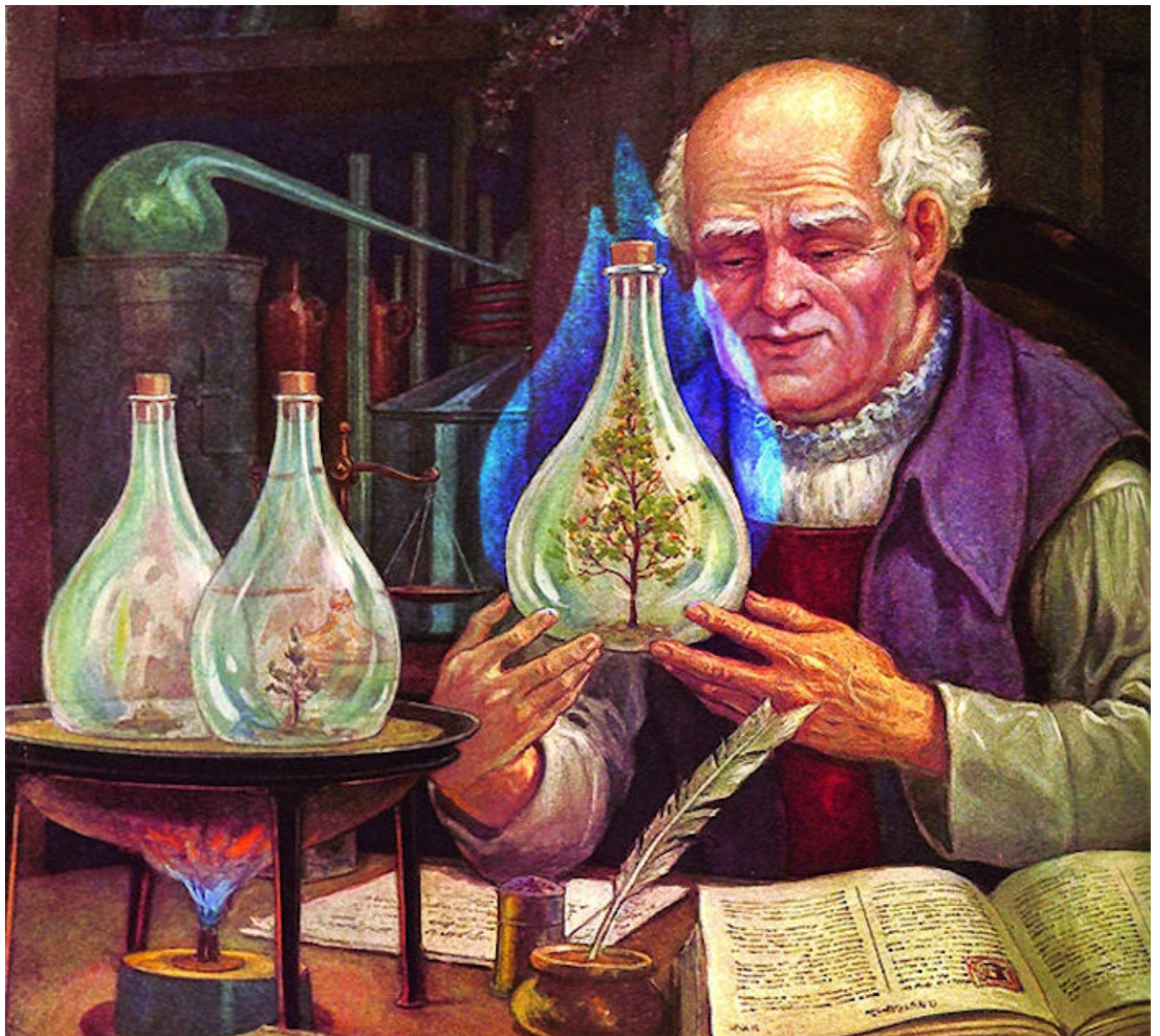
Jim Whitney †
Murriel Curtis

29

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of Israel and Palestine
Prayer for Peace in the Middle East

† indicates Memorial Prayer

The Healing Methods of Paracelsus



“Paracelsus recognizing derangements of the etheric double as the most important cause of disease, sought to reharmonize its substances by bringing it into contact with other bodies whose vital energy could supply elements needed, or that were strong enough to overcome the diseased conditions existing in the aura of the sufferer. Its invisible cause having been thus removed, the ailment speedily vanished.

“The vehicle for the archaues, or vital life force, Paracelsus called the mumia. A good example of a physical mumia is a vaccine. ... The most universal form of the Memia was ether, which modern science has accepted as a medium between the realm of vital energy and that of organic and inorganic

substances. ...

“Paracelsus discovered that in many cases plants revealed by their shape the particular organs of the human body which they served most effectively. The medical system of Paracelsus was based on the theory that by removing the diseased etheric mumia from the organism of the patient and causing it to be accepted into the nature of some distant and disinteresting thing of little value, it was possible to divert from the patient the flow of the archaea which has been continually revitalizing and nourishing the malady. Its vehicle of expression being transplanted, the archaea necessarily accompanied its mumia, and the patient recovered.”

—[Manly P. Hall](#)

Derangements of the Etheric Double

This is a way of saying that physical illnesses can have causes that originate in either the psychic or spiritual body. While we can't say that all disease descends down to the physical body from the higher levels of being, we do know that some do. That is why Gene Savoy, Sr. taught that those who properly developed their spirit would achieve better physical health as well. You might ask, then, why do Cosolargists still have physical illnesses? The most common reason is that the person cannot mentally accept that the development of the spirit does eliminate most physical illnesses. Of course, it will never eliminate all illness, but in general, the spiritually developed people have less illnesses and less severe illnesses than the complete materialists.

Contact With Other Bodies

This is the basis of the Sonatherapy that was available for years at our Steamboat Healing Center & Spa. The concept, developed by a British doctor, is that a sound that duplicates

the frequency of a healthy organ can be used to help heal a diseased organ. For example, if someone has cataracts or other eye problems, the frequency of a healthy eye can help them to heal. Paracelsus didn't use sound, but he did use the same idea with herbs and other natural medicines that worked in a similar way. Color can also be used to help with healing some illnesses.

Gene Savoy, Sr. told us that some medicines worked better than others because they were the proper color. For example, a blue or purple colored pill or liquid would be good for eye problems, while red or orange would be a good color for pills to treat a bowel problem. That doesn't mean that the drug doesn't work, but that it works better when the right color is used.

Shape of Plants

This is a new idea to me, but there may be something to it. Nearly all herbs are green, but they treat different illnesses in different parts of the body so that shape may be involved rather than color. The important thing in all of these healing methods is vibration. That which vibrates at a frequency very close to the frequency of a healthy organ will help that organ to heal when diseased or damaged. As geometry is the language of the soul, plant shapes could aid in treating illnesses that originated on the spiritual level.

Accepted by Some Distant Thing

This is what it means in the Bible when it says that Jesus drove demons out of a person and into nearby pigs. A better way to do this, however, is in the way that we in Cosolargy do using an advanced technique where we send negativity out of us to harmlessly disperse into the world, rather than sending it into another being.

“An unusual object has been releasing pulses of radio waves in space for decades.”

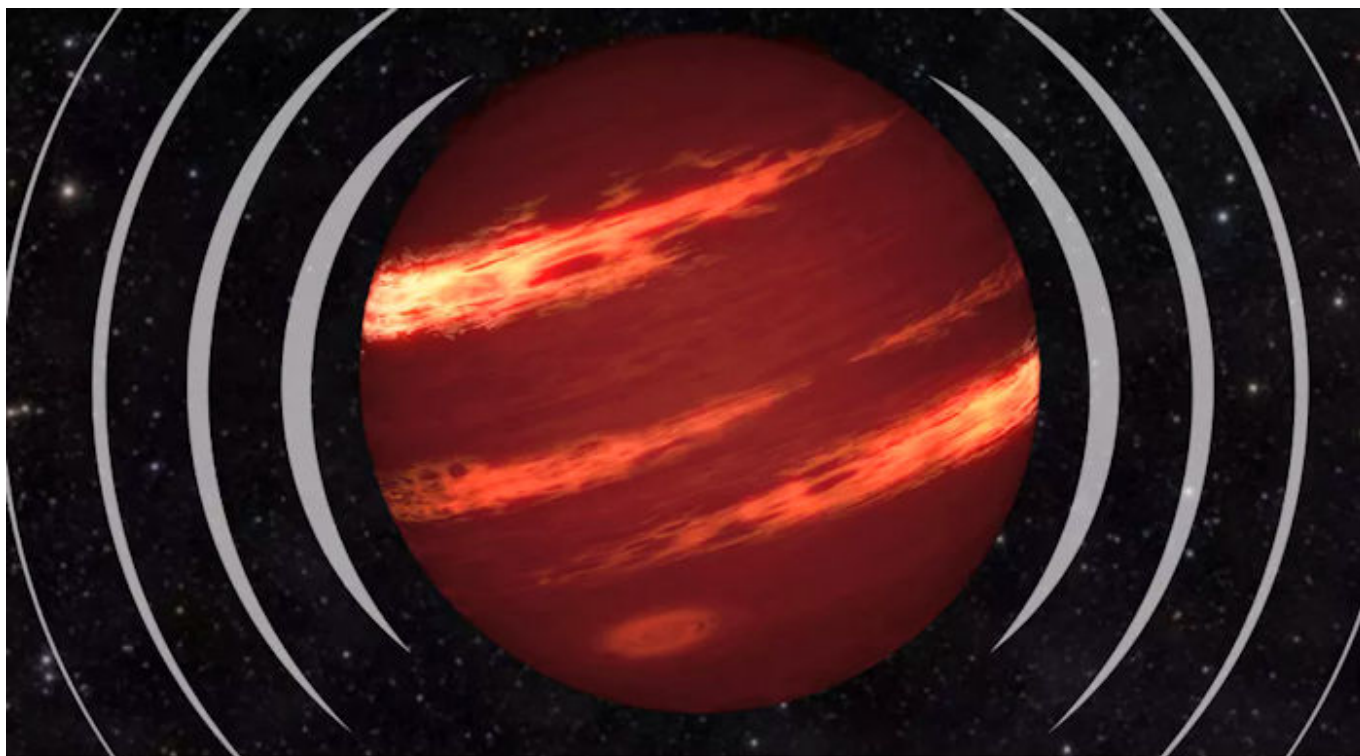
Astronomers have discovered a new type of stellar object that could change their understanding of extreme celestial bodies in the universe.

Initially, Curtin University doctoral student Tyrone O'Doherty [spotted a spinning celestial space object](#) in March 2018. The unfamiliar object released giant bursts of energy and beamed out radiation three times per hour.

In those moments, it became the brightest source of radio waves viewable from Earth through radio telescopes, acting like a celestial lighthouse.

[Click here to read the full article.](#)

**“‘Failed star’ is the coldest
radio wave source ever
discovered”**



Astronomers have spotted the coldest star-like body on record found to produce emissions at radio wavelengths.

Cooler than a campfire here on [Earth](#) and smaller than [Jupiter](#), the faint object called T8 Dwarf WISE J062309.94-045624.6 is an ultra-cool brown dwarf, often referred to as “[failed stars](#)” because, despite usually being larger than gas giants, they are still smaller than stars.

[Click here to read the full article.](#)

“New image reveals a Jupiter-

**like world that may share its
orbit with a 'twin'”**

Researchers using Chile's Atacama Large Millimeter/submillimeter Array of telescopes (ALMA) may have found a rare "sibling" sharing the same orbit of a Jupiter-like planet about 370 light-years away from Earth in the Centaurus constellation. The newly discovered twin shares the same orbit as PDS 70b around a young star in the PDS 70 system.

[Click here to read the full article.](#)