

“Living on Light”



“A man can live without eating if God so wills. For how did Elijah complete a journey of forty days with the strength received from a single meal? And how did Moses remain on the mountain in communion with God for eighty days without tasting human food? ... How can the human mind explain this miracle? How did his bodily nature survive without anything to replenish its daily loss of strength? This enigma is solved by the divine Logos, when He says: ‘Man shall not live by bread alone, but by every word the proceeds out of the mouth of God’.

“Why then do we drag the monastic way of life down from heaven to earth, burying ourselves in material anxieties? Why do we who once were ‘brought up in scarlet’ now ‘embrace dunghills’, as Jeremiah says in his lamentations?” ~The Philokalia

“So how does a man live for weeks, or even months, with little or no material food? Materialists will say these stories are simply false. Apparently, they think Moses took a backpack full of MREs with him to the mountaintop. And Jesus couldn’t have survived for forty days without food, he must have been eating some of wild fruits and nuts out there in the desert.

“Actually, the stories of prophets, saints, and other surviving for long periods without food are very much true.

And it isn't true for just a dozen or so, it is true for hundreds, maybe thousands. The Essene sect was well known for the fact that they seldom ate material food, as were the Therapeutae of Egypt."

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette's blog Solar Wind at:
<http://blog.spiritsun.net/> >

contributed by Harold Boulette

"Peru's Sacred Places of Power Tour – August 2014"

**Sacred Power Places of Peru
Cultural Tour & Pilgrimage
August 2014**

For as low as \$1575!

Tour Director: [Sean Savoy](#) President, Andean Explorers

Contact: sean@xpeditions.org

Tel: 775/348.1818 Fax: 775/332.3086

[MAKE YOUR RESERVATION TODAY!](#)

This August, Andean Explorers President Sean Savoy will lead a group of adventurers—which could include you—to travel roads and trails once used by ancient high civilizations, all but forgotten in our times.

You are invited to participate in this year's trip.

< [For details on the trip and registration, visit President Sean Savoy's web page "Peru's Sacred Places of Power Tour – August 2014."](#) >

TOUR ITINERARY, PRICING & OPTIONS:



Cusco

MAIN TOUR: Inca Legacy. Lima – Cusco – Sacred Valley – Inca Trail – Machu Picchu/Huayna Picchu August 6 – August 13 (7 days / 7 nights). **Cost: \$3200** (Inca Trail option, add: \$400). *Note: Continue from Pre-tour (see below) or arrive in Lima night of Aug 6. First overnight in Hotel Estelar, Lima-Miraflores. Land tour begins Aug. 7.*



Lima-Miraflores

PRE-TOUR: Mysteries of Nazca. Lima – Paracas – Nazca – Ballestas Islands August 2 – August 6 (4 days / 5 nights). **Add to Cost: \$2000.** *Note: Arrive Peru night of Aug. 2. First overnight in Hotel Estelar, Lima-Miraflores. Land tour begins Aug 3.*



Mt. Huascarán

POST-TOUR SUPPLEMENT: Andes Pilgrimage. Lima – Huaraz – Yungay – Chavin de Huantar August 12 – August 17 (4 days / 5 nights). **Cost: \$1575.** (Pachacamac excursion, add \$175). *Note: Continue from Main Tour (see above) or arrive in Lima night of Aug. 12. First overnight Hotel Estelar, Lima-Miraflores. Land tour begins Aug 13.*

< [MAKE YOUR RESERVATION TODAY!](#) >

2014 Reno Spiritual and

Wellness Expo: Saturday, March 22 – Sunday, March 23, 2014



At this year's Reno Spiritual and Wellness Expo, Steamboat Hot Springs Healing Center and the Cosolargy Institute are providing a free one-hour workshop on sound healing.

Here's what it says on the web site:



Sunday 1pm – Free Workshop

“Sound Therapy”

Cosolargy Institute, Steamboat Hot Springs
Healing Center and Spa

Sound Therapy—also termed “acoustic therapy”—is a non-invasive technology that uses audible sound to help restore the body to optimal health, balance, and function. It promotes the body’s natural healing abilities through the use of electronic sound application devices to transmit frequencies associated with healthy cells to the body’s organs and tissues.

Modern science has shown that the human body is a dynamic energy system and that our cells, organs, and tissues have their own vibratory nature. This natural resonant frequency can become upset and unbalanced, leading to pain, illness, or disease.

The sound waves help to normalize imbalances and synchronize the cells’ frequencies back to a natural healthy state of vibrational resonance. For example, in the case of muscular discomfort, the energy of the muscle and the frequency of its field will have been changed by the injury or condition affecting it. Cymatherapy transmits a corrective frequency into the muscle to rebalance its energy and stimulate the body’s natural healing process.

A scientific breakthrough in sound therapy, the Cymatherapy uses hundreds of “commutations,” which are harmonious combinations of five frequencies, to correct a variety of imbalances in the body. It also employs magnetic therapy, and many well-constructed medical studies in Europe, Asia, and the United States have proven that oscillating magnetic fields are effective in treating physical problems. The results are enhanced through the combination of sound and

magnetic therapy – two powerful and natural healing agents in the field of bioresonance and vibrational medicine.

Call Steamboat Hotsprings at (775) 853-6600 or (775) 853-6600 FREE or learn more by visiting their website at steamboatsprings.org.

< [For more information on the 2014 Reno Spiritual and Wellness Expo, visit their web site HERE.](#) >

Services for the Week of March 15, 2014



Saturday, March 15, 2014
10:00 AM COMMUNION
Chapel of The Holy Child
RR Sean Savoy
Lector: RC Gary Buchanan
Cantor: Rev. Larry Coesens
Reader: Claudia Grady

Sunday, March 16, 2014
DAYLIGHT SAVINGS TIME BEGINS
7:02 AM NEW DIVINE SERVICE
Church of New Epiphany
Leave: 6:15
Gate: 6:45
Sunrise: 7:17
RR Sean Savoy
Concelebrant: RC Robert Petrovich
Assistants:
RC Roger Weld
RC Ted Staver
Rev. Barbara Whitney
Organist: RC Gary Buchanan

OPEN-AIR COMMUNION

Church of New Mt. Tabor	RC Ted Staver
Church of New Mt. Carmel	Rev. Gary Huss, Sr.
Church of New Mt. Hebron	Rev. Jim Elliott

Wednesday, March 19, 2014

12:00 N COMMUNION

Chapel of the Holy Child

Rev. Robert Roy

Friday, March 21, 2014

9:00 AM PRAYER & FELLOWSHIP

Chapel of the Roses

Rev. Vickie Hewlett

March 8, 2014: Chapel Readings



Each week of the liturgical year, a reading from Second Advent Scripture is delivered as part of the Saturday Communion of Fellowship Service held in the Chapel of the Holy Child. This reading follows the Sacred Calendar of the Church; that is, Prophecies

and Revelations that have been received by The Church on

sacred dates are recalled in a liturgical context during the appropriate season each year. This reading is delivered by the Officiant of the Communion Service (that is, Bishop Gene Savoy, or occasionally in his stead, Bishop Sean Savoy) just before the final blessings. Each service also includes a reading from the ancient scriptures, prayers, or wisdom sayings of various world religions past and present and is usually thematically related to the Second Advent Reading. This reading is delivered by the Reader right after the announcements that begin the service and is thus the first reading of the service. An audio recording of the reading from Second Advent Scripture delivered on the date above is provided here below together with a transcript of the first reading of the service that day.



SECOND ADVENT PROPHECY AND REVELATION

A Reading from the *Prophecy on the Golden Age of Light and the Nation of Nations*, Chapter 84: “On the Golden Age of Light and the Nation of Nations” (pp. 711-720):

< [Click here to listen to this week’s reading. \(12 minutes\)](#) >



ANCIENT SCRIPTURE AND WISDOM SAYINGS

A Reading from the Teachings of Confucius:

“The superior man accords himself with the Middle Way. Though he may be unknown, unregarded by the world, he feels no regret. It is only the sage who is able to do this. The way that the superior man pursues reaches wide and far, and yet is secret. Common men and women, however ignorant, may meddle with the knowledge of it; yet in its utmost reaches, there is that which even the sage does not know. Common men and women, however much below the ordinary standard of character, can

put it into practice; yet in its utmost reaches, there is that which even the sage is not able to put into practice. The way of the superior man may be found, in its simple elements, in the society of common men and women; but in its utmost reaches, it shines brightly through Heaven and earth."

The Master said, "The path is not far from man. When men try to pursue a course that is far from the common indications of consciousness, this course cannot be considered The Path. Therefore, the superior man governs men according to their nature, with what is proper to them, and as soon as they change what is wrong, he stops.

"When one cultivates to the utmost the principles of his nature, and exercises them on the principle of reciprocity, he is not far from the path. What you do not like when done to yourself, do not do to others."

May 2013 Japan Tour: DAY 3

5/25 Saturday

After breakfast at the hotel, we attended Communion Service at the Cosolargy Headquarters at 9:00 am.



After Communion Service (front row, left to right) Chieko Nakayama, Yaeno Sanada, Sabrina Savoy, Noriko and Joseph Roy, Shoko Taketomi; (middle row, left to right) Shoko Oba, Miyuki Okayama, Stephan Fuelling, Eriko Ueno; (back row, left to right) Robert Roy, Yukinori Matsushita, Gene Savoy, Kosu Kawahara, Shinobu Uwataki PHOTO: Stephan Fuelling

We went Kinryu Shrine to see the Statue of Sarasvati in Saga.



Torii gate (Shinto shrine gate) of
Kinryu Shrine PHOTO: Stephan
Fuelling



Statue of Kobodaishi and SarasvatI
PHOTO: Stephan Fuelling

We had a lunch at Shoya Japanese restaurant, then went to Ino Noh Theater and watched A dance performance by Mizuho Asano. This event was planned and coordinated by Saga Members Hiroko Soejima, Keiko Inoue, Shinobu Uwataki, Yoko Taniguchi, Chieko Higashi, Yoko Nishimura, Yasuko Nishimura, Terumi Kuroda, Kahori Sano, and Naoko Tokushima.



Dancer Asano Mizuho PHOTO: Stephan Fuelling

After the performance, Gene promoted the new Japanese translation of the book *Project X: The Search for the Secret of Immortality*.



Gene Savoy Jr. and Yukinori Mastushita PHOTO: Stephan Fuelling



After the performance (front row, left to right) Koshu Kawahara, Kahori Sano, Sabrina Savoy, Naoko Tokushima, Shinobu Uwataki, Noriko, Robert and Joseph Roy, Yoko Nishimura, Yoko Taniguchi, Cieko Higashi; (back row, left to right) Yasuko Nishimura, Musician, Dancer, Gene Savoy, Yukinori Matsushita, Hiroko Soejima, Keiko Inoue, and Terumi Kuroda PHOTO: Stephan Fuelling

We had a social gathering at Cinemate-ku Jazz Cafe and Bar from 4:00-6:00pm. A light meal was served, and participants spoke with Gene Savoy Jr. about Cosolargy. This event was planned and coordinated by Saga Members (Hiroko Soejima, Keiko Inoue, Shinobu Uwataki, Yoko Taniguchi, Chieko Higashi, Yoko Nishimura, Yasuko Nishimura, Terumi Kuroda, Kahori Sano, and

Naoko Tokushima.

Travel notes by Noriko Roy

< [DAY 2](#) >

<[DAY 4](#) >

“ ‘Echoes’ of the Big Bang Misinterpreted?”

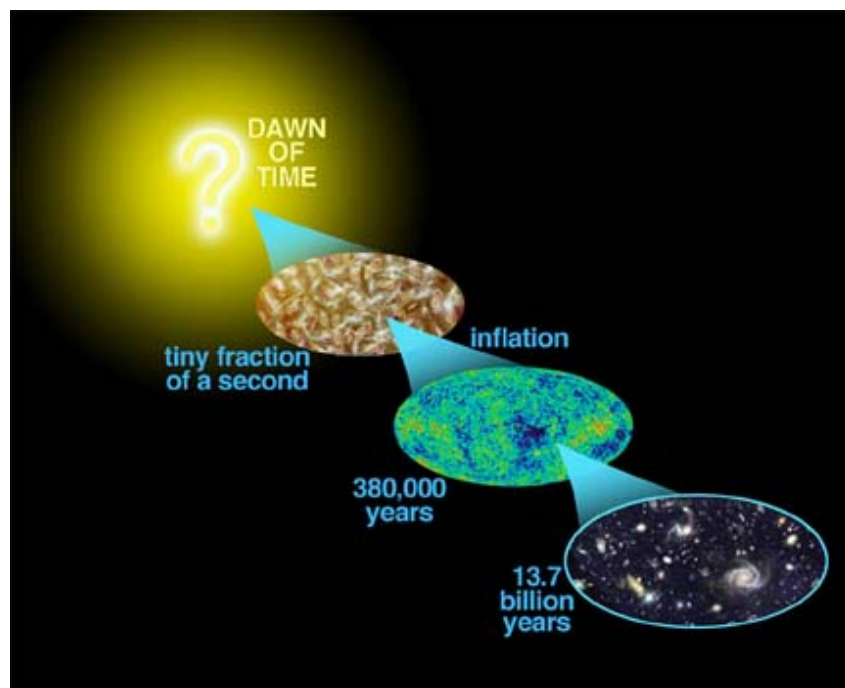


PHOTO: Discovery News

"Seeing is believing, except when you don't believe what you see.

"This is according to veteran radio astronomer Gerrit Verschuur, of the University of Memphis, who has an outrageously unorthodox theory that if true, would turn modern cosmology upside down.

"He proposes that at least some of the fine structure seen in the all-sky plot of the universe's cosmic microwave background is really the imprint of our local interstellar neighborhood. It has *nothing* to do with how the universe looked 380,000 years after the Big Bang, but how nearby clouds of cold hydrogen looked a few hundred years ago."

This article proposes an interesting alternative theory and proposes a possible rethinking of how our cosmic neighborhood works.

□

□

< [Read the complete article by Ray Villard posted June 15, 2012 at news.discovery.com.](#) >

link submitted by Frieda Nelson

“PATH TO LIGHT: Anonymous XX,” Part 1

For the “Path to Light” series, Michael McIntyre conducts an interview for the Community Communique with a speaker who wishes to remain anonymous. This interview was conducted in February of 2014. You are reading Part 1 of 3.



MM: It is my understanding that you wish this interview to be anonymous?

XX: That's correct.

What led you to International Community of Christ?

Well, there were strong influences from the time I was three, a Rabbi, several Catholic priests, Buddhist monk, and a Hindu mystic. All these before my eighteenth birthday.

How did they influence you?

It was not so much that they changed my person, my core, but shifted my perspective. Actually a lot of what they passed on to me did not surface until after joining the Community. I was pretty hardheaded in my early years.

What do mean by "shifted your perspective"?

Umm, . . . One day this Buddhist monk, his name was Sahn, was explaining that it was important to not kill any living thing without warrant because it was possible that this 'living thing' could be the reborn life of a once-human being. He then went on to explain reincarnation, the best he could; I mean, I was just seven years old. This was all very peculiar to me. Fantasy. Like the Easter bunny, Santa Claus. Then a couple weeks later I was explaining the phenomenon of 'snow' to him. He was in utter disbelief. We were in the tropics at this time, where he had lived his whole life, and it never snowed in this part of the world. Few people had televisions, radio was a luxury, it was isolated.

Anyway, he kept shaking his head in disbelief and several times stated how such a thing was impossible. Finally I convinced him of the reality of 'snow,' and it came across in his face: he believed me. At that moment it occurred to me that reincarnation could be a real thing. Just because I had never seen or recognized reincarnation, just like Sahn had never seen snow, it didn't mean that these things weren't real.

So, then, you understood reincarnation? You believed in it.

No, not necessarily. But it opened me up. I realized I was conditioned by my upbringing and that it was shallow: to think that only one point of view or construct could be correct and that all others had to be excluded.

You're seven. And you were thinking in these terms?

Maybe not in those exact words, but certainly those exact ideas.

So, this is when your—let's say—the journey of your spirit began?

No, I was interested in basketball, chess, and girls, but these episodes with Sahn, and there were many, left me to be interested in other religions and a respect for those traditions. At the time, in the early sixties, this view was absent in American culture. The rule then was if you didn't adhere to the Christian faction, you were doomed. I remember, and it was for a couple days, my father took us on a tour of the Buddhist temples in the area. It was a cultural thing; he loved history.

So we're in the Temple of the Golden Buddha, which I found out was actually made of brass—the Buddha statue was really brass—all the monks were seated in their orange robes; incense was burning; people were bringing flowers for offering, and my sister was seated right next to me. She was eight at the time. The monks are softly chanting these little prayers, with their hands folded, while making repeated bowing gestures towards the Buddha icon. My sister, being the good little conformist, folds her hands and begins making the same bowing gestures just like monks. My mother was horrified, [and] promptly interrupts my sister's display, and when leaving the temple remarks to her, "You can't do those things, you'll end up in hell." My immediate response was, "That's silly mom, she not going to hell for bowing in front of the Golden Buddha." Nevertheless my mother was convinced, and she was an educated woman; she taught at universities. Even today some people still think like that.

Even though you were just in elementary school, your views were pretty progressive for the time.

It wasn't really me so much; it was Sahn. Sahn gave that to

me. I still love the man. One day I meet him, and he's carrying a small bundle of bamboo sticks in one of his hands [and says]: "Come with me. I want you to see this." He brings me to a patioed area, like a big carport, and lays the sticks on an eating table that has newspaper, rice, and some twine. He snaps the sticks and twines them in the form of a cross.

"What are doing, Sahn?"

"You'll see."

He breaks and twines the remaining bamboo, puts it altogether in the form of a diamond and lays it on a piece of newspaper. "You're making a kite! I love kites." "That's right." He grabs the small bowl of rice, folds the newspaper edges and begins pasting them together with rice. "Is that rice really going to work, Sahn?"

"Always has. But it has to dry for a while"

Couple hours later we're airborne. Follow me here, I'm going to tie it together with the next story.

A few months later my father takes us oceanside for a week. He has an extra boardinghouse, so he invites Sahn and a few other locals. Early one morning, Sahn and I awake before everyone else. He says, "Let's go down to the beach." We're walking along, and he stops. "See that temple house on the jungle cliff over there?" "Yes. It's big." "That's the King's house. He stays there when he comes to the ocean." "Can we go?" Sahn laughed. "Well no, I don't think they will let us in. He's not there, anyway." The tide had just receded; the sand was wet, and we stopped again "XX, see those little marks in the sand?" "Yes." "Ok, follow them. See where they go. . .Right there!" Sahn kneels down where the markings end and gently starts digging. I have absolutely no idea what he is thinking. Thirty seconds later he lifts this crab up by one of its legs, holds it in front of my face and says "See? Now, let's see if you can do the next one." It reminded me of the kite. This man,

this monk, had no tools, no weapons, no technology, just his head and two hands, and he did these things. At that point I realized knowledge was the most prized tool and that some things were secret from public knowledge: for that you needed the good fortune of a Teacher. A half-hour later we show up at the boarding house, where the locals were, and open this cloth bag filled with crabs. They all start whistling and clapping, cooked up the crabs along with rice, and invited me to sit down for breakfast. This was rare; they never did this with white people, nor did they speak English other than with Sahn.

Thinking back on it, I believe, in part, Sahn orchestrated the whole crab episode with premeditation in order to show these locals that white people aren't just these strangers in our land, they are much like us. He was a very intelligent man.

< [PART 2](#) >

“Connecting With God”



“There is not in the world a kind of life more sweet and delightful than that of a continual conversation with God. Only those can comprehend it who practice and experience it.”

Yet I do not advise you to do it from that motive. It is not pleasure which we ought to seek in this exercise. Let us do it from a principle of love, and because it is God's will for us. ... Ah! Knew we but the want we have of the grace and assistance of God, we would never lose sight of Him, no, not for a moment.

"Believe me. Immediately make a holy and firm resolution never more to forget Him. Resolve to spend the rest of your days in His sacred presence, ..." ~Brother Lawrence

"It is so sad that there are many people in this world who are constantly trying to "better themselves" by going after more material possessions, or just more money. Still others who seek power over men and natural resources. And when they get those things, they are never satisfied, so keep trying to get more, and more, and more, meanwhile depriving others by taking far more than their fair share, or by enslaving others to their illusions of power. They don't realize that deep down what they really crave is to be reconnected with God and the spiritual worlds that is the source. It is kind of like the person who keeps overeating and still always being hungry because he is eating mostly junk that is not supplying his body's nutritional needs.

"Even though many people don't think matters of spirit are important, they may even believe such things don't exist, but that doesn't stop something deep down inside us from craving for reconnecting to that source."

< [Read the entire article online at Solar Wind.](#) >

< Visit and bookmark Harold Boulette's blog Solar Wind at:

<http://blog.spiritsun.net/> >

contributed by Harold Boulette

Sanctuary Water Project News: An Interview with Gene Savoy Jr.

was granted. During the meeting, Bishop Savoy was not only able to get the permit for the Roys' well but expanded water rights for the Sanctuary as a whole. The benefits of the new rights were explained by Bishop Savoy.

"So how this new water arrangement with the state of Nevada works to our benefit is that on a certain defined area of the Sanctuary we cannot drill domestic wells. Now, what does that mean? A "domestic well" means that you can have a well for a home and you can pump up to 1800 gallons of water a day, which is 657,000 gallons per year. Now, if you multiply that by the 25 lots making up the Sanctuary property, that's in addition to the 17.144 million gallons of permitted rights. So what the state determined—or what we determined *with* the state—is that these certain defined areas, the three lots that are basically quasi-municipal, that we would have to use our 17.144 million gallons on these three lots. We can drill wells on every single one of these other lots [the remaining of the 25], and what we did was, we had included in the past the Northland in this, the quasi-municipal, which meant we had to split our water [the 17.144 million gallons] between the Southland and the Northland.

"So they agreed to remove the Northland off of that, which means our 17 million can now be dedicated specifically to the Southland; that we can drill a domestic well on every lot to the North, whenever we get to those projects, which increases our total output. And the most important thing about that is, because we built our pipeline, [as far as the state is concerned], the project is now completed and we can actually file for proof of beneficial use, which means that we are proving to the state that we have the capacity to use that 17 million gallons. And they have told us that they will certificate our water rights—so we're not operating under a permit, we're operating under a certificate, which means that the water is ours. And that's what we've been working towards these last five years."

Thus, the rights belong to the Church and cannot be removed. Bishop Savoy continued: "So Robert's well will be operating off the 17 million gallons; however, the thing that is very important is . . . the Argonaut well. We were pumping all that 17 million gallons of water solely from that well. What the state agreed to now, was that we can drill as many wells as we want, and combine the usage. So we can pump 10 million gallons out of that well [say,] or 5 million gallons out of that well, and it doesn't have to come out of one specific well. . . . So we can actually, in due time, have our own water *system*, with multiple wells that we can tie into. So this was really a great accomplishment."

So what this means is that the Church now is considered a municipal system and can, instead of piping water from way *over down the hill* from the Argonaut Well only, other wells can be drilled elsewhere .

Bishop Savoy continued, "For example, with Robert's well, we don't have to tie that well into the other water system that we just built. You can pump out of there as much as we need. And we can pump out of *here* as much as we need. But, in the future, if we want to tie all those wells together in a water *system*, we can do that also. And the Northland is exempted, meaning that we can do what we need in the Southland and use the 17 million gallons there, and when we are able to do something in the Northland, then we can, but they're not expecting us to do anything there anytime soon, which was one of their previous requirements."

So that gives the Church much more freedom in the future once it receives the certificate. This was an unexpected result of the meeting on getting a permit for the Roys' well. Bishop Savoy relates some of how that meeting went:

"It started, really, with us going to Matt Hansen, who is an architect . . . that was February of 2013. That's when we started the project. He advised us on a few things. The

residential portion of the project we haven't really fleshed out yet. The main thing is getting the water, and in getting the water you have to apply to the county, and you have to apply to the state of Nevada, for permits. And the county was very ready to give us their permit, and then we had this hiccup with the state, and we figured out this bigger picture.

"When I met with the state and our water consultant, Mike Bushelman, they [the state] kept bringing more people into the room because they were saying, "Well, we can't let you drill a well. We can't do this." And we basically told them that that's not going to work for us, so we need to figure this out. So about eight or ten of us got together, and in a matter of three hours we had verbal agreements, and I know that the state will uphold those. They . . . kept pulling more people in [to the discussion] and said, 'OK, how do we nail this thing down?' And they realize that we've done a very good job. We've always filed our reports, and we submit our pumping records, and we've spent money, and they recognize that, that we're not sitting on this waiting for some golden opportunity to sell water rights, or something like that.

"So we ended up with a whole new plan for the entire Sanctuary. . . . Instead of pumping our total allotment of 17 million gallons from the Argonaut well, at this point we can split it any way we want, so long as we don't exceed the 17 million."

Another benefit that came out of the meeting was that the Church no longer needs to develop a water system at the North Sanctuary in the near future as it was supposed to do under the previous arrangement. This gives the Church some breathing room to gather the resources needed to do that development since there is not yet any infrastructure to support a well there at this time. Bishop Savoy commented on this. "So it's good that we don't have to worry about that anytime soon. And we'll still be able to secure the 17 million gallons so that it can't be taken away . . . as long as you're not misusing

it. Every five years we do have to prove that we're using it. Remember, the state does not own the water rights. People don't often realize that. The state of Nevada, by the Constitution of our state, cannot own the water rights. They're just managers of the public's property, basically. So, if you're using it, then it's yours. If you're not, then the state has the right to say, 'Well, we are the driest country in the nation so maybe we need to allocate those rights to somebody else.'"

So the Church has better secured its rights to the abundant waters in the Sanctuary's aquifers for the future and broadened its ability to tap that water with multiple wells in addition to being granted a continuance on developing the water system in the North Sanctuary until much later without risk of losing its rights to that water. As the bishop noted, that is what can happen when you work together face to face with people rather than simply use typical, impersonal bureaucratic channels.