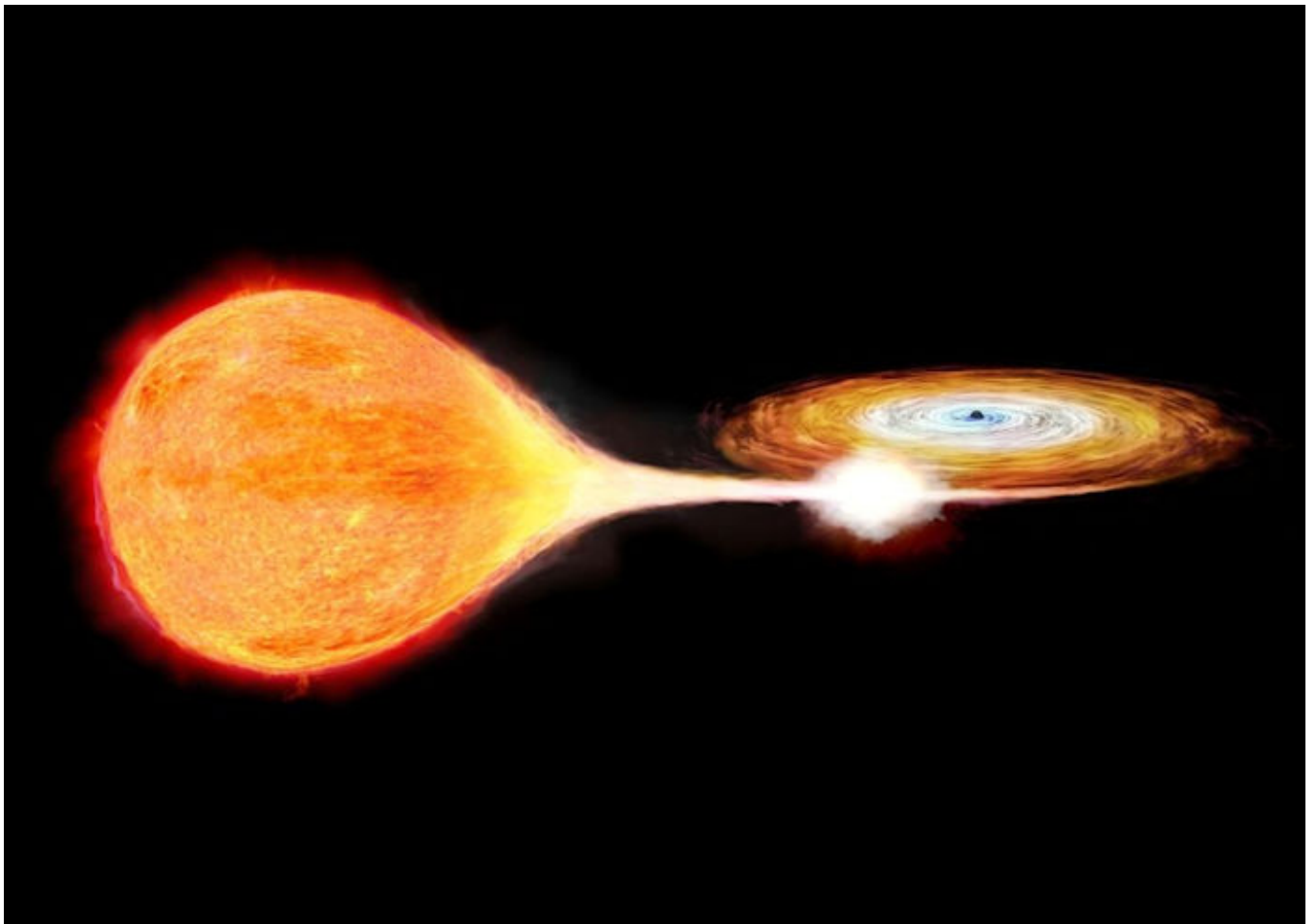


“The Messy Habits Of Small Black Holes”



The best opportunity to study black holes is when they're actively accreting matter. During these times, matter gathers in an accretion disk around the black hole, where it heats up and emits electromagnetic radiation. At other times, there's simply no light.

[Click here to read the article.](#)

“Is A Young Exoplanet Warping The Disk Around Fomalhaut?”

Wh



Fomalhaut is one of the brightest stars in the night sky and is about 25 light-years away, making it a galaxy amenable to detailed observations. It's also a young star, only about 440 million years old. At that age, stars like Fomalhaut are surrounded by active debris disks made of rock and dust from collisions between planetesimals. Exoplanets form in these

disks, and one of the hot topics in exoplanet science concerns how planets form in these circumstellar disks.

[Click here to read the article.](#)

PATH TO LIGHT: Aaron Cutrer



Aaron Cutrer circa 1990

“Things that make you go Hmmm...” *

Sometime in early 1988, I was reading a *Psychology Today* magazine article on the secrets of immortality. It was about an explorer named Douglas Eugene Savoy, who had discovered ways of prolonging human life. He mentions that these ways were the causes of why the ancient people lived to long ages.

He had published a book on his finding, so I sent off for it. The book was called: ***Project-X THE SEARCH FOR THE SECRETS OF IMMORTALITY.***

Savoy explains in his book that the human body is engulfed with an existing electromagnetic field, like the magnetic field of the earth. Scientists now believe both fields do exist around the earth and body, and it is believed that the energy fields are sources of life and have the potential of surviving death. Savoy states that if somehow this field could be energized, human intelligence could become heightened. Savoy further states that looking at the sun increases one's field energy and that could increase health and youthfulness in a human.

After reading his book, I wondered if all that I had read was true and why everybody was not looking at the sun and increasing their energy intake. So later, I decided to send off for more information in hopes of getting a better understanding of his theory (or beliefs). In the period in between, I tried looking at the sun. Well, each time I tried, my eyes filled with water and became very pained. I thought there must be something about looking at the sun that could help people.

I remembered reading about a kid in New York who had rickets. After the first diagnosis of the problem, the kid was placed in the rays of the sun for certain periods of time. The rickets eventually showed signs of regression during the first week of solar exposure. My daughter and son were placed under a white light right after their birth. Both were diagnosed with jaundice. No other medicine was given, only the light treatment; and both children's conditions improved. I knew that we get Vitamin D from the sun and playing in the sun is good, but is it better inside the body also? These and other thoughts passed through me daily.

I received the information along with a letter from Gene

Savoy. In his letter, he said he had researched the subject of light intake for about 30 years, and it had taken him to the countries of Israel, Africa, South America, and China. He also said that his research had caused him to form a church, which he called THE INTERNATIONAL COMMUNITY OF CHRIST, THE CHURCH OF THE SECOND ADVENT. At that time, I was puzzled by the fact that his research project should have led him to start a church. He said his church was not a belief system based solely on the acceptance of Jesus as messiah and savior, but it was a System based upon the application of an ancient oral gospel which made a unique species of man possessed with spiritual attributes given by God. The people or group responsible were called the Essenes – those who protected Jesus from Herod were all under the same System. All this information was interesting and increased my curiosity. However, I was under another belief and a devoted Baptist. I was reared with the idea of Jesus being my personal Savior. Savoy was declaring that my religious beliefs were not right, and this was hard for me to understand. I wondered how his System could be the only one that God recognizes and not the Baptist religion. Besides, a large part of the world population believed as I did, but worshiped in diverse ways.

At that time, I just could not handle what he was saying, but I desperately wanted to further understand how the sun increased human health.

There were two ways of entering his program. One was to join in his research of the Sun as a team member or join his church. I did not want to join his church at that time, so the answer was to join his research team. I joined his research group and later received information and techniques for looking at the sun. He told in the letter that I would not be able to tell or show the information to anyone because done any other way [looking at the Sun] could cause destructive forces to harm those individuals not trained in the proper way.

I still didn't fully understand what he was saying, but blinded by the fact of increased health and longevity I was willing to keep it a secret. I also was to keep notes and listen to tapes for the Process to work. And from time to time, he would send me special techniques and projects that needed my immediate attention. Additionally, I was to send the results back ASAP. I agreed and started the techniques on January 25, 1990. The techniques consisted of not directly looking at the sun but keeping my eyes closed while I did funny things with my hands. I thought, these techniques were very silly, but I continued to do them.

On February 12, 1990, my wife held my newborn son up towards me and I instantly felt a tingling sensation all around my face. (One of the requirements, Savoy explained, while doing the techniques, was to notice how you feel during the day after and completing the techniques.) This would happen each time I was near him. This feeling was very calming, and I thought that my sensitivity was increasing.

At this time, I was employed by a major oil company working seven days offshore then seven days at home. I worked in the Gulf of Mexico as a Lead Production Operator at the time. I supervised several operators that ran four production platforms. These platforms produced oil, water, and gas. The water was treated and dumped overboard, and the oil and gas were sent inland through a pipeline and sold.

On the night of February 19th, 1990, I was offshore lying in bed slightly sleeping when I felt a strong breeze of wind blow across my face. I instantly woke up and wondered where it came from. There were no door or window open at the time. While I continued to try and figure out what had happened, I knew a platform in my field had just shut-in and I knew what caused the shut-in, and it was not a natural event. The night man knocked on my door and (*the nightman stays up all night while everyone else is asleep and watches the quarters' platform and*

teletype.) he came into my room to inform me one of my platforms had shut-in and stopped producing. He wanted to know which operators to send out and return the platform to production. I told the night operator to wake up two of my operators to go. When the operators returned, I was having breakfast. I listened closely at them describing the problem of what caused the platform to go down; however, I believed they were purposely lying. Later that day I went to the platform and proved they were lying. They basically rigged the platform to go down to get some overtime. I reported the incident to my supervisor, and both was disciplined. I figure the techniques I was doing was causing these changes in me, so I continued to do the techniques until around February 21st when the weather was extremely bad offshore.

The weather report said that severe weather would continue for several days. This particular day was crew change, and everyone wanted to go home, but this weather was delaying our departure. Suddenly, I got a strong feeling that the weather would clear up that day and we all would fly in on a helicopter that day. I did not know why or how to describe it, but I knew. I told everyone not to worry; we all would fly in today because the weather will get better. They all laughed and started kidding me. I started to feel bad, but that feeling of knowing just would not allow me to succumb to their kidding. A couple of hours later, the sun was out and the weather had mysteriously disappeared. As soon as the sun came out, everyone stopped laughing and you could hear a rat walking on cotton. No one could look me in the eyes. I started to notice an enormously powerful surge of feeling good. It was hard to describe. It was like a great amount of energy flowing into the center of my being, and I felt great. I know this sounds crazy, but this is what I believed was happening to me at that time. This good feeling stayed with me for a couple of days. I made love to my wife a couple of times that night when I returned home. She wanted to know if I took something.

I continued doing techniques and answering questions from the School. I was becoming very annoyed at the techniques and how they did not allow me to actually look at the sun. I wondered if I would ever be able to look at the sun. Little did I know that things were changing in me at that time and I was not aware of it. The techniques were repairing me and my eyes to receive direct sunlight.

On Saturday evening, May 19th, 1990, I took a drive in the countryside near my home in hopes of being alone to do my sun techniques. It was cloudy. I hoped the sun would come out and stay out. Before I started any techniques, I became silent and prayed to God to open me up and relax me so I could do the techniques properly. I started doing techniques but became extremely disappointed when the clouds kept hiding the sunrays. So, I opened my eyes and look directly at the sun behind the clouds. As the clouds moved by, I began watching the sun appear when the sun suddenly crystallized for a few moments and then it was all out from behind the clouds. I could see its perfectly round shape shinning very bright. It was not the kind of blinding brightness that I was familiar with. I noticed it did not hurt my eyes. At that moment, I felt a wonderful feeling. I was looking at the sun and there was no pain in my eyes. I did notice a feeling in the back of my head that only lasted a few moments. I then thought about the apostle Paul who looked at the sun and became blinded. I wonder if I could go blind by not following the techniques properly as given by the School. I then looked away from the sun, and my vision was still clear. Again, in that moment another thought came across my mind – “never alone.” I knew then that my prayer was answered. I continued to look at the sun until it went down. I later went home feeling incredibly good. I called the School about my experience and was informed not to view it for that long of a period because I could become extremely negative.

After that particular experience, I could tell when the sun was rising or setting. Even if the clouds were out or I was in a building, it did not matter. I knew. I continued looking at the sun following the proper instructions given by the School, everyday sometimes twice a day. On July 24th, 1990, just before I went to bed, I decided to do some deep breathing exercises to try and calm my self down. I then laid down in bed. Somewhere between being awake and falling asleep, I felt a rush of energy that started from my groin area and went through my body to the top of my forehead. I felt a strong pulling sensation directly at my groin. It felt like something was trying to get out of me. I instantly felt fear. And as soon as I felt fear, it went away just as fast as it came. It did leave me with a headache. I called the School and asked to speak with Commodore Savoy, but he was not available at that time and so I could not talk with him.

I wrote a letter to him, and he answered saying that my spiritual force centers were starting to develop. He also said I had eight centers that governed my body, and all together made up my body energy field. He said not to worry, but I could slow down the development with less sun intake. Later that day after reading his letter I was washing my hands. I looked in the mirror and saw myself as an old man. I got afraid again and wondered if I should stop doing the techniques altogether.

As time went on, I occasionally felt extreme heat in distinct parts of my body; but when I touched the area, it was cool. I constantly checked my body temperature, but there was no abnormal reading. Sometimes it was hard for me to go to bed. My body felt like it was constantly moving. I also noticed my sex drive increase tremendously. I always wanted sex. Even right after lovemaking, I still wanted more. I also noticed I did not have to look at my baby son to get the tingling feeling. I would feel him anywhere in my home. He was in his crib one day when it looked like he was on fire. I started to

worry until I looked at him smiling at me. He did not seem to be hurting.

On October 1, 1990 while doing a technique, my body felt like I was moving towards the Sun. I could not understand this and wondered what and why all these things were happening to me. Something told me I needed to meet this man and find out more about his research. I thought for a while after getting that feeling. I wanted to visit a man in another state and leave my family and talk to this man, and this did not frighten me at all. I am black, 35yrs old, and never associated with any whites other than those at work, reared in a Black community, attended all Black elementary, all Black high school and all Black college. And here I was wanting to go visit this man. It was like something inside of me was pushing to go to Reno, Nevada. So, I decided to go.

When I arrived at the School, I did not expect what I encountered. There were only a few buildings and a small number of students. He had lectured each day, and I was more sensitive there than in Louisiana. I did not get a chance to talk with Commodore Savoy; his schedule was very full. I decided to leave early before all the lectures were complete. I had to get back home and return to work.

On Oct 15th, 1990, five days after I got back, I was sleeping alone in bed dreaming of others and myself in the Commodore's class lectures when suddenly the Commodore touched my lips. At that moment, my entire body started to vibrate. And I mean vibrate. I felt like the body of a helicopter upon startup. I awakened from the dream, and the vibration did not stop. I was above the bed, slowly and slowly the vibration calmed and eventually stopped. My experiences continued. Sometimes I would be talking to people, and I could tell if they were telling me the truth. Once when my daughter was four years old, she came up to me and said, "Daddy I am ready to go to school." Again, a sudden surge of energy hit me, and I knew she was going to school. Her mother had filled out paperwork

trying to get her in a specially funded state program for 4-year-olds, but school officials said I made too much money and they could not allow my daughter in this program. I convinced my wife to attend the final meeting with other parents and officials when they announced one hundred students would be interviewed and twenty would be chosen to take part in the program. Well, they allowed my daughter to be interviewed (thinking she would score low). Her score was the highest of all interviewed.

I continued to do the techniques and my abilities increased. I could give people solutions to their problems instantly and would not have to ponder over answers before telling them. I soon found out that my life and all life on earth was govern by the cycles of the sun, and that there are certain times in the year when being in the sun and fasting could increase your health dramatically.

These are some of the events that occurred in the year 1990 when I chose to look at the sun. Since then, other experiences have happened to me and now have caused me to look at the world much differently than when I first started looking at the Sun.

I would not advise anyone to look at the sun without specific instructions being given by a knowledgeable individual or group. There are now many websites on the internet that give a person instruction on how to look at the sun or sun-gaze. I have reviewed several of them, and you can be harmed by following the recommendations of these websites. What they do not mention is that the Sun has a Dark nature and can affect you in a terribly negative way. There are ways to get around the Sun's Dark nature and it's not given on any of these websites. There are a handful of secret schools in the world that can give you the proper instructions. If you wish to contact one, I recommend that you pray and ask the lord to lead you to one. I guarantee you will not be sorry. I recommend the school in Reno, Nevada.

May the fellowship of the Holy Spirit rule and abide in you as you journey into "The Light."

Aaron

** Aaron recently sent this piece to us, thinking it might help beginners in The System. Written in 1990 when the author was 35 years old, the original has been copyedited for grammar and punctuation.*

Services for the Week of October 4, 2025



Saturday, October 4, 2025

10:00 AM COMMUNION

Chapel of The Holy Child

Lector: Rev. Harold Boulette

Cantor: Rev. Noriko Roy

Reader: Rev. Sabrina Savoy

Sunday, October 5, 2025

SUNRISE DIVINE SERVICE

The Cathedral Church of the Americas

Leave: 5:45

Gate: 6:40

Service Starts: 6:51

Sunrise: 7:06

Concelebrants:

RF Robert Petrovich

Rev. Bruce Kanzelmeyer
Assistant: Barbara Whitney

OPEN-AIR COMMUNION

Church of The Christian Churches: *RM Elizabeth Reece*
Church of The Races of Man: *RM Barbara Whitney*

Wednesday, October 8, 2025, Noon
Chapel of the Holy Child
Rev. Radheka Savoy

Friday, October 10, 2025, 9:00 AM
The Chapel of the Roses
Rev. Dorothy Kubiak

SEPTEMBER 2025: Intercession & Memorial Services



SEPTEMBER 2025

3

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Jacqueline Dion †
Cassandra, Cort & Aria Franklin
Martha Reece Curtis †
Deacon Demetrice Jackson

6

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Deacon Demetrice Jackson

10

The People of Ukraine
Prayer for Peace in Eastern Europe

The People of the Middle East
Prayer for Peace
Deacon Demetrice Jackson

13

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Deacon Demetrice Jackson
Rev. Steve Larson
Joann Larson
Shirley Jefferies †
Darrell Jefferies & Family

17

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Reverend Jo Ann Hainline †
Reverend Steve Larson
Joann Larson

20

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Jo Ann Hainline
Reverend Steve Larson
Joann Larson
Reverend Jo Ann Hainline †

24

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East

Prayer for Peace
Reverend Steve Larson
Joann Larson

27

The People of Ukraine
Prayer for Peace in Eastern Europe
The People of the Middle East
Prayer for Peace
Reverend Steve Larson
Joann Larson

† indicates Memorial Prayer

WEEKLY MESSAGE: October 1, 2025



COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

HEAD OVERSEER'S WEEKLY MESSAGE



Wednesday, October 1, 2025

This past Saturday's readings were from the First Epistle of Clement and, once again, the Prophecy to the Races of Man, Chapter 59: The Blessings of Community Life (pp. 378 – 382). Click [here](#) to read the first scriptural reading, and click the audio button below to hear the reading from our Second Advent scripture.

Once again, please feel free to ask me any questions by calling 775-786-7432 or emailing me at messages@cosolargy.org. I am always at your service.

In Light+,

Gene

Hear
the
[Audio](#)



[Visit cosolargy.org](http://cosolargy.org)



The Wise Person is Humble

Wisdom

“The first step towards being wise is to acknowledge the extent of your ignorance. Concern yourself with the vast amount of knowledge that you lack, and place no undue importance on that, which you possess. As womanly loveliness is best displayed in a modest garment, so is quiet behavior and unpretentious bearing best becoming the wise.

“Remember that all men are born equally into ignorance, and no man, whatever his estate, lacks the means to knowledge. True wisdom comes not from books and instruction but from observation and enquiry.

“The learned scribe knows a thousand books, but what knows he about the ways of the grasshopper? The knowledge of a gardener brings him more joy than does knowledge to a magistrate. The life of a wilderness wanderer depends not on his knowledge of books but on his knowledge of the ways of the wilderness.

“If you would not be deemed foolish in the eyes of others, then cast aside the desire to appear wise to your own edification. If you would appear wise among the foolish, then you will appear foolish among the wise.

“A wise man speaks but rarely, and each word is a precious stone. The fool pours forth a torrent of words, but they are all dross. Words spoken with calm forthrightness are burnished with the luster of Truth.

“The wise man turns a deaf ear to his own praise; he does not know his own worth and is the last in discovering the greatest of his achievements.

“No man is wise enough to know his own folly before he has committed it, but nothing is lost to the wise, for failure becomes his guide to success.”

-The Kolbrin Bible (MPR:20:1-7)

The First Step

The first step for gaining true wisdom is to admit that you are ignorant in certain ways, no matter how great a formal education you have. Formal education is good for learning about the physical world, but in most cases, teaches nothing about the spiritual. If they do have any classes on spirituality or religion, it is from the churches that have lost their way and embraced materialism. A good rule of thumb is that if a church or religion teaches that it is acceptable to kill other people under certain circumstances, such as when the government declares war, that is a lost church.

All Born Ignorant

Whether our parents are rich, poor, or middle-class, we are all born ignorant. We have to gradually learn about the world around us by observation, and by what our parents tell us. It is worth noting that very few infants are prejudice in any way, unless they have been taught prejudice by their parents. More importantly, we need to awaken our dormant spirit and develop our spiritual Self. Only by developing our Spirit can we gain True Wisdom, the kind that comes from God and was called Gnosis by the Gnostics.

Do not try to Appear Wise

No matter how wise you think you are, you should avoid trying to appear wise. One reason is because doing so indicates that you lack humility, and humility is needed for spiritual growth. Another reason is it may anger others and cause them to send negative energy towards you, which can cause harm.

Speak When You have Something to Say

I remember years ago, before I retired, that a manager told me after a staff meeting, that I rarely said anything during the meetings. He said that I needed to say more, even if it was trivial, just to show that I was participating. That is the

attitude of the materialistic world. Spiritual people know it is better to remain silent if you have nothing significant to say, or if you realize that the people you are with would not listen to what you said anyway.

Not Wise Enough

None of us is wise enough to always know when we are making a bad decision. But the wise person learns from their bad decisions, and pledges to do better in the future.

“NASA’s Webb Observes Immense Stellar Jet on Outskirts of Our Milky Way”

Wh



A blowtorch of seething gasses erupting from a volcanically growing monster star has been captured by NASA's James Webb Space Telescope. Stretching across 8 light-years, the length of the stellar eruption is approximately twice the distance between our Sun and the next nearest stars, the Alpha Centauri system. The size and strength of this particular stellar jet, located in a nebula known as Sharpless 2-284 (Sh2-284 for short), qualifies it as rare, say researchers.

[Click here to read the article.](#)

“Particles Shot Out of The Sun Reveal Distinct Patterns, Scientists Find”

Wh



Our sun can seem deceptively peaceful from Earth, but only because we have the luxury of living 150 million kilometers away. Up close, it's a nuclear-fuelled carnival ride of terror, launching countless tiny particles at speed far into interplanetary space.

“The Sun is the most energetic particle accelerator in the Solar System,” writes a team of researchers behind a study on the energetic particles that stream forth in solar flares and coronal mass ejections (CMEs).

[Click here to read the article.](#)

“Mystery of fastest white dwarfs solved?”

Wh



- **White dwarfs are the remaining small, dense cores of dead stars.** Some white dwarfs move through the Milky Way at incredibly high speeds.
- **A new study reveals their origins.** The study suggests that, when two rare types of white dwarfs collide, the resulting supernova explosion slingshots a remnant of the least dense white dwarf out into deep space.

- **The white dwarfs' unusual temperatures and brightness** can also be explained in this scenario.

[Click here to read the article.](#)