

A conceptual illustration of a human head profile in silhouette, facing left. The interior of the head is filled with a dense cluster of colorful digital and social media icons, including a smartphone, a laptop, a globe, a play button, a star, a speech bubble, a mail icon, a Twitter bird, a microphone, a camera, and various geometric shapes. Extending from the head is a complex network of colorful lines (yellow, blue, red, green, pink) that connect to various icons scattered across the background. These icons include stylized human figures (individuals and groups), gears, Wi-Fi symbols, @ symbols, SMS bubbles, and arrows, all set against a gradient background transitioning from dark blue at the top to light blue at the bottom.

"An American writer, Mr. Berry Benson, gives us a beautiful illustration of one of the features of the workings of the law of Spiritual Evolution. We reprint it herewith:

“A little boy went to school. All that he knew he had drawn in with his mother’s milk. His teacher (who was God) placed him in the lowest class, and gave him these lessons to learn: Thou shalt not kill. Thou shalt do no harm to any living thing. Thou shalt not steal. So the man did not kill; but he was cruel and he stole. At the end of the day (when his beard was gray) his teacher (who was God) said: Thou hast learned not to kill, but the other lessons thou hast not learned. Come back tomorrow.

“On the morrow he came back a little boy again. His teacher (who was God) put him in a class a little higher, and gave him these lessons to learn: Thou shalt do no harm to any living thing. Thou shalt not steal. Thou shalt not cheat. So the man did not hurt any living thing; but he stole and he cheated, so his teacher told him to come back tomorrow. ...’

“This is what I have read ... in the scroll of the Heavens. The great lesson to be learned is the Oneness of All. This knowledge carries with it all the rest.” ~[William Walker Atkinson](#)

Learning a Lesson

When we are first learning to walk, we fall down a lot. But we are encouraged by our parents to try again and again until we can do it without falling. The same is true when we learned to ride a bicycle, drive a car, ice skate, etc. When we go to college, we do not get a degree on the first day. It takes time to learn enough to get a degree. Yet many seem to think it should be different with spiritual studies and they should be able to learn all that needs to be learned in a few days, or weeks at the most. That belief is wrong.

His Teacher Was God

God is the ultimate teacher, but before we can talk directly to God, we need a human teacher to show us The Way. Like

learning those other lessons mentioned above, learning to link directly to the mind of God takes time and effort. And you have to know what you are doing. While the popular saying that there are many paths to God is somewhat true, most paths are twisted and lengthy. To be successful, you should follow the most direct path possible. That is what Cosolargy teaches.

Mr. Benson's tale is intended to say that we live many lives until we succeed in learning the lessons. This is a pleasant fantasy promoted by governments who don't want the many people in their countries living in terrible poverty to rise up in a revolution. Making them think it is simply a lesson they must learn, and then in another life, they can have wealth, helps prevent those revolutions. In Cosolargy, we are taught that our current life is our only life, so we can't be lazy, we must do our best to evolve our spiritual Self now.

Read the Scrolls of Heaven

What Mr. Atkinson is calling "the scrolls of Heaven" is just an allegorical name for the great Knowledge and Wisdom found at the highest levels of consciousness that the Gnostics called Gnosis. This Knowledge is not found in books, podcasts, or videos. It must be gained by direct access to these higher levels of consciousness. We do that only by the gradual development of our spiritual faculties using the solar techniques taught in Cosolargy.

The Great Lesson

The Great Lesson is Oneness, the Oneness of all. Humans, animals, plants, rocks, rivers, planets, etc. are all part of The One, the Godhead. That is a simple thing to say, but nearly impossible to understand. We only truly grasp this Knowledge when we reach the highest level of consciousness and become fully aware of The All. But when it happens, we know that one spirit is much like another, one being is much like another, no matter what material shell it may be wearing. That means that all living things are a part of us so killing any

other being is killing a part of ourselves. Unfortunately, we have sunk so far down into matter that we must kill and eat other beings to survive. We can, however, start learning to live on Light again and reduce our dependence on eating matter. Being part of The One makes us more tolerant and merciful toward others. We can start practicing mercy and tolerance now.

“Possibly the First White Hole Ever Discovered by Astronomers”



The existence of black holes was predicted more than a century ago, using only mathematical equations to do so. Now that

we've taken the first shot of one, we may go on to the next. Black holes, on the other hand, continue to retain a wealth of mysteries. Similar to their even more enigmatic mirror twins: the white holes!

White holes are hypothetical cosmic areas that operate oppositely to black holes in their function. Nothing can escape from a black hole, and nothing can enter a white hole in the same way.

[Click here to read the full article.](#)

Link contributed by Terrance Hutchinson

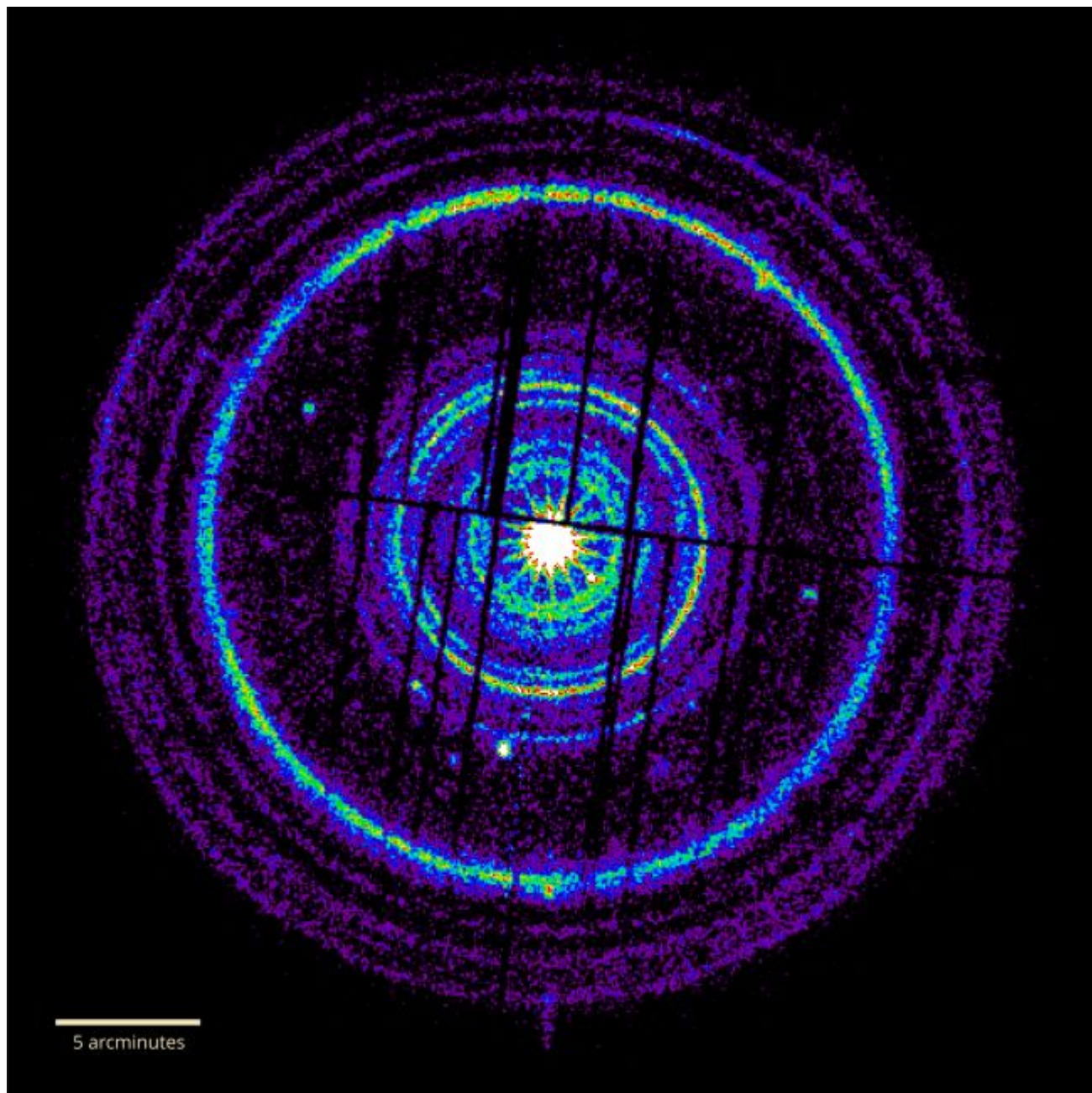
**“Light from behind
supermassive black hole
detected for first time”**

Black holes are regions of space-time where gravity is so strong, nothing can escape the pull – not even light. So it's remarkable that scientists have now [directly observed](#) light from *behind* a supermassive black hole – but it wouldn't have surprised Albert Einstein.

The hole story: We don't actually know what's [inside a supermassive black hole](#), but we do know that a spinning plane of gas and dust, called the accretion disc, rotates around it.

[Click here to read the full article.](#)

“The Brightest Gamma-Ray Burst of All Time”



On October 9, 2022, the brightest gamma-ray burst ([GRB](#)) ever detected lit up monitors across Earth. Nicknamed B0AT for *brightest of all time*, the blast is thought to have been from a star becoming a black hole. It was so powerful that it disturbed [Earth's ionosphere](#) from [2.4 billion light-years](#) away. And its x-ray radiation illuminated dust in our Milky Way galaxy, creating the apparent concentric rings seen in the image above (the increase in size is really a [perspective effect](#), with the largest ring the closest to us).

[Read the entire article here.](#)

link submitted by Gene Savoy Jr.

Services for the Week of July 8, 2023



Saturday, July 8, 2023
10:00 AM COMMUNION
Chapel of The Holy Child

RRF Gene Savoy, Jr.
Lector: Rev. Greg Klinedinst
Cantor: RC Peter Foust
Reader: Claudia Grady

Sunday, July 9, 2023
SUNRISE DIVINE SERVICE
New Pentecost Church

Leave: 4:30

Gate: 5:15

Sunrise: 5:41

RRF Gene Savoy, Jr.

Concelebrants:

RF Robert Petrovich

Rev. Bruce Kanzelmeyer

Assistant: RM Barbara Whitney

OPEN-AIR COMMUNION

Church of New Ephesus *RC Rob Roy*

Church of New Philidelphia *Rev. Noriko Roy*

Wednesday, July 12, 2023

12:00 NOON COMMUNION

Chapel of The Holy Child

Rev. Dorothy Kubiak

Friday, July 14, 2023

9:00 AM PRAYER & FELLOWSHIP

Chapel of the Roses

RC Rob Roy

Cosolargy Newsletter July 2023



COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

COSOLARGY NEWSLETTER JULY 2023

Hello Gene,

Welcome to our monthly bulletin with information of interest to friends of Cosolargy International. In this issue, we bring you up to date with current and future events and provide a little background on our founder, the late Gene Savoy Sr, and his explorations into solar cultures, along with some uplifting words of inspiration.

If you are curious about the solar techniques and activities of our Community, contact us by using the Contact Form on the [Cosolargy International website](https://www.cosolargy.org). It will be forwarded to the appropriate representative for your area.

In these trying times, if you would like to have a prayer said for you or others, click the Prayer Request button at the end of this newsletter.



The Origins of Cosolargy

Quotes from Gene Savoy, Sr.

"Weeks passed like the rising and setting of the sun, and the holiday season drew near. The Child [Jamil] loved to walk in the Andean pastures where he would move through the grasslands and thickets fleet of foot, like a tiny deer. Often he was taken to the large eucalyptus grove on the hill provided by the natives, and oftentimes he would leave his father behind. And The Man [Gene Savoy, Sr.] was fearful that an animal might carry off his son.

"Once a fox looked upon the infant, lifted its paw and followed his graceful movements with its sharp eyes, but allowed The Child to pass unmolested. Another time. A grazing bull grunted at the little boy as he walked past its horned head, and again Jamil passed unharmed. And a mountain lion peered curiously at the boy, gazing lovingly at him as if he were one of her cubs. And when The Child entered a large cave in the heights above the village, scorpions scampered away, and when he touched them, they did not sting his tender flesh. And once, when he had reached a green valley beside a blue lake that lay under the reflected light of the snowy peaks, a king condor swept down from out of the sky, landing on a rocky pinnacle, and lifted its wings to the Blessed Child, as if saluting the sun.

From Jamil: Child of Light

From the COSOLARGY Blog

Subscribers to the Cosolargy.org website receive this monthly

newsletter.

[Click here to read or download this issue.](#)

Cosolargy Newsletter May 2023



COSOLARGY INTERNATIONAL
THE SACRED TEACHINGS OF LIGHT

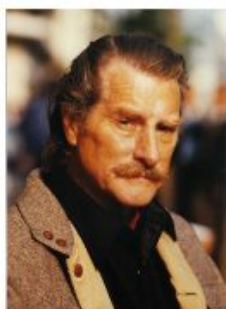
COSOLARGY NEWSLETTER MAY 2023

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The Origins of Cosolargy

Quotes from Gene Savoy, Sr.

"For some four days, The Child [Jamil] had abstained from food. No force could make him eat, save some raw, green peas and a few grains of rice. He seemed to draw some form of nourishment from the earth itself, from the sky, the sun, and the few handfuls of water that he allowed to pass over his lips. Yet something more sustained him.

"The Child was slowly withdrawing from the material world into another dimension of existence. Nevertheless, his was not the state of the ascetic who meditates within himself, leaving his body lifeless and unable to speak. Indeed, The Child's form and being were very much alive and full of vitality.

"And so The Child strolled peacefully along, neither sad nor joyful, seemingly caught up in a heavenly reverie of his own making. Every part of him mirrored a veiled understanding of tolerance and love. He was at oneness with all the living things of the universe, at peace with God.

"At one point, the father approached him, but The Child placed his finger to his lips as if to silence him. He gave the impression of a bearded prophet, the recipient of supernatural knowledge. After some time, The Child lifted his eyes from his downward glance and looked into the sun: fused with the center of the universe, his whole being underwent an alteration.

"A golden halo surrounded his head, and Jamil's body shone like a flame. As matter became spirit, The Child was radiant beyond description. And all the living things and the birds in the trees rejoiced, singing a hymn to The Child for they wished to participate in his Living Communion."

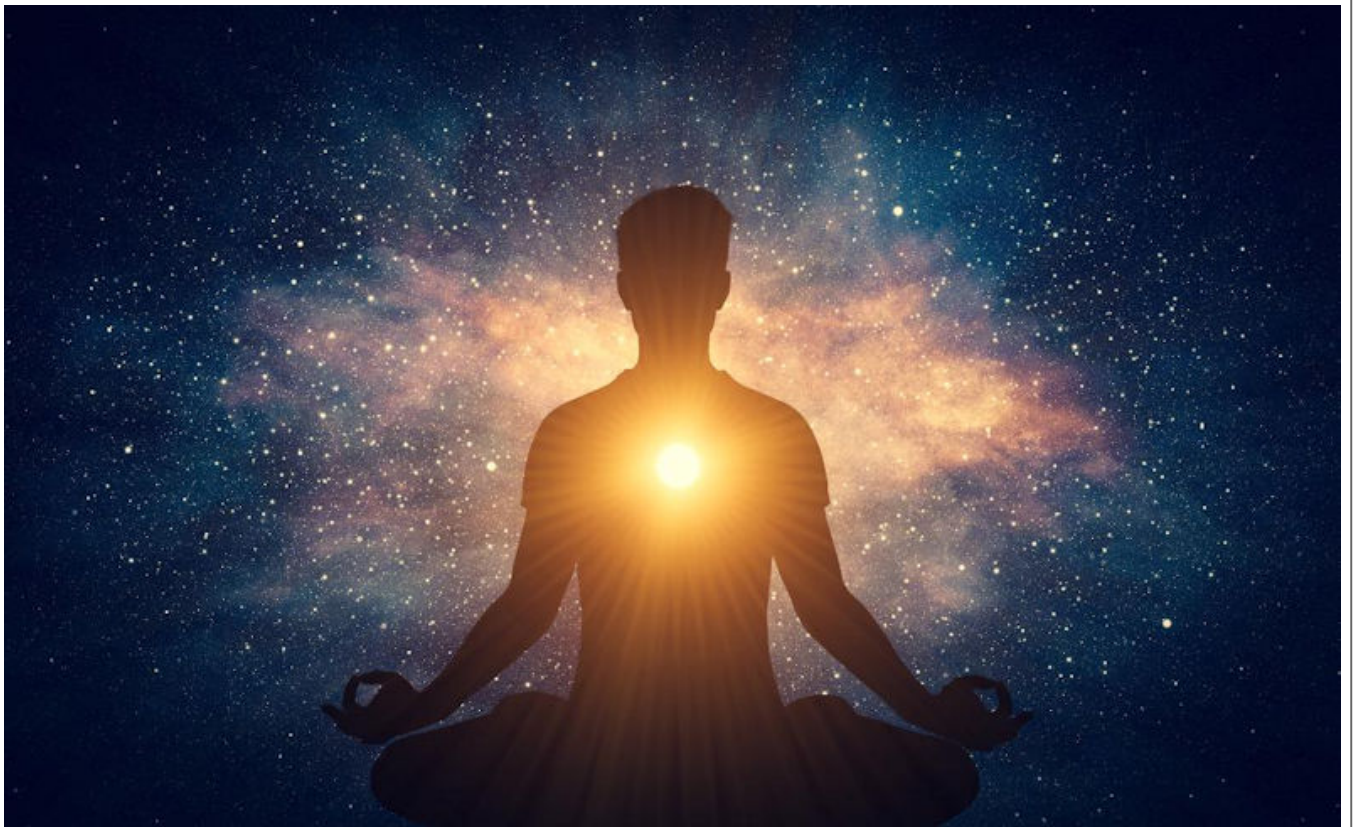
From Jamil: Child of Light

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Curing Physical Illnesses With Sunlight



"A Japanese friend of mine, Shin-ichiro Terayama, who is an executive director of the Japan Holistic Medical Society is a

cancer survivor. ... Shin was hospitalized for cancer. ... He refused to stay in the hospital and checked himself out. When Shin awoke the next day, he was amazed to find himself still alive. The morning seemed to him to be unbearably beautiful, and he was **aware of a great desire to watch the sunrise**. He went to the eighth-floor rooftop of his apartment house, where he could look over the skyline of Tokyo. He recited Buddhist mantras and poems, put his hands together to pray, and awaited the sun. When it rose, he felt a ray enter his chest, sending energy through his body. 'I felt something wonderful was going to happen, and I started to cry,' he says. 'I was just so happy to be alive. I saw the sun as God. When I came back down to my apartment, I saw auras around all my family members. I thought everyone was God.'

During the next few weeks, Shin observed a strict [macrobiotic] diet and **performed daily the ritual of watching the sun rise from his roof**—the one thing he looked forward to each day. ...

'I began to realize that I had created my own cancer by my behavior. As I came to that realization, I saw that I had to love my cancer, not attack it as an enemy. It was part of me, and I had to love my whole self.'

"Today Shin is not merely a cancer survivor, he is a transformed being." ~Andrew Weil

Andrew Weil

Dr. Andrew Weil is known for promoting natural healing and the idea that the human body has the capacity to heal itself if we allow it to do so, but we block it by eating toxic food, breathing toxic air, and taking drugs that treat symptoms instead of the underlying cause of the illness. He does not encourage any form of sun gazing, so I was surprised to find the above story in his book, "Spontaneous Healing."

Shin-ichiro Terayama

Shin's experience is not typical of one who gazes at the sun for the first time, but it is not unheard of either. Most of us know the story of St. Francis who had his spiritual awakening while watching a sunrise from his sickbed, and there is the story of Jacob Boehme who had his spiritual awakening when the sun reflecting off a metal bowl he was holding struck him in the eyes. Since Shin was a holistic medicine teacher, it is likely that he was somewhat spiritual already, just like St. Francis and Boehme, so they were ready for the sun to give them a true spiritual awakening.

Mantras and Poems

We are taught in Cosolargy that simple sun-gazing by itself does not result in a true spiritual awakening. We have to do it with the proper attitude of humility and love. And we use a form of mantras as well, so Shin had the right idea and the right attitude when he recited mantras and poems while waiting for the sunrise. We also use music and hand gestures to help.

Daily Ritual

Shin began a daily ritual of watching the sunrise, and we can assume he continued doing so beyond the few weeks mentioned in the quote. In Cosolargy, beginning students are taught to do solar techniques only a few times a week, but eventually, we should all practice doing so daily when possible. Some beginners might think that instead of doing the techniques for just a few minutes several times a week, they can just do it for an hour once a week. That is a mistake. Such long exposure at one time does little good for beginners and can cause harm. We must remember that while we look to the Spiritual Sun, we are also observing the physical sun where the Kalos nature is found which can negatively affect us. And in Cosolargy, we teach that God's presence is in the Spiritual Sun, the Sun of Righteousness, not that the Sun is God.

Creating Illness

Shin came to the realization that he created his own cancer. It takes a truly enlightened person to realize that we are at least partially responsible for our own illnesses, especially cancer. Cancer is unlike other illnesses because it is the uncontrolled growth of the cells of your own body, so it is obvious that something is wrong in your own body that is causing it. It could be a poor diet, it could be smoking or alcohol consumption, it could be drinking polluted water or breathing polluted air. It could also be mental, specifically mental stress. It most likely is a combination of several of these things. The point is, admitting that he was responsible for his cancer was an important first step in curing it. He knew that he had to change himself, not look outside for help. Of course, his morning ritual of sun gazing was helping, but he had to make the decision to do that and do it with the proper attitude. The same is true for many other illnesses. We might not be able to cure all illnesses without drugs or surgery, but we can cure a lot of them, far more than we do now. That is true of mental problems as well. And while we don't think of it as illness, our dormant spiritual faculties is the most important of us, so awakening them with sunlight is the most important aspect of spiritual sun-gazing. And an awakened spirit also helps in some ways to heal the body and mind. That doesn't mean that practitioners of Cosolargy never get sick. None of us are perfect, so we fall prey to the same weaknesses as others, though less often. And generally speaking, Cosolargy students are healthier than the average person. It is also true that sometimes we get ill because we need to develop humility and sympathy for others.

“Hubble Telescope Accidentally Discovers a MIND-BLOWING New Galaxy”



Humankind is getting very good at looking deep into space: We have already seen two neutron stars colliding, we have encountered mysterious radio blasts and we are about to see, for the first time, the event horizon of a black hole.

But there are still some surprises out there, right here in our own corner of the Universe.

Upon retaking the observations of a nearby globular cluster, the Hubble Space Telescope accidentally captured an unpublished galaxy. The newly discovered galaxy was named Bedin I – and is almost as old as the Universe.

[Click here to read the full article.](#)

“Astronomers discover ultramassive black hole using new technique | CNN”



An [ultramassive black hole](#), understood to be one of the largest ever detected, has been discovered by astronomers using a new technique.

The findings, published by the Royal Astronomical Society,

show that the black hole is more than 30 billion times the mass of the sun – a scale rarely seen by astronomers.

The researchers described it as an “extremely exciting” discovery that opens up “tantalizing” possibilities for detecting further [black holes](#).

[Read the entire article here.](#)

link submitted by Robert Petrovich